



Get started with Teladoc to speak to a doctor anytime!

As part of your health benefits, you have had access to Consult A Doctor. Consult A Doctor is now Teladoc. Though the name has changed you still can speak with a doctor 24 hours a day, 7 days a week to get medical advice, a diagnosis, a treatment plan and even a prescription if appropriate.

The phone number and URL for Teladoc isn't changing. You can still reach a doctor at: 1-800-DOC-CONSULT (1-800-362-2667) or www.MyDrConsult.com

Best of all, Teladoc is still no cost to you!

To get started with Teladoc, set up your account.

By phone: call 1-800-DOC-CONSULT (1-800-362-2667)
Online

- Visit www.MyDrConsult.com
- Click "Set up account"
- Provide the required information

Complete your Medical History Disclosure by phone or on the website (click "My Medical History") before you request a consultation.

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