MEET UPS-

THIS WEEK'S PRACTICE...

Today in your Meet Up:

- 1. Put away your phones or any other distractions, and get into a comfortable, but alert position.
- 2. Invite Holy Spirit to come...
- 3. Spend two minutes in silence

Daniel flourished in exile because he was obedient to God. In order to be obedient as aliens and exiles he had to be intentional about his relationship with God. He did this by incorporating the disciplines that we are all encouraged to make part of our daily walk.

- 1. He read God's word and believed it then acted on it
- 2. He spent time with God in prayer and worship

How are you in this season?

Do you spend more time in the word or praying? Or less?

WEEKLY PRACTICE

As we pray together this coming week in our week of prayer and fasting, how about continuing some of the prayer times going forward. To build a routine in the weeks and months that follow.

The week of prayer and fasting is from Monday 1st until Sunday 7th of March.

Praying for 30 minutes at 06:30, 12:30 and 19:30

Culminating in an in-person prayer meeting in State Hall on Sunday evening.