

MEET UPS

CATCH UP

How have you got on with practicing breath prayer this week?

THIS WEEK'S PRACTICE...

In your meet up today...

We are going to do some repentance prayer using Romans 12 v 1-2.

What does this look like for you now in your meet up?

Read these verses together...

Rom:12

1 Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. 2 Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will

Recognise any ways of thinking or attitudes that cause you to give yourselves to things other than Jesus and His will.

Ask Holy Spirit to reveal any mindsets and attitude that lead you away from God.

Repent and spend time talking and finding the truth in your meet up.

Does your repentance need to be active, what do you need to change in your life or the environment around you so that you can bring your body as a living sacrifice to God.

WEEKLY PRACTICE

Try again in your own quiet time during this week- there may be other things that God highlights to you that you need to repent to Him about.