



## Cognitive-Behavioral Play Therapy (Part 1 of 2)



APT Approved Provider  
#19-582

LIVE + IN-PERSON

Play Therapy Training

January 13, 2023

8:30 AM – 4:00 PM

Cost = \$150

6 CE Contact Hours

For **QUESTIONS** Email:

[PlayTherapyTraining@jfshouston.org](mailto:PlayTherapyTraining@jfshouston.org)



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### **Learn Behavioral Intervention skills of CBPT!**

Guest Presenter: Steven L. Parks, LCSW-S, MBA, RPT-S

#### Training Description

This continuing education event teaches participants the theory and basic skills of Cognitive-Behavioral Play Therapy and specifically focuses on **behavioral interventions**.

Participants will learn methods for developmental assessment and selection of appropriate Play Therapy behavioral interventions to target treatment goals.

**Training will be live and in-person only.**

#### Learning Objectives

At the end of this workshop, the learner will be able to:

1. Recite the core theoretical concepts of Cognitive-Behavioral Play Therapy
2. Demonstrate basic knowledge of Cognitive-Behavioral Play Therapy methods and skills
3. Demonstrate ability to utilize behavioral interventions to target treatment goals
4. Differentiate between traditional verbal Cognitive-Behavioral Therapy and Cognitive-behavioral Play Therapy which utilizes the therapeutic powers of play
5. Assess when behavioral interventions form Cognitive-Behavioral Play Therapy may be an effective intervention for treatment

## Additional Information about this Training

### Tentative Training Agenda

8:30 – 10 am – Theory of Behavioral Play Therapy

10 – 11:30 am – Behavioral Play Therapy methods and processes

11:30 am – 1 pm – Lunch break

1 – 2:30 pm – Behavioral Play Therapy Skills & Interventions

2:30 – 4 pm – Behavioral Play Therapy Practice

Wrap-up, Evaluation, & Post-Test

### Primary Area(s) of Focus of Play Therapy Instruction in this Training

1 – Play Therapy History	
2 – Play Therapy Seminal Theories	3
3 – Play Therapy Skills and Methods	3
4 – Play Therapy Special Topics	
5 – Play Therapy Culture and Diversity	
6 – Applicant Choice	
Total Hours of Ethics Credits: (n/a)	Total Hours of Supervision Credits: (n/a)
<b>Total Play Therapy CE Hours Earned:</b>	<b>6</b>

Training will be at Congregation Emanu El

1500 Sunset Blvd. Houston, TX 77005

## Frequently Asked Questions

- This training will be an in-person training that counts as APT Approved Contact CE credit.
- Participants will receive an evaluation and post-test and must complete both and score a minimum of 80% on the post-test to receive continuing education credit and certificate.
- Prior Play Therapy knowledge and experience are helpful but not necessary to participate.
- Registration refunds will NOT be made to parties who register but do not attend or do not contact the organizer 24 hours in advance.
- Participants requiring accommodations must submit a medical professional's note specifying the required accommodations to [PlayTherapyTraining@jfshouston.org](mailto:PlayTherapyTraining@jfshouston.org) at least 7 days prior to any training for which they have registered.
- JFS reserves the right to cancel any of these training in the event of unforeseen circumstances. If such a cancellation occurs, JFS will attempt to notify registrants and refund all registration fees.
- Continuing Education credits apply towards mental health licensure and apply towards acquiring or maintaining a Registered Play Therapist (RPT) credential. The Association for Play Therapy sets the credentialing standards for Play Therapists and approves applications. Please review the credentialing standards for full list of the requirements to obtain the RPT Credential:  
<https://www.a4pt.org/general/custom.asp?page=CredentialsHomepage>