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A Note for Our Students

Current affairs form core component of General Knowledge section in almost all the competitive exams. Observing the recent trends, questions from current affairs has successively increased. But how to find out relevant current affairs from vast data available on numerous websites, apps and videos??

How to efficiently prepare current affairs keeping in mind relevance of the exam??

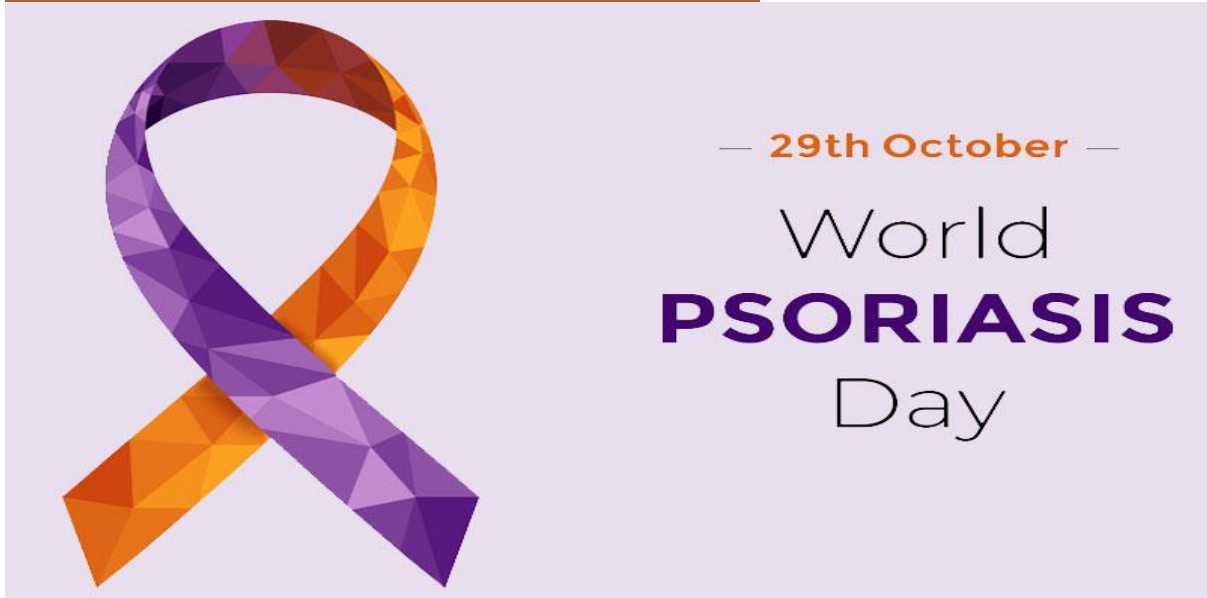
Don't worry!!

We have the solution; Gyanm team will segregate the important and the most relevant current affairs under heading 'Gyanm recommendations' so that you can prepare this crucial component with complete efficiency!!

So let's begin!!

Gyanm Recommendations!

1. October 29: World Psoriasis Day



Celebrations of this day are supported by the International Federation of Psoriasis Associations (IFPA), Geneva, Switzerland to promote awareness, empowerment, and action for improving the quality of life for people with psoriasis and psoriatic arthritis. The theme for the year 2023 "Access for All" focuses on people with psoriatic disease who must have affordable access to the right treatment at the right time.

Psoriasis is a skin disease that causes red, itchy scaly patches, most commonly on the knees, elbows, trunk and scalp. It is a common, long-term (chronic) disease with no cure.

2. October 29: World Stroke Day

This day tries to spread awareness about the prevention steps for this serious medical condition. This year's theme for celebrating the day is "Together we can be #GreaterThan stroke." It highlights the role of collective efforts in prevention of stroke cases. More than one-third of people over the age of 70 may have a silent stroke and this perhaps is the second leading cause of disability.

3. October 29: International Internet Day



The day is observed to commemorate the anniversary of the first internet transmission that took place on this day in 1969. Charley Kline, a student programmer at the University of California, Los Angeles (UCLA), transmitted the first-ever electronic message on October 29, 1969.

While the internet may not have been possible without a million other monumental inventions that came before it, it's hard to find any other invention that has had such a monumental impact on mankind. With over 800 million users, India is the second largest online market.

