



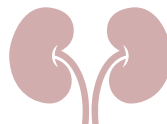
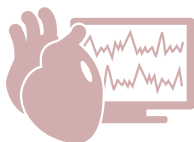
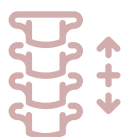
Pre-overseas Education Check- up Plan

海外升学检查计划

Who should have the Pre-overseas Education Check-up Plan?

Studying abroad can be an exciting experience but it also means these adolescents are leaving the direct care of their parents and families. They are also likely to meet a lot of people coming from different parts of the world.

While some overseas education institutions require applicants to provide proof of good health, conducting a thorough health check-up before departure can actually give parents peace of mind that their children are physically fit to lead an independent life. This also helps to avoid the hassle and possible high costs involved with seeking treatment while abroad.





Highlights of the Pre-overseas Education Check-up Plan

Our doctor will meet the student in order to carefully understand his / her medical history, as well as conducting thorough physical examination. Practical tips and advices relating to maintenance of good physical and emotional health while studying abroad will also be provided to the student and the parents.

The check-up offers a general health screening including the blood count, cardiovascular risk screening, diabetes screening, renal and hepatic function, urine and stool tests and thyroid function as well as a wide range of serology testing of hepatitis A and B, rubella and measles to identify those who may need booster injections.

Parents can also consider to enroll in our “Vaccination Programme for Studying Abroad” in order to strengthen students’ protection against infectious diseases in the countries that they are going to visit or study.

谁应接受海外升学检查计划？

出国留学令不少年轻人感到兴奋，但这也意味著是父母担心子女的开始，由于年轻人将离开父母和家庭的庇荫，而且将会接触到来自世界各地的人士，因此相对的健康风险也随之大大提高。

一些海外教育机构要求申请人提供身体健康的证明。事实上，在出发前进行彻底的健康检查，可令父母及早了解子女的健康状况能否支持他们展开独立新生活，从而避免要在国外就医而要承担高昂的治疗费用或种种不便等。

海外升学检查计划的特点

我们的医生将与学生会面以仔细了解他们的病史，并进行全面的身体检查。医生亦会为学生及其父母提供实用技巧和建议，以保持良好的身心健康。

我们的计划提供常规健康检查，包括血液常规检验、心血管疾病风险筛查、糖尿病筛查、肾功能、肝功能、尿液和粪便检查以及甲状腺功能检测等，此外亦包括甲型和乙型肝炎，德国麻疹和麻疹以决定是否需要接受疫苗加强剂的注射。

家长也可考虑参加我们的「海外升学预防疫苗接种计划」，以加强学生免疫力，避免感染当地流行的传染疾病。

Pre-overseas Education Check-up Plan

海外升学检查计划

Life Style Evaluation 生活方式评估	
Blood Pressure & Pulse, Height & Weight, BMI 血压、脉搏、身高、体重及体重指数	
Health Questionnaire 健康问卷	
Visual Acuity and Colour Vision 视力及色盲测试	
Blood Analysis, Anaemia Testing 血液分析及贫血检查	
CBC 全血细胞计数	ESR 红血球沉降率
Cardiovascular Risk Screening 心脏病风险筛查	
Total Cholesterol 总胆固醇	
HDL Cholesterol 高密度胆固醇	
LDL Cholesterol 低密度胆固醇	
VLDL Cholesterol 极低密度胆固醇	
Triglycerides 三酸甘油脂	

Diabetes Screening 糖尿病筛查	
Fasting Glucose 空腹血糖	
Renal Function 肾功能	
Urea 尿素	Creatinine 肌酐
Sodium 钠	Potassium 钾
Chloride 氯化物	CO2 二氧化碳
Urine Routine 小便常规	
Liver Function 肝功能	
Alkaline Phosphatase 硷性磷酸酶	Total Bilirubin 总胆红素
Total Protein 总蛋白质	Albumin 白蛋白
Globulin 球蛋白	AST (SGOT) 谷草转氨酶
ALT (SGPT) 谷丙转氨酶	Gamma Glutamyl Transferase (GGT) 谷氨醯基转移酶
LDH 乳酸脱氢酶	
Bone Metabolism 骨骼代谢	
Calcium 钙	Phosphorus 磷
Hepatitis Screening 肝炎筛查	
Hepatitis A Virus Antibody, IgG (HAV IgG Ab) 甲型肝炎抗体 IgG	
Hepatitis B Surface Antigen (HBsAg) 乙型肝炎表面抗原	
Hepatitis B Surface Antibody (HBsAb) 乙型肝炎表面抗体	
Hepatitis C Surface Antibody (HCVAb) 丙型肝炎病毒抗体	

Gout Screening 痛风症筛查
Uric Acid 尿酸
Thyroid Function 甲状腺功能
TSH 促甲状腺激素
Free T4 游离甲状腺素
Pulmonary Study 胸肺评估
Chest X-Ray 胸部 X 光片
Measles, Mumps & Rubella Screening 麻疹、腮腺炎及德国麻疹筛选
Measles Virus Antibody IgG 麻疹抗体 IgG
Mumps Antibody IgG 腮腺炎病毒抗体 IgG
Rubella Antibody IgG 德国麻疹抗体 IgG
Gastrointestinal Screening 胃肠道筛查
Stool Routine (Ova and Parasite) 粪便常规检查 (虫卵及寄生虫)
Report Explanation 报告解释
Report interpreted and explained by a registered physician 由注册医生解释及说明检查结果



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