

# Gastroscopy Plan

## 上消化道內視鏡檢查

Gastric conditions are amongst the commonest medical presentations to primary care doctors. Benign conditions such as gastritis, indigestion and heartburn are commonly encountered and once *Helicobacter pylori* infection is identified and treated, the symptoms can be effectively relieved and the risk of developing stomach cancer can be significantly reduced.


### Who should have Gastroscopy?

Patients of any age with persistent or intermittent epigastric pain, indigestion, and heartburn should consider to have a gastroscopy. Other indications include anaemia, difficulty in swallowing and unexplained weight loss.

### What is included in the Gastroscopy Plan?

Our Gastroscopy plan covers the performance of the procedure under Monitored Anesthesia Care (MAC) which is a form of sedation that put patients to sleep. Patients will be able to





breathe on their own without the need of a ventilator or breathing tube. In recent years, MAC has gained wide acceptance and become a popular choice of sedation for patients who undergo endoscopy due to its higher comfort level.

Gastroscopy will include the examination of the inside upper digestive tract using fibreoptic equipment to scrutinise the oesophagus (gullet), stomach and first part of the small intestine (duodenum). This allows the doctors to have direct vision and to detect pathological changes, e.g. oesophagus for reflux changes and oesophagitis, stomach and duodenum for inflammation, erosions, ulcers, polyps and cancer etc. During the procedure, polyps will be removed and any pathology worth further testing such as oesophagitis will be biopsied. For all patients, the CLO test, a rapid test for diagnosis of *Helicobacter pylori*, will be performed.

Our all-inclusive fee includes doctor's procedure charges, facility charges, all material costs and pathology fees for any number of polyps and biopsies. Our specialist will meet the client at the pre-procedure consultation in order to carefully understand his / her medical history, analyze whether a gastroscopy is suitable to the client, and explain the process, patient preparation and precautions in detail should the gastroscopy is recommended. At the follow-up consultation, our specialist will entail detailed explanation of testing results and advice on the management plan for the client.

胃病是病人向普通科醫生求診的最常見病徵之一。都市人出現良性胃部疾病如胃炎、消化不良和胃酸倒流等病徵可謂非常普遍。不少人在確診幽門螺旋菌感染並接受治療後，胃部的徵狀一般都可有效地紓緩，且可顯著降低患上胃癌的風險。

## 誰應接受上消化道內視鏡檢查？

任何年齡並患上持續或間歇性上腹痛、消化不良或胃酸倒流的人士；或出現其他症狀如貧血、吞嚥困難和無法解釋原因而體重驟降的人士，均應考慮進行上消化道內視鏡檢查。

## 上消化道內視鏡檢查涵蓋什麼項目？

我們的服務涵蓋了監測麻醉（MAC）的程序，這是一種毋需在呼吸儀器的輔助下，讓病人入睡的鎮靜方法。病人可自行呼吸，且完成檢查後一般能迅速回復清醒。由於監測麻醉令人在接受檢查時感覺較舒適，因此是近年廣泛採用的麻醉方式之一。

在上消化道內視鏡檢查中，醫生將採用「上消化道纖維鏡」準確診斷包括食道、胃內壁病變及第一段小腸（十二指腸）內部的上消化道病變。透過高清影像，醫生可清晰檢視病理變化，例如胃食道反流疾病和食道炎，胃和十二指腸的發炎、糜爛、潰瘍、瘰肉和癌細胞等。

在檢查過程中，醫生會將瘰肉切除，並抽取懷疑發生病變的組織進行活檢作進一步測試。我們亦會為所有人士進行幽門螺旋菌的快速測試（CLO）以作及早診斷。

我們的費用已包括醫生收費、儀器費用、所有物料費用、任何數目的瘰肉以及活檢的化驗費用。我們的專科醫生將在檢查前與接受檢查人士會面，以仔細了解他們的病史及病因，分析他們是否適合接受上消化道內視鏡檢查，並詳細解釋檢查過程和注意事項等。在跟進諮詢中，專科醫生將對測試結果進行詳細說明，並為他們提供健康管理方面的實用建議。

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上消化道內視鏡檢查

## Check-up Items 檢查項目

Monitored Anesthesia Care (MAC)  
監測麻醉

Instrument Fee for Polypectomy  
移除瘰肉之儀器費用

Physician's Fee (With or without Polyp or Biopsy)  
醫生收費 (包括任何數目的瘰肉及活檢)

Operation Theatre Fee  
手術室收費

Pathology Fee  
化驗費

Photo Report  
圖片報告

H. Pylori CLO Test  
幽門螺旋菌測試

Pre-Consultation Fee  
術前醫生診症費

Post-operative Report Interpretation  
術後醫生診症及報告解釋費用



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