

CURRICULUM VITA

LINDA J. WEINER, MSW

Licensed Clinical Social Worker

Owner: Sex Therapist St. Louis, LLC

Owner: Sensate Focus Touch, LLC

Diplomate in Clinical Social Work

Diplomate in Sexology & Sex Therapy

AASECT Certified Sex Therapist

AASECT Certified Supervisor

AASECT Certified CE Provider

OFFICE ADDRESS:

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St. Louis, Missouri 63130

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Websites: www.sextherapiststlouis.com, www.sensatefocustouch.com

DATE OF BIRTH: December 27, 1951

ACADEMIC BACKGROUND

August 1975 - May 1977

University of Missouri, Columbia, School of Social Work
M.S.W. degree awarded

September 1969 - May 1973

American University, Washington, D.C.
B.A. degree with honors awarded in Psychology (Sociology minor)

EMPLOYMENT BACKGROUND

May 2022 to present:

Owner, Sensate Focus Touch, LLC

Provision of supervision, training, consultation and certification in Sensate Focus Touch.

March 2013 to May 2019:

Co-Director, Institute for Sexual & Relationship Therapy & Training.

March 1988 to Present:

Owner: Sex Therapist St. Louis, LLC

Private psychotherapy and coaching practice specializing in sex therapy, restorative mind-body relationship retreats, and couples intensives

Prior Positions:

Fall 2003 to 2017:

Adjunct Professor, Washington University Brown School of Social Work
St. Louis, Missouri

September, 1989 to 1996

Administrator/Therapist
St. Louis, Missouri

STAR Psychotherapy Services, LLC, a consortium of mental health professionals
specializing in the assessment and treatment of child sexual abuse

August 1984 - August 1986

Director of Postgraduate Workshops and Seminars
Masters & Johnson Institute
St. Louis, Missouri

September 1983 - March 1988

Research and Clinical Associate
Masters & Johnson Institute
St. Louis, Missouri

Provided relationship and sex therapy for a variety of sexual dysfunctions,
disorders and relational distresses

November 1982 - March 1988

Director, Child Sexual Abuse Treatment Program
Masters & Johnson Institute
St. Louis, Missouri

Provided administrative and clinical functions, including: program development;
coordination; public speaking; fund-raising; and individual, group and
relationship therapy

October 1980 - November 1982

Staff development and Training Specialist, Eastern Region
Missouri Division of Family Services, St. Louis

INTERNSHIPS

March 1983 - September 1983

Clinical Fellow
Masters & Johnson Institute Training Program in Sex Therapy
St. Louis, Missouri

January 1977 - May 1977

Clinical Social Worker Intern
Lutheran Hospital Community Mental Health Center
St. Louis, Missouri

SELECTED PRESENTATIONS, ACTIVITIES, AND APPOINTMENTS

Sensate Focus: Modifications for Trauma Informed Interventions with Survivors
Virtual Webinar by Linda Weiner, LCSW, April 13, 2023

Contemporary Mental Health Treatment for Sexual Dysfunction
ISSWSH Annual Meeting 2023, March 2-5, 2023, St. Louis, MO

Advanced Use of Sensate Focus in Sex Therapy: Part 2: Modifications for Particular Dysfunctions
Virtual Presentation, SSTAR Academy, February 2023

Using Sensate Focus in Sex Therapy: Part 1: Updating Theoretical Underpinnings & Basic Protocol
Virtual Presentation, SSTAR Academy, February 2023

“We’re Just Too Busy”
Virtual Webinar by Linda Weiner, LCSW, November 17, 2022

Sensate Focus Touch in Sexual Health & Sex Therapy: Updating theoretical Underpinnings & Protocol
Virtual Webinar, invited speaker, University of Michigan Sexual Health Program, Annual Meeting May 15, 2022

Sensate Focus in Sexual Health: Touch, Mindfulness & Somatic Healing
Virtual Webinar by Linda Weiner, LCSW, March 10, 2022

Sensate Focus, Mindfulness and Somatic Interventions with Survivors of Sexual Trauma
Poster presentation, The International Society for the Study of Women’s Sexual Health (ISSWSH), Annual Meeting March 5, 2022

Sensate Focus Touch in Sexual Health & Sex Therapy: A Critical Literature Review
Poster presentation, World Meeting on Sexual Medicine (WMSM) Annual Conference, Netherlands and Virtual Meeting, November 20, 2021

Sensate Focus: Refining your Conceptualization, Structuring the Hierarchy of Suggestions and Addressing Common Difficulties
Virtual Webinar by Linda Weiner, LCSW, October 22, 2021

