

ANNUAL REPORT

STRENGTHENING UNITY & RESILIENCE

Overcoming adversity to build stronger, brighter futures for children and their families.



MISSION STATEMENT

Hunger Relief International (HRI), a Judeo-Christian organization, is working to improve and protect the lives of desperately poor children and families by building resiliency, fighting hunger, promoting family unity, and increasing self-sufficiency.

HRI does this through direct programming and by raising





HRI HAS A LASER FOCUS

Changing the lives and futures of thousands of desperately poor and vulnerable children and their families.

Creating safe spaces and strong communities where people can live in harmony and with hope.

Creating a world where hunger is an ill of the past and a world in which dreams come true.

Each year, HRI's approach delves deeper into the core challenges facing children and families living in both urban and rural chronic poverty. We know that simply treating the symptoms of hunger and poverty is not enough to create real change – we must address the root causes, interrupt negative cycles, and promote positive, healthy behaviors and relationships as an integral part of our strategy.

Simultaneously, we must respond to and resolve sudden crises as they occur – including natural disasters, political and social unrest, violence, surges in food prices and other commodities, and much more. We see first-hand how these types of destabilizing forces exacerbate dire situations for already extremely vulnerable people.



IN 2018, HRI WENT
BEYOND RELIEF AND
RECOVERY AND BEGAN
TO PRIORITIZE
RESILIENCE AND UNITY.

As a critical part of building resilience for vulnerable people, especially children and youth at risk of trafficking, we must strengthen the positive, protective forces in their lives.

Family and community are two of the most important protective factors for humans. As such, we are working to strengthen these factors, which hold a unique set of challenges and opportunities in the regions we work.

Our efforts center around unity, including bringing families together, establishing healthy parent/child relationships and developing deeper community connections and support systems.



HRI has been working in Haiti since 2010. We have worked alongside various extremely vulnerable populations with a strong focus on institutional settings with orphaned and abandoned children. We continue to work alongside our committed partners to ensure that the basic needs and rights of these children are improved and respected.

We also continue our efforts to prepare youth for life after they age out of the orphanage system as part of our trafficking prevention program. Our goal has always been to ensure orphans and abandoned children have the care they need to develop and that they are treated with the dignity they deserve. At the same time, HRI never encourages or perpetuates a system of institutionalizing children.



While there are a small percentage of children in Haitian orphanages who are "true" orphans, meaning they have lost their parents and have no close relatives to care for them, most children have been abandoned in orphanages by their families, very often because of extreme economic hardship, but not for lack of love.

Orphanage care does not have to be a reality for so many Haitian children; to remedy the culture of loving parent/s leaving children at orphanages, we must create the support that can make a healthier reality possible.





2018 UNREST

This past year was particularly challenging for Haiti as it endured riots and heavy protests opposing the policies of the current government. Civil unrest and demonstrations continued throughout 2019 as well.

Protests nearly shutdown the country as chaos, violence and vandalism swept the capital and beyond.

Physical safety was compromised prompting most people not to leave their homes for days and sometimes weeks on end. This impacted the average citizens ability to access work and keep their businesses open. Food and gas prices surged as there was extremely reduced availability.

All of these realities and more compounded already difficult situations across the country, even for HRI staff and operations, but most critically for those living on the edge in extreme poverty. Nonetheless, HRI continued our services as the programs we offer serve the youth and families most impacted by civil unrest.



RESILIENCE

Resilience is absolutely essential to survive and thrive. This is not just having a determined mindset to overcome hardship; it is also about having a support system that helps protect and strengthen us in difficult times. For children, this is primarily our parent/s and eventually our broader family and community. When parents mistreat their children, or are absent from their lives, children grow up without this protective layer, making life much harder in nearly every way. For this reason, HRI is working to strengthen resilience through multiple programs that build healthy relationships and family unity.

SPOTLIGHT PROGRAM



Our Children First Program is a preventative program for extremely vulnerable children and their families who are at high-risk of separation. Children in these situations are likely to eventually be abandoned at orphanages, become homeless, or fall into some form of child trafficking and exploitation. Most families who enter this program are living in very high-stress, extreme-poverty situations in the worst slums of Port-Au-Prince.



Children First immediately enrolls at least one child from the family in school where they receive paid tuition, school supplies, a hot meal every day, and academic and psycho-social support.

Parents also receive support through

Parents also receive support through parent trainings and assistance in developing an income-generating micro-enterprise.

The goal is for parents to improve their parenting methods and to be able to afford to meet their children's basic needs, and after 1 year to be able to independently cover school tuition and supplies costs. We are thrilled to report 100% of parents repaid their loans and covered school tuition for their children in 2018!

