



# SOL

TACOS & TEQUILA



12 W Main Street  
Forsyth, GA 31029

478-992-5585

[SolTacos.com](http://SolTacos.com)

# DIPS & APPS

★ = New Item

**Queso Dip** - Our signature white cheese dip. **Sm - 4.95, L - 9.50**

Add Jalapeño +.45¢  
Add Chorizo +2  
Add Picadillo +2

**South Texas Dip** - Grilled steak, chicken, and shrimp with cheese dip, tortillas, pico, & guac. **14.00**

**Empanadas** - 2 chicken & 2 beef with cilantro, crema verde, & chipotle aioli. **13.00**

**Guacamole Fresco** - Fresh avocado, red onion, jalapeño, cilantro, tomato, & thick cut totopos chips. **Sm - 6.75, L - 10.50**

**Nachos** - Fried tortilla chips covered with cheese dip. **6.00**

**Supreme +4**

(chicken, beef, refried beans, lettuce, tomato, shredded cheese, sour cream, and guac)

Add Tinga or Picadillo +3

Add Fajita Veggies +2.50

Add Adobo Chicken +4

Add Steak +5

Add Shrimp +6

★ **Carne Asada Fries** - Carne asada, golden fries, shredded cheese, cheese dip, sour cream, guac, & pico. **13.00**

★ **Santa Fe Dip** - Grilled adobo chicken, spinach, corn, black beans, queso dip, Sol salsa, & totopos chips. **13.00**

★ **Elotes** - 3 corn on the cobs with butter, mayo, Tajin, Valentina, & queso fresco. **7.00**

# SOUPS & SALADS

**Taco Salad** - Fried tortilla shell with lettuce, tomatoes, jalapeño, sour cream, shredded cheese, and guac.

Tinga or Picadillo - 10.25

Adobo Chicken - 12.00

Steak - 13.00

Shrimp - 14.00

Add Fajita Veggies +2.50

★ **Tijuana Salad** - Grilled chicken breast or flank steak, lettuce, tomato, cucumber, red onion, queso fresco, and fried tortilla strips.

Chicken - 12.00

Steak - 14.00

★ **Sopa de Pollo** - Chicken tinga, shredded cheese, pico de gallo, and mexican rice. **Sm - 6.50, L - 8.50**

# CLASSICS

**Quesadilla** - Grilled with butter & cheese. Side of lettuce, sour cream, and pico. **6.00**

Add Tinga or Picadillo +3

Add Adobo Chicken +4

Add Steak +5

Add Shrimp +6

Add Fajita Veggies +2.50

Add Spinach or Mushroom +3

**Chimichanga** - Flour tortilla stuffed with choice of protein, served with side of rice, beans, lettuce, sour cream, and pico.

Tinga, Picadillo, Barbacoa - 13.50

Adobo Chicken - 15.00

Steak - 16.00

Shrimp - 17.00

**Enchiladas** - Chicken Tinga, Beef Picadillo, or Barbacoa - 2 enchiladas with red sauce & cheese, served with sides of rice & beans. **11.50**

# KID'S MENU

All kid's meals include soft drink. Jarritos & Aguas Frescas +1.00

**Nachitos** - Corn tortilla chips covered with melted cheese dip. **4.50**

Add Tinga, Picadillo, or Barbacoa +2

Add Adobo Chicken +3

Add Steak +4

Add Shrimp +5

**Kid's Quesadilla** - Small cheese quesadilla with rice, beans, fries, or esquite. **5.50**

Add Tinga, Picadillo, or Barbacoa +2

Add Adobo Chicken +3

Add Steak +4

Add Shrimp +5

**Kid's Burrito** - Covered with cheese dip, side of rice, beans, fries or esquite.

Tinga or Picadillo 6.00

Adobo Chicken 7.00

Steak 8.00

Shrimp 9.00

**Kid's Enchilada** - Cheese, Chicken Tinga or Beef Picadillo - 1 enchilada with side of rice, beans, fries, or esquite. **5.50**

**Chicken Tenders** - Chicken tenders with side of rice, beans, fries, or esquite. **5.50**

**Kid's Taco** - Chicken Tinga or Beef Picadillo - Taco with side of rice, beans, fries, or esquite. **5.50**

Take Out Orders: 50¢ fee per entree

# TACO COMBOS

★ = New Item

All taco combos include 1 homemade salsa with order, extra: 35¢

## 2 TACOS & 2 SIDES

10.00+

+1.00 per **Street Style** taco  
+1.50 per **Premium** taco

## 3 TACOS & 2 SIDES

12.00+

+1.00 per **Street Style** taco  
+1.50 per **Premium** taco

# TACOS

## Americano

Hard corn, soft flour, or soft corn with lettuce, tomato & cheese.

