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organo  
Et  
School

November Issue

# Sustainable Living

As an organisation, Organo Et School's purpose is nurturing a learning environment for all stakeholders where inclusive holistic eco-living is celebrated.



# Organo Et School

## November Newsletter

In the midst of a pandemic, embracing sustainable living would be a good idea. A sustainable lifestyle is not only easy to achieve but is also a rewarding experience. At Organo Et School we've been set on enabling participants to make the crucial transition from knowing to doing and living the sustainable way.

We encourage participants to adopt sustainable living ideas at an individual level that can make a difference.

Whether it is local or global, from a village school to an university, from a standalone home to a gated community, from a small sized company to a multinational company, , education on sustainability is the need of the hour.

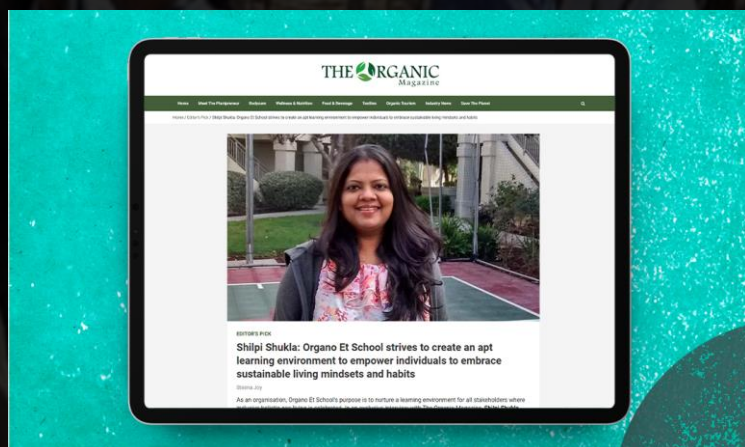
Begin your journey of Sustainability with  
Organo Et School

# Our feature in The Organic Magazine

Great News! We were contacted by The Organic Magazine as they wanted to do an article about us on why we do what we do and what workshops we offer for schools, communities and corporates.

We have admired The Organic Magazine, as they consistently showcase all things green and planet-friendly.

A big Thank You to the amazing team behind The Organic Magazine for what you do and for letting us tell our story.



To read the full article [click here](#)



# Workshop on My Green Learning Space



Organo Et School conducted a session with children of Sloka International School, on 18th September 2020, on the topic was “My Green Learning Space”, which was attended by 28 participants.

We helped children identify few key guidelines to follow in order to best create a comfortable and inspiring learning space for themselves, to improve their creativity and motivation levels.



The session began with children talking about how their study space looks like, they spoke of how they have added a time table and how they have decorated their space in various ways.

We encouraged them to personalize the space by decorating the walls with some of their artwork, paint the desk their favourite colour, or hang images of their favourite piece of story or subject matters or place a bowl of micro-greens and plants like aloe-vera.

# Workshop on

## Make your own compost



Workshop on “Make Your Own Compost” was conducted on Friday, 9th October with 28 participants. The objective of this workshop was to teach children what and why’s of compost, to increase their knowledge on what can go into the compost bin, to make them aware of how waste can be made into compost and to enable them to make their own compost.





Children were enthusiastic all throughout the workshop and made notes. They were asked to make a list of compostable and non-compostable items followed by making their own compost bins. They will share their work and experience with us and we hope participants embark on this journey of composting with their families.

# Interview on All about Solar Power

Meet one of our experts Mr. Indrasen Bolampally, founder of Four Solar Energy Systems Pvt Ltd who talks about each of the aspects of Solar Power Generation. Mr Bolampally was kind enough to answer all our questions.



## What is Solar Power?

Solar power generates electricity by converting the energy from the Sun. It is a renewable source of energy which is a very sustainable, reliable and cost-effective.

## Why should I go for Rooftop Solar?

- Does not require a lot of maintenance except cleaning of solar panels
- Savings
- Better ROI
- Guilt free consumption
- Demonstrate your commitment to sustainability





### Some interesting facts about Solar Power

- Solar energy has been used for over 2700 years. In 700 BC, glass lenses were used to make fire by magnifying the sun's rays
- The 1st Solar Panel cells were invented in 1941.
- Space missions by various countries use solar energy to power their spaceships
- In 1990 a solar powered aircraft flew across the United States using no fuel
- The world's largest solar thermal plants are located in the state of California

To know more about the interview [click here](#)

# Start cooking with Sustainable Cookware



A cookware made of stone, cast iron, soapstone and other such eco-friendly materials can tell you the history and geography of its origin by it's mere existence. However, it's presence has started to fade in modern kitchens and are being replaced by cheaper and more 'convenient' options such as Teflon coated utensils, low grade steel utensils etc





## Why switch back to traditional cookware?

Spices blended in with a stone mortar and pestle supersedes the ones grinded in an electric mixer, a traditional fish curry cooked in a Teflon pot lacks the earthiness captured by earthen pots. This is mainly because these sustainable materials help trap heat better and possess natural preservative and antibacterial properties.

Replace your Teflon coated with Ceramic coated utensils that use up less oil and are easy to maintain as well.

**To read more [click here](#)**



# Disinfecting and Sanitizing at home



If you have been wanting to ditch those toxic, commercial household cleaners and switch to a natural, homemade cleaner, these simple natural cleaner recipes will not only make your home a healthier space, they will virtually eliminate that foul chemical odor and they're surprisingly inexpensive and easy to create.



## **Tough stains on clothes and surfaces?**

Hydrogen peroxide is a bleaching agent, thus can be used, and diluted in equal parts water, to remove stains. Again, don't use on porous surfaces as it is a strong chemical.

## **Dull Metal-ware?**

Lemon rind/ juice with salt can be a great metal cleaner, especially for brass and copper. One can also use baking soda and water made into a paste, to clean silverware safely.

**To read more [click here](#)**

# Sustainability Day Contest

Organo Et School invited creative and innovative minds to participate in "Slogan Time" and "My Upcycle Project" contests. Sustainability Day was created to remind the community of the importance of caring for the environment and the steps to do so. This contest gave an opportunity to people to become more familiar with the topic and come together to learn what we can do to promote sustainability.

## My Upcycle project

Through "My Upcycle Project" we wanted people to think waste as a resource and to value and repurpose those resources around them. We received some heart-warming responses from enthusiastic people

## Slogan time

Through "Slogan Time", we wanted people to take this as an opportunity to raise awareness on Sustainability through unique and catchy slogans.

The winners were rewarded with Sustainability hamper



# Contest Winners

## Slogan time

- Anjali- Act responsibly, Live sustainably.
- Syeda Javeria Fatima - Think universal, act provincial.
- Venkata Yashwanth - Spare the watt.

## My Upcycle project



Veejetha Pai



Felicita Shruthi



Kavitha S

# Our Plans for Organo Et School

We have had good participation from Schools and Residents. During these unprecedented times, we have started offering experiential learning with an online format to continue the learning.

Soon, we intend to run the weekly “Be a Farmer program” for interested individuals to be aware of and understand the various farming methods, techniques and tools used on farming, besides witnessing and helping the farmer at field.

We also are in the process of setting up an Eco-Venue for outdoor learning and for our events.



**To know more about us, visit:**

**[www.organoetschool.co.in](http://www.organoetschool.co.in)**

**If you would like to request a workshop**

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