

# LIFE SAVING RULES

Before starting a task, I always perform a mental safety assessment and stop if it's unsafe.



## TRAFFIC MANAGEMENT

I stay out of the path of moving vehicles or energised equipment.



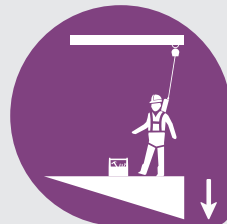
## TRAFFIC MANAGEMENT

I always drive free from drugs and alcohol. I fasten my seat belt and I do not handle any communication device when driving.



## TRAFFIC MANAGEMENT

I signal, slow down and check surroundings, before turning and reversing.



## WORK AT HEIGHT

I keep my harness attached at all times when working at height and I protect others from falling objects.



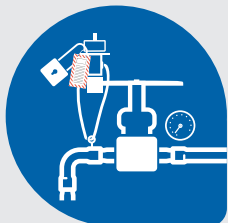
## EXCAVATION & TRENCHING

I enter excavations or trenches only if they are protected against collapse.



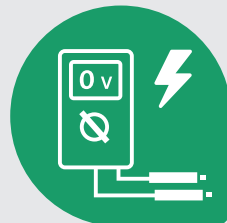
## CONFINED SPACES

I test the atmosphere and always have an attendant outside before entering & while working in a confined space.



## CONTROL OF HAZARDOUS ENERGY

I lock, tag and ensure zero state (mechanical, chemical, electrical, hydraulic, etc...) before any operation.



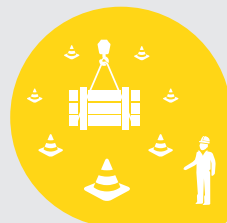
## ELECTRICITY

I identify electricity networks and check that electrical equipment or circuits are de-energized/isolated before any operation.



## HOT WORKS

I perform hot work only if the fire and explosion risks have been eliminated.



## LIFTING OPERATIONS

I never work or walk under suspended loads.



## HAZARDOUS MATERIALS

I only handle hazardous material if I understand the hazards and apply proper control measures.



## HIGH PRESSURE WATER, HYDROBLASTING, JETTING

I ensure the integrity and compatibility of all equipment for the pressure used, and verify the operation of the emergency stop.