### Chicken Tinga

Chipotle shredded chicken. **3.00**

### Beef Picadillo

Seasoned ground beef. **3.00**

## Street Style

Double corn tortilla topped with with cilantro & onion.

### Adobo Chicken

Grilled chicken breast. **4.00**

### Carne Asada

Chopped skirt steak. **4.00**

### Barbacoa

Slow braised beef chuck **4.00**

### Al Pastor

Pork shoulder & grilled pineapple. **4.00**

### Chorizo

Spicy crumbled pork sausage. **4.00**

## Premium

House recipe tacos with specialty toppings on double corn tortilla.

### ★ Taco of The Month

Ask your server for our special taco of the month. **5.00**

### ★ Birria

Beef chuck braised in guajillo and ancho dried peppers & side of birria broth. **5.00**

### Del Mar

**Tilapia or shrimp** with cilantro-lime slaw, pico, queso fresco, & chipotle aioli. **5.00**

### Vegetariano

Corn, peppers, zucchini, black beans, pico, avocado, & queso fresco. **4.00**

# SIDES 3.00 each

Refried Beans

Mexican Rice

Black Beans

Spanish Rice

Pinto Beans

Cilantro White Rice

French Fries

Cucumbers w/ Tajin

**Crema Salad** - Lettuce, tomatoes, sour cream

**Esquite** - Corn kernels with mayo, Tajin, Valentina, queso fresco, & lime.

★ **Elote** - Corn on the cob with mayo, Tajin, Valentina, queso fresco, & lime.

# HOMEMADE SALSAS

**Salsa Verde** - **MILD** - Green tomatillo, cilantro, & garlic. **35¢**

**House Salsa** - **MEDIUM** - Classic red salsa with touch of jalapano.

**Sol Salsa** - **HOT** - Smoky morita peppers, garlic, & olive oil. **35¢**

**Pinapple Habanero** - **HOT** - Fresh pineapple with habanero. **35¢**

**Chile de Arbol** - **EXTRA HOT** - Roasted arbol chili peppers, onion, and garlic. **35¢**

Take Out Orders: 50¢ fee per entree

Gratuity of 18% added to parties of 7 or more.

Meat and fish cooked to order. Consuming raw or undercooked may increase risk of foodborne illness.

# ESPECIALES

**Fajitas** - Bellpepper, onions, tomatoes grilled with our 25-year old secret seasoning. Rice, beans, lettuce, pico, guac, sour cream & tortillas.

**Chicken - 16.00**  
**Steak - 17.25**  
**Shrimp - 18.50**  
**Texas - 19.50**

**Burrito Bowl** - Cilantro white rice, black beans, protein. Lettuce, tomato, cilantro, red onion, corn, avocado, jalapeno, & drizzled crema verde.

**Tinga, Picadillo - 12.00**  
**Barbacoa - 12.00**  
**Veggie - 12.00**  
**Adobo Chicken - 13.00**  
**Steak - 14.00**  
**Shrimp - 15.00**

**Arrachera Asada** - 10oz skirt steak on bed of onions. Rice, beans, lettuce, guac, pico, chiles toreados & tortillas. **17.25**

**Tamales - Pork or Chicken** - 2 homemade tamales with salsa, cheese, rice & beans. **13.50**

**Pollo Fundido** - Chicken breast with onions, bell peppers, mushrooms, & cheese. Rice, beans, tortillas. **14.00**

**Choripollo** - Chicken breast with chorizo, grilled pineapple, & cheese dip. Rice, beans, & tortillas. **13.50**

**Gringo Especial** - Bed of rice with cheese dip and choice of protein.

**Adobo Chicken - 10.50**  
**Steak - 11.50**  
**Shrimp - 13.00**  
**Texas - 16.00**

# BURRITOS

**Cali Burrito** - Rolled in giant tortilla with rice, pinto beans, guac, pico, cheese, and sour cream.

**Tinga or Picadillo - 11.00**  
**Barbacoa - 11.00**  
**Adobo Chicken - 12.00**  
**Steak - 13.00**  
**Shrimp - 14.00**

**A La Carte Burrito** - Classic burrito in flour tortilla covered with choice of burrito salsa or cheese dip.

**Tinga or Picadillo - 5.00**  
**Adobo Chicken - 7.00**  
**Steak - 8.00**

**Burrito de Carne Asada** - Grilled steak burrito with cheese dip. Served on plate with rice & beans. **13.50**

# VEGETARIANO

All veggie entrees come with:

