

Biosystem Sufficiencies		Percentile (%)		Z-Score	
1	Ethanolamine Phospholipids (Total)	%	050100	Z	-4.004.0
1a	Total Phosphatidylethanolamines (PEs)	38%		-0.4	
1b	Total ethanolamine plasmalogens (PLEs)	60%		0.0	
2	Ethanolamine Phospholipids (DHA)	%	050100	Z	-4.004.0
2a	PtdEtn 38:6 (16:0/22:6, DHA)	48%		-0.3	
2b	PtdEtn 40:6 (18:0/22:6, DHA)	42%		-0.4	
2c	PlsEtn 38:6 (16:0/22:6, DHA)	77%		0.4	
2d	PlsEtn 40:6 (18:0/22:6, DHA)	71%		0.3	
3	Choline Phospholipids (Total)	%	050100	Z	-4.004.0
3a	Total Phosphatidylcholine (PCs)	70%		0.2	
3b	Total Choline Plasmalogens (PLCs)	65%		0.0	
4	Choline Phospholipids (DHA)	%	050100	Z	-4.004.0
4a	PtdCho 38:6 (16:0/22:6,DHA)	70%		0.2	
4b	PtdCho 40:6 (18:0/22:6, DHA)	70%		0.1	
4c	PlasCho 38:6 (16:0/22:6,DHA)	62%		0.0	
4d	PlasCho 40:6 (18:0/22:6,DHA)	58%		0.0	
5	Dietary Fatty Acids	%	050100	Z	-4.004.0
5a	PtdEtn 36:1 (18:0/18:1, OA/Omega-9)	25%		-0.7	
5b	PtdEtn 36:2 (18:0/18:2, LA/Omega-6)	66%		0.3	
5c	PtdEtn 38:4 (18:0/20:4, AA/Omega-6)	21%		-0.8	
5d	PtdEtn 40:6 (18:0/22:6, DHA/Omega-3)	42%		-0.4	
5e	PtdCho 34:1 (16:0/18:1, OA/Omega-9)	52%		-0.2	
5f	PtdCho 34:2 (16:0/18:2, LA/Omega-6)	83%		0.9	
5g	PtdCho 36:4 (16:0/20:4, AA/Omega-6)	36%		-0.5	
5h	PtdCho 38:6 (16:0/22:6,DHA/Omega-3)	70%		0.2	
6	Gastrointestinal Tract Acids (GTAs)	%	050100	Z	-4.004.0
6a	Total GTAs	86%		1.2	
6b	Short Chain GTAs	79%		0.7	
6c	Long Chain GTAs	89%		1.4	
7	Iron Sufficiency	ug/dL	0100200		
7a	Total Iron	82			



