

GLENN A. BREWSTER, PhD, RN, FNP-BC  
Assistant Professor, Tenure track  
Family Nurse Practitioner  
Nell Hodgson Woodruff School of Nursing  
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## EDUCATION

08/15	Ph.D.	University of South Florida Tampa, FL	Nursing
12/14	M.A.	University of South Florida Tampa, FL	Gerontology
12/11	M.S.	University of South Florida Tampa, FL	Nursing (Family Health Nursing)
05/09	B.S.	University of South Florida Tampa, FL	Nursing
08/07	A.S.	Broward Community College Coconut Creek, FL	Nursing
12/06	A.A.	Broward Community College Coconut Creek, FL	Nursing

## LICENSES & CERTIFICATIONS

2017-25	RN, Georgia	RN271500
2017-25	FNP, Georgia	RN271500
2017-23	RN, Florida	RN9269811
2017-21	RN, Pennsylvania	RN679148
2015-19	FNP, Pennsylvania	SPO16225
2015-19	FNP, Florida	ARNP9269811
2012-27	Family Nurse Practitioner American Nurses Credentialing Center	

## HONORS & AWARDS

2023	Research in Health Disparities Award	Southern Nursing Research Society
2022	Affiliate	BRAINS (Broadening the Representation of Academic Investigators in NeuroScience)
2022	Rising Investigator Award	Aging/Gerontology Research Interest Group Southern Nursing Research Society
2021	Fellow	Georgia Clinical & Translational Science Alliance Translational Education & Mentoring in Science
2019	Fellow	Program to Increase Diversity in Behavioral Medicine & Sleep Disorders Research New York University School of Medicine
2018	Fellow	Butler Williams Scholar Program, Bethesda, MD
2018	Selected Participant	Robert Wood Johnson Foundation New Connections Connections Mentoring Program
2018	Fellow	National Institute of Nursing Research Summer Genetics Institute, Bethesda, MD
2017	Selected Participant	American Academy of Sleep Medicine Young Investigator Research Forum, Bethesda, MD
2016	Douglas Holmes Emerging Scholar	Gerontological Society of America

	Paper Award	
2016	Selected Participant	National Research Mentoring Network, Detroit MI
2015	Emerging Leader	Graduate Nursing Student Academy
2015	Selected Participant	Global Social Initiative on Aging Masterclass Dublin, Ireland
2012	Selected Participant	National Institute on Aging Technical Assistance Workshop, San Diego, CA
2012	Selected Participant	National Institute of Nursing Research Sleep and Fatigue Boot Camp, Bethesda, MD
2010-11	Ona & John Riggins Psychiatric Mental Health Nursing Scholar	University of South Florida, College of Nursing
2010	Delta Beta at-Large Scholarship	Sigma Theta Tau, Delta Base at-Large Chapter
2009-13	Bachelor's to Doctor Philosophy Full Scholarship	University of South Florida, College of Nursing
2009	John and Leanne Scott Endowed Scholar	University of South Florida, College of Nursing
2009	Outstanding Baccalaureate Student	University of South Florida, College of Nursing
2009	King O'Neal Scholar	University of South Florida, College of Nursing
2006	Avon Representative Scholarship	University of South Florida
2005-06	Competitive Edge Presidential Leader	Broward College, Fort Lauderdale, FL
2004-07	Presidents' List	Broward College, Fort Lauderdale, FL

## PROFESSIONAL EXPERIENCE

08/2017-	Assistant Professor-Tenure Track	Emory University Nell Hodgson Woodruff School of Nursing
03/2019-03/22	Family Nurse Practitioner	Integrated Memory Care Clinic, Atlanta, GA
01/2018-02/19	Family Nurse Practitioner Fellow	Integrated Memory Care, Atlanta, GA
07/2016-08/17	Assistant Professor, Research Track	Emory University Nell Hodgson Woodruff School of Nursing
08/2015-07/17	Postdoctoral Fellow	Center for Sleep and Circadian Neurobiology School of Medicine, University of Pennsylvania
09/2013-05/14	Clinical Research Registered Nurse	University of South Florida College of Nursing
01/2011-05/16	Graduate Research Assistant	University of South Florida College of Nursing
05/2011-12/13	Registered Nurse	Infinity Homecare, Tampa, FL
08/2009-07/15	Graduate Teaching Assistant	University of South Florida College of Nursing
01/2009-05/09	Tutor	University of South Florida College of Nursing
09/2007-07/08	Registered Nurse	University Hospital and Medical Center Tamarac, FL
12/2005-07/08	Tutor	Broward College, Learning Research Center Coconut Creek, FL
08/2004-12/05	Supplemental Instruction Leader	Broward College, Learning Resource Center Coconut Creek, FL
09/2001-09/03	Teacher	Georgetown Secondary School Georgetown, St. Vincent & the Grenadines

## **SCHOLARSHIP: GRANTS & OTHER FUNDING**

### **Research Grants Funded by the National Institutes of Health (NIH)**

Caregiver as Navigator-Developing Skills Online (CAN-DO): Developing Dementia Family Caregiver Mastery for Navigating Complex Health, Social Service, Legal, Financial, and Family Systems (Clevenger/Hepburn)

Funded by: NIA (Grant#1R01AG082833)

Co-I, 5%

Total costs: \$3,518,541

07/01/2023-06/30/2028

To reduce the burden of caregiving on health outcomes of midlife women: Asian American family caregivers of persons living with Alzheimer's disease (Im)

Funded by: NIA (Grant# 1R21AG075247)

Co-I, 5%

Total Costs: \$430,375

Funding Period: 07/01/22 – 06/30/2024

Administrative Supplement to Using Design Thinking Approaches to Tailor a Dyadic Behavioral Sleep Intervention for Persons Living with Dementia and Their Caregivers (Brewster)

Funded by: NIA (Grant# K23AG070378-01A1)

PI, 0% effort

Total Costs: \$50,000

Funding Period: 09/01/2021 - 05/31/2026

Using Design Thinking Approaches to Tailor a Dyadic Behavioral Sleep Intervention for Persons Living with Dementia and Their Caregivers (Brewster)

Funded by: NIA (Grant# K23AG070378)

PI, 75% effort

Total Costs: \$961,130

Funding Period: 09/01/2021 - 05/31/2026

Goizueta Alzheimer's Disease Research Center at Emory University (Levey)

Funded by NIH/NIA (Grant# P30AG066511)

