

NUTRITIONAL INFORMATION

Smoothies

		Kilojoules	Protein	Fat		Carbohydrates		Sodium	Kilojoules	Protein	Fat		Carbohydrates		Sodium	Kilojoules	Protein	Fat		Carbohydrates		Sodium
				Total	- saturated	Total	- sugars				Total	- saturated	Total	- sugars				Total	- saturated	Total	- sugars	
Plant-based	Salted Caramel	794.9 kJ	5.7 g	5.0 g	0.7 g	30.6 g	16.1 g	265.4 mg	1307.8 kJ	9.7 g	9.8 g	1.5 g	46.5 g	24.2 g	513.4 mg	1618.4 kJ	11.7 g	10.4 g	1.5 g	61.6 g	32.4 g	534.2 mg
	Health Nut Protein	751.2 kJ	7.1 g	6.7 g	1.5 g	22.6 g	11.3 g	49.1 mg	1188.9 kJ	12.9 g	11.7 g	2.9 g	31.9 g	16.5 g	95.4 mg	1516.4 kJ	14.4 g	13.7 g	3.1 g	45.4 g	22.6 g	98.2 mg
	Rawsome Greens	564.4 kJ	2.8 g	2.1 g	1.8 g	26.2 g	17.7 g	13.2 mg	889.8 kJ	5.0 g	4.2 g	3.6 g	38.7 g	27.1 g	25.8 mg	1128.8 kJ	5.5 g	4.2 g	3.6 g	52.5 g	35.4 g	26.3 mg
	Power Plant	856.8 kJ	7.6 g	7.7 g	1.5 g	26.3 g	16.2 g	49.2 mg	1323.3 kJ	13.9 g	13.7 g	2.9 g	34.3 g	19.8 g	94.7 mg	1715.9 kJ	15.3 g	15.3 g	3.0 g	52.8 g	32.4 g	98.4 mg
Protein	Nutra Blast	1740.1 kJ	13.1 g	8.9 g	4.2 g	70.9 g	43.3 g	90.2 mg	3102.5 kJ	38.8 g	16.3 g	7.4 g	109.9 g	69.6 g	164.2 mg	3745.2 kJ	41.6 g	17.8 g	8.3 g	142.2 g	86.6 g	180.4 mg
	Life Force Protein	1838.5 kJ	19.8 g	10.1 g	3.9 g	67.4 g	37.9 g	76.8 mg	2945.5 kJ	36.2 g	17.3 g	6.8 g	101.0 g	58.9 g	136.7 mg	3684.3 kJ	39.7 g	20.2 g	7.9 g	135.1 g	75.9 g	153.6 mg
	Gym Junkie	1530.9 kJ	18.2 g	4.9 g	3.8 g	62.2 g	39.6 g	90.2 mg	2499.8 kJ	34.3 g	8.7 g	6.7 g	95.4 g	62.3 g	164.1 mg	3061.9 kJ	36.4 g	9.9 g	7.6 g	124.4 g	79.2 g	180.3 mg
	Tropical Warrior	1613.3 kJ	17.5 g	11.6 g	10.4 g	52.7 g	34.3 g	99.5 mg	2327.6 kJ	32.1 g	14.7 g	12.9 g	73.8 g	49.9 g	165.3 mg	3226.6 kJ	35.0 g	23.3 g	20.9 g	105.4 g	68.7 g	199.1 mg
	Vanilla Coffee	900.4 kJ	7.8 g	4.5 g	0.9 g	35.9 g	22.9 g	83.5 mg	1403.9 kJ	12.4 g	8.2 g	1.7 g	53.1 g	35.5 g	126.1 mg	1824.3 kJ	15.8 g	9.5 g	1.9 g	71.8 g	45.9 g	167.1 mg
Classics	Tank Mango	1248.6 kJ	4.9 g	3.3 g	2.7 g	62.3 g	44.4 g	57.3 mg	1843.2 kJ	7.6 g	5.4 g	4.5 g	93.9 g	70.6 g	98.4 mg	2497.1 kJ	9.8 g	6.6 g	5.4 g	124.7 g	88.8 g	114.6 mg
	Caribbean	1312.7 kJ	5.1 g	10.5 g	9.7 g	49.6 g	36.1 g	60.1 mg	2126.9 kJ	8.4 g	12.8 g	11.6 g	89.9 g	65.2 g	99.3 mg	2412.7 kJ	10.3 g	21.1 g	19.4 g	99.2 g	72.2 g	120.2 mg
