



HANRAHAN HEALTH

THERAPY SERVICES

Client Newsletter

April 2022

"The purpose of life...is to be useful, to be honourable, to be compassionate, to have it make some difference that you have lived and lived well." - Ralph Waldo Emerson



Our Team Values

1. We strive to make a difference everyday
2. We show compassion and kindness in everything we do.
3. We follow through on what we say we will do.
4. We serve our clients with passion
5. We inspire each other to be the best we can be.
6. We embrace growth and learning.



NEW PROGRAMS

1. Our Speech Pathology video home practice program:

See the brochure attached! We have a special going for the month of May – sign up to our Speech Pathology home practice program for only \$15 a week! Enquire today at admin@hanrahanhealth.com.au



Cost

Annual subscription: \$999
4 weekly subscription: \$116

Minimum of 4 weeks

"I am very happy with the program. It's a great support when therapy isn't available straight away. My son has started using more words already since starting the videos!"
- Graham



We care about you anywhere, anytime.

Why Register

Our Home Practice Video Program supports with learning new skills from the comfort of your own home.

We understand that each client is different and this is why we provide individualised support to identify the relevant parts of the program.

Hanrahan Health Home Practice Video Program





Our Program

Our program contains hundreds of videos to support learning and development across a range of skills. New videos and handouts are uploaded regularly.

Practice videos for many areas including specific speech sounds, following instructions, even learning Key Word Sign!

Hanrahan Health worksheets developed specifically to align with the video content.

VIDEO TOPICS:

- Speech sounds
- Phonological Awareness
- Reading and Spelling
- Expressive Language
- Stuttering
- Alternative and Augmentative
- Communication
- Social Skills
- Feeding
- Voice
- Oral Motor Skills
- and many more!

Enquire today

Hanrahan Health
Phone: 4862 5063
Email: admin@hanrahanhealth.com.au



Our Vision

Our vision is to inspire, empower and support our team and our clients to reach their full potential.

We are passionate about creating opportunities and experiences for our team and our clients to make a difference in their lives.

To create a program for you to access while waiting for ongoing therapy by having videos available to you anywhere, anytime.

2. Dysphagia Education program:

See the brochure attached! This program is for people with dysphagia, carers, family members, group homes, health care facilities or residential aged care facilities. PD sessions pre-recorded for your learning – help yourself or your team understand swallowing difficulties and how you can help. Access the sessions whenever and wherever it suits you! Enquire today at admin@hanrahanhealth.com.au



PRICE

Yearly subscription - \$695.

Your subscription can be shared within your family, group home or facility.

CALL NOW
48625063



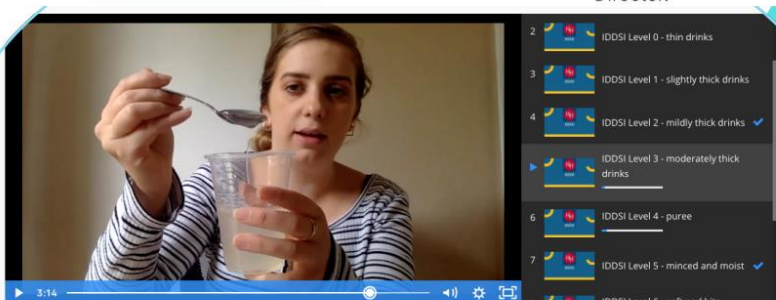
WHO IS THIS PROGRAM FOR?

For group homes and residential aged care facilities - 'It is a wonderful program to share with current staff and to support new staff with understanding how to support safe and enjoyable mealtimes' Catherine Barrett, Senior Speech Pathologist.

For people with dysphagia, family members and carers - 'This program provides extensive training in all aspects of living with dysphagia - to ensure you can enjoy your mealtimes safely with your family and friends' Kate Hanrahan, Director.



DYSPHAGIA EDUCATION TRAINING PROGRAM



IDDSI Level 3 - moderately thick drinks

OUR WHY

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VISIT US

www.hanrahanhealth.com.au

CONTACT US

admin.hanrahanhealth.com.au

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EDUCATION INCLUDES

- What is swallowing?
- Safe swallowing strategies.
- Diet and Fluid Modifications (understanding IDDSI, the different levels and preparing these).
- Types of thickeners and how to thicken drinks.
- Medication management in people with Dysphagia.

We update and add to our videos regularly and answer all of your FAQs!

TEAM AND CLINIC NEWS

New Team Member news –

- Welcome to our new team members starting in May: Whitney (Speech Pathologist – Thursdays and Fridays – telehealth) and Maddie (Speech Pathologist – Mondays, Tuesdays, Thursdays and Fridays – Telehealth).
- We are currently finalising interviews and recruitment for a new Telehealth OT position on our team as well – more news to come on this front very soon.