Sensate Focus Mindful Touch in Sex Therapy and Sexual Health: A Critical Literature Review
Poster Presentation, World Association for Sexual Health (WAS) 25th International Congress, September 11, 2021

Reconnecting to Your Sensual and Sexual Self
Smart Sex, Smart Love Podcast with Dr. Joe Kort, September 8, 2021

Sensate Focus in Sex Therapy and Sexual Health: The Alchemy of Touch, Mindfulness & Somatic Techniques

Virtual Webinar by Linda Weiner, LCSW, March 19, 2021

What's Up with the Use of Sensate Focus Touch in Sex Therapy and Sexual Health?: A Critical Literature Review

International Society for the Study of Women's Sexual Health (ISSWSH), Virtual Annual Conference, March 7, 2021

"How Do I Get Past This? Trauma Informed Use of Sensate Focus with Survivors of Sexual Trauma

Poster session, Society for Sex Therapy and Research (SSTAR) Virtual Annual Conference, April 30, 2021

Let's Talk About Sex: Media and Communication in Sex Therapy & Research

Workshop presentation, Society for Sex Therapy and Research (SSTAR) 45th Virtual Annual Conference, April 24, 2020

Sensate Focus Mindful Touch

Workshop presentation, International Society for the Study of Women's Sexual Health (ISSWSH), Orlando, FL, March 6, 2020

Recovering Cupid

Workshop presentation, St. Louis Area Young Onset Parkinson's Disease Group, Feb 18, 2020

Sensate Focus Touching: A Review of It's Use in Sexual Dysfunction and Health

Workshop presentation, World Association for Sexual Health, Mexico City, Oct 13, 2019

Sexology Podcast. *Sensate Focus: Touching for Intimacy and Connection*. (January 8, 2019). Hosted by Dr. Nazanin Moali. <http://www.sexologypodcast.com/2019/01/08/sensate-focus>

Sensate Focus: The Alchemy of Touch, Mindfulness, & Somatic Therapy Workshop

Workshop presentation with Linda Weiner, MSW, LCSW, Institute for Sexual & Relationship Therapy & Training. Marina Village Conference Center, San Diego, CA, January 2019

Sensate Focus Mindful Touch: An Adjunct to Marital and Couples Therapy

Workshop presentation with Linda Weiner, MSW, LCSW, Institute for Sexual & Relationship Therapy & Training. Annual Conference, American Association of Marriage & Family Therapists, Louisville, KY, November 2018

Sensate Focus: The Alchemy of Touch, Mindfulness, and Somatic Therapy

Workshop Training presentation with Linda Weiner, MSW, LCSW, Institute for Sexual & Relationship Therapy & Training. Sponsored by the Integrative Sex Therapy University, Training Program, Washington, D.C., July 13, 2018

The Alchemy of Healing Touch: Sensate Focus in Sex and Relationship Therapy

Workshop presentation with Constance Avery-Clark, Ph.D., Institute for Sexual & Relationship Therapy & Training. Sponsored by the Sex & the City program, Center for Psychological & Interpersonal Development, New York, NY, May 11, 2018

Sensate Focus: The Art and Science of Mindful Touch

Workshop presentation with Constance Avery-Clark, Ph.D., Institute for Sexual & Relationship Therapy & Training, St. Louis, MO, October 2015, and Delray Beach, FL, January 2016, February 2017, & January 2018

Updating Traditional Sex Therapy Approaches for Modern Sex Therapy

Panel Dialogue with the editor and authors from the *Wiley-Blackwell Handbook of Sex Therapy (2017)*, Zoë Peterson, Linda Weiner, and Laurie Mintz, at the 49th Annual Conference, American Association of Sexuality Educators, Counselors and Therapists, Las Vegas, NV, June 2017

50 Years of Masters & Johnson: Past Stories, Present Influences, & Future Directions

Workshop with Constance Avery Clark, through the Institute for Sexual & Relationship Therapy & Training at the 49th Annual Conference, American Association of Sexuality Educators, Counselors and Therapists, Las Vegas, NV, June 2017

Sensate Focus in Sex Therapy and Sexual Health: The Art and Science of Mindful Touch

Oral presentation with Constance Avery Clark, through the Institute for Sexual & Relationship Therapy & Training at the 23rd World Congress of Sexology, Prague, Czech Republic, May 2017

Mastering the Art of Sensate Focus

Workshop presentation with Constance Avery-Clark, Ph.D., Institute for Sexual & Relationship Therapy & Training, Sponsored by Great Lakes Sexual Health Alliance and Northwestern Memorial Hospital, Chicago, IL, April 2017

The Development of Sex Therapy and Sexual Science: Archival Evidence Elucidating the Revolutionary: Contributions of Emily Mudd, 1950-1970

Poster presentation with Alexis Adams-Clark, B.A., and Constance Avery-Clark, Ph.D., at 2016 Annual Conference, Society for the Scientific Study of Sex, Phoenix, AZ, November 2016

Sensate Focus: The Importance of Touch in Sexual Reawakening (June 7, 2016). *The Sexual Reawakening* Virtual Summit. Virtual summit webinar panel interview hosted by Erica Goodstone, Ph.D., Relationship Healer.

