

# Dayspring Montessori Menu

04/01-05, 04/29-30

04/08-04/12

04/15-04/19

04/22-04-26

MONDAY

MEAT LOAF  
BUCKWHEAT  
COLESLAW  
STEAMED BROCCOLI  
UKRAINIAN BORSCH

TURKEY CUTLETS  
PEARL BARLEY  
STEAMED CAULIFLOWER  
CABBAGE SALAD  
GRAVY SAUCE  
CHICKEN NOODLE SOUP

CHICKEN TERIYAKI  
STEAMED BROWN RICE  
CUCUMBER SALAD  
BEETS SALAD  
PUREED CAULIFLOWER  
SOUP

BREADED CHICKEN  
STEAMED BROWN RICE  
GREEN PEAS  
STEAMED CARROTS  
LEMON-BUTTER SAUCE  
FRESH CABBAGE SOUP

TUESDAY

CHICKEN TERIYAKI  
MASHED POTATO  
GARDEN SALAD  
WHITE BREAD  
LENTIL SOUP

CHICKEN MEATBALLS  
WHITE RICE  
APPLE & CARROTS  
SALAD  
GREEN PEAS  
MARINARA SAUCE  
PUREED CAULIFLOWER  
SOUP

TURKEY BREAST  
MASHED POTATOES  
GREEN PEAS  
WHOLE WHEAT BREAD  
GRAVY SAUCE  
CHICKEN RICE SOUP

MEATLOAF  
WHOLE GRAIN ROTINI  
PASTA  
CORN SALAD  
STEAMED CAULIFLOWER  
PUREED BROCCOLI SOUP

WEDNESDAY

BREADED CHICKEN  
WHITE RICE  
CORN ON THE COB  
STEAMED CARROTS  
LEMON-BUTTER SAUCE  
PUREED BROCCOLI SOUP

CHICKEN KABOB  
BUCKWHEAT  
CORN SALAD  
CUCUMBER SALAD  
LEMON-BUTTER SAUCE  
PUREED CARROTS SOUP

GRILLED CHICKEN  
BUCKWHEAT  
CORN ON THE COB  
STEAMED BROCCOLI  
SALAD  
MARINARA SAUCE  
UKRAINIAN BORSCH

TURKEY CUTLETS  
PEARL BARLEY  
CABBAGE SALAD  
CUCUMBER SALAD  
GRAVY SAUCE  
PUREED POTATO SOUP

THURSDAY

TURKEY BREAST  
ROSTED POTATO  
GREEN PEAS  
WHITE GARLIC BREAD  
GRAVY SAUCE  
CHICKEN OATMEAL  
SOUP

MEATLOAF  
WHOLE GRAIN ROTINI  
PASTA  
STEAMED BROCCOLI  
SALAD  
STEAMED CARROTS  
FRESH CABBAGE SOUP

BREADED CHICKEN  
WHITE BOW PASTA  
STEAMED CARROTS  
GARDEN SALAD  
LEMON-BUTTER SAUCE  
CHICKEN OATMEAL SOUP

CHICKEN MEAT BALLS  
BUCKWHEAT  
APPLE & CARROTS  
SALAD  
STEAMED BROCCOLI  
MUSHROOM SAUCE  
CHICKEN NOODLE SOUP

FRIDAY

CHICKEN MEATBALLS  
WHOLE GRAIN ROTINI  
PASTA  
BEETS SALAD  
CORN SALAD  
MARINARA SAUCE  
PUREED POTATO SOUP

GRILLED CHICKEN  
MASHED POTATO  
GARDEN SALAD  
WHITE BREAD  
MUSHROOM SAUCE  
SPLIT PEA SOUP

CHICKEN MEATBALLS  
ROSTED POTATO  
COLESLAW  
WHITE GARLIC BREAD  
SOUR CREAM SAUCE  
LENTIL SOUP

CHICKEN KABOB  
MASHED POTATO  
GARDEN SALAD  
WHOLE WHEAT BREAD  
SOUR CREAM SAUCE  
SPLIT PEA SOUP