Clinics news –

- The Mews Clinic 2 in Bowral is going well! The quiet offices are lovely to work in! Thankyou to all of our clients who have been to sessions in our new clinic!
- Campbelltown has welcomed Gabby recently who will be providing OT services 2 days per week which is AMAZING!!! Our clients are loving having you up there already. 😊😊

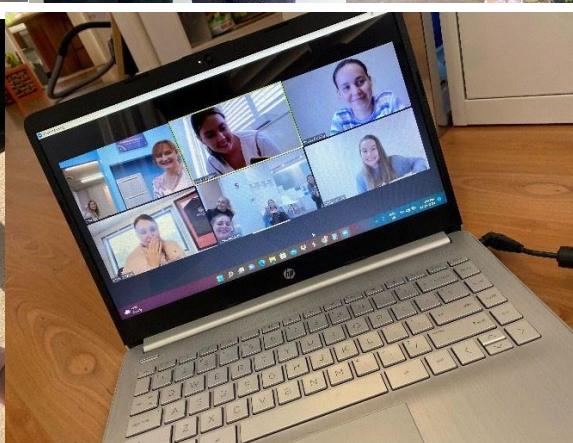
Anniversaries / Celebrations – In the past few months we have celebrated:

- Congratulations to Mikaela and her fiancée Michael on their recent engagement!!! So excited for you both!
- 1 year anniversaries for Emma Lister, Prue Wade, Bridget Kropp, Michelle Petersen, Lyn Cross and Skye Deighton – CONGRATULATIONS girls!
- Presentation preparation for the Speech Pathology Australia conference – goodluck to Olivia Richards, who is presenting her honours research project in May.
- Presentation preparation for the International Cleft Conference in Edinburgh – goodluck to Mikaela Bow, who is presenting part of her PhD research project in July.

SOCIAL NEWS

What a fun time we have had these last few months with team birthdays / team lunches / work anniversaries / welcomes / celebrations! A few happy snaps for you all!







Our latest BLOGS: A topic for everyone! Happy Reading!

- **Connect with us – a guide to our social media platforms – Emma Lister**
<https://www.hanrahanhealth.com.au/blog/connect-with-us-a-guide-to-oursocial-media-platforms>
- **Mindfulness in Aphasia Treatment – Cat Barrett**
<https://www.hanrahanhealth.com.au/blog/mindfulness-in-aphasiatreatment>
- **Voice Therapy for Adults – Cat Barrett**
<https://www.hanrahanhealth.com.au/blog/voice-therapy-for-adults>
- **Moving away from compliance-based strategies for supporting individuals who use AAC – Olivia Richards**
<https://www.hanrahanhealth.com.au/blog/moving-away-from-compliancebased-strategies-for-supporting-individuals-who-use-augmentative-andalternative-communication>
- **Getting Ready for School – Simone Rossiter**
<https://www.hanrahanhealth.com.au/blog/getting-ready-for-school>

Our latest PODCAST!

Our awesome team up in Campbelltown put together a wonderful podcast on life as a new grad speechie in the Campbelltown clinic - happy listening if you haven't caught it already! Amazing work to Clarisse, Bella, Louise and special mention to the lovely Skye for learning all the technology required! Wonderful work!

<https://www.hanrahanhealth.com.au/blog/the-voice-of-health-campbelltown-clinic-capers>



COURSES OUR TEAM HAVE ATTENDED:

What have our team been learning about recently?

- Sophie – Accidental Counsellor PD from SPA
- Louise – Assessment, goal setting and intervention for AAC
- Clarisse – Infant Foundations paediatric feeding workshop
- Olivia – Expanding Written Sentence Complexity Webinar
- Emma Lister – Selective Mutism Webinar
- Bridget – Hanen – Red Flags for ASD Webinar
- Bella - 1. Feeling Empowered Treating Speech, 2. Help! I'm stuck using Minimal Pairs Approach, 3. Liberator Access/Foundations: Modules 1-4
- Georgia – AHA Course
- Mik – Managing swallowing and communication in progressive neurological disorders
- Kate – Financial webinars on managing cashflow, HR webinars on recruitment, Marketing webinar on creating a landing page
- Lily – Building communication through self-regulation workshop
- Dani – 1. SD - I have cue for that, 2. Coaching parents how to play, 3. SSD - Help! I'm stuck using minimal pairs

GIVING BACK:

Our last Clinic for Good was on Saturday March 5th. At this clinic we had 11 team members volunteer their Saturday morning and helped over 21 clients at no cost for them. An incredible contribution – thanks team 😊😊 Some happy snaps from the day:





Our next clinic for good is coming up on: Saturday 28th May. Contact our admin team if you are interested or know someone who could benefit from attending. 😊😊

And that's a wrap from me. Until next time, feel free to reach out to our team with any questions you might have, and as always, keep filling our world with kindness.

Kate Hanrahan and the team at Hanrahan Health 😊😊