	All Berry Tank	974.6 kJ	4.6 g	3.2 g	2.7 g	46.5 g	34.3 g	57.2 mg	1760.2 kJ	8.0 g	5.5 g	4.7 g	84.8 g	62.4 g	99.0 mg	1949.1 kJ	9.1 g	6.4 g	5.5 g	93.0 g	68.5 g	114.3 mg
	Tropical Tank	1079.3 kJ	4.7 g	3.3 g	2.8 g	52.4 g	38.9 g	56.1 mg	1865.6 kJ	8.2 g	5.7 g	4.8 g	90.5 g	65.9 g	94.3 mg	2160.9 kJ	9.4 g	6.6 g	5.6 g	104.9 g	78.0 g	112.3 mg
	Mango Zest	596.1 kJ	1.0 g	0.9 g	0.0 g	32.5 g	26.8 g	10.9 mg	988.4 kJ	1.7 g	1.4 g	0.0 g	54.2 g	44.6 g	17.7 mg	1200.0 kJ	2.0 g	1.9 g	0.0 g	65.4 g	53.9 g	21.9 mg
	Strawberry Lush	955.0 kJ	4.6 g	3.2 g	2.8 g	45.3 g	33.2 g	57.2 mg	1721.0 kJ	8.1 g	5.5 g	4.8 g	82.4 g	60.3 g	99.0 mg	1910.0 kJ	9.2 g	6.4 g	5.6 g	90.6 g	66.3 g	114.3 mg
	Classic Banana	1467.7 kJ	7.4 g	4.1 g	3.2 g	71.1 g	44.1 g	68.6 mg	2373.4 kJ	12.7 g	7.1 g	5.5 g	113.2 g	71.2 g	120.9 mg	2935.5 kJ	14.8 g	8.2 g	6.4 g	142.1 g	88.1 g	137.1 mg
Super	Tank Up	1135.4 kJ	4.8 g	3.2 g	2.8 g	55.8 g	41.9 g	53.0 mg	2048.9 kJ	8.3 g	5.6 g	4.8 g	101.5 g	76.3 g	90.8 mg	2270.7 kJ	9.5 g	6.5 g	5.6 g	111.6 g	83.7 g	106.1 mg
	Blue Spirulina	1146.4 kJ	6.0 g	5.7 g	5.0 g	49.6 g	32.3 g	54.4 mg	1692.2 kJ	9.9 g	9.4 g	8.2 g	70.2 g	47.6 g	91.8 mg	2293.6 kJ	12.0 g	11.4 g	10.0 g	99.3 g	64.6 g	108.9 mg
	Start Me Up	906.6 kJ	2.1 g	1.1 g	0.3 g	49.5 g	34.7 g	5.7 mg	1713.5 kJ	3.9 g	1.8 g	0.5 g	94.4 g	66.3 g	10.0 mg	1851.6 kJ	4.3 g	2.3 g	0.5 g	101.2 g	71.0 g	11.5 mg
	Gorilla Greens	1259.8 kJ	6.2 g	3.3 g	2.5 g	61.7 g	44.7 g	62.5 mg	1957.6 kJ	10.3 g	5.4 g	4.1 g	94.4 g	72.6 g	108.8 mg	2519.6 kJ	12.4 g	6.6 g	4.9 g	123.4 g	89.5 g	125.0 mg
	Mega Greens	1032.7 kJ	5.3 g	5.0 g	2.9 g	45.0 g	32.4 g	57.4 mg	1821.4 kJ	9.3 g	9.1 g	5.0 g	79.0 g	57.0 g	98.9 mg	2065.5 kJ	10.6 g	10.1 g	5.8 g	90.1 g	64.8 g	114.8 mg
	Fitness Fix	1015.7 kJ	4.6 g	3.5 g	2.7 g	48.1 g	34.4 g	57.7 mg	1741.1 kJ	7.8 g	5.7 g	4.5 g	83.3 g	58.8 g	97.3 mg	2037.6 kJ	9.2 g	7.1 g	5.3 g	96.6 g	69.2 g	115.4 mg
Kids	Rainbow Party	1460.3 kJ	5.8 g	10.7 g	9.9 g	57.4 g	39.5 g	58.2 mg	2422.0 kJ	9.7 g	13.2 g	12.0 g	105.4 g	72.0 g	95.6 mg	2920.5 kJ	11.5 g	21.5 g	19.8 g	114.7 g	79.0 g	116.5 mg
	Funky Monkey	1562.6 kJ	6.6 g	8.0 g	7.1 g	68.7 g	46.3 g	68.6 mg	2235.1 kJ	10.5 g	10.5 g	9.2 g	99.4 g	66.6 g	110.2 mg	3125.2 kJ	13.3 g	16.0 g	14.2 g	137.5 g	92.5 g	137.2 mg

