



Coventry and  
Warwickshire Partnership  
NHS Foundation Trust

## STORIES FROM THE WARD

# DAWN

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## OLDER ADULT

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Preventing a fall

As told by Tina Rowe

oxehealth

Dawn<sup>1</sup> is in her 70s and was admitted onto the inpatient dementia ward on 17th January<sup>2</sup>. Dawn is at risk of falling, particularly when she gets out of bed. She often wakes in the night and can become confused by her surroundings.

Dawn is checked by staff every 15-minutes to ensure she is safe and well.

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Dawn sleeps on an air-flow mattress to prevent bedsores and **needs assistance when getting out of bed**. I check her every 15 minutes to confirm she's fine, but in the meantime anything can happen.

Dawn relies on us to help her use the bathroom and to get dressed and so we need to be aware **as soon as she tries to get up**. When we're in the corridor, or checking on other patients, we won't necessarily know what Dawn is doing.

Tina Rowe, Nurse

Tina cares for Dawn in a bedroom equipped with Oxevision which provides early warning alerts when Dawn is getting out of bed which indicates to staff that she needs in-person care.

At around midnight one night, minutes after I had been in to check on Dawn, **the system alerted that she was getting out of bed.** Knowing she would need my support, I went straight to her room and assisted her using the bathroom.

Using the system in this way has **definitely helped me to prevent Dawn from falling.** It gives you that **extra lifeline** and it's reassuring to both the patient and the staff member. **It enables me to support patients like Dawn as best as I can.**



Tina Rowe, Nurse

<sup>1</sup>A pseudonym has been used to maintain patient anonymity

<sup>2</sup>The date has been changed to maintain patient anonymity

## ABOUT OXEHEALTH

Oxehealth's Oxevision supports Mental Health organisations to improve inpatient safety and quality whilst giving clinicians more time to care.

Oxevision uses an optical sensor to pay attention to patients in bedrooms when staff can't be there. The Vital Signs module enables staff to take contact-free vital sign spot checks without entering the room. The system provides real time alerts to highrisk activity and displays activity and behaviour reports.

Oxehealth has won the HSJ Patient Safety Award for "Best HealthTech Solution" and Regional Parliamentary "The Future NHS" Award. Oxevision has been highlighted as an example of outstanding practice by the CQC<sup>1</sup>.

### FOOTNOTES

The Oxehealth Vitals Signs device is a certified medical device in Europe. It is intended for non-invasive spot measurements of pulse rate and respiratory rate. It is a fixed-installed device for use within single occupancy rooms within hospitals, general care, domestic and secured environments where a framework exists which mandates period checks by a trained professional to ensure subject safety. See Instructions for Use for intended use, contraindications, warnings, cautions, usage directions and maintenance.

The activity detection, fall risk, activity tracker and sleep products are activity trackers and do not have a medical purpose or functionality. They are not patient monitors or vital signs monitors. They cannot be used to make a medical or clinical decision.

<sup>1</sup>See <https://oxe.health/cqc-cwpt>

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