Co-I, 2.5%

Total Costs: \$3,042,536

Funding Period: 07/15/2020 - 04/30/2025

Administrative Supplement to Roybal Translational Research Center to Promote Dementia Family Caregiving Mastery: Mastering the Challenges of Dementia Family Caregiving in a Time of COVID-19: An Online Course (Clevenger/Perkins/Hepburn)

NIA (Grant# P30AG06400)

Co-I, 5% effort

Total Costs: \$75,000

Funding Period: 9/1/2020 - 08/31/2021, no-cost extension to 08/31/2022

Aging and Sleep 2020 (Gooneratne)

Funded by NIH/NIA (Grant# R13AG069597)

Co-I, 0%

Total Costs: \$49,250

Funding Period: 08/01/2020 - 07/31/2021

Testing Tele-Savvy, an On-line Psychoeducation Program for Informal Alzheimer's Caregivers (Hepburn/Griffiths)

Funded by NIH/NIA (Grant# R01AG054079)

Co-Investigator/Diversity Candidate, 75% effort  
Total Costs: \$329,082  
Funding Period: 08/01/2018 - 04/30/2020

Improving Dementia Caregiver Sleep and the Effect on Heart Diseases Biomarkers (Rowe)  
Funded by NIA (Grant# R01AG039495)  
NRSA Predoctoral Research Fellow  
Total Costs: \$160,851  
Funding Dates: 05/01/2012-12/30/2014

**Research Grants Funded by other Agencies**

Providing Sleep Education to Predominantly Black/African American Congregations  
American Association of Sleep Medicine Foundation  
PI, 2%  
Total Costs: \$50,000  
Funding Period: 01/01/2024 – 12/31/2025

Feasibility and Acceptability of a Virtual Savvy Caregiver Program in Jamaica  
Emory Global Health Institute Faculty Seed Grant  
Co-PI, 0%  
Total Costs: \$20,000  
Funding Period: 9/1/2021-12/31/2022, no-cost extension to 8/30/2023

Cognitive Behavioral Therapy for Insomnia for Dyads Living with Dementia  
Funded by Alzheimer's Association (Grant# 2019-AARDG-643440)  
PI, 5%  
Total Costs: \$150,000  
Funding Period: 01/2020-12/2022, no-cost extension to 4/30/2023

Developing a Tailored Behavioral Sleep Intervention for Persons Living with Cognitive Impairment and their Caregivers: A Qualitative Study (Brewster)  
Funded by NYU Langone (Grant# R25HL105444)  
PI  
Total Costs: \$18,000 (Subcontract)  
Funding Period: 11/01/2019 - 10/30/2020, No-cost extension to 12/31/2022

A Dyadic Approach for Managing Sleep Disturbances in Alzheimer's disease using Cognitive Behavioral Therapy for Insomnia (Brewster)  
Funded by Goizueta Alzheimer's Disease Research Center at Emory (Grant# P50AG025688)  
PI, 2.5% effort  
Total Costs: \$20,000  
Funding Period: 07/01/2019 - 6/30/2020

Training Program for Respiratory Neurobiology and Sleep (Pack)  
Funded by National Heart, Lung and Blood Institute (Grant# 5T32HL07713)  
Postdoctoral Fellow  
Total Costs \$87,036  
Funding Dates: 08/01/2015 - 07/30/2017

Sleep, Depressive Symptoms and Cognitive Function in Caregivers of Persons with Dementia  
Funded by National Hartford Center of Gerontological Nursing Excellence  
Predoctoral Scholar  
Total Costs: \$100,000  
Funding Dates: 06/2013-07/2015

Exploring Pain Symptoms in Caregivers of Persons with Dementia (Brewster)  
Funded by Mayday Fund  
Predoctoral Scholar  
Total Costs: \$4,000  
Funding Dates: 06/2013-07/2015

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**SCHOLARSHIP: PUBLICATIONS** (data-based denoted with \*, senior or first author with +, student or corresponding authors underlined)

**Peer-Reviewed Publications – Published**

1. Lyons, K. S., Russell, L. T., Bonds Johnson, K., **Brewster, G. S.**, Carter, J. H., & Miller, L. M. (2023). Evaluating the Dyadic Benefits of Early-Phase Behavioral Interventions: An Exemplar Using Data from Couples Living with Parkinson's Disease. *The Gerontologist*, gnad172. Advance online publication. <https://doi.org/10.1093/geront/gnad172>
2. Bonds Johnson, K., Higgins, M., Epps, F., **Brewster, G. S.**, Alexander, K., & Hepburn, K. (2024). Tele-Savvy Outcomes of Non-Hispanic Black American and White Caregivers. *The Gerontologist*, 64(1), gnad044. <https://doi.org/10.1093/geront/gnad044>
3. \*+**Brewster, G. S.**, Higgins, M., McPhillips, M. V., Bonds Johnson, K., Epps, F., Yeager, K. A., Bliwise, D. L., & Hepburn, K. (2023). The Effect of Tele-Savvy on Sleep Quality and Insomnia in Caregivers of Persons Living with Dementia. *Clinical interventions in aging*, 18, 2117–2127. <https://doi.org/10.2147/CIA.S425741>
4. +Clevenger, C.K., Schlenger, A., Gunter, D., **Glasgow, G.B.** (2023). Practical Recommendations for Cognitive Assessment in Primary Care. *The Nurse Practitioner Journal* <http://doi.org/10.1097/01.NPR.0000000000000067>
5. \*+**Brewster, G. S.**, Pierpaoli Parker, C., Epps, F., Bonds Johnson, K., & Yeager, K. A. (2023). Sleep Profiles of Caregivers for Persons Living with Dementia: A Qualitative Study. *Western journal of nursing research*, 45(8), 688–695. <https://doi.org/10.1177/01939459231175242>
6. +**Brewster, G. S.**, Wang, D., McPhillips, M. V., Epps, F., & Yang, I. (2022). Correlates of Sleep Disturbance Experienced by Informal Caregivers of Persons Living with Dementia: A Systematic Review. *Clinical Gerontologist*, 1-28. <https://doi.org/10.1080/07317115.2022.2139655>
7. \*McPhillips, M. V., Petrovsky, D. V., **Brewster, G. S.**, Li, J., Gooneratne, N. S., Hodgson, N. A., & Sefcik, J. S. (2022). Recruiting Persons with Dementia and Caregivers in a Clinical Trial: Dyads Perceptions. *West J Nurs Res*, 44(6), 557-566. <https://doi.org/10.1177/01939459211008563>
8. \*McPhillips, M. V., Li, J., Petrovsky, D. V., **Brewster, G. S.**, Ward, E. J., 3rd, Hodgson, N., & Gooneratne, N. S. (2022). Assisted Relaxation Therapy for Insomnia in Older Adults with Mild Cognitive Impairment: A Pilot Study. *Int J Aging Hum Dev*, 914150221132163. <https://doi.org/10.1177/00914150221132163>
9. \*Im, E. O., Kim, H. J., Kim, S. Y., Yau, Y. C., **Brewster, G. S.**, & Chee, W. (2022). Attitudes toward Alzheimer's disease and dementia caregiving and health outcomes: Racial and ethnic differences. *Geriatr Nurs*, 48, 289-295. <https://doi.org/10.1016/j.gerinurse.2022.10.018>
10. +**Brewster, G. S.**, Riegel, B., & Gehrman, P. R. (2022). Insomnia in the Older Adult. *Sleep medicine clinics*, 17(2), 233-239. <https://doi.org/10.1016/j.jsmc.2022.03.004>
11. \*Kovaleva, M., Nocera, J. R., Hepburn, K., Higgins, M., Nash, R., Epps, F., **Brewster, G.**, Bilsborough, E., Blumling, A. A., & Griffiths, P. C. (2022). Attention control in a trial of an online psychoeducational intervention for caregivers. *Research in Nursing & Health*, 10.1002/nur.22208. Advance online publication. <https://doi.org/10.1002/nur.22208>
12. \*Gore, J. E., **Brewster, G.**, Sainz, M., Ge, Y., Xie, J., James, T., & Epps, F. (2021). Using a multiple-case study design to explore the worship experiences of Black families affected by dementia. *Clinical Gerontologist*, 1–11. Advance online publication. <https://doi.org/10.1080/07317115.2021.2017378>
13. \*Butts, B., Alford, T., **Brewster, G.**, Carlson, N., Coleman, E., Davis, E., Ferranti, E., Kimble, L. P., Narapareddy, L., Wells, J., & Yang, I. (2021). Adaptation of metabolomics and microbiomic research

