

The background of the entire page is a photograph of a long, straight asphalt road stretching into the distance through a desert landscape. The road has a double yellow line down the center. On either side of the road are rugged, reddish-brown rock formations and sparse desert vegetation. In the far distance, a small white car is visible on the road. The sky is a clear, pale blue.

# BE AN ECO-TRAVELLER

Reducing our plastic footprint during travel simply requires a bit of considerate thought and pre-planning of mindful consumption.

website: <https://www.organoetschool.co.in/>

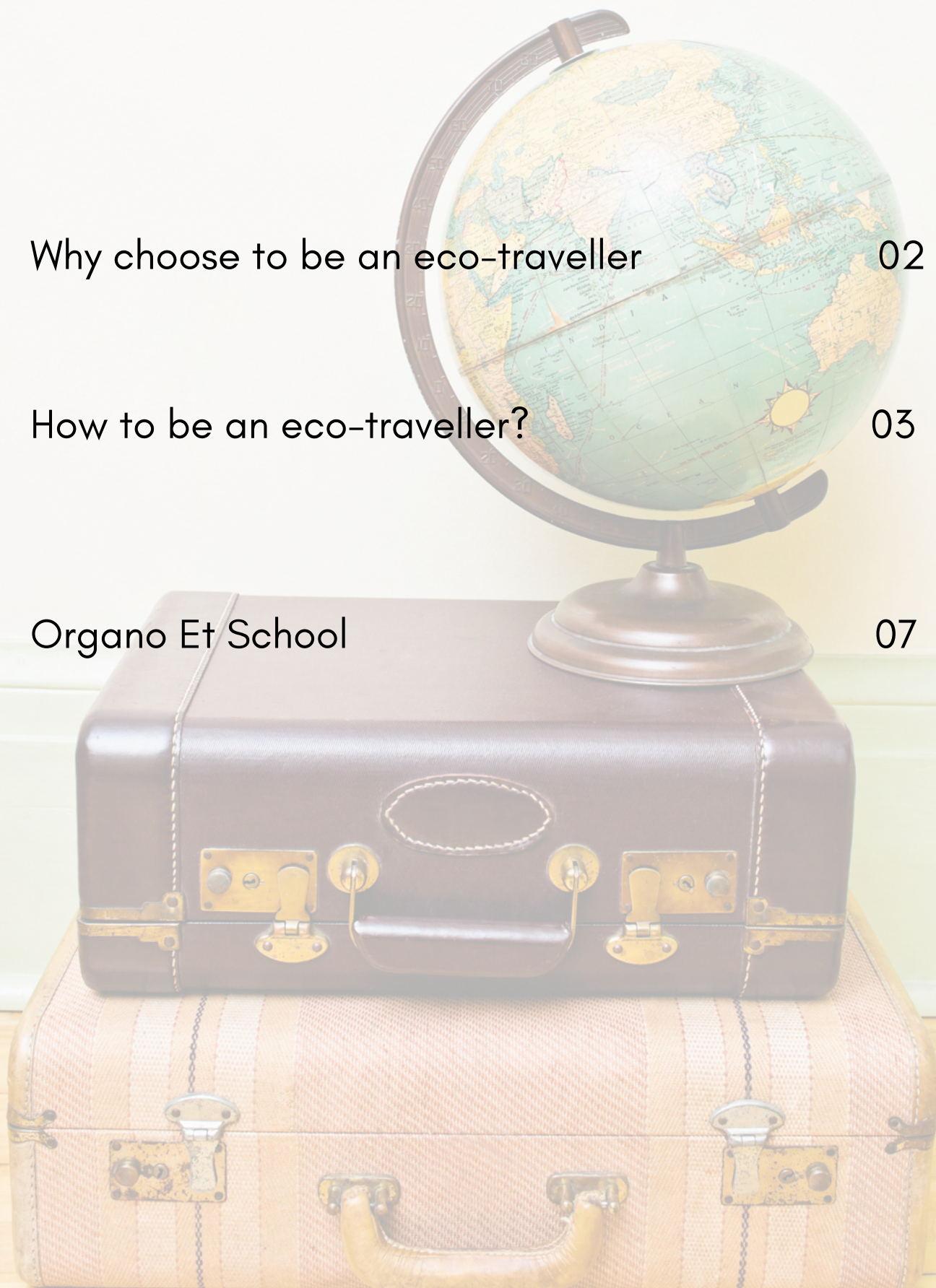


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You must be familiar with 'Reduce, Reuse, Recycle', and know how to reduce your waste at home – but what about when you travel? It's easy to opt for a more convenient travel of disposable food containers and plastic water bottles when we travel – but it's just as easy to make new greener habits on our trips.





# Why choose to be an eco-traveller?

We go on holidays for taking a much-needed break from our daily routine, to relax, to explore new locations, to meet different people from different parts of the globe, and to learn about different cultures. Most of the time, we are not aware that the holiday choices we make can have an impact on our destination and on the people that live there.

The less we take us to mountains, rivers, and forests, the more refreshing and enriching the experience is.

Start your journey as an eco-traveler with these travel tips.



## How to be an eco-traveller?

### Get a Reusable Water Bottle

One small but significant way to be an eco-tourist is to carry your own reusable water bottle. An aluminum/copper water bottle sustains throughout the trip while keeping all of those plastic bottles out of landfills. Not only is it sustainable but is also economical.

### Avoid single-use Plastics

Single-use plastics such as plastic bags, bottles, straws, utensils, and wrappers are incredibly damaging to the environment. Travellers contribute to a big chunk of this plastic waste. The good news is that you can easily take small steps to drastically minimize the waste generated. One of the best ways to reduce waste is to use reusable containers like canvas, cotton or jute bags, reusable coffee mugs, and water bottles, food containers, straws and utensils.





## Replace your toiletries with zero-waste alternatives

- Do a one-time purchase of travel-sized bottles and refill them with your bath products like shampoo, shower gel, facewash & others every time you travel.
