

# PGT-M

For Monogenic Disorders



## Testing for monogenic disorders (PGT-M)

Preimplantation genetic testing for monogenic disorders (PGT-M) is a genetic test performed on embryo biopsies, specifically designed to screen monogenic, or "single gene" disorders.

Tay-Sachs disease, sickle cell disease, cystic fibrosis, Duchenne muscular dystrophy and fragile-X syndrome are all examples of monogenic disorders.

#### Who can benefit from PGT-M?

Couples at risk of passing down a monogenic disorder may benefit from PGT-M.

- Couples with a child, or a personal or family history of a monogenic disorder.
- Couples identified as at-risk, through routine carrier screening.
- Couples interested in HLA matching.

#### How does the result help?

Seeing which embryos test positive for a disorder helps you and your doctor decide which embryos to transfer, and in which order.

## How does LifeView™ PGT-M work, step by step?

- Prior to testing, we review your genetic reports, along with your medical and family history, in order to create a plan to detect the condition(s) requested for testing. No two tests are exactly alike.
- Saliva samples are collected from each member of the couple. In some cases, saliva or other DNA samples from additional family members may be needed.
- Once all of the needed samples are received, the testing plan is confirmed, and your IVF center is notified that we are able to proceed with receiving biopsies for testing.
- After embryo biopsy samples are sent to our laboratory, it takes 14 days to complete the analysis.
- A PGT-M genetic report is generated by our laboratory, and sent to your preferred clinician.

#### How accurate is LifeView™ PGT-M?

LifeView<sup>™</sup> is among the most accurate PGT-M available. Diagnostic accuracy ranges exceed 97-99%.

# There is more than one monogenic disorder in my family. Can you test for multiple conditions?

Yes. As long as we can design a testing plan for each individual monogenic disorder that you wish to be tested, there is no limit to the number of conditions evaluated on a single sample.

# Is aneuploidy (PGT-A) included in LifeView™?

Yes. All LifeView™ PGT-M includes aneuploidy screening, or PGT-A, at no extra charge. This screening is added without the need for additional embryo biopsy samples.

# Can LifeView™ PGT-M be expanded to include other types of testing?

Using the same samples, with no additional embryo biopsies, LifeView™ PGT-M may also be expanded to include:

**PGT-P:** LifeView<sup>™</sup> is the only platform validated to accurately predict each embryos lifetime risk for polygenic disorders; diseases influenced by variants in many genes, such as diabetes and certain cancers. Deciding which embryos to prioritize for transfer using LifeView<sup>™</sup> PGT-P has been validated to reduce incidence of these disorders later in life.

**PGT-SR:** LifeView<sup>™</sup> for structural rearrangements identifies extra or missing chromosomal material related to a parental chromosome rearrangement.

M2: M2 is a genetic variant associated with increased risk of pregnancy complications and miscarriage. For couples with M2, LifeView™ can can be expanded to include M2 haplotype testing, to help you and your doctor make informed interventions to reduce the risk of miscarriage.

## Who can I ask questions about LifeView™?

Genetic counseling is included with LifeView™ at no extra charge. Ask your IVF team to refer you for a virtual genetic counseling session.