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Juices

		Kilojoules	Protein	Fat		Carbohydrates		Sodium		Kilojoules	Protein	Fat		Carbohydrates		Sodium		Kilojoules	Protein	Fat		Carbohydrates		Sodium	
				Total	- saturated	Total	- sugars					Total	- saturated	Total	- sugars					Total	- saturated	Total	- sugars		
Classics	Tank C	Mini Tank 250 mL	533.8 kJ	1.8 g	0.3 g	0.0 g	29.6 g	22.0 g	1.3 mg	Half Tank 450 mL	1053.5 kJ	3.7 g	0.5 g	0.0 g	58.1 g	43.5 g	1.6 mg	Full Tank 550 mL	1309.2 kJ	4.5 g	0.6 g	0.0 g	72.3 g	53.9 g	2.5 mg
	Strawberry Fields		471.4 kJ	1.5 g	0.2 g	0.2 g	26.1 g	22.5 g	1.7 mg		924.5 kJ	2.6 g	0.4 g	0.3 g	51.8 g	46.1 g	4.0 mg		1172.9 kJ	3.5 g	0.5 g	0.3 g	65.6 g	57.3 g	4.4 mg
	Pineapple Paradise		485.1 kJ	1.2 g	0.3 g	0.2 g	27.2 g	23.0 g	2.4 mg		945.3 kJ	2.4 g	0.4 g	0.3 g	53.1 g	46.1 g	4.8 mg		1200.3 kJ	2.9 g	0.5 g	0.3 g	67.6 g	58.1 g	5.9 mg
	Up Beet Tank		372.3 kJ	2.3 g	0.2 g	0.0 g	19.5 g	18.4 g	71.1 mg		740.9 kJ	4.6 g	0.4 g	0.0 g	38.8 g	37.0 g	142.2 mg		915.1 kJ	5.3 g	0.4 g	0.0 g	48.3 g	45.7 g	164.7 mg
	Citrus Blast		527.4 kJ	2.2 g	0.3 g	0.0 g	28.7 g	20.8 g	1.4 mg		1058.9 kJ	4.3 g	0.5 g	0.0 g	57.7 g	42.6 g	1.4 mg		1296.5 kJ	5.4 g	0.7 g	0.0 g	70.5 g	51.5 g	2.7 mg
Super	Xtreme C	Mini Tank 250 mL	499.7 kJ	1.8 g	0.4 g	0.2 g	27.2 g	20.0 g	36.6 mg	Half Tank 450 mL	992.4 kJ	3.8 g	0.8 g	0.3 g	53.8 g	39.6 g	71.3 mg	Full Tank 550 mL	1241.0 kJ	4.5 g	0.9 g	0.3 g	67.6 g	50.0 g	73.1 mg
	Kick Start		500.6 kJ	1.3 g	0.3 g	0.2 g	28.1 g	23.8 g	2.4 mg		976.3 kJ	2.4 g	0.5 g	0.3 g	54.9 g	47.8 g	4.8 mg		1231.3 kJ	2.9 g	0.5 g	0.3 g	69.5 g	59.8 g	6.0 mg
	Protein Punch		691.9 kJ	7.2 g	0.9 g	0.5 g	32.2 g	23.3 g	13.4 mg		1359.1 kJ	14.3 g	1.7 g	1.1 g	63.2 g	46.8 g	26.7 mg		1614.0 kJ	14.8 g	1.7 g	1.1 g	77.7 g	58.8 g	27.9 mg
	Veggie Boost		282.4 kJ	3.1 g	0.3 g	0.0 g	13.1 g	12.8 g	96.1 mg		559.0 kJ	6.1 g	0.6 g	0.1 g	25.9 g	25.6 g	193.0 mg		675.8 kJ	7.1 g	0.8 g	0.1 g	31.6 g	31.0 g	236.1 mg
	Vegetable Kingdom		257.0 kJ	2.5 g	0.3 g	0.0 g	12.3 g	11.5 g	58.4 mg		482.3 kJ	4.9 g	0.6 g	0.1 g	22.7 g	21.9 g	146.5 mg		624.8 kJ	5.8 g	0.7 g	0.1 g	30.1 g	28.5 g	160.8 mg
Kids	Giggle Juice	Mini Tank 250 mL	333.3 kJ	3.6 g	0.2 g	0.0 g	18.5 g	14.5 g	12.6 mg	Half Tank 450 mL	537.9 kJ	1.8 g	0.3 g	0.0 g	29.7 g	23.5 g	28.4 mg	Full Tank 550 mL	746.8 kJ	2.5 g	0.4 g	0.0 g	41.3 g	32.6 g	35.1 mg
	Pinkalicious		415.2 kJ	2.2 g	0.3 g	0.2 g	21.8 g	18.6 g	40.7 mg		711.4 kJ	4.2 g	0.6 g	0.3 g	37.0 g	32.4 g	80.8 mg		935.0 kJ	4.7 g	0.7 g	0.3 g	49.7 g	42.7 g	81.8 mg