SPOTLIGHT STORY FROM HAITI:

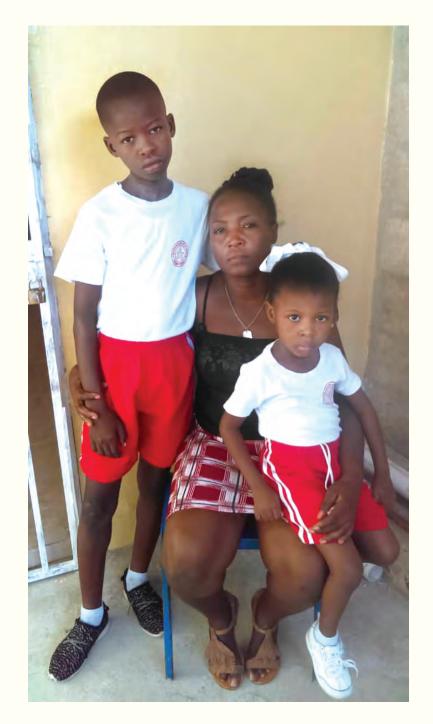
SARA

Sara is a mother enrolled in HRI's Children First Program. After a year in the program, she asked to share her story with the new participants.

She spoke with extreme honesty, sharing that before entering the program she was physically and verbally abusive towards all of her children.

She said the abuse reached the point to where even her neighbors noticed her behavior towards her children.

It wasn't until she began participating in the Children First Parent Development Program that she recognized the



need to change and why her neighbors reacted to her as they did. Sara started becoming more intentional both in her approach to her children and in how she generated income after realizing the responsibility for her children was hers and hers alone. When she stopped abusing her children, Sara saw an immediate change in their behavior and academic performance.

She also worked hard to begin earning money. For example, when HRI gave every family a Christmas food basket, Sara took what she and her kids needed and sold the rest. With the money she earned from the sale, she set up a "pop-up" store at the market where she sold several kinds of toys for Christmas. With those profits, she bought shoes which she now sells regularly. Sara also sells food and beverages during Carnival and other Haitian holidays. She realized that she could profit and feed her children by understanding the market and responding to people's changing desires at different times of the year.

Sara is confident that without the Children First Program and the Parent Development component, these things would not have been possible. She encouraged all of the new participants to have an open mind, to get involved and to be proactive in their unique way.

THE RESULTS ARE WORTH IT!

SARA'S CHILDREN ARE NOW HAPPY, CLEAN, WELL-NOURISHED AND THRIVING IN NEW WAYS.





HRI continues to partner with families living in rural communities with incomes as low as \$2/day. More recently we have expanded our reach to urban "zona roja" communities. Families in these rural and urban communities experience high-levels of stress trying to meet the basic needs of every family member and keeping their families safe.

The realities of extreme poverty exacerbated by daily violence, fear and pervasive criminal activities in these communities have contributed to depression, despair and a general breakdown of the family unit, especially in urban settings. Most youth in these areas have limited opportunity to continue their education beyond primary school and are often left unsupervised at young ages.



SPOTLIGHT PROGRAMS

SAFE SPACES

Providing regular Safe Spaces for youth to go after school is critical in communities struggling with powerful gangs and violence, trafficking and loss of potential. In safe spaces youth receive homework assistance, exposure to arts, music and literature, psychological support, as well as mentorship from community volunteers and HRI youth specialists.

Safe spaces are alleviating the stress of parents leaving their children unsupervised, helping youth stay in school, encouraging positive peer to peer interactions and preventing youth from being recruited to gangs and/or drug and sex trafficking.



NUTRITION

Nutrition programs are the bedrock of HRI's work in rural communities where childhood malnutrition is an epidemic. Food is not only one of our most basic needs, it is also where families come together in most cultures. When there is food insecurity in a household this puts an enormous amount of stress on adults and children, which has far reaching impacts.

HRI is working with communities and families to resolve this crisis in both the short and long-term. As a result of partnering with parents and schools to build stronger food security through supplemental feeding programs targeting school-aged children and babies, we have been able to tackle even more deeply rooted challenges facing families in poverty.

Some of these include access to clean water through the distribution of water filters, the construction of latrines for improved sanitation and health, clean cook stoves, first-aid trainings, and much more. Gradually, we are developing the kind of unity and resilience needed to strip the barriers to progress and opportunity.

SPOTLIGHT STORY FROM GUATEMALA:

EVELIN

At 9 months old, Evelin's daughter began participating in HRI's Early Childhood Supplemental Feeding program.

Evelin enrolled her in the program soon after she was eligible because she heard from other volunteer moms in the school kitchen how it helped their younger children. Evelin's son, now 5 years old, suffered from chronic malnutrition and had to be hospitalized when he was younger. He is now enrolled in his first year of school and receives a nutritious lunch every day through HRI's School Feeding Program, which is helping to stabilize his nutrition.



At home, the situation is difficult. Among many challenges, Evelin struggles on her own to provide enough food and meet all the needs of her two children. Evelin's husband is often not home because he is away looking for work and unable to send home much economic support.

