



presents

La MaMa Kids: Marvelous Metamorphoses



The Downstairs
66 East 4th Street, NYC, 10003
November 5 - 6, 2022

Marvelous Metamorphoses

By Sova Dance & Puppet Theater

Divided by the Company Members

Performed by

Adelka Polak and Kendra Garnett

Puppets, Set and Props Designed and Created by

Justin Perlman and Adelka Polak

Felted Lily Flower by Robin McCahill

Music by

Rick & Cynthia Quintanal, and Paul Opalach

Lights by Federico Restrepo

Tech Crew: Juan Merchan

Special Thanks to our performance mentor Marilyn O'Connor Miller who donated the snake puppet to us. The snake was created under the direction of John Miller with gifted and talented high school students at Northern High School in Detroit, MI.

We would also like to thank Denise Greber and Federico Restrepo.

Running time 35 minutes with no intermission

**A full program with information on this
production can be found
on the**

Marvelous Metamorphoses
page of the La MaMa website.

**In addition you can scan the
QR code Poster located in the theatre
lobby for access to the digital program.**

Sova Dance and Puppet Theater celebrates humanity and the environment by engaging audiences through live performance combining the moving body, puppetry, mask, video, dance, and artistic installations. The combined ingredients communicate that which cannot be described in words, and therefore are accessible to communities around the globe. "Sova" means "owl" in Slovak and also refers to an asteroid belt named by a Czech astronomer.

Adelka Polak, founder of Sova Dance & Puppet Theater, based in CT & mainly serving schools, arts venues and community organizations in New England and NYC, including recent performances at Madison Square Park and Jamaica Bay Wildlife Refuge. Adelka is a dancer, puppeteer, mask-performer and movement director whose work has brought her to Denmark, Bulgaria, the Czech Republic, Taiwan, Scotland and Turkey. In an original theatrical production of "Ajijaak on Turtle Island" at the New Victory Theater she worked with puppets from the Henson Creature Shop in a show led by artists Heather Henson, Jim Henson's youngest daughter, and Grammy-Award winner Ty Defoe. She also worked with Squonk Opera who went "from junkyards to Broadway" and performed at Lincoln Center Outdoors and LaMama, E.T.C. with the Czechoslovak-American Marionette Theater of NYC. Ms. Polak was featured on CPTV's "Spotlight on the Arts" with Masque Theatre & Larry Hunt in a segment nominated for a cultural Emmy in 2010 and produced by Ed Wierzbicki. She shares her knowledge of dance, puppetry and crossing artistic disciplines with audiences across the U.S. and abroad. She has worked with children across CT to make more than 5,000 frog puppets since 2016 mainly through Hartford Performs. She also teaches with Z. Briggs and the Jim Henson Foundation in a contract with the VSA Kennedy Center program in order to train educators how to use puppetry in the classroom. She has worked as a professional puppeteer now for nearly two decades, since she graduated from Chatham University with honors with a B.A. in Theatre and Cultural Studies in 2002.

Kendra Garnett is an actor with a BFA Theatre Performance degree from Central Connecticut State University and a 14 year background in dance. She has recently acted for films for New Zenith Theatre & UConn Health and has been in recent theatre productions such as Marvelous Metamorphosis, She Kills Monsters, A Midsummer Nights Dream, and Tuck Everlasting. She is a company member of Sova Dance and Puppet Theater and is also a teaching artist for Oddfellows Playhouse Youth Theatre. You can follow Kendra and her acting journey through her instagram @kendradaisyg.

Sound Artists **Cynthia and Rick Quintanal** of Crystal Cymbalogy create intentional sounds to lead attendees into a state of present awareness, using crystal sounding bowls, drums and voice. It is in this state of presence where we might receive more fully our complete experience of nature, our food and the gifts of our environment. Lifelong musicians, Cynthia and Rick bring their passion and expertise to the idea of inquiry into intentional sound. Rick has toured performing with The Don Ellis Orchestra, Kenny Rankin and Jorge Santana's Malo. Part of the recording scene of LA and San Francisco, now plays with multiple New York Metro area groups in a range of genres. A lifelong singer and performer, Cynthia has performed in a range of settings from concert venue to the spiritual. She is currently with Crystal Cymbalogy and working in New York City theater. She has kept a vibrant healing practice in Connecticut for well over 20 years, combining Sound, energy work, Craniosacral and other forms of body work.

LA MAMA



RESTORE A BUILDING REMAKE A WORLD



Rendering: 74 East 4th St.

La MaMa's historic, landmark building at 74 East 4th Street is undergoing an urgently needed complete renovation and restoration to preserve the historic façade, create building-wide ADA accessibility, and provide much needed performance, exhibition and community space for decades to come.

