

Food Menu

A stylish Continental Café-Bar, with a casual ambience inspired by the relaxed café culture of Ipanema in Brazil.



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Breakfast

New York Bagels or English Muffins lightly toasted
Sizzling Smoked Bacon / Free Range Eggs / Lincolnshire Sausage / Quorn Sausage

1 Filling	2 Fillings	3 Fillings
3.95	4.95	5.95

Three egg omelette freshly cooked to order, served with salad garnish
Cheese / Ham / Tomato / Onion / Spinach / Peppers / Mushrooms

Plain	1 Filling
4.95	5.95
2 Fillings	3 Fillings
6.95	7.95

Spanish Omelette 7.95
Ice Rock Style

Three eggs with potato, onions and diced peppers, served with salad garnish.

Eggs Benedict 6.95
Two poached eggs on a toasted English muffin with hollandaise sauce and ham.

Eggs Florentine 6.95
Two poached eggs on a toasted English muffin with hollandaise sauce with sautéed spinach.

Eggs Royale 7.95
Two poached eggs on a toasted English muffin with hollandaise sauce and smoked salmon.

All Day Brunch

Classic New Yorker 4.95
Plain bagel lightly toasted with lashings of cream cheese and diced cucumber.

Smoked Salmon Bagel 6.95
Plain bagel lightly toasted with cream cheese, topped with smoked salmon and dill sprinkles.

Bruschetta 5.95
Toasted rustic bread with homemade mix of ripe tomato, fresh basil, garlic, olive oil and finished with balsamic vinegar.



Sweet Crêpes

Freshly made to order from the griddle.

Traditional crêpe 4.95

With sugar and lemon.

Banana Nutella crêpe 6.95

Strawberry Nutella crêpe 6.95

Canadian crêpe. 5.50

Served with maple syrup.

(Add streaky bacon for 2.00 extra)

Pastries

Two toasted crumpets 2.95

With butter & preserves or marmite

Toasted teacake 2.95

With butter & preserves.

French butter croissant. 2.95

With butter & preserves.

Rustic fruited scone

With Butter

3.00

With Preserves

3.50

Choose from our selection of Danish pastries, Pastel de Nata (Portuguese custard tart), cookies, cakes, and biscuits.

See daily availability and price on display.

Paninis & Toasties

Served with salad garnish & homemade slaw.

Tuna & cheese melt / 6.95

Barbecue Pulled Pork & Cheese /

Cheese & Ham / Cheese, Tomato &

Pesto

Soup

Soup of the Day 5.25

With crusty bread and butter.

Salad Bar

Bowl of lightly dressed chopped garden salad topped with a choice of: (served with pot of homemade slaw).

Grilled halloumi. 9.95

Lemon infused prawns 10.50

Chargrilled chicken. 10.50

Tuna. 9.95

Feta & olives 9.95



From The Churrasco



Served in a 'Barra Gallega' - a traditional rustic baguette from Galicia (North West Spain), with fresh Brazilian salsa (Molho à campanha) & garnish.

Steak & onion. 10.95

Grilled flat iron steak with caramelised red onions on a bed of mixed leaves with authentic chimichurri dressing in a Barra Gallega.

Chicken & bacon 9.95

Chargrilled chicken fillet topped with smoked streaky bacon, grilled avocado, mixed leaves, cherry tomatoes, and garlic mayonnaise in a Barra Gallega.

Chargrilled vegetables. 8.95

Grilled aubergine, courgette, red & green peppers and onions in a Barra Gallega with a creamy hummus dressing.



Ciabatta

The Italian job 6.95

Prosciutto ham, fresh mozzarella & tomato on a bed of mixed leaves drizzled with balsamic vinegar & extra virgin olive oil. Served with a homemade slaw.

Ciabatta Specials

Served with a stack of chunky Koffman Chips

Blue cheese flat iron 13.95

Grilled flat iron steak on a bed of leaves topped with flame grilled blue cheese & red onion marmalade.

Posh fish finger 10.95

Battered Haddock Goujons with lettuce and tomato in a ciabatta with tartare sauce. Served with a homemade slaw.



For Little Rockstars

Kids boxes...

Cheese or ham sandwich . . . 5.95

Bag of Crisps, biscuit, fruit and 'Fruit Shoot' drink.

Smarty Pants 3.95

/ Button Baby

One scoop of vanilla ice-cream topped with smarties or chocolate buttons.

**Fruit Shoot . .
1.50**

**Apple Juice . .
2.95**

Burger Bar

Served with homemade slaw

The Black Diamond ♦♦♦♦♦ 8.95
our Gourmet Burger

6oz grilled beef patty topped with Monterey Jack Cheese in a gourmet glazed bun with lettuce, tomato, red onion, and burger sauce. Served with sliced gherkin.

Ice Rock Gold ♦♦♦♦♦ 8.95

American Battered Chicken Fillet topped with smoked streaky bacon & Monterey Jack Cheese on a bed of lettuce, beef tomato, red onion and chipotle mayo.