Lesbian Healthcare

Discussion at Washington University School of Medicine, St. Louis, MO, May 2016

Ob-Gyn Resident Talks – Transgender Issues

Discussion at Washington University School of Medicine, St. Louis, MO, April 2016

Let's Talk About Sex: Integrating Sexual Health and Education into Clinical Practice

Workshop presentation at George Warren Brown School of Social Work, St. Louis, MO,
April 2016

Sensate Focus: The Art and Science of Touch in Sex Therapy

Workshop presentation with Constance Avery-Clark, Ph.D., at Challenging Ideology and
Changing Perspectives—41st Annual Meeting, Society for Sex Therapy and Research,
Chicago, IL, April 2016

Sensate Focus: Between Foundation and Innovation

Workshop presentation with Constance Avery-Clark, Ph.D., at the 47th Annual
Convention, American Association of Sex Educators, Counselors and Therapists: Middle
Ground: Establishing Connections, Minneapolis, MN, June 2015

Sensate Focus Today: Results of a Survey of Current Practitioners

Poster Session presented with Susan Stiritz, Ph.D., at the 38th Annual Meeting of the
Society for Sex Therapy and Research: From Complexities and Contradictions to Health
and Happiness, Pittsburgh, PA, April 2014

The Art of Sensate Focus: Revisited and Revised in Contemporary Times

Poster session presented with Constance Avery-Clark, Ph.D., at the 45th Annual
Conference of the American Association of Sex Educators, Counselors and Therapists:
Embracing the Sensuality of Diversity in Identities and Culture, Miami, FL, June 2013

Assessing and Assigning Sensate Focus

Workshop presented with Constance Avery-Clark, Ph.D., at the American Association of
Sexuality Educators, Counselors and Therapists Summer Institute at Washington
University, St. Louis, MO, July 28-August 2, 2013

Guest Instructor

Washington University School of Medicine, St. Louis, Missouri
1983 – 1988, and 2011 to 2015

Couples Retreats and Couples' Intensives: New Options for Low Desire Couples

Workshop presenter at the 41st annual conference of the American Association of
Sexuality Educators, Counselors and Therapists, Phoenix, AZ, May 2009

Human Sexuality Instructor

St. Louis University School of Allied Health Professionals
Summer, 1988 - 1998

Presenter, and Director of Post-Graduate Workshops and Seminars

Basic and Advanced Workshops in Sexual Dysfunction and Disorders,
and in Child Sexual Abuse
Masters & Johnson Institute, St. Louis, Missouri, 1982 - 1988

ADDITIONAL TRAINING, CONSULTING AND VOLUNTEER EXPERIENCE

January 1985 - July 1987

Sexual Abuse Consultant for youthful sex offenders
Illinois Department of Children and Family Services

March 1984 - July 1984

Sexual Abuse Consultant, Hawthorne Children's Psychiatric Hospital
St. Louis, Missouri

PUBLICATIONS

Weiner, L. (2022). Trauma Informed Use of Sensate Focus with Survivors of Sexual Trauma. *The Journal of Sexual Medicine*, 19(8), S22-23.

Weiner, L. (2022). Sensate Focus in Sexual Health and Sex Therapy: A Critical Literature Review. *The Journal of Sexual Medicine*, 19(5), S152.

Avery-Clark, C., Weiner, L., & Adams-Clark, A. A. (2019). Sensate Focus for Sexual Concerns: an Updated, Critical Literature Review. *Current Sexual Health Reports*, 11(2), 84-94.

Avery-Clark, C.A., and Weiner, L. (2018). Sexual response in Masters and Johnson. In: J. Lebow, A. Chambers, & D. Breunlin (Eds.), *Encyclopedia of couple and family therapy*. Switzerland: Springer, Cham. <https://doi.org/10.1007/978-3-319-15877-8>.

Avery-Clark, C. A., and Weiner, L. (2017). Traditional Masters and Johnson behavioral approaches to sex therapy. In Z. Peterson (Ed.), *The Wiley Handbook of Sex Therapy*, pp. 165-189, New York, NY: Wiley-Blackwell.

Weiner, L., & Avery-Clark, C. (2017). *Sensate Focus in sex therapy: The illustrated manual*. New York, NY: Routledge.