La MaMa, founded by Ellen Stewart in 1961, has been on east 4th Street since 1967. La MaMa embraces every person in its community and is legendary as the place where new artists of all nations, cultures, races, and identities are given opportunities. It is the place where art begins.

To learn more about the renovation, or to make a donation please visit www.lamama.org/remakeaworld

La MaMa Staff

Richie Adomako

Digital Marketing/Website

Armando Arias

Building Superintendent

Masanori Asahara

Technician

Braulio Basilio

Front of House

William Electric Black

Poetry Electric Curator

Niels Blum

Crew

Murielle Borst-Tarrant

The Andrew W. Mellon Foundation
Playwright in Residence

Marc Bovino

Graphic Design

Zac Branciforte

Crew

Rocco Candela-Michelus

Crew

Theo Cote

Photographer/Videographer

James Dewhurst

Technician

David Diamond

La MaMa Umbria Coordinator

Gilberto Diaz-Flores

Front of House

C. Finley

La Galleria

Nathan Fosbinder

Box Office Supervisor

Kaori Fujiyabu

Deputy Director of Development

Mary Fulham

Managing Director

Michal Gamily

Coffeehouse Chronicles Curator

Sophie Glidden-Lyon

Archive Digital and Special Projects
Manager

Kylie Goetz

Archive Metadata/Digitization

Adrienne Gomez

Box Office Supervisor

Arthur Gorlorwulu

Front of House

Denise Greber

Director of Artistic Operations

Goldstein Hall PLLC

Attorneys

Yael Haskal

Producing Associate

Jerelyn Huber

La Galleria

Allison Hsu

Digital Marketing Manager

Begum “Begsy” Inal

Artistic Associate

Joyce M. Isabelle, CFRE

Development Director

John Issendorf

Director of Audience Development

Thomas Linehan

IT Support

Andrés López-Alicea

Front of House Staff

Kenneth Martin

Operations Consultant

Matt Nasser

Experiments Reading Series Coordinator

Izzy Olgaard

Lighting Supervisor

Nicky Paraiso

Programming Director-The Club
La MaMa Moves! Curator

Beverly Petty

Producing Director

Diana Pou

Front of House

Pearse Redmond

Technician

Federico Restrepo

Puppet Series Producing Director

Jack Reynolds

Assistant Technical Director

Johanna Ring

Grant Writer

Ozzie Rodriguez

Director Of Archive

Will Rossiter

Technician

Sam Rudy Media

Press Representative

Devina Sabnis

Front of House

Kiku Sakai

Accounts Manager

Jane Catherine Shaw

Front of House Staff

Melissa Slattery

Capital Accounts Manager

Studio Jg Lecat/Jean-Guy Lecat

Theatre Consultant

Shigeko Suga

Archive Associate

Mark Tambella

Technical Director

Ursula Tinoco

Front of House Supervisor

Danny Ursetti

Front of House

Martin Valdez

Building Superintendent Asst.

Madai Valdez

Porter

Miciah Wallace

Front of House

Taylor Wood

Development

Mia Yoo

Artistic Director

Sasa Yung

Front of House

YOUR SUPPORT MAKES ART HAPPEN

We thank our supporters who are indispensable to La MaMa as we continue to expand and strengthen our artistic community. You help make space for artists to create and share new stories, present diverse perspectives, and keep us all connected in our 61st Season!

61st Season Sponsors:

The Andrew W. Mellon Foundation and The Howard Gilman Foundation



Public support provided by:

National Endowment for the Arts, New York State Council on the Arts with the support of the Governor Kathy Hochul, and the New York State Legislature, New York City Department of Cultural Affairs, in partnership with the City Council.



July 1, 2021 – June 30, 2022

LA MAMA GRATEFULLY ACKNOWLEDGES THE GENEROUS SUPPORT OF:

\$100,000+

The Roy Cockrum Foundation Doris
Duke Charitable Foundation
Dr. Gerald J. & Dorothy R.
Friedman Foundation
Howard Gilman Foundation
New York City Department of
Cultural Affairs
Mellon Foundation

\$50,000-\$99,999

National Endowment for the Arts
New York State Council on the Arts
Save America's Treasures/ U.S.
National Park Service/ Institute
of Museum and Library Services
The Shubert Foundation

\$25,000-\$49,999

Mertz Gilmore Foundation
Cheryl L. Henson
Lise Olney and Timothy W. Fulham
Trust for Mutual Understanding
Wendy vanden Heuvel/ Distracted
Globe Foundation

