



### **HEROES LESSON**

March 7th, 2021

**FOCUS: HEROES PRAY** 

Hi parents!

Thank you so much for checking out our Heroes Lesson! We are so excited to share another week of VOUS Kids Online! We are thankful for the opportunity to be part of what God is doing in your homes.

This year, we will be teaching your Heroes about special qualities that every hero possesses. All month long, we are learning that HEROES PRAY. We are so thankful that we are able to provide you with everything you need to continue teaching your Heroes about prayer. We love you and are praying for your family today!

Love,

The VOUS Kids Team

#### **OVERVIEW OF TODAY'S LESSON:**

WHAT DO HEROES DO? Heroes Pray

THIS WEEK'S FOCUS: Heroes Pray to God

BIBLE STORY: Who is God? God is our creator, loving father, comforter, forgiver

(Multiple Scriptures)

### WATCH VOUS KIDS ONLINE

Let's make this Sunday special! We want our Heroes to know church is so much fun. We have a FULL Heroes service prepared for your VOUS Kid. Check it out on our VOUS Church website or our VOUS Kids Youtube.

### **VOUS KIDS ONLINE**



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### **DIVE IN! | BIBLE LESSON**

Today our Bible Story focuses on discovering who God is and why we pray to Him. Ways to dive in deeper to today's lesson:

- 1. Read Scripture together.
  - a. God is our creator Genesis 1:27 "God created mankind in his own image, in the image of God he created them; male and female he created them."
  - b. God is a loving father Psalm 103:13 "The Lord is like a father to his children, tender and compassionate to those who fear (have reverence, respect, honor) him."
  - c. God is our comforter Matthew 11:28 "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest."
  - d. God is our forgiver Romans 5:8 "But God demonstrates his own love for us in this: while we were still sinners, Christ died for us."
- 2. Discuss who God is in your life and what you learned in the lesson video. Talk about what today's scriptures mean to each of YOU!
- 3. Practice this month's memory verse together.

"Don't worry about anything, instead pray about everything. Tell God what you need, and thank him for all he has done." Philippians 4:6 (NLT)

### WRAP UP DISCUSSION

Lets see what our Heroes learned from today's lesson!

Choose from any of the following questions as a we wrap up our lesson:

- 1. What do Heroes do? (HEROES PRAY, HEROES PRAY TO GOD)
- 2. What is something that we learned about God?
- 3. What is something we learned about God's love for us?

Celebrate what your child shares about this Sunday! Take a few moments to share additional characteristics of God that are special to you.





### **PRAY TOGETHER AS A FAMILY**

Be sure to finish today's lesson in prayer.

Dear God.

Thank you for everything you have done for us. Thank you for sending Jesus to save us. We trust you, and we know that you are always with us no matter what! We declare today that "We are the Church." We are praying for anyone who may need your help right now. We love you In Jesus' name, Amen.

### RESOURCES FROM TODAY'S LESSON VIDEO: MEMORY VERSE:

The Memory Verse is a great opportunity to pour into the lives of your Heroes. Let's continue practicing this verse all week long and encourage our VOUS Kids to love the word of God. This month, our Memory Verse is from **Philippians 4:6 (NLT)**.

"Don't worry about anything, instead pray about everything. Tell God what you need, and thank him for all he has done."

### MORE CONTENT ABOUT TODAY'S LESSON:

You can use them to continue teaching and learning throughout the week.

I Will Pray SONG
Philippians 4:6 SONG

#### ADDITIONAL PARENT RESOURCES:

Extra Worship Songs

Super Wonderful

The B-I-B-L-E

Praise Ye The Lord Hallelujah







### Practice the Scriptures

Use these fun songs to help teaching your kids scripture:

"Come To Me" (Matthew 11:28-30)
Romans 5:8

### Fun Game Ideas

Animal Freeze Dance
The Floor Is Lava
Simon Says