

A woman with long brown hair, wearing a blue and white striped scarf and a blue cardigan, is lying on her back on a lush green lawn. She is holding a black smartphone to her ear and looking up towards the sky with a slight smile.

Consult A Doctor is now Teladoc!

New name, same great care.

Get started with Teladoc to speak to a doctor anytime!

As part of your health benefits, you have had access to Consult A Doctor. Consult A Doctor is now Teladoc. Though the name has changed you still can speak with a doctor 24 hours a day, 7 days a week to get medical advice, a diagnosis, a treatment plan and even a prescription if appropriate.

The phone number and URL for Teladoc isn't changing. You can still reach a doctor at:
1-800-DOC-CONSULT (1-800-362-2667) or www.MyDrConsult.com

Best of all, Teladoc is still **no cost to you!**

To get started with Teladoc, set up your account.

By phone: call 1-800-DOC-CONSULT (1-800-362-2667)

Online

- Visit www.MyDrConsult.com
- Click "Set up account"
- Provide the required information

Complete your Medical History Disclosure by phone or on the website (click "My Medical History") before you request a consultation.