

24-hour Hotline: 2770 1002

What's App: 96698108

Viber: 9669 8108

WeChat: AFRO27701002

Line: afro27701002

Sponsored by Council for AIDS Trust Fund

Proper Storage of Condom

- Stored in a cool, dry place. High heat and sunlight will speed up the maturing of rubber, and affect the elasticity.
- Do not store condoms in places where they would face pressure or friction, eg wallet.
- Do not use if the package is damaged.

Misconceptions

Q1. Is it safe to have oral sex without a condom?

A: No. Mucous membrane in the mouth is fragile and can be scratched easily. Blood contact increases the possibility of contracting STIs. There are many condoms on the market designed for oral sex (no lubricants).

Q2. Is it safe to use lubricants?

A: Yes. Water-based lubricant dries on its own and can be dissolved after use.

Q3. Is it safe not to change condoms between oral and vaginal sex?

A: No! Because the condom may break during oral sex, and protection may be undermined.

Q4. Would using more than one condom at once offer more protection?

A: No! Using more than one condom would create friction between condoms, which makes them susceptible to breakage.

Action for REACH OUT

is a non-governmental organisation established in 1993. We offer services and support to women working in the sex industry, including inspections for HIV and other STIs, legal consultation, condom and lubricant distribution and selling. We firmly believe that sex work is a legitimate occupation, and we advocate the acceptance of sex workers' rights and sex work decriminalisation.

About AFRO

Purposes of using condom

1. Contraception

2. Preventing infection of STIs

- lower the possibility of contracting HIV, gonorrhea, chlamydia and syphilis.
- Prevent cervix cancer caused by HPV.

Proper Usage of Condom



- (1) Choose a condom in appropriate size.
- (2) Check the condom to ensure it has not expired and has no leakage.
- (3) Take out the condom carefully. Do not use sharp fingernail to pull out the condom.
- (4) Condom should be put on before the penis has contact with vagina.

- (5). Squeeze the air out of the tip of the condom by pressing it. Put the condom on the erected penis.



- (6) Roll the condom all the way to the base of the penis. (See Pic 2)



- (7) After ejaculation, withdraw the penis carefully while it is still erected to prevent leakage that might occur when the penis becomes flaccid.

- (8) Use a new condom every time you have sex.

