

Is Arthritis Curable? Sure!

It's one of those painful rites of passage more than 60 per cent of elderly people in India suffer through, especially women. Worse still, it appears to run in the family. However, making matters even worse for arthritis patients are orthopedic surgeons, who are quick to peddle all sorts of expensive joint replacements for this painful and debilitating condition.

What is arthritis?

There are many types of arthritis and though their nature varies, the common symptom is joint pain, inflamed tissues and in severe cases bone deformity. Rheumatoid arthritis, on the other hand, is an autoimmune disorder, where the body's immune system attacks tissues in the joints, hacking away and destroying them. Conventional medicine involves heavy doses of painkillers and steroids, which suppress and control the arthritis but does not cure it.

How MindHeal cures arthritis

We treat the root cause of disease, stimulating inner healing and completely rooting

out the disease process. This holds true even for rheumatoid arthritis, where genetics plays an important role.

We work on the genetics and biochemistry of an individual, even where disease is caused by inherited 'flaws'. In osteoarthritis, for instance, if the body is unable to use the heavy doses of calcium that are pumped into the system, homeopathy stimulates the body's own capacity to absorb the mineral from a normal diet.

In a short while, inflammation subsides and so does the pain. The joint is eventually returned to normal functioning. Thus, MindHeal Homeopathy can effect actual tissue regeneration and return joints to a normal state as it addresses the genetic and metabolic aspects of the disease.

Emotional Predisposition

Interestingly, emotional factors often play a significant role in causing or exacerbating arthritis. The bones are the body's scaffolding and literally "hold up" the human



being. Therefore, patients who have deep-seated emotional insecurities and whose "world collapses" due to their problems are especially prone to arthritis.

The good news is that MindHeal

Homeopathy brings about an emotional healing as well and roots out fears and insecurities.

While curing the physical disease, it also restores patients to a balanced emotional and mental state.

Mind Heal Homeopathy is an ISO-certified multi-specialty homeopathic clinic in Chembur, Mumbai Founded by Dr. Anita Salunkhe, it specialises in treating arthritis, osteoarthritis, osteophytes, osteoporosis, HLA positive-related diseases, ankylosing spondylitis and rheumatoid arthritis. For appointments and online consultation, call: 022-2523 0530 / + 91-99303 63981. Email: crm@mindheal.org.

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