- Swap out your plastic toothbrushes with bio-degradable, non-toxic Bamboo toothbrushes.
- Avoid buying disposable products like q-tips, tissues, disposable razors, face wipes, and cotton pads.

## Be mindful of your consumption

There are ways to considerably reduce your carbon footprint from start to finish of your trip, from packing your suitcase to spending the night in a hotel – you just have to be conscious of your consumption.

The easiest ways to reduce waste and save energy are turning off the lights when you're not using them, turning taps off tightly, having quicker showers, layering up instead of using the AC, when possible.



## Enjoy and explore the local cuisine

Whenever you travel, it's best to think local. Head to farmer's markets to try out the best seasonal produce and discover local artisan crafts, cafes for home-brewed beans, microbreweries for local brews, and farm-to-table restaurants for home-grown food.

## Skip Takeaway Packaging

You cannot skip out on trying the pleasant cafe down the street. So, take a little time and slow down—enjoy your coffee in a reusable mug instead of a to-go cup. Sure, you would have to wash dishes, but minimizing the waste generated is a good thing. Opt to dine in local restaurants and enjoy the music and ambiance to avoid the usage of disposable cutlery.





When it comes down to it, these are all relatively easy switches to make or things to do. These small changes, make a big difference in contributing towards cleaner and greener earth. After all, we do want our future generations to be in awe of our mother nature just as we are.



## Organo Et School

Organo Et School is the brainchild of team Organo. Organo was founded on the idea of environmentally conscious living and Organo Et School translates that idea into reality by educating and empowering schools, colleges, organizations and communities on the triple bottom line of sustainability. Organo et School aims at engaging individuals of today to stay connected with nature through workshops, live sessions and site visits.



### Leading the change

We create an experiential learning environment for people to learn from.

Organo Et School educates people about the challenges of sustainable development and creates opportunities for them to use their creativity and knowledge to pioneer innovative solutions for themselves.

Learners develop a sense of place and belonging to their local community.

**NURTURING A LEARNING ENVIRONMENT FOR ALL STAKEHOLDERS  
WHERE INCLUSIVE HOLISTIC ECO-LIVING IS CELEBRATED**

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