- protocols during the COVID-19 pandemic. *Nursing Research*, 10.1097/NNR.0000000000000574. Advance online publication. <https://doi.org/10.1097/NNR.0000000000000574>
14. Bonds Johnson, K., **Brewster, G. S.**, Cicero, E., Hepburn, K., Clevenger, C. K., Daniel, G., Pak, V., Paul, S., & Epps, F. (2021). Promoting caregiver mastery in Black American dementia caregivers. *The Gerontologist*, gnab147. Advance online publication. <https://doi.org/10.1093/geront/gnab147>
  15. \*+**Brewster, G.S.**, Molinari, V., McCrae, C. Beckstead, J., D'Aoust, R., & Rowe, M. (2021). Cognitive function and sleep in caregivers of persons living with dementia. *Western Journal of Nursing Research*. Advance online publication. <https://doi.org/10.1177/01939459211041163>
  16. \*McPhillips, M.V., Petrovsky, D.P., **Brewster, G.S.**, Li, J., Gooneratne, N.S., Hodgson, N.A., & Sefcik, J.S. (2021). Recruiting persons living with dementia and informal caregivers for a non-pharmacological clinical trial: Dyad's perceptions. *Western Journal of Nursing*. Advance online publication. <https://doi.org/10.1177/01939459211008563>
  17. \*Hepburn, K., Nocera, J., Higgins, M., Epps, F., **Brewster, G. S.**, Lindauer, A., Morhardt, D., Shah, R., Nash, R., & Griffiths, P. C. (2021). Results of a Randomized Trial Testing the Efficacy of Tele-Savvy, an Online Synchronous/Asynchronous Psychoeducation Program for Family Caregivers of Persons Living with Dementia. *The Gerontologist*. <https://doi.org/10.1093/geront/gnab029>
  18. \*Sun, J., McPhillips, M. V., Chen, K. C., Zang, Y., Li, J., Oehlke, J., **Brewster, G. S.**, & Gooneratne, N. S. (2021). Primary care provider evaluation and management of insomnia. *J Clin Sleep Med*. <https://doi.org/10.5664/jcsm.9154> 2.
  19. \*Epps, F., **Brewster, G.**, Phillips, J. S., Nash, R., Shah, R. C., & Hepburn, K. (2021). Using a Warm Hand-Off Approach to Enroll African American Caregivers in a Multi-Site Clinical Trial: The Handshake Protocol. *Journal of Applied Gerontology*, 733464821992920. <https://doi.org/10.1177/0733464821992920>
  20. \*Epps, F., Foster, K., Alexander, K., **Brewster, G.**, Chester M., Thornton, J., & Aycok, D. (2021). Perceptions and attitudes toward dementia in predominantly African American congregants. *Journal of Applied Gerontology*, 40(11), 1511–1516. <https://doi.org/10.1177/0733464820987350>
  21. Corwin, E., J., **Brewster, G.**, Dunbar, S., Wells, J., Hertzberg, V., Holstad, M., Song, M., & Jones, D. (2020). The Metabolic Underpinnings of Symptom Burden in Patients with Multiple Chronic Conditions. *Biological Research in Nursing*. 23(2), 270–279. <https://doi.org/10.1177/1099800420958196>
  22. **Brewster, G.S.**, Bonds, K., McLennon, S., Moss, K.O., Epps, F. & Palan Lopez, R. (2020). Missing the Mark: The Complexity of African American Dementia Family Caregiving. *Journal of Family Nursing*, 26(4):294-301. doi:[10.1177/1074840720945329](https://doi.org/10.1177/1074840720945329)
  23. \*Petrovsky, D.V., Hirschman, K.B., McPhillips, M.V., Sefcik, J.S., Hanlon, A.L., Huang, L., **Brewster, G.S.**, Hodgson, N.A. Naylor, M.D. (2020). Predictors of changes over time in subjective daytime sleepiness among older adult recipients of long-term services and supports. *International Psychogeriatrics*, 32(7), 849-861.
  24. \*Epps, F., Alexander, K., **Brewster, G.**, Parker, L., Chester, M., Tomlinson, A., Adkins, A., Zingg, S., Thornton, J. (2020). Promoting Dementia Awareness in African American Faith Communities. *Public Health Nursing*. doi:[10.1111/phn.12759](https://doi.org/10.1111/phn.12759)
  25. Wells J.S., Chandler, R., Dunn, A., & **Brewster, G.** The Vaginal Microbiome in U.S. Black Women: A Systematic Review. (2020). *Journal of Women's Health (Larchmt)*. 2020;10.1089/jwh.2019.7717. doi:[10.1089/jwh.2019.7717](https://doi.org/10.1089/jwh.2019.7717)
  26. \*Epps, F., Choe, J., Alexander, K., & **Brewster, G.** (2020). Designing Worship Services to Support African American Persons Living with Dementia. *Journal of Religion and Health*. doi:[10.1007/s10943-020-00993-x](https://doi.org/10.1007/s10943-020-00993-x). doi:[10.1007/s10943-020-00993-x](https://doi.org/10.1007/s10943-020-00993-x)
  27. \***Brewster, G. S.**, Epps, F., Dye, C. E., Hepburn, K., Higgins, M. K., & Parker, M. L. (2019). The Effect of the “Great Village” on Psychological Outcomes, Burden, and Mastery in African American Caregivers of Persons Living With Dementia. *Journal of Applied Gerontology*, 39(10), 1059–1068. <https://doi.org/10.1177/0733464819874574>
  28. +Nguyen, V., George, T., & **Brewster, G.S.** (2019). Insomnia in Older Adults. *Current Geriatric Reports*. <https://doi.org/10.1007/s13670-019-00300-x>