4. October 30/31: World Savings Day

Previously known as World Thrift Day, this day is celebrated across the world on either 30th or 31st October, depending upon the working day in banks. In India it is observed on October 30. This day is dedicated to promote the importance of financial savings and learn more about the same. As financial resources are never available in abundance, it is always imperative to safeguard money and to learn ways to save it.

5. October 31: Rashtriya Ekta Diwas

Observed to celebrate the birthday of Sardar Vallabhbhai Patel, the first Deputy Prime Minister and the home minister of independent India. Patel played a crucial role in India's freedom movement and in the integration of 560 princely states with India. The day is also the martyrdom day of Indira Gandhi.

6. October 31: World Cities Day

Observed across the world to work together for planned and sustainable urban life in the wake of rapid growth of population and problems. The main Global Observance will be co-hosted by UN-Habitat and China and will take place in Shanghai. The theme for this year "Financing sustainable urban future for all" aims to explore how to unlock transformative investment in urban planning and achieve adequate fiscal decentralisation in cities.



7. The 37th National Games were inaugurated on Oct 26 in Fatorda, Goa. The Games will conclude on 9th November. More than 10 thousand athletes from across the country are competing in over 43 sports disciplines across 28 venues.

8. Army's 1st vertical wind tunnel



The Indian Army's first vertical wind tunnel (VWT) was inaugurated on Oct 25 at Special Forces Training School (SFTS) at Bakloh near Chamba in Himachal Pradesh. It will improve the training infrastructure of the Special Forces and free-fall combat paratroopers. Functioning as a free-fall simulator, the VWT creates a column of air at specific velocities, orchestrating different combat free-fall conditions.

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Some Other Minor News!

1. Reserve Bank of India has asked private banks and wholly owned subsidiaries of foreign banks to ensure at least two Whole Time Directors (WTDs), including the MD and CEO, on their boards to facilitate succession planning.



2. The two Indian-Americans, Ashok Gadgil and Subra Suresh were awarded the National Medal of Technology and Innovation and the National Medal of Science, respectively, by the US President. They are the highest US honours in their respective fields.

3. To boost tourist arrivals, Sri Lanka's Cabinet has initiated a pilot project to issue free tourist visas to travellers from China, India, Russia, Thailand, Indonesia, Malaysia, and Japan. This policy will be in effect until March 31, 2024.

4. Air Marshal Sadhna S Nair became the first woman to take on the distinguished role of Director General Hospital Services (Armed Forces), marking a significant milestone in the Indian military.

5. Country's first Nano DAP (Di-Ammonia-Phosphate) plant was inaugurated on Oct 24 near Kalol in Gandhinagar, Gujarat. Established by IFFCO, it will manufacture 500 ml Nano DAP bottles that will be equivalent to one bag of DAP at half the cost.



Multiple Choice Questions!

1. World Psoriasis Day is observed on Oct 29. Psoriasis affects which part of the body?
 - a. Scalp
 - b. Spine
 - c. Muscles
 - d. Tissues
 - e. Skin

2. October 29 is celebrated as the International Internet Day. The first internet transmission took place on this day in which year?
 - a. 1964
 - b. 1967
 - c. 1969
 - d. 1971
 - e. 1973

3. Which national day is observed annually to celebrate the birthday of Sardar Vallabhbhai Patel?
 - a. National Solidarity Day
 - b. National Unity Day
 - c. National Integration Day
 - d. National Strength Day
 - e. National Patriotic Day

4. Which international day is observed on October 31 to work together for planned and sustainable urban life?
 - a. World Habitat Day
 - b. Urban Development Day
 - c. International Day for Cities
 - d. World Cities Day
 - e. World Metropolis Day

5. The 37th National Games were inaugurated on Oct 26 in which state?
 - a. Assam
 - b. Goa
 - c. Gujarat
 - d. Kerala
 - e. Mizoram

6. The Indian Army's first vertical wind tunnel (VWT) was inaugurated on Oct 25 at Special Forces Training School (SFTS) at _____ in Himachal Pradesh:
 - a. Rajgarh
 - b. Rohru
 - c. Bakloh
 - d. Khajjiar
 - e. Theog

Answer Key

Q	ANSWER
1	E
2	C
3	B
4	D
5	B
6	C

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