

### Together We Can



## **Together** We Can Thrive

## We know that times are challenging and that every penny counts.

As a result, we have created a sponsorship package that delivers real value for your business. Being a sponsor of DIS has always allowed businesses to demonstrate their commitment to Corporate Social Responsibility and gain positive publicity. Now, on top of this, we have created an exclusive health and wellbeing package **to help** you and your team to thrive.

There has never been a more crucial time to invest in health and wellbeing and we want to support you to do this.

PROGRAMME FOR DIS SPONSORS

Derbyshire Institute of Sport is a Community Interest Company on a mission to Develop, Inspire and Support Champions. We have been putting fantastic support services around local athletes with the desire and ambition to be a champion since 2012.

In that time, 20 of them have reached the pinnacle of world-class success, including the Olympics and Paralympics. Now we are expanding to help MORE young athletes (aged between 15-35) who want to be the best they possibly can.

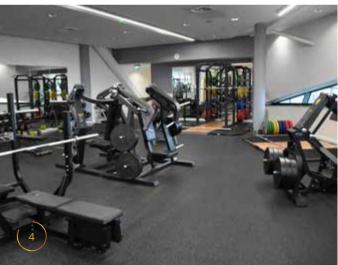
We do not receive any Government funding, so your sponsorship allows us to keep the cost of our support to talented athletes as low as possible. We know that future champions already face high costs and many sacrifices to pursue their dreams.

#### Options included in the Thrive package are:

- Access to a team of health and wellbeing support staff
- Monthly 'lunch and learn' health and wellbeing workshops
- An online weekly group exercise session
- A private online monthly wellbeing check-in discussion group
- Online physiotherapy screenings and treatment plans
- One-to-one nutrition consultation
- Exclusive discounts on Team Development Days







# Your Health and Wellbeing **Support Team**

### Surrounding yourself with great people is a proven recipe for success.

As a sponsor, you will get a great team of experts behind you.

Here are some of the key people who will be on hand to support you and your team:





### Laura Wake Head of Athlete Development



Andy Wood Performance Consultant







Alex Van Enis Strength and Conditioning Performance Coach



Nicky Gilbert Clinical Dietician and Senior Sports Nutritionist



David Sprot Senior Physiotherapist



Dr Phil Clarke Performance Psychologist



Choose the plan to	$\mathbf{Y}$		
suit your business	<b>Gold</b> £5000	Silver £2500	<b>Bronze</b> £500
Promote your commitment to CSR We will write you a thank you letter that you can use as evidence of your CSR	<ul> <li>Image: A set of the set of the</li></ul>	~	~
Showcase your support to your customers We will supply you with a DIS email footer for you to use in emails and letters	<ul> <li>Image: A second s</li></ul>	~	~
Service / product promotion We will promote your products & services to our network	<ul> <li></li> </ul>	~	~
Marketing We will add your logo and a link to your website on our website	1st tier of prominence	2nd tier of prominence	3rd tier of prominence
Positive publicity We will mention you on our social media channels	Monthly	Bimonthly	Quarterly
Monthly 'lunch and learn' health and wellbeing webinars 30min webinar to cover all aspects of health and wellbeing	~	~	~
Online weekly group exercise session Get your team to work out together	~	~	×
Monthly wellbeing check-in discussion group Friendly forums to discuss topical issues led by Dr Phil Clarke	~	×	×
Online physiotherapy screenings Including follow-up exercises when required (non-sponsor price £80 per session)	3 free p.a. Then £45 per session	2 free p.a. Then £50 per session	1 free p.a. Then £55 per session
Individual nutrition consultation Discuss your personal nutritional requirements (non-sponsor price £80 per session)	3 free p.a. Then £45 per session	2 free p.a. Then £50 per session	1 free p.a. Then £55 per session
Team Development Day for teams of 3 - 20 people Understand how your team works (1 day) (non-sponsor price £1500)	£600	£700	£800

We know that businesses manage their finances in different ways, so we are pleased to be able to offer three payment terms to choose from:

	Gold	Silver	Bronze
Annual	£5000	£2500	£500
Quarterly	£1250	£625	£125
Monthly	Initial payment of £435, 11 monthly payments of £415	Initial payment of £245, 11 monthly payments of £205	Initial payment of £60, 11 monthly payments of £40



We dig deep to find solutions for our clients and to be the best internationally - and so do the DIS athletes.

When we met Chloe, we could see that DIS shared the same 'family' values as us and we wanted to support them. Being a sponsor has given us some great stories to tell online and we've had some energising and exciting team-building experiences in the office thanks to athletes and coaches.

Luigi Lobina Managing Director of Lobina Transport





### Interested?

Whether you are ready to commit, or if you would just like more information, please contact us and we will be happy to chat.

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