STORIES FROM THE WARD

PAULA

OLDER ADULT

Managing restless behaviour

As told by Zoe Procter

oxehealth

Paula[1] is in her mid-70s and was admitted to the older adult ward, on 19th May[2] with a diagnosis of dementia and was exhibiting restless behaviours.

Paula was admitted during the COVID-19 pandemic and had to isolate from the rest of the ward until she completed a COVID-19 test.

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When Paula came in, she was put on 1-to-1 observations, but **due to her restlessness and the fact she hadn't had a COVID-19 swab yet**, we ended up putting her on 2-to-1 observation to ensure she stayed isolated from the rest of the ward.

At this level of observation Paula **became even more restless** and followed staff around, **preventing her from getting the necessary rest she needed.**

Zoe Procter, Ward Sister

Paula was cared for in a bedroom equipped with Oxevision.

Oxevision allows Zoe and her team to take spot check vital sign measurements remotely and provides alerts when Paula gets out of bed or leaves her room.

When the staff were with her, it was impossible to get Paula to rest so we withdrew staff and monitored her using the system. Without the stimulus from staff, it was easier to get Paula to sleep. The system is very useful on a night shift like this because we are able **to help Paula rest** and **manage her restless behaviour appropriately.**

Zoe Procter, Ward Sister

ABOUT OXEHEALTH

Oxehealth's Oxevision supports Mental Health organisations to improve inpatient safety and quality whilst giving clinicians more time to care.

Oxevision uses an optical sensor to pay attention to patients in bedrooms when staff can't be there. The Vital Signs module enables staff to take contact-free vital sign spot checks without entering the room. The system provides real time alerts to highrisk activity and displays activity and behaviour reports.

Oxehealth has won the HSJ Patient Safety Award for "Best HealthTech Solution" and Regional Parliamentary "The Future NHS" Award. Oxevision has been highlighted as an example of outstanding practice by the CQC[1] .

FOOTNOTES

The Oxehealth Vitals Signs device is a certified medical device in Europe. It is intended for non-invasive spot measurements of pulse rate and respiratory rate. It is a fixed-installed device for use within single occupancy rooms within hospitals, general care, domestic and secured environments where a framework exists which mandates period checks by a trained professional to ensure subject safety. See Instructions for Use for intended use, contraindications, warnings, cautions, usage directions and maintenance.

The activity detection, fall risk, activity tracker and sleep products are activity trackers and do not have a medical purpose or functionality. They are not patient monitors or vital signs monitors. They cannot be used to make a medical or clinical decision.

[1]See https://oxe.health/cqc-cwpt

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