29. Epps, F., **Brewster, G.**, Alexander, K., Choe, J., Heidbreder, V., & Hepburn, K. (2019). Dementia-Friendly faith village worship services to support African American Families: Research protocol. *Research in Nursing and Health*, 42(3):189-197. doi: 10.1002/nur.21940.
30. **\*+Brewster, G.S.**, Hirschman, K., Riegel, B., Hanlon, A., Huang, L., Varrasse, M., Abbott, K., & Naylor, M. (2019). Association of Health-Related Quality of Life Domains with Daytime Sleepiness among Older Adult Recipients of Long-Term Services and Supports. *Geriatric Nursing*, 40(4), 417-423. doi:10.1016/j.gerinurse.2019.01.006
31. **Brewster, G.S.**, Riegel, B., & Gehrman, P. (2018). Insomnia and the Older Adult. *Sleep Medicine Clinics*, 13(1), 13-19. doi: <https://doi.org/10.1016/j.jsmc.2017.09.002>
32. **\*+Gehrman, P.**, Gooneratne, N.S., **Brewster, G.S.**, Richards, K. & Karlawish, J. (2018). Impact of Alzheimer disease patients' sleep disturbances on their caregivers. *Geriatric Nursing*, 39(1), 60-65. doi: <https://doi.org/10.1016/j.gerinurse.2017.06.003>
33. **\*Brownlow, J. A.**, Boland, E., Klingman, B., **Brewster, G.S.**, & Gehrman, P. (2017). Psychiatric disorders moderate the relationship between insomnia and cognitive problems in military soldiers. *Journal of Affective Disorders*, 221, 25-30. doi: <https://doi.org/10.1016/j.jad.2017.06.023>
34. Kolanowski, A., Boltz, M., Galik, E., Gitlin, L., Kales, H., Resnick, B., Van Haitsma, K., Knehans, A., Sutterlin, J., Sefcik, J., Liu, W., Petrovsky, D., Massimo, L., Gilmore-Bykovskyi, A., MacAndrew, M., **Brewster, G.**, Nalls, V., Jao, Y-L., Duffort, N., & Scerpella, D. (2017). Determinants of behavioral and psychological symptoms of dementia: A scoping review of the evidence. *Nursing Outlook*. 65(5), 515-529. doi: <https://doi.org/10.1016/j.outlook.2017.06.006>
35. **\*+Brewster, G. S.**, Peterson, L., Roker, R., Ellis, M. L., & Edwards, J. D. (2016). Depressive symptoms, cognition, and everyday function among community-residing older adults. *Journal of Aging and Health*, 29(3), 367-388. doi: 10.1177/0898264316635587
36. **Brewster, G. S.**, Varrasse, M., & Rowe, M. (2015). Sleep and cognition in community-dwelling older adults: A review of literature. *Healthcare (Basel)*, 3(4), 1243-1270. doi: 10.3390/healthcare3041243
37. **\*D'Aoust, R. F.**, **Brewster, G.**, & Rowe, M. A. (2014). Depression in informal caregivers of persons with dementia. *International Journal of Older People Nursing*, 10(1), 14-26. doi:10.1111/opn.12043

#### **Peer-Reviewed Publications – Submitted/Under review**

1. Epps, F., Donald, A., Kim, S.E., Gore, J., Sainz, M., Pierson, K., & **Brewster, G.S.** (Under review). Meaningful religious home activities for African American families affected by dementia. *Journal of Disability and Religion*.
2. McPhillips, M.V., Petrovsky, D.V. Lorenz, R., Lee, J., George, T., Smyth, A., Bubu, O.M, & **Brewster, G.S.** (Under Review). Treatment Modalities for Insomnia in Adults Aged 55 and Older: A Systematic Review. *Current Sleep Medicine Reports*.
3. Kimble, L., Khosroshahi, A., **Brewster, G.**, Dunbar, S., Ryan, D., Carlson, N., Eldridge, R., & Corwin, E. (Under Review). Associations Between TCA Cycle Plasma Metabolites and Fatigue in Black Females with Systemic Lupus Erythematosus: An Untargeted Metabolomics Pilot Study. *Lupus*

#### **Other Media** (Please label as book chapter, book review, research abstract, software, video, etc.)

1. Talk Show, RoundTable Talk: Episode 142, *Dementia in St. Vincent and the Grenadines*, Panelist, Available online <https://www.facebook.com/vincycultureconnectionchannel/videos/371069395324595>
2. Book Chapter: **Brewster, G.S.**, Sutherland, J., Gould, S., & Govia, I. Developing Dementia Resources for Caregivers of Persons Living with Dementia in English Speaking Caribbean Countries. In J. B. Hamilton and C. E. Moore (Eds.), *Transforming Social Determinants to Promote Global Health: Achieving Health Equity through Lived Experience*. Cham: Springer International Publishing. Forthcoming 2024.
3. Online article: Quoted in *Sleep & Aging: Why Healthy Rest Patterns Become Even More Important As You Get Older*. (March, 2023). <https://www.msn.com/en-us/health/wellness/sleep-and-aging-why-healthy-rest-patterns-become-even-more-important-as-you-get-older/ar-AA18ktMF>

