NHS

Coventry and Warwickshire Partnership

NHS Trust

YASIR

PSYCHIATRIC INTENSIVE CARE UNIT

A better care plan

as told by Dr Faith Ndebele

oxehealth

Yasir[1] is in his early 30s and was admitted to the PICU in September[2] due to hostile and disinhibited behaviour. Yasir was placed on enhanced observations and needed two members of staff with him at all times.

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*Yasir was engaging in **sexually inappropriate behaviour** towards staff and other patients. He was hostile, and **exhibited disinhibited behaviour** making him difficult for staff to manage.*

*In his first week on the ward, **he was up all night** and required two staff members on 24/7 continuous observations. It was **exhausting for staff** to nurse him.*

Dr Faith Ndebele's ward used Oxevision to monitor Yasir and to keep him safe whilst in his bedroom. Oxevision generates Activity Reports which gives Faith and her team objective information on Yasir's activities and behaviours in his bedroom.

*We used Oxehealth's Activity Report to get a better sense of his behaviour. We knew that he had been **consistently getting 7-8 hours of rest** in his bed at night after his first week on the ward.*

*Using the Activity Report helped **change the way we perceived his behaviour**. During our weekly MDT meeting, we decided to step down Yasir's observations at night.*

*Having that objective data from the Activity Report **gave confidence to the team** that we were making the right decision. It made nighttime nursing much easier for staff and we were **reassured** that Yasir and the ward were safe.*

Dr Faith Ndebele, Consultant Psychiatrist, PICU

ABOUT OXEHEALTH

Oxehealth's Oxevision supports Mental Health organisations to improve inpatient safety and quality whilst giving clinicians more time to care.

Oxevision uses an optical sensor to pay attention to patients in bedrooms when staff can't be there. It enables staff to take contact-free vital sign spot checks without entering the room. It provides real time alerts to high-risk activity and displays activity and behaviour reports.

In 2019, Oxehealth has won the HSJ Patient Safety Award for "Best HealthTech Solution" and Regional Parliamentary "The Future NHS" Award. Oxevision has been highlighted as an example of outstanding practice by the CQC[1].

FOOTNOTES

The Oxehealth Vitals Signs device is a certified medical device in Europe. It is intended for non-invasive spot measurements of pulse rate and respiratory rate. It is a fixed-installed device for use within single occupancy rooms within hospitals, general care, domestic and secured environments where a framework exists which mandates period checks by a trained professional to ensure subject safety. See Instructions for Use for intended use, contraindications, warnings, cautions, usage directions and maintenance.

The activity detection, fall risk, activity tracker and sleep products are activity trackers and do not have a medical purpose or functionality. They are not patient monitors or vital signs monitors. They cannot be used to make a medical or clinical decision.

[1] *See https://oxe.health/cqc-cwpt*

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