



Essex Partnership University  
NHS Foundation Trust

## STORIES FROM THE WARD



## PATIENT POV

# RITA

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## ACUTE

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Knowing I'm safe

As told by Rita, patient, female acute ward

oxehealth



Rita<sup>1</sup> was admitted onto the female acute ward on 1st March<sup>2</sup>. It was her first admission onto an inpatient mental health ward and Rita **found the experience daunting**. She was at risk of self-harm and she found it **difficult to talk and engage with staff**.

When Rita arrived on the ward, staff discussed with her how Oxevision would be used to support staff with her care.

Alongside in-person checks, staff used Oxevision to **take additional spot check vital sign measurements** to ensure Rita was safe, which especially helped at night as staff were able to check Rita's safety without disturbing her sleep.

**Staff were also alerted when Rita exhibited high risk behaviour** such as spending prolonged periods of time in her bathroom which meant they could quickly intervene when Rita needed help.

After a few weeks of being on the ward, Rita spoke about how she felt about being cared for in a bedroom equipped with Oxevision.

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*I think Oxehealth makes us very safe on the ward.*

*I find it hard to ask for help when I need it, or even admit to the staff that I might need help. Having Oxehealth, you know that it alerts staff when you need them and that they will come and help you.*

*It's good to know that it calls for help when you need it, but also, when you don't think you need help.*

**Rita<sup>1</sup>, Patient, female acute ward**

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<sup>1</sup> A pseudonym has been used to maintain patient anonymity

<sup>2</sup> The dates have been changed to maintain patient anonymity

## ABOUT OXEHEALTH

Oxehealth's Oxevision supports Mental Health organisations to improve inpatient safety and quality whilst giving clinicians more time to care.

Oxevision uses an optical sensor to pay attention to patients in bedrooms when staff can't be there. The Vital Signs module enables staff to take contact-free vital sign spot checks without entering the room. The system provides real time alerts to high-risk activity and displays activity and behaviour reports.

Oxehealth has won the HSJ Patient Safety Award for "Best HealthTech Solution" and Regional Parliamentary "The Future NHS" Award. Oxevision has been highlighted as an example of outstanding practice by the CQC<sup>1</sup>.

### FOOTNOTES

*The Oxehealth Vitals Signs device is a certified medical device in Europe. It is intended for non-invasive spot measurements of pulse rate and respiratory rate. It is a fixed-installed device for use within single occupancy rooms within hospitals, general care, domestic and secured environments where a framework exists which mandates period checks by a trained professional to ensure subject safety. See Instructions for Use for intended use, contraindications, warnings, cautions, usage directions and maintenance.*

*The activity detection, fall risk, activity tracker and sleep products are activity trackers and do not have a medical purpose or functionality. They are not patient monitors or vital signs monitors. They cannot be used to make a medical or clinical decision.*

<sup>1</sup> See <https://oxe.health/cqc-cwpt>

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