



Annual Report

2021

HRI
HUNGER RELIEF INTERNATIONAL

Message from the President

Dear Donors, Friends & Colleagues:

I am very proud to write this letter as HRI wraps up our 10th year working with thousands of vulnerable children and families in Haiti and Guatemala, two of the poorest countries in the Western Hemisphere. This year I would like to highlight the incredible commitment, dedication, bravery and hard work of our professional teams in Haiti and Guatemala.

The battle against hunger, extreme poverty, under-education, poor access to basic services, and so much more, will be fought for years to come. The expansive and devastating nature of poverty and the misery it wreaks upon all of humankind can never be underscored enough. However, it is the people working on the frontlines every day - the professionals, volunteers, and students dedicating their time and professional careers to mitigate the pain and suffering of their countrymen, women and children who are the true unseen and often overlooked heroes.

In both Haiti and Guatemala, countries wracked by conflict, gang violence and minute to minute uncertainty, our teams have never

once stepped away from their commitment to affect positive change in their nations. In fact, just the opposite - each day they step up, face the danger and risks so they can lend a hand up to the thousands of children and families constantly living on the edge of disaster!

This year I dedicate our Annual Report and our accomplishments to these amazing professionals, students and volunteers! Thank you all for your hearts, your compassion and your commitment to the world's most vulnerable.

And finally, I would be remiss if I did not articulate my deepest appreciation to our donors, every one of you makes a personal sacrifice with each of your gifts. I thank you and hope that you will continue to support the work of our wonderful organization and teams!

Rachel Zelon, CEO & President



MISSION

Hunger Relief International (HRI) is a Judeo-Christian organization that works to improve and protect the lives of children and families living in extreme poverty by building resiliency, fighting hunger, promoting family unity, and increasing self-sufficiency. HRI does this through direct programming and by raising public awareness.

VISION

HRI aspires to ensure that children and families living in extreme poverty have their basic needs met including equitable access to nutritious food, education, clean water, healthcare, sanitation and safe living environments. We envision a world in which the girl child and women especially understand their rights and that these rights are respected by society, giving them a voice and decision making power in their lives, homes and nations.

STRATEGIC GOALS

To continually strengthen our commitment and efforts to end extreme poverty, a major contributor to so much suffering in the world today, particularly the pain of hunger and malnutrition.

To raise up generations of girls and women who understand their basic human rights including equity in all forms, their importance in civil society, and the economic power that lies within their reach.

To deepen our commitment to the highest standards of professional competency and service as well as strong, equitable organizational leadership and governance.

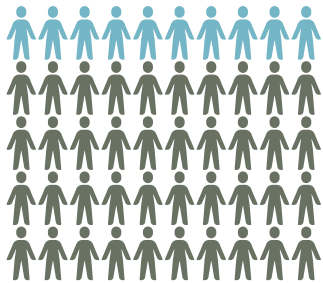
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Brian Worley, MD
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SENIOR STAFF

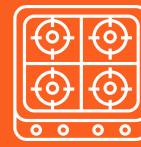
Rachel Zelon
Steve Whetstone
Jennifer Jones
Dr. Dominique Georges
Hector Alay

2021 Insights



326,048 People Served

in 2021 through all HRI programs and services. This also includes our response to the 2021 earthquake in Haiti and our continuing Covid-19 pandemic activities.

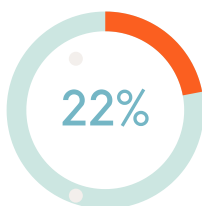


Growing Programs During Crisis

HRI continues to adapt and expand our programs to meet growing needs with long-term, sustainable responses to the daily struggles of vulnerable children, women and families. Extreme poverty leads to painful hunger, preventable illness, poor access to basic services, lack of education, and the inability to generate sufficient income to support a family.

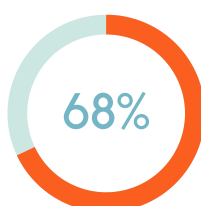
HRI strives to ignite the power and strengths of each individual; to give each the hand up they need to break the cycle of poverty, and to become self-reliant. Simultaneously, HRI ensures that no child in our programs goes hungry due to Covid-19, political instability, or any other natural or manmade disaster. Your giving is vital to saving lives!

