



South London and Maudsley
NHS Foundation Trust

STORIES FROM THE WARD

KATIE

SECLUSION

A less invasive presence

As told by Heriberto Espinosa¹

oxehealth

Katie² was admitted into the seclusion room on 13th August³. She was vulnerable due to her physical health and was paranoid and delusional.

Heriberto and his team cared for Katie in the seclusion room equipped with Oxevision.

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Previously, when we've cared for Katie in the seclusion room, we have had to **stand at the door and constantly** observe her to ensure that her physical health is stable. **It made her suspicious, agitated and it fed into her pre-existing paranoia** – she believed we were law enforcement.

Heriberto Espinosa¹, Clinical Charge Nurse

Heriberto uses Oxevision to take medical grade pulse and breathing rate measurements of Katie whilst she is in the seclusion room to ensure she is safe.

Oxevision also monitors where Katie is in the seclusion room and informs Heriberto if she enters a blind spot such as the bathroom.

The system has helped us to **reduce invasive practices** for patients in seclusion.

We used the system to ensure Katie was always safe and well, without her perceiving that she was being watched.

Using the system in this way has meant we can **be more therapeutic in how we engage with Katie**. It **improved our rapport with her** and I think it **reduced her length of stay in seclusion**.

Heriberto Espinosa¹, Clinical Charge Nurse



¹A pseudonym has been used to maintain staff anonymity

²A pseudonym has been used to maintain patient anonymity

³The date has been changed to maintain patient anonymity

ABOUT OXEHEALTH

Oxehealth's Oxevision supports Mental Health organisations to improve inpatient safety and quality whilst giving clinicians more time to care.

Oxevision uses an optical sensor to pay attention to patients in bedrooms when staff can't be there. The Vital Signs module enables staff to take contact-free vital sign spot checks without entering the room. The system provides real time alerts to highrisk activity and displays activity and behaviour reports.

Oxehealth has won the HSJ Patient Safety Award for "Best HealthTech Solution" and Regional Parliamentary "The Future NHS" Award. Oxevision has been highlighted as an example of outstanding practice by the CQC¹.

FOOTNOTES

The Oxehealth Vitals Signs device is a certified medical device in Europe. It is intended for non-invasive spot measurements of pulse rate and respiratory rate. It is a fixed-installed device for use within single occupancy rooms within hospitals, general care, domestic and secured environments where a framework exists which mandates period checks by a trained professional to ensure subject safety. See Instructions for Use for intended use, contraindications, warnings, cautions, usage directions and maintenance.

The activity detection, fall risk, activity tracker and sleep products are activity trackers and do not have a medical purpose or functionality. They are not patient monitors or vital signs monitors. They cannot be used to make a medical or clinical decision.

¹See <https://oxe.health/cqc-cwpt>

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