\$10,000-\$24,999

Asian Cultural Council
Lily Auchincloss Foundation
Don Capoccia and Tommie Pegues
Frank Carucci and David Diamond
Con Edison
The Gladys Krieble Delmas
Foundation
The John Fulham Family Fund
Jeffrey Haley
Marta Heflin Foundation
The Jim Henson Foundation
Steven B. Malkenson/Malkenson
Foundation
The Jerome Robbins Foundation
The Fan Fox and Leslie R. Samuels
Foundation
The Spingold Foundation
The SQA Foundation
Candice and Joel Zwick

\$5,000-\$9,999

Axe-Houghton Foundation
Eugene "the poogene" Chai
Ruth Epstein and Richard Pinner
Jill Hanekamp
Karen Hauser and Warren Leight
Bayard Henry
The Hyde and Watson Foundation
van Itallie Foundation
Diane Lane
Mary and Richard Lanier
The Curtis W. McGraw
Foundation
Mary Rosie Richard Memorial
Fund
New York State Office of Children
& Family Services

\$1,000-4,499

Anonymous
The 1848 Foundation
AT&T Foundation
Jody and John Arnhold
Marina Arsenijevic and Donald
Bronn
Scott Asen/The Asen Foundation
Page Ashley

\$1,000-4,499 (continued)

Christina A. Back
Claudia Doring Baez
Winsome Brown and
Claude Arpels
Beyer Blinder Belle Architects &
Planners LLP
The William C. Bullitt Foundation/
Christy Pennoyer
CEC Arts Link
Peggy Chane
Jacqueline Chu
The Durst Organization
Renee and Jeffrey Epstein
First Peoples Fund
Fiordellisi Williams Family Foundation
Elise Frick and John A. Garraty
Laurie Goldberger and Leslie Kogod
Yorke Construction Corporation/
Robert Goldberg
The John Golden Fund
Matthew Hall/Goldstein Hall PLLC
The Harkness Foundation for Dance
H.B. Henson Fund/The Puppet
Slam Network
The Jane Henson Foundation
Buck Henry and Irene Ramp
Charitable Trust
Gerald Herman
Jacqueline Judd and John Papanek
Lawryn LaCroix
The Lambs Foundation
Sarah Lederman
Lucille Lortel Foundation
Gregg McCarty and Timothy Wang
Mary McMahan
The Ima Miller Foundation
Mary Mullin and Frederick Lough
Leslie Morioka
Wendy O'Neill
Margaret H. Parker
Estelle Parsons
Michael Pressel/RPO Inc.
Susan and James Quimby
James E. Reynolds
Joan A. Rose
Wynn Salisch
Arleen Sorkin
Karin and John Strasswimmer
Deborah Tolman and Luis Ubiñas

Board Of Directors

Frank Carucci
President

Joan Rose
Vice President

Donald A. Capoccia
Treasurer

Richard Pinner
Secretary

Byung Koo Ahn

Eugene Chai

Jane Friedman

Mary Fulham

Timothy W. Fulham

Matthew Hall

Steven B. Malkenson

Wynn J. Salisch

Luis A. Ubiñas

Scott Wittman

Mia Yoo

Joel Zwick

**To receive information regarding upcoming events at
La MaMa or to make a donation, please go to lamama.org**

La MaMa, 66 East 4th St., New York, NY 10003

**If You Like It, Share It
We want to hear from YOU!**

**SEARCH FACEBOOK.COM:
LA MAMA EXPERIMENTAL THEATRE CLUB**



FOLLOW US ON TWITTER @LAMAMAETC
FOLLOW US ON INSTAGRAM @LAMAMAETC
FOR TICKETS
VISIT LAMAMA.ORG OR CALL 212-352-3101

NOW PLAYING

The History of Empires

Oct 27 - Nov 6, 2022
Ellen Stewart Theatre

La MaMa Kids:

Marvelous Metamorphoses

Nov 5 - 6, 2022
The Downstairs

Remake a World Gala

Nov 10, 2022
Ellen Stewart Theatre

Betsy

Nov 12 - 20, 2022
Ellen Stewart Theatre

Once Upon El Barrio

Nov 18 - 20, 2022
Ellen Stewart Theatre

La MaMa Kids: Unga Klara:

My True Selves

Nov 18 - 19, 2022
47 Great Jones Studios

COMING SOON

Coffeehouse Chronicles #167: 55th Anniversary of Rod Rodgers Dance Company

Nov 19, 2022
Ellen Stewart Theatre

Jump Start: A Presentation of Puppet Works in Progress

Dec 1 -4, 2022
The Downstairs

Underneath the Skin

Dec 1 - 18, 2022
Ellen Stewart Theatre

The Weak and the Strong

Dec 8 - 18, 2022
The Downstairs

Coffeehouse Chronicles #168:

Dec 10, 2022
Ellen Stewart Theatre