

IMPACT REPORT

Everyone has the right to a pain-free life

Chronic pain prevents people from living their lives. Each year 31m working days are lost in the UK as a result of back pain. Often scans, injections and opioids are offered as the answer when prevention and pain management treatments (like osteopathy) can offer a better solution. The problem is these treatments are too expensive for the most vulnerable – who may be working several jobs to make ends meet.

That's why we created CORE Clapton... Located in the second poorest borough in London, CORE Clapton offers a space for the local community to access services usually reserved for those who can afford it. We give people the tools to keep their body working to its full potential by providing a good understanding of how their body works and promoting activities and habits to lead a healthier lifestyle.

We also voluntarily receive NHS referrals for patients in low-income suffering from chronic pain who have failed to find relief via the usual NHS pathways (normally physiotherapy and pain clinics). The majority of these patients are unemployed due to their chronic pain and have a severely diminished quality of life. They are also more likely to be from minority groups with 80% coming from BAME backgrounds.

Thanks to our hands-on osteopathic care over 70% of these patients report feeling an improvement in pain or quality of life, helping them get back to doing what they enjoy most.

Our patients

2,751

People have received expert osteopathic healthcare from CORE since we opened in July 2017.

Our satisfaction

4.8/5

Is the average satisfaction rating of our service users following osteopathic care at CORE.

Our costs

40%

Of patients have benefitted from low-cost or free osteopathy thanks to our philanthropic model.

Our diversity

40%

Of our patients come from Black, Asian and minority ethnic (BAME) communities (this rises to 80% for our free NHS referrals).

“My back pain was treated so effectively that it went away after the first few sessions and it has thankfully not bothered me at all since the completion of my treatment.

Shaminderjit Gill