Salads

		Kilojoules	Protein	Fat		Carbohydrates		Sodium
				Total	- saturated	Total	- sugars	
Classics	Classic Caesar	1800.7 kJ	28.2 g	33.0 g	6.7 g	5.1 g	0.9 g	1161.4 mg
	Thai Chicken	1698.7 kJ	20.6 g	28.5 g	2.9 g	16.9 g	4.0 g	457.6 mg
	Thai Beef	1684.4 kJ	17.8 g	29.2 g	3.2 g	17.2 g	4.2 g	706.4 mg
	Guacamole Greens	2464.9 kJ	24.2 g	40.3 g	8.0 g	32.4 g	4.9 g	313.2 mg
	Almond Satay Chicken	1057.5 kJ	23.3 g	11.7 g	1.8 g	13.6 g	10.2 g	256.3 mg
	Vietnamese	1154.4 kJ	22.2 g	6.5 g	1.2 g	32.2 g	14.0 g	910.8 mg
	Quinoa Chicken Goji	2315.2 kJ	27.7 g	34.4 g	11.8 g	33.3 g	18.5 g	1094.2 mg
	Raw Lean'n Green	1814.7 kJ	10.4 g	37.2 g	12.0 g	14.4 g	6.1 g	1113.8 mg
	Paleo Active Greens	1808.7 kJ	7.0 g	39.9 g	7.2 g	11.4 g	9.5 g	357.2 mg

Wraps

		Kilojoules	Protein	Fat		Carbohydrates		Sodium
				Total	- saturated	Total	- sugars	
Classics	Classic Caesar	3345.2 kJ	35.1 g	51.4 g	11.3 g	49.2 g	3.5 g	1765.8 mg
	Thai Chicken	3107.4 kJ	27.0 g	45.8 g	7.5 g	55.6 g	6.0 g	1050.0 mg
	Thai Beef	3093.0 kJ	24.2 g	46.5 g	7.9 g	55.9 g	6.1 g	1298.8 mg
	Guacamole Greens	3280.4 kJ	28.7 g	45.6 g	9.6 g	64.7 g	7.9 g	822.0 mg
	Almond Satay Chicken	2309.0 kJ	31.1 g	21.4 g	6.1 g	58.8 g	13.6 g	879.2 mg
	Vietnamese	2443.7 kJ	30.2 g	14.3 g	5.4 g	83.7 g	22.8 g	1880.8 mg
	Quinoa Chicken Goji	3478.6 kJ	31.0 g	46.8 g	11.9 g	71.7 g	20.2 g	1178.0 mg
	Raw Lean'n Green	3034.5 kJ	14.1 g	49.6 g	12.1 g	55.5 g	8.4g	1164.0 mg
	Paleo Active Greens	3056.0 kJ	13.4 g	49.7 g	10.3 g	57.3 g	13.3 g	967.6 mg

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