Nutrition



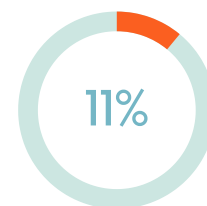
7,251 benefitted from nutritious food and emergency distributions

Health



22,740 benefitted from medical care, latrines, clean water, safe cookstoves and emergency care

Education



3,593 benefitted from training, education and leadership development

WATCH THIS VIDEO

HAITI QUAKE RELIEF

When a magnitude 7.2 earthquake struck Haiti in August 2021, you stepped up - you gave and gave again, so that HRI could reach victims and their families quickly and with what was needed most. Your gifts enabled HRI to provide 3,000 survival kits within days of this tragedy. And in the subsequent weeks, we distributed over 31,000 meals and 4,000 gallons of safe drinking water to families who had not yet received any assistance, people all but forgotten in the midst of so much tragedy and loss!

Your compassion, your hearts and your giving saved lives! Thank you for your confidence in HRI and our commitment to those who need us most.

Please take a few minutes to watch this video - you made all of this a reality.



ONE NEED AT A TIME



DonorSee is a fundraising platform that helps HRI increase the visibility of our beneficiaries' stories.

On our page donorsee.com/HRI, we share personal videos of what HRI is doing on the ground. Donors can give directly and see the impact of their generosity through follow-up videos.

In 2021 alone, DonorSee helped HRI raise nearly \$24,000.00 for HRI programs and the people we serve!

Watch the video above to see the faces of every person, family and program our DonorSee partners helped in 2021.

**Together, we funded
59 projects on
DonorSee in 2021!**

Children First

EXPANDING OUR WORK

The rate of malnutrition among children has increased to alarming levels over the past two years. In Haiti alone over 80,000 children were diagnosed with severe malnutrition in 2021. This increase can largely be attributed to a combination of factors including natural disasters, civil conflict and the economic impacts of the COVID-19 pandemic.

In response, HRI expanded our Children First nutritional feeding program in Haiti to serve more severely malnourished children and families.

HRI is giving families - especially those in single parent headed households - the hand-up they need to overcome this painful and life-threatening condition by providing nutritional support, medical care, entrepreneurship training, and small business loans.

For the hundreds of children and adults that HRI has served in 2021, our partners were the difference between despair and hope, health and suffering, and in too many cases, life and death.

RICARDO
NOV 2021



RICARDO
JUNE 2022



A Gift From God



Overcoming challenges is not new to the Garcia family of six. Julio and Estela Garcia have four children ranging in ages from 3 to 24 years old. The parents, both from very poor families of Guatemalan farmers, never received any formal education. Today, they struggle to provide for their family as subsistence farmers, with occasional extra income from day labor jobs for large landholders in the area.

All their income, including that of their two eldest daughters, 18 and 24 respectively, who also work in the fields, go towards providing the basics – food, medical care for Julio who suffers from hypertension, clothing and education for their 7- and 3- year-olds.

In 2021, HRI became aware of the difficulties this family faces daily. Additionally, it was brought to our attention that the children, especially the 7- and 3-year-olds, suffered from chronic diarrhea. After assessing the situation, it became clear that the lack of even a basic latrine was having a significant negative effect on the health of the entire family, particularly the most vulnerable younger children.

The HRI team asked if the family would like to participate in our Trifecta Program, through which, over time, they would receive a latrine, a clean cookstove and a water filter. They were delighted and excited. So much so that the day we arrived with the materials for their latrine we found that the entire family had worked together to dig the pit themselves. With the materials in hand, and the support of a technician, the Garcia's immediately jumped in to work on the project, taking ownership throughout the process.

Today, they proudly take care of their latrine and its outhouse. They see it as "a gift from God" and something that will serve the family for many years." Estela said:

"We are so grateful because we needed HRI! I never believed in my lifetime my family would have access to our very own toilet, but now we do! Also the support of school feeding that is given to my youngest daughters by HRI is very important! We try to feed them in the best possible way, but it is always the atol and incaparina that is the greatest help! It is a blessing to be able to receive this support with the only request being that the girls attend school."



Nutrition



Education



Sanitation



Medical Care



Youth Leadership



Entrepreneurship

Improved Nutrition, Health & Dignity

Extreme poverty coupled with lack of access to clean water, decent sanitation, good hygiene practices, medical care, and poor education are the most common root causes of widespread hunger and malnutrition throughout the world.

Children often suffer the most serious and long-lasting effects from chronic, preventable health conditions. These illnesses are often water-borne, mosquito-borne, respiratory, or are related to inadequate sanitation and hygiene practices.

HRI is actively implementing a holistic approach to tackle these contributing factors by providing modern Latrines with toilets, Water Filters, and Energy Efficient Safe Cookstoves in communities where we have Nutritional Support Programs.

SAFE COOKSTOVE OUTCOMES:

Thanks to our partners, HRI concluded 2021 with a total of 31 new cookstoves provided to families in remote Guatemalan villages. Since then, these stoves have drastically improved the health and safety of vulnerable families!