The Emerald ♦♦♦♦♦ 8.95

Grilled Halloumi served in a toasted bun with roasted aubergine, chargrilled red peppers, red onion, beef tomato, with chipotle mayo.

No Bull Burger ♦♦♦♦♦ 8.95

100% plant, 0% cow. Moving Mountains Grilled Patty* topped with vegan cheese in a bun with lettuce, beef tomato, red onion, gherkin, vegan mayo & tomato chutney. (*Plant Proteins, Mushrooms, Coconut Oil, Beetroot Juice, Herbs, Spices, and added vitamin B12)

Burger Bar Special. ♦♦♦♦ 11.95

Your choice of burger with stack of super chunky Koffman Chips & homemade slaw.



Sharing Platters

Sharing cheese platter. ♦♦♦♦ 14.95

Vintage Just Jane, Lincolnshire Blue cheese, French Brie with a selection of biscuits, fig & plum chutney, balsamic onions, stuffed sweet peppers, fruit & goiaba slices.

Antipasto platter ♦♦♦♦♦ 14.95

Barra gallega bread slices, selection of continental charcuterie, mozzarella balls, olives, stuffed cheese peppers, balsamic onions, extra virgin olive oil & balsamic dip & vine tomatoes.



Tapas & Sides

Breaded garlic mushrooms ..4.95
With garlic mayo dip.

Mississippi goujons6.95
Southern fried chicken fillet slices with a barbecue dip.

Macaroni cheese bites5.95

Beer battered onion.....4.95
 ring stack

V-cut dipper chips.....4.25

Rosemary salted fries4.25

Sweet potato fries4.25

Super chunky4.25
 Koffman chips

Patatas bravas.....5.95
Diced herby potatoes in a spicy tomato sauce with garlic mayonnaise. Our take on a traditional spanish dish.

Molho à campanha3.95
Bowl of fresh Brazilian tomato salsa.

Sweet stuffed chilli peppers..4.95
Bowl of North African sweet round chilli peppers stuffed with feta & mizithra cheese.

Halloumi breaded sticks4.25

Bowl of pitted olives4.00
Green halkidiki and black kalamata in provencal herbs.

Portion of homemade slaw ..2.00

Dips1.20



Del Mar

Prawn cocktail6.95
Atlantic Prawns on a bed of shredded lettuce, seafood sauce with rustic bread & butter served in a tall martini glass.

West country crab cakes.....6.95
With a sweet chilli dip on shredded lettuce.

Breaded plaice goujons6.95
With tartare dip on shredded lettuce.

Tempura torpedo prawns ...6.95
With sweet chilli or mango, chilli and lime dipping sauce on shredded lettuce.

Mixed seafood basket8.95
Selection of crispy battered seafood on a bed of shredded lettuce with lemon mayo or tartare sauce.

Sweet Street

Authentic American Desserts from Pennsylvania

Caramel apple 5.95
granny pie
Served warm with custard, cream or ice-cream.

4 high carrot cake 5.25

New York cheesecake 5.25

Gluten free flourless 5.25
Chocolate Torte

Peanut butter stack 5.25

Add a scoop of ice cream - 2.00

South American churros .. 6.95
6 crispy on the outside, soft inside
churros served hot with nutella dip or dulce de leche dip.

Single origin brownie 5.95
Indulgent intensely chocolatey brownie served warm with vanilla pod ice cream.



Ice Cream Sundae

The Sugar Loaf mess 6.95
Crushed meringue with vanilla ice cream, mango chunks, whipped cream and mango coulis.

Banana Rock..... 6.95
Layers of fresh sliced banana between vanilla and banana ice creams, drizzled with toffee sauce, cream and fudge pieces.

Rockerbocker Glory 6.95
Our take on the traditional seaside knickerbocker glory. Layers of chocolate, strawberry and vanilla ice creams with jelly and seasonal fruits. Topped with cream, strawberry coulis and a wafer.

Choose your own coupe

1 scoop..... £2.95

2 scoops..... £4.50

3 scoops..... £5.95

Vegan, Dairy Free, Diabetic, and Dog Ice Creams are also available.



Quintessentially British

Introduced in England by Anna, the seventh Duchess of Bedford, in the year 1840; later becoming a fashionable social event for the upper-class and society women.

Afternoon Tea

Choose from a selection of finely cut sandwiches, fruit scones with Cornish clotted cream and strawberry preserve, a mouth watering range of sweet pastries, cakes and homemade brigadeiro... traditional Brazilian sweet balls.

Traditional Afternoon Tea

Served with a pot of our afternoon tea blend or coffee.

14.95 per person

Add a little sparkle

Prosecco Afternoon Tea

Single serve bottle.

19.95 per person

Champagne Afternoon Tea

Single serve bottle.

29.95 per person

Cream Tea

Warm fruit scone with Cornish clotted cream and strawberry preserve, with pot of tea or coffee

6.95 per person



Gift Vouchers

Our gift vouchers are the perfect present for friends and family to celebrate a special occasion or just to say thank you. May be used against food purchases or giftware.

£5, £10, £15, £20 upwards



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