**Grilled broccoli, carrots, onions, mushrooms, zucchini, bell peppers, & corn.**

**Veggie Fajitas** - Grilled in our family fajita seasoning. Served with side of rice, beans, lettuce, sour cream, pico, guac, and tortillas. **14.00**

**Veggie Chimichanga** - Rolled in chimi and deep fried. Side of rice, beans, lettuce, sour cream, pico and cheese dip. **11.50**

**Veggie Burrito** - Topped with burrito sauce, cheese, lettuce, pico, and sour cream. **9.50**

**Veggie Quesadilla** - Served with lettuce, sour cream, and pico. **8.50**

**Veggie Nachos** - Warm bed of chips with cheese dip. **10.50**

Take Out Orders: 50¢ fee per entree

Meat and fish cooked to order. Consuming raw or undercooked may increase risk of foodborne illness.

# LUNCH

11AM - 3PM, MON - SATURDAY

**Lunch Fajitas** - Bellpepper, onions, tomatoes grilled with our 25-year old secret seasoning. Rice, beans, lettuce, pico, guac, sour cream & tortillas.

**Chicken - 10.50**  
**Steak - 11.50**  
**Shrimp - 13.00**  
**Texas - 15.00**

**Lunch Chimichanga** - Fried golden with side of rice, beans, lettuce, sour cream, and pico.

**Tinga, Picadillo, or Barbacoa - 8.50**  
**Adobo Chicken - 9.50**  
**Steak - 10.50**  
**Shrimp - 11.50**

**Lunch Combo** - Choice of 1 **Entree** with **Beef Picadillo or Chicken Tinga** & 2 sides. **8.00**

**Americano Taco**  
**Enchilada**  
**Burrito**

**Loco Taco Salad** - Served in fried tortilla bowl. Topped with lettuce, tomatoes, sour cream, sliced jalapeños, shredded cheese.

**Tinga or Picadillo - 8.50**  
**Adobo Chicken - 9.50**  
**Steak - 10.50**  
**Shrimp - 11.50**

**Lunch Quesadilla** - Grilled with butter & cheese. Side of lettuce, sour cream, and pico. **6.00**

**Add Picadillo or Tinga +2**  
**Add Adobo Chicken +3**  
**Add Steak +4**  
**Add Shrimp +5**

**Speedy Gonzalez** - **Chicken Tinga or Beef Picadillo** - 1 americano taco and 1 enchilada with side of rice or beans. **7.50**

**With rice & beans +1**

**Nachos Locos** - Cheese nachos, refried beans, **chicken tinga, beef picadillo**, lettuce, sour cream, shredded cheese, tomatoes, sliced jalapeños. **7.50**

# DESSERTS

**Irma's Flan** - Our family recipe of rich vanilla-creme custard with layer of caramel. **6.50**

**Chocolate Volcano** - Warm brownie with molten chocolate center. Topped with scoop of ice cream, whipped cream, cherry, and chocolate syrup. **6.50**

**Churros** - Creme filled and rolled in cinnamon. Served with ice cream, whipped cream, caramel, and chocolate. **7.00**

**Sopapilla** - Cinnamon sugar chips with ice cream, chocolate syrup, caramel, whipped cream, and cherry. **5.00**

**Mini-Melts** - Frozen ice cream beads packaged individually. **3.50**

**Vanilla Chocolate**  
**Banana Split**  
**Cookies & Cream** (Dairy Free/ Fat Free)

**Cookie Dough**  
**Cotton Candy**  
**Rainbow Ice**

# DRINKS

**Soft Drinks - 2.95**

**Coke, Diet Coke, Coke Zero, Sprite, Mr. Pibb, Lemonade, Hi-C Fruit Punch**

**Sweet Tea**

**Unsweet Tea**

**Coffee**

**Jarrito** - Authentic bottled mexican soda made with real cane sugar. **3.00**

**Strawberry**  
**Mandarin**  
**Pineapple**

**Grapefruit**  
**Fruit Punch**

**Mexican Coca-Cola** - 1/2 Liter authentic Mexican coke made with real cane sugar. **3.50**

**Aguas Frescas** - 32.oz Mexican fruit flavored waters. **3.50**

**Mango**  
**Strawberry**  
**Horchata**  
**Blackberry**  
**Peach**  
**Hibiscus**  
**Tamarind**  
**Watermelon**  
**Guava**

**Refills +1.00**

Take Out Orders: 50¢ fee per entree



**EST. 2020**

Thank you to our incredible customers, friends of Forsyth,  
& amazing staff for making this restaurant possible.