Evelin's daughter entered the Early Childhood Supplemental Feeding Program underweight, but while in the program she gained weight consistently and reached a more normal weight and height within 6 months. Evelin is so happy that her daughter, now 16 months old, is on a good track. She says that she feels much less stress and guilt about her children's nutrition now that she is accessing HRI programs. It is a relief to feed her daughter and watch her smiling and active. Evelin is so happy through both nutrition programs, she has been able to connect with other moms and says that she feels more supported on a daily basis.

SHE WANTS TO DO EVERYTHING SHE CAN TO ENSURE THAT HER CHILDREN STAY HEALTHY AND GET THE NUTRITION THEY NEED AS THEY CONTINUE TO GROW BECAUSE SHE KNOWS HOW IMPORTANT IT IS FOR HER RELATIONSHIP WITH THEM AND FOR THEIR FUTURE.



HUNGER RELIEF HR 2018 INTERNATIONAL IN REVIEW



3,048

PROGRAM PARTICIPANTS



279

TRAININGS & ACTIVITIES



1,600,000

MEALS PROVIDED IN 2018



196

LOCAL &
INTERNATIONAL
VOLUNTEERS



66,000

POUNDS OF FOOD DISTRIBUTED



SECOND CHANCES FOR FAMILIES

- Prevented child abandonment due to poverty
- Strengthened families through support and training
- Improved parents' capacity to generate household income





QUANTITY & QUALITY OF NUTRITION ACROSS ALL FEEDING PROGRAMS FOR CHILDREN



CHILDREN SAFER

- Safe Spaces established in dangerous urban neighborhoods
- Adopted Child Safeguarding Policy
- Implemented diverse Health Trainings





ACCESS TO EDUCATION FOR CHILDREN & ADULTS





ACCESS TO CLEAN WATER & SANITATION



A NEW GENERATION EMPOWERED

- Weekly Youth Trainings for hundreds of participants
- Urban youth committed to leadership roles
- Continued Entrepreneurship Program for young adult orphans





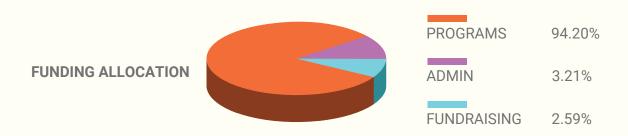
PARTNERSHIPS



2018 FINANCIAL REPORT

| AUDITED FINANCIAL STATEMENT | UNRESTRICTED & SUPPORTING INCOME | TEMPORARILY RESTRICTED INCOME | TOTAL ALL FUNDS |
|--------------------------------------|--|-------------------------------------|-----------------------|
| OPERATING REVENUE | | | |
| Direct Public Support | \$614.441 | \$0 | \$614.441 |
| Indirect Public Support | \$180.922 | \$0 | \$180.922 |
| Other Income | \$109 | \$0 | \$109 |
| TOTAL OPERATING REVENUE | \$795.472 | \$ 0 | \$795.472 |
| OPERATING EXPENSES | | | |
| Program Services | | | |
| Haiti | \$471.605 | \$0 | \$471.605 |
| Guatemala | \$166.142 | \$0 | \$166.142 |
| Total Program Services | \$745.113 | \$0 | \$745.113 |
| | | | |
| Supporting Services | | | |
| Admin and General | \$25.425 | \$0 | \$25.425 |
| Fundraising | \$20.448 | \$0 | \$20.448 |
| Total Supporting Services | \$45.873 | \$0 | \$45.873 |
| TOTAL OPERATING EXPENSES | \$790.986 | \$0 | \$790.986 |
| Change in Net Assets from Operations | \$4.486 | \$0 | \$4.486 |
| Beginning Net Assets, 1/1/18 | \$67.683 | \$0 | \$67.683 |
| Ending Net Assets, 12/31/18 | \$72.169 | \$0 | \$72.169 |

See our Audited Financial Report and 990 on our website for detailed financial information.





BOARD OF DIRECTORS

Brian Worley, MD Dan Henseik Fr. George Eber Nancy Gruskin William Sage

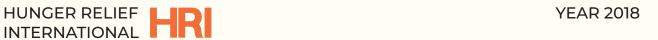
SENIOR STAFF

Rachel Zelon Steve Whetstone Jennifer Jones Jodel Pierre Julio Mendoza Kimberly Lagomarsino

OUR PARTNERS

C3 Global and C3 Global Partner Churches
Oklahoma State University
Leibner Cooper Family Foundation
Zimmerman Family Foundation
Hope for Haiti's Children
Secretaría de Seguridad Alimentaria y Nutricional (SESAN)
Estufas Chispa
Centro de Voluntariado Guatemalteco
Unidad para la Prevención Comunitaria de la Violencia (UPCV)
Partnering Churches, Families and Individuals





Hunger Relief International P.O. Box 300093 Oklahoma City, OK 73140-0093



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