4. Presenter, “Let’s Talk about Diabetes,” on the Virtual Health Forum, St. Vincent and the Grenadines Association of Georgia. Available online at <https://www.youtube.com/watch?v=v-EXJhWTaA8> (Invited Guest Speaker)
5. Podcast, “Sleep Challenges While Living with Dementia” on Dementia Action Alliance podcast. Available online at <https://www.youtube.com/watch?v=wpY6i4g5Q9s> (Invited Guest Speaker)
6. (November 2022) Podcast, “The Importance of Sleep” on the House of Hope podcast. Available online at <https://www.youtube.com/watch?v=wXSQI8wxQcY> (Invited Guest Speaker)
7. Online article: *In Search of Quality Sleep*. (March 31, 2022). Available online <https://generations.asaging.org/search-quaity-sleep>
8. Video: “Turning Back the Clock: The Effects of Daylight Savings Time on Dementia Patients and their Caregivers.” <https://fb.watch/4KVSCj7iI9/> (Invited Guest Speaker)
9. Online article: Quoted in *Insomnia becomes more prevalent as we age: Here's how to get ahead of it.* <https://www.mindbodygreen.com/articles/sleep-disorder-that-becomes-more-common-as-we-get-older>
10. Podcast: “With Knowledge Comes Strength” on Shifting Perspectives podcast. Available online <https://www.yolanderobinson.com/episode11.html>
11. Online article: “Local Doctor Offers Valuable Opportunity for Help and Intervention with Alzheimer’s Disease” (June, 2020). Available online <https://alzga.blog/2020/06/07/local-doctor-offers-valuable-opportunity-for-help-and-intervention-with-alzheimers-disease/>
12. Video: “The real faces of careers in aging with Glenna Brewster.” Available online [https://gsaonaging.podbean.com/e/the-real-faces-of-careers-in-aging-with-glenna-brewster?fbclid=IwAR0y4IIQD5NVZy9inqxzNq6TtfDRCznwQsXtZ\\_ztpjNcbOUWcSKKrNSOXsA](https://gsaonaging.podbean.com/e/the-real-faces-of-careers-in-aging-with-glenna-brewster?fbclid=IwAR0y4IIQD5NVZy9inqxzNq6TtfDRCznwQsXtZ_ztpjNcbOUWcSKKrNSOXsA)
13. Newsletter article: **Brewster, G.** & Volpe, D. (August, 2015). How to succeed as tenured and non-tenured faculty. *Gerontology News*, 7.
14. Newsletter Article: **Brewster, G.** (June, 2015). Presenting dynamic posters. *Gerontology News*. 7.
15. Newsletter Article: **Brewster, G.** (May, 2015). Negotiation Strategies for the emerging scholar. *Gerontology News*, 7.
16. Newsletter Article: McDoom M.M. & **Brewster, G.** (April, 2015). Funding mechanisms for early researchers. *Gerontology News*, 7.
17. News Article: Moss, K. & **Brewster, G.** (February, 2015). Preparing for a post-doctoral position. *Gerontology News*, 7.
18. News Article: Palmer, J.A. & **Brewster, G.** (August, 2013). You, too, can review. *Gerontology News*, 6.

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**SCHOLARSHIP: PRESENTATIONS** (invited presentations denoted with #, podium presentations denoted with ^)

**International Presentations** (if conference is run by an international organization)

1. Song, Y., Li, B., Luo, D., **Brewster Glasgow, G.S.**, Phillips, B. G., Ke, Y., & WenZhan Song Real-time Continuous Blood Pressure Estimation with Contact-free Bedseismogram, IEEE International Conference on Communications, 2024.
2. #^**Brewster, G.S.**, Promoting Caregiver Mastery in Black Caregivers of Persons Living with Dementia. Invited podium presentation at the Alzheimer Association International Conference, Amsterdam, Netherlands, 2023.
3. **Brewster, G.S.**, Houser, M., Yang, I., Wells, J., & Carlson, N. Metabolic pathways associated with multi-morbidity among Black caregivers of persons living with dementia. Poster presented at the Alzheimer Association International Conference, Amsterdam, Netherlands, 2023.
4. ^**Brewster, G.S.**, How caregivers of persons living with dementia define and identify factors contributing to good and poor sleep. Podium presentation at Sigma International Congress, Abu Dhabi, United Arab Emirates, 2023.
5. Yau, R., Kim, G., Chee, W., **Brewster, G.**, & Im, E. O. Attitudes toward Alzheimer’s Disease and Menopausal Symptoms Among Family Caregivers from Four Racial/Ethnic Groups of Midlife Women.



Poster presented at the 7th International Nursing Research Conference of World Academy of Nursing Science (7th WANS), Taipei, Taiwan, 2022.

6. Kimble, L.P., Khosroshahi, A., **Brewster, G.**, Eldridge, R., Carlson, N., & Corwin, E. Associations Between Tricarboxylic Acid Cycle Plasma Metabolites and Fatigue Phenotypes in Black Females with SLE: An Untargeted Metabolomics Analysis. Poster presented virtually at the American College of Rheumatology, 2021.
7. Kimble, L.P., Khosroshahi, A., **Brewster, G.**, Eldridge, R., Carlson, N., & Corwin, E. Metabolomic profiling and symptom burden in Black women with systemic lupus erythematosus. Poster presented virtually at the European League against Rheumatism (EULAR) Scientific Sessions, Paris, France, 2021.
8. Bonds, K., Griffiths, P., Higgins, M., Nocera, J. R., Epps, F., **Brewster, G. S.**, & Hepburn, K. (2020). Comparison of baseline characteristics of African American/Black and non-Hispanic White family caregivers in Tele-savvy, an online psychoeducation program. Poster presented virtually at the Alzheimer's Association International Conference, 2020.
9. #**Brewster, G.S.**, Associations of health-related quality of life domains with daytime sleepiness among older adult recipients of long-term services and supports. Presented at International Association of Sleep Research in Gerontology Aging and Sleep 2020 International Virtual Meeting, 2020.
10. **Brewster, G.S.**, Yeager, K., Bliwise, D., Higgins, M., & Hepburn, K. Examining the effect of a Randomized Trial of Tele-Savvy, an Online Psychoeducation Program, on Insomnia and Sleep Quality. Presented at the Alzheimer's Association International Conference, Virtual, 2020.
11. **Brewster, G.S.**, Zhao, L., Verble, D.D., Pak, H., & Wharton, W. Sleep Duration, Nighttime Dipping Patterns and Cognitive Function in Adult Children with a Parental History of Alzheimer's Disease. Presented at the Alzheimer's Association International Conference, Los Angeles, CA, 2019.
12. #**Brewster, G.**, Beckstead, J., & Rowe, M. Sleep, depressive symptoms and cognition: Exploring the associations in caregivers of persons with dementia. Presented at the International Association of Gerontology and Geriatrics inaugural Global Social Initiative on Ageing Masterclass, Dublin, Ireland, 2015.
13. Rowe, M., Groer, M., Greenblum, C, Beckstead, J., Bowen, M., & **Brewster, G.** Caregiver sleep, depression, and stress: Impact on immune, endocrine and inflammatory biomarkers. Presented at the Alzheimer's Association International Conference, Vancouver, British Columbia, Canada, 2012.

**National Presentations (if conference is run by a national organization)**

1. **Brewster, G.S.** (2023). Delivering and Evaluating a Virtual Behavioral Sleep Intervention for Persons Living with Cognitive Impairment and their Care Partners. Symposium. Gerontological Society of American 2023 Annual Scientific Meeting. Tampa, FL.
2. **Brewster, G.S.** (2023). Building Bridges to Conduct Research with Families Living With Cognitive Impairment in the US and the Caribbean. Symposium. Gerontological Society of American 2023 Annual Scientific Meeting. Tampa, FL.
3. Epps, F., Chester, M., Gore, J., **Brewster, G.S.**, Sainz, M., Frazier, R., Monroe, S., Biggar, V. (2023). Paper. Faith in Action Brain Health Program: Addressing Brain Health Equity Gaps in the Black Community. Paper. Gerontological Society of American 2023 Annual Scientific Meeting. Tampa, FL.
4. Clevenger, C.K., Epps, F., Higgins, M.K., **Brewster, G.S.**, Raina, K.R., Hepburn, K. (2023). Results of an online caregiver during crisis course. Poster presentation at the Gerontological Society of America Annual Meeting, Tampa, FL.
5. **Brewster, G.S.**, Testing a Dyadic Sleep Intervention for Persons Living with Cognitive Impairment and Their Care Partners. Presented at the annual scientific meeting of the Gerontological Society of America, Indianapolis, IN, 2022.
6. **Brewster, G.S.**, Conducting a dyadic intervention for persons living with cognitive impairment and their care partners: Preliminary findings and lessons learned. Presented as part of the symposium "Evaluation and Management of Sleep and Circadian Rhythm Disturbances to Improve Symptoms of Alzheimer's Disease and Other Dementias" at the annual scientific meeting of the Associated Professional Sleep Societies, Charlotte, NC, 2022.

7. ^**Brewster, G.S.**, Pierpaoli, C., Epps, F., Bonds, K., & Yeager, K. Sleep phenotypes of caregivers of persons living with dementia. Presented at the annual scientific meeting of the Gerontological Society of America, Virtual, 2021.
8. **Brewster, G.S.**, Bliwise, D., Higgins, M., & Yeager, K. Sex-specific predictors of insomnia and sleep quality in caregivers of persons living with dementia. Presented at the annual scientific meeting of the Gerontological Society of America, Virtual, 2021.
9. ^Bonds Johnson, K., Epps, F, **Brewster, G. S.**, Clevenger, C. K., Daniel, G., Pak, V., Paul, S., & Hepburn, K. Promoting caregiver mastery in Black American dementia caregivers. Presented at the annual scientific meeting of the Gerontological Society of America, Virtual, 2021.
10. ^Epps, F, Gore, J.E., Sainz, M. & **Brewster, G.S.** Worship experiences of Black families at dementia-friendly churches: A multiple-case study design. Presented at the annual scientific meeting of the Gerontological Society of America, Virtual, 2021.
11. ^Sefcik, J.S., Petrovsky, D.P., **Brewster, G.S.**, Li, J., Gooneratne, N.S., Hodgson, N.A., & McPhillips, M.V. Dyad's perceptions: Recruiting persons living with dementia and informal caregivers for a non-pharmacological clinical trial. Presented at the annual scientific meeting of the Gerontological Society of America, Virtual, 2021.
12. ^McPhillips, M.V., Li, J., Sefcik, J.S., Petrovsky, D.P., **Brewster, G.S.**, Hodgson, N.A., & Gooneratne, N.S. Variation in payment allocation to persons living with cognitive impairment and study partners. Presented at the annual scientific meeting of the Gerontological Society of America, Virtual, 2021.
13. ^**Brewster, G.S.** Depression, fatigue, anxiety, and health-related quality of life among black family caregivers of persons living with dementia. Presented at the annual scientific meeting of the Gerontological Society of America, Virtual, 2020.
14. ^**Brewster, G.S.**, Bliwise, D., Epps, F., Yeager, K., & Hepburn, K. Dyadic factors that associate with insomnia in caregivers of persons living with dementia. Presented at the annual scientific meeting of the Gerontological Society of America, Austin, TX, 2019.
15. ^**Brewster, G.S.**, Epps, F., Nash, R., Griffiths, P., Phillips, J., Nocera, J., Shah, R., & Hepburn, K. Recruiting family caregivers of persons living with dementia for participation in an online intervention. Presented at the annual scientific meeting of the Gerontological Society of America, Austin, TX, 2019.
16. ^Moss, K.O, Wright, K, **Brewster, G.S**, Rose, K, Wills, C.E., & Monroe, T. Recruitment of family caregivers of African American older adults with dementia. Presented at the annual scientific meeting of the Gerontological Society of America, Austin, TX, 2019.
17. ^Petrovsky, D.V., Hirschman, K. B., **Brewster, G.S.**, Hanlon, A. L., Huang, L., Varrasse McPhillips, M., Hodgson, N. A., & Naylor, M. D. Changes over time in daytime sleepiness among older adults receiving long-term services and supports. Presented at the annual scientific meeting of the Gerontological Society of America, Austin, TX, 2019.
18. Ottmar, H., Houston, A., Harfmann, E., Olzmann, A., & **Brewster, G.** Relationships between informal caregivers' marital satisfaction, burden, and caregiving stress. Presented at the annual scientific meeting of the Gerontological Society of America, Austin, TX, 2019.
19. **Brewster, G.**, Beckstead, J., & Rowe, M. Is sleep associated with cognitive performance in caregivers of persons with dementia? Presented at the Annual Meeting of the Associated Professional Sleep Societies, Denver Colorado, 2019.
20. **Brewster, G.**, Epps, F., Dye, C., Hepburn, K., Higgins, M., Bliwise, D., & Parker, M. Sleep Quality in African American Caregivers of Persons living with Dementia: Are there differences among improvers vs. non-improvers after an intervention? Presented at the annual scientific meeting of the Gerontological Society of America, Boston, MA, 2018.
21. #^**Brewster, G.**, Hirschman, K., Riegel, B., Hanlon, A., Huang, L., Varrasse, M., Abbott, K., & Naylor, M. Daytime sleepiness in older adults new to long-term services and supports. Presented at the RESQCARE Interest Group Meeting at the annual scientific meeting of the Gerontological Society of America, New Orleans, LA, 2016.

22. ^**Brewster, G.**, Hirschman, K., Riegel, B., Hanlon, A., Huang, L., Varrasse, M., Abbott, K., & Naylor, M. Determinants of daytime sleepiness in older adults new to long-term services and supports. Presented at the annual scientific meeting of the Gerontological Society of America, New Orleans, LA, 2016.
23. ^**Brewster, G.** & Rowe, M. Technology in the home of caregivers of persons with dementia. Presented at the annual scientific meeting of the Gerontological Society of America, Orlando, FL, 2015.
24. Farias, J., **Brewster, G.**, Rowe, M., Reinhardt, E., Brown, L., Schonfeld, L., Duval, C., & Arnold, S. Analysis of alert programs for missing persons with dementia. Presented at the annual scientific meeting of the Gerontological Society of America, New Orleans, LA, 2013.
25. Groer, M. W., Rowe, M., Lehman, B., & **Brewster, G.** Lower morning cortisol is associated with depression, stress, and lower IL-10 in dementia caregivers. Presented at the annual meeting of the PsychoNeuroImmunology Research Society, San Diego, CA, 2013.
26. **Brewster, G.**, Beckstead, J., Rowe, M., Williams, C., Tappen, R., Engstrom, G., & Ouslander. Ethnicity and measurement invariance of the Center for Epidemiological Studies Depression Scale. Presented at the annual scientific meeting of the Gerontological Society of America, Orlando, FL, 2015.
27. **Brewster, G.**, Peterson, L., Roker, R., Ellis, M.L. & Edwards, J. Depressive symptoms are associated with cognitive impairment but not everyday function in older adults. Presented at the annual scientific meeting of the Gerontological Society of America, Washington D.C., 2014.
28. Rowe, M., Farias, J., **Brewster, G.**, McCrae, C., Roth, A., Kairalla, J. Is the sleep in dementia caregivers due to undiagnosed sleep apnea? Presented at the annual meeting of the Associated Professional Sleep Societies, Minneapolis, MN, 2014.
29. Roker, R., Ellis, M.L., **Brewster, G.**, Parks, S., Rose, N., & Brown, L.M. Implementing service-learning in a graduate level gerontology course. Presented at the annual meeting of the Association for Higher Education, St. Petersburg, FL, 2013.

**State/Regional Presentations (if conference is run by a stat/regional organization)**

1. **Brewster, G.S.**, Pelkmans, J., & Yang, I. Exploring Factors Related to Cognition among Black Caregivers of Persons Living with Dementia or Cancer. Presented at the annual scientific meeting of the Southern Nursing Research Society, Orlando, FL, 2023
2. Wang, D., Yang, I., McPhillips, M.V., **Brewster, G.** Sleep disturbances of family caregivers of persons living with Alzheimer's disease and related dementias: A systematic review. Midwest Nursing Research Society, Virtual Student Poster Presentation, 2021.
3. Butts B., Narapareddy, L., **Brewster, G.**, Wells, J., Kimble, L., Ferranti, E., Carlson, N., & Yang, I. Developing a Remote Clinical Research Protocol: Lessons Learned in the Age of COVID-19. Southern Nursing Research Society Virtual meeting, 2021.
4. #^**Brewster, G.S.** A randomized control trial examining the effect of Tele-Savvy, an online psychoeducation program, on insomnia and sleep quality in caregivers of persons living with dementia. Presented at the 2<sup>nd</sup> annual Emory University Sleep Symposium, Atlanta, GA, 2020.
5. Nguyen, N., & **Brewster, G.** Evaluating interventions for sleep in caregivers of persons living with dementia. Presented at the annual conference of the Southern Gerontological Society, Miramar Beach, Florida, 2019.
6. #^**Brewster, G.**, & Epps, F. Become a Research Rockstar: Your guide to successful dissertation and research career. Presented at the Southern Research Nursing Society annual research preconference, Atlanta, Georgia, 2018.
7. Varrasse McPhillips, M., Ji, X., Riegel, B., **Brewster, G.** Sleep quality in caregivers of persons with chronic illness. Presented at the Eastern Research Nursing Society annual research conference, Newark, New Jersey, 2018.
8. **Brewster, G.S.**, Wharton, W., Hepburn, K., & Corwin, E. Theoretical and conceptual underpinnings for examining multiple chronic conditions in caregivers of persons with dementia. Presented at the Southern Research Nursing Society annual research conference, Atlanta, Georgia, 2018.
9. Jao, Y.L., Parajuli, J., Sefcik, J. S., Liu, W., Petrovsky, D. V., Massimo, L., Gilmore-Bykovskiy, A., MacAndrew, M., **Brewster, G.**, & Kolanowski, A. Determinants of Behavioral and Psychological

Symptoms of Dementia: A Scoping Review. Presented at the Eastern Nursing Research Society 30th annual research conference, Newark, New Jersey, 2018.