Capacity of new stove to prepare meals:

- 100% reported the ability to cook all their traditional and customary meals using the stove.

Amount of wood used for cooking:

- 100% report up to 75% or more decrease in the amount of wood needed for cooking. Less wood conserves trees and families spend less time chopping, collecting and/or purchasing wood.

Burns:

- With the former open fire stoves, 20% reported severe burns in children under age 12; many of them required medical attention. With the new cookstoves, 0% reported burns!

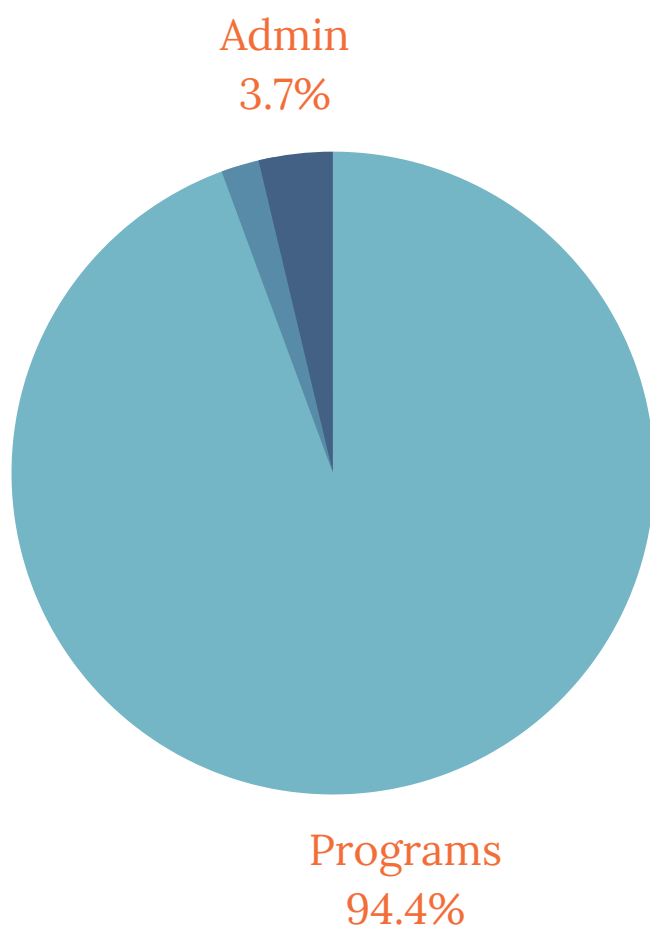
Respiratory Issues:

- Open Fire Cook Stoves resulted in:
 - 70% respiratory issues among women preparing meals.
 - 30% respiratory problems among children under age 5. Respiratory problems, including pneumonia, are among the top 5 killers of children under age 5.
 - 100% respiratory problems among children between the ages of 6 and 12.
- However, when HRI provided Safe Cookstoves: 0% reported any respiratory problems among household members.



In the spirit of your compassion and the trust you place in HRI, we commit a minimum of 80% of all income to our programming efforts. In 2021, 94% of expenditures went to programs and services. HRI's detailed financial information can be found by visiting: hricares.org

FUNDING ALLOCATION



503K

Support Raised

200+

New Donors

We would like to thank the following 2021 partners:

- C3 Global
- C.O. & K.L. Balentine Family Foundation
- DonorSee
- Fordham University
- International Social Work Solutions
- Leibner Cooper Family Foundation
- Every individual, church, business, foundation and school who gave, served and/or prayed



Statement of Activities 2021

The complete Audit and 990 for Hunger Relief International are currently underway. Once completed, they will be posted to HRIcares.org/finances.

REVENUE	WITHOUT DONOR RESTRICTIONS	WITH DONOR RESTRICTIONS	TOTAL
Grants & Contributions	\$493,101	\$8,025	\$501,126
EIDL	\$2,016	\$0	\$2,016
Other Income	\$5	\$0	\$5
Net Assets Released From Restrictions	\$8,025	(\$8,025)	\$0
TOTAL SUPPORT & REVENUE	\$503,147	\$0	\$503,147
EXPENSES			
Program Services	\$472,374	\$	\$472,374
General & Administrative	\$18,600	\$	\$18,600
Fundraising	\$9,585	\$	\$9,585
TOTAL EXPENSES	\$500,559	\$0	\$500,559
CHANGE IN NET ASSETS			
BEGINNING OF YEAR	\$2,588	(\$8,025)	\$2,588
NET ASSETS			
BEGINNING OF YEAR	\$66,896	\$8,025	\$74,921
END OF YEAR	\$69,484	\$0	\$69,484



Platinum
Transparency
2022

Candid.



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