

I AM EXCITED TO GIVE YOU THIS

TABLET

BUT THERE ARE SOME RULES THAT COME ALONG WITH IT...

Time limits

You are allowed to use this tablet _____ hours per day unless we have agreed otherwise.

Restrictions

You should not use your tablet at these times, places, or in these situations without permission:

Apps

You agree to ask me before you download new apps or make in-game purchases. Or, we may agree to a pre-approved amount for purchases.

Content

I want you to learn and have fun with technology, so it matters to me what you're doing online. I may ask where you're going, who you connect with, and what you're doing on your tablet. I'm excited for the opportunities technology gives you, but I also want you to stay safe.



Family
Online Safety
Institute

GOOD DIGITAL PARENTING

IF YOU AGREE TO

FOLLOW THESE RULES

I PROMISE TO...

Not overreact

If you come across something on your tablet that makes you feel uncomfortable, I want to know about it so I can help you. I promise that if that situation ever comes up, I will listen first and not overreact.

Learn new things

I want to know about the cool things you do on your tablet so we can talk about them. I promise to try out new and different things with technology so we can spend time online together.

Be responsible

I know it's important that I also set a good example when using my own devices. I promise to make sure I read information before I purchase and download apps and make conscious decisions about my own time limits too.

Child signs here

Parent signs here

For more information:
fosi.org/parenting