10. **Brewster, G.S.**, Gehrman, P., Gooneratne, N.S., Richards, K. & Karlawish, J. Impact of sleep disturbances in Alzheimer's disease care-recipients on their caregivers. Presented at the University of Pennsylvania School of Medicine Center for Sleep and Circadian Neurobiology annual sleep retreat, Philadelphia, PA, 2017.
11. **Brewster, G.**, Hirschman, K., Riegel, B., Hanlon, A., Huang, L., Varrasse, M., Abbott, K., & Naylor, M. Predictors of daytime sleepiness in older adults new to long-term services and supports. Presented at the University of Pennsylvania Institute on Aging Sylvan M. Cohen annual retreat, Philadelphia, PA, 2016.
12. **Brewster, G.**, Peterson, L., Roker, R., Ellis, M.L. & Edwards, J. Depressive symptoms are associated with cognitive impairment but not everyday function in older adults. Presented at the University of South Florida Health research day, Tampa, FL, 2015.
13. **Rowe, M.**, & **Brewster, G.** Health and coping issues for older caregivers. Presented at the 16<sup>th</sup> annual University of South Florida Geriatric Institute, Tampa, FL, 2014.
14. **Groer, M. W.**, Rowe, M., Lehman, B., & **Brewster, G.** Lower morning cortisol is associated with depression, stress, and lower IL-10 in dementia caregivers. Presented at the annual conference of the Sarasota Memorial Hospital, Sarasota, FL, 2013.

#### **Other Invited Presentations**

1. Sleep: Is it that Important? DeKalb County Office of Aging, Atlanta Senior Center, 2023.
2. Let's Talk about Sleep, DeKalb County Library Northlake Branch, 2023.
3. Understanding Dementia. Lowmans Windward Seventh Day Adventist Church, Virtual presentation, 2023.
4. Sleep as Self-Care: What can caregivers do and how dyads can help each other get better sleep? Dementia Detection and Caregiving Challenges in the Black and African American Communities, Virtual Alzheimer's Dementia Detection Mini-Conference, University of North Dakota School of Medicine and Health Sciences, 2023.
5. The Science Behind the Sleep-Health Connection. Health Nurse New Jersey Guest Speaker Series, 2023.
6. Understanding Dementia in the African American Community, Big Miller Grove Missionary Baptist Church, Lithonia, GA, 2023.
7. Caregiving, Dekalb County School District, Dekalb, GA, 2023.
8. Let's Talk about Sleep, Lou Walker Caregiver Support Group, Lithonia, GA, 2023.
9. Sleep in Persons Living with Dementia and their Caregivers, HC3D, Inc, Alzheimer's Triple E Summit, New Orleans, LA, 2022.
10. Let's Talk about Sleep, Michigan Assisted Living Association, Northville, MI, 2022.
11. Surviving Your New Academic Position: Career Planning and Negotiations, RWJF Future of Nursing Scholars Final Convening, Naples, FL, 2022.
12. Sleep in Caregivers, Caribbean College of Family Physicians, Jamaica, 2021.
13. Session Presenter, Memories, Delta Sigma Theta Inc., Dekalb-Lithonia Chapter, 2021 & 2022.
14. Let's Talk about Sleep, Cognitive Empowerment Program, Goizueta Alzheimer's Disease Research Center, Atlanta GA, 2021, 2022 & 2023.
15. Introduction to Alzheimer's Disease, Alzheimer's Association & Clayton County Senior Services Community Forum, Atlanta, GA, 2021.
16. Caregiving, Covid19, Mental Health and Race, Emory University Research Journal, Emory University, Atlanta, GA, 2020.
17. Discussing Dementia, Robinson AME Church, Montreal, Quebec, Canada, 2020.
18. Dementia: What is it? Seventh Day Adventist Church, St. Vincent and the Grenadines, 2020.
19. Zoom Panelist, How to Recruit Subjects into Human Trials: Recruiting, Enrolling and Conducting Research Virtually, Emory CTSA BlueSky Group, Atlanta GA, 2020.

20. Zoom Panelist, Disparities with Alzheimer's, University of Alabama at Birmingham, Birmingham, AL, 2020.
21. Integrating Dementia Research into my Journey, St. Vincent and the Grenadines Association of Florida, Fort Lauderdale, FL, 2019.
22. Sleep Disturbances in Caregivers of Persons with Dementia: What Do We Know and What Can We Do? Geriatrics and Gerontology Research Seminar, Emory University, Atlanta, GA, 2018.
23. How did I get here? Robert Wood Johnson undergraduate students, University of South Florida, Tampa, FL, 2012.
24. Speaker on behalf of scholarship recipients during a faculty and staff appreciation luncheon, University of South Florida, Tampa, FL, 2011.
25. Speaker on behalf of the graduate scholarship recipients during a College of Nursing luncheon, University of South Florida, Tampa, FL, 2010.
26. Preparation is Necessary for Success, Park Hill Government School Graduation, Park Hill, St. Vincent and the Grenadines, 2009.

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## **TEACHING ACTIVITIES**

### **Courses Taught**

#### **Emory University, Nell Hodgson Woodruff School of Nursing**

Fall, 2021	NRSNG 589-1 Innovative Leadership in Health-Care Delivery	Seminar Leader
Spring, 2021	NRSNG 371-100 Evidence Based Nursing Practice	Seminar Leader
Spring, 2021	NRSNG 505-400 Research and Evidence Based Practice	Seminar Leader
Fall, 2020	NRSNG 589-1 Innovative Leadership in Health-Care Delivery	Seminar Leader
Fall, 2019	NRSNG 322-100 Health Promotion and Wellness, Middle and Old Age	Guest Lecturer
Fall, 2018	NRSNG 322-100 Health Promotion and Wellness, Middle and Old Age	Guest Lecturer
Fall, 2018	NRSNG 575: Basics in Geriatrics (BIG 10): Caring for Patients and Families	Guest Lecturer
Summer, 2018	NRSNG 432-1 Ambulatory Care	Clinical Instructor
Summer, 2018	NRSNG 315-1&2 Population Health: Community & Public Health Nursing	Clinical Instructor
Spring, 2018	NRSNG 304-001 Health Assessment: Human Form & Function	Course Coordinator
Spring, 2018	NRSNG 202-2 Human Anatomy & Physiology, II	Course Coordinator
Fall, 2017	NRSNG 201-2 Human Anatomy & Physiology I	Course Coordinator

#### **University of Pennsylvania, School of Nursing**

Fall, 2016	Cardiovascular and Peripheral Vascular System	Guest Lecturer
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#### **University of South Florida**

Spring, 2014	Coping with Caregiving, College of Nursing	Guest Lecturer
Spring, 2014	Cognitive Function in Aging, School of Aging Studies	Guest Lecturer
Fall, 2010	Cardiovascular System, College of Nