## IT'S TIME TO GET YOUR FLU SHOT!



GET YOURS TODAY: Take the time to protect yourself, your family, and our guests.

## 2020 IS EVEN MORE IMPORTANT TO GET THE FLU SHOT

- 1 Last year, the US had around 500K hospitalizations and 34K flu-related deaths
- Hospitals typically approach peak capacity during the flu season
- 3 Contracting the flu in 2020 could result in increased risks due to more limited hospital capacity and complications due to COVID-19

## WHERE TO GET YOUR FLU SHOT

- Primary Care Physician
- Local participating pharmacy (Costco, CVS, Walmart, Walgreens, Kroger, Safeway/Tom Thumb, etc.)

## WHAT DOES IT COST?

- FREE If you have enrolled in Health Benefits from G6 Hospitality
- FREE Many participating County Health Departments
- \$19.99 Costco
- \$20 \$50 at other locations without insurance

BEST TIME TO GET YOUR
FLU SHOT IS NOW:
EARLY IN THE SEASON

It takes about 2 – 4
weeks after vaccination
for antibodies that
protect against the flu to
develop in the body. Flu
cases typically increase
in October, peaking
between December and
February, and lasting as
long as late May.

