



Coventry and
Warwickshire Partnership
NHS Trust

STORIES FROM THE WARD

BEN

PSYCHIATRIC INTENSIVE CARE UNIT

Learning what care works

as told by Natasha Le Fort

oxehealth

Ben¹ is a young man with a diagnosis of emotionally unstable personality disorder, autistic spectrum disorder and sleep apnoea.

He was admitted to a psychiatric intensive care unit on 14th March² following episodes of self-harm and had been experiencing very low mood.

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*When Ben came to the ward, he was very low in mood. He had been **trying to ligate** and refused to use his CPAP machine.*

*He didn't feel that he could keep himself safe at that time, so we **nursed him on close observations**, but he found this really difficult and it really impacted his sleep. He was spending most of his time in bed because he was **tired** and feeling **increasingly low in mood**.*

When Ben was admitted, he was placed in a bedroom equipped with Oxevision.

Oxevision helps Natasha and her team to take spot-check vital signs observations without disturbing Ben and gives them 24/7 information on Ben's activities and behaviour in his bedroom.

We **reduced observations** as we knew they were causing Ben distress. Having the system allowed us to check his pulse and breathing rate remotely and alerts us to certain activity if there is cause for concern.

Ben's **mood has steadily improved** and we can see from the system's activity reports that he is spending **much less time isolating himself** in his room.

Natasha Le Fort, Deputy Ward Manager, PICU



¹ A pseudonym has been used to maintain patient anonymity

² The date has been changed to maintain patient anonymity

ABOUT OXEHEALTH

Oxehealth's Oxevision supports Mental Health organisations to improve inpatient safety and quality whilst giving clinicians more time to care.

Oxevision uses an optical sensor to pay attention to patients in bedrooms when staff can't be there. It enables staff to take contact-free vital sign spot checks without entering the room. It provides real time alerts to high-risk activity and displays activity and behaviour reports.

In 2019, Oxehealth has won the HSJ Patient Safety Award for "Best HealthTech Solution" and Regional Parliamentary "The Future NHS" Award. Oxevision has been highlighted as an example of outstanding practice by the CQC¹.

FOOTNOTES

The Oxehealth Vitals Signs device is a certified medical device in Europe. It is intended for non-invasive spot measurements of pulse rate and respiratory rate. It is a fixed-installed device for use within single occupancy rooms within hospitals, general care, domestic and secured environments where a framework exists which mandates period checks by a trained professional to ensure subject safety. See Instructions for Use for intended use, contraindications, warnings, cautions, usage directions and maintenance.

The activity detection, fall risk, activity tracker and sleep products are activity trackers and do not have a medical purpose or functionality. They are not patient monitors or vital signs monitors. They cannot be used to make a medical or clinical decision.

¹ See <https://oxe.health/cqc-cwpt>

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