

THE DERBY 5 PARKS RIDE ROUTE INFORMATION

The 5 Parks Ride is a relatively short and easy family ride taking you through many of the city's parks, open spaces, along the river and through the City Centre. It uses a mixture of off road paths and mainly quiet roads and features several National Cycle Network paths

1

From the Craft Village follow the path through the park keeping the lake on your left-hand side until you get to the curly bridge by the A38. Turn left and follow the cycle path up to the traffic signals at the top of the Kedleston Road slip road.

2

Turn right, crossing the slip roads and continue down to the refuge just beyond the Broadway junction, it's a little narrow so take care when entering and exiting. Cross the road here and cycle up Broadway (steeper than you think!) going straight over the roundabout at the top, down Darley Park Drive and into the park.

3

Follow the path left, down the hill and go past the café keeping it on your right and along the path until you come to the road. Turn right onto Abbey Lane. Take the next right into Old Lane and cycle down the hill towards the river.

4

Turn right into Darley Street and then turn left by the Abbey pub. Cycle through the car park on the yellow hatching and take the path into Darley Park. Follow the path traveling along the boardwalk, over the bridge and on to the Rowing Club.

5

Continue on alongside the river until you reach the rear of the Silk Mill Museum. Take a minute here to enjoy this amazing new building. Keeping the river on your left head on towards Exeter Bridge.

6

When you reach Exeter Bridge use the new ramp to avoid the steps. Take care crossing the road and descend down the adjacent ramp back onto the river path.

7

Keeping the river on your left continue on past Bass' Rec. Continue over the little bridge, again take care here as the turn is a little tight. Once over the bridge turn left and follow cycle route 6, under the railway line and on into Pride Park.

8

Continue along keeping the river immediately on your left. You will soon see Derby Arena on your right and then you will once again go under the railway line. About 600m after the railway take the right turn into Alvaston Park just before the BMX track and then turn right again towards the Waterside café.

9

You may wish to stop for refreshments at the half-way point. When you leave the café travel back towards the riverside route by keeping the lake on your right-hand side. Rejoin the riverside route and retrace your route back towards the City Centre.

10

When you reach Bass's Recreation Ground keep going keeping the Bus Station on your left. Continue back onto Exeter Bridge but this time turn left down past the Council House. At the mini roundabout turn right and follow the cycle path up past the Bikeworks to the top of Full St.

11

At the traffic lights at the top of Full St. you can either use the crossing or when the lights allow, continue over down Cathedral Rd.

12

When you reach the left-hand bend in the road turn right, taking care as this is an ambulance exit and go along the path that is to the left of the Joseph Wright College which will bring you to a Toucan Crossing over the Inner Ring Road. After crossing the Inner Ring Road cycle along Brook Street going straight over at the crossroads.

13

At the left-hand bend take the block work cycle path past the large tree and follow it through West End Park to Mackworth Road where you will need to turn left. Take the next right by the Britannia Mill into Markeaton Street. This is a pleasant ride between the University Campus and Markeaton Brook.

14

You will now find yourself at the base of the curly bridge over the A38 again. Bear right and follow the path up to the top of the slip road. Cross the A38 using the segregated cycle path and then follow this back down the A38 on the opposite side. (Be careful here as other riders may be coming up).

15

At the base of the Curly Bridge turn right back into the park. Turn left up until you come to the X roads with the Mini Trains and the tennis courts that are opposite. Here you turn right down the main drag being mindful of other users before turning left back into the craft village. You've done it! Time for the medals and t-shirts! Congratulations on completing the Five Parks Ride!