Weiner, L. & Avery-Clark, C. (2016). William Masters. In: J. Lebow, A. Chambers, & D. Breunlin (Eds.) *Encyclopedia of Couple and Family Therapy*. Switzerland: Springer, Cham. <https://doi.org/10.1007/978-3-319-15877-8>.

Linschoten, M., Weiner, L., & Avery-Clark, C. (2016). Sensate Focus: A critical literature review. *Sexual and Relationship Therapy*, 31(2), 230-247.

Weiner, L. (2010, Jan-Feb). Review: Masters of Sex, *Journal of Sex & Marital Therapy*, 36(1), 105-107.

Weiner, L. (1988). Issues in sex therapy with survivors of intra-family sexual abuse. *Journal of Women and Therapy*, 7(2/3), 253-264.

Weiner, L., & Avery-Clark, C. (2014). Sensate Focus: Clarifying the Masters and Johnson's model. *Sexual and Relationship Therapy*, 29(3), 307-319.

Weiner, L., Cannon, N., & Avery-Clark, C. (2014). *Reclaiming the lost art of Sensate Focus: A clinician's guide*. *Family Therapy Magazine*, 13(5), 46-48.

SELECTED INTERVIEWS and SPEAKING ENGAGEMENTS

VICE interview, "*If I Can't Touch Another Human, at Least I Can Watch it on TV*", July 27, 2020

CNN.com interview, *Virginia Johnson Remembered*

KMOV TV interview for Great Day St. Louis – *Keeping Intimacy Alive in Long Term Relationships*

Moderator, AMC Cancer Research Center's *A Day of Caring* sponsored by the St. Louis Post-Dispatch, St. Louis, Missouri

Guest speaker *Sexuality, Intimacy and Recovery*, Junior League/National Council on Alcoholism & Drug Abuse

Keynote address: *Issues in Human Sexuality*, NASW, Virginia Chapter

Guest appearance: *Issues in Homosexual Rape*, Newsmakers, KMOV-TV

Featured speaker: *Female Sexuality*, North Shore Hospital and Medical Center, Miami, Florida

Presenter: *Sex and Aging*, Second Annual Congress of Sexual Development and Functioning Across the Life Span, Fay Institute of Human Relations, Montreal, Canada

Keynote address: *Ensuring a Comprehensive Response to Child Sexual Abuse*, Somerset County Prosecutor's Office, Somerville, New Jersey

Presenter: *The Role of Psychological Assessment in the Treatment of Sex Offenders*, National Institute of Mental Health Invitational Conference, St. Louis, Missouri

Guest speaker: Women's Days Seminar, St. Louis Women in Leadership Alumni

Conducted numerous workshops, conferences, community talks and professional presentations on sexuality and relationships, sexual trauma, intimacy, and communication.

PROFESSIONAL ASSOCIATIONS

Member, Society for Sex Therapy and Research (SSTAR)
Member, American Association of Sexuality Educators, Counselors and Therapists (AASECT)
Member, National Association of Social Workers (NASW)
Member, Psychotherapy St. Louis
Member, NCSFreedom
Member, International Society for the Study of Women's Sexual Health (ISSWSH)
Member, World Association for Sexual Health (WAS)

SERVICE TO PROFESSION

Mid-Continent Regional Representative
American Association of Sexuality Educators, Counselors and Therapists
June 2009 – June 2011

District III Section Head
American Association of Sexuality Educators, Counselors and Therapists
1993 - 1995

Manuscript Reviewer, Journal of Sex and Marital Therapy; Routledge, Taylor and Francis Books

HONORS, AWARDS, AND CERTIFICATIONS

Certified CE Provider, American Association of Sexuality Educators, Counselors and Therapists, 2014

Certified Supervisor, April 2011, American Association of Sexuality Educators, Counselors and Therapists

Certified Diplomate in Sexology, American Board of Sexology

Diplomate in Sex Therapy, American Association of Sexuality Educators, Counselors and Therapists

Certified Sex Therapist, American Association of Sexuality Educators, Counselors and Therapists, December 1987

Certified as an EMDR Level II Therapist, EMDR Institute, Inc., Pacific Grove, California

Licensed in Social Work, National Association of Social Workers (NASW)

Diplomate in Clinical Social Work, NASW

Certified by the Academy of Certified Social Workers, (ACSW)

Awarded a Title XX Traineeship, University of Missouri, Columbia, 1976 – 1977

Awarded a Social and Rehabilitative Services Traineeship, 1975 -1976

Awarded a partial tuition scholarship for academic excellence, American University, 1970 - 1973

Graduated Cum Laude, American University

REFERENCES

Heather Raznick
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St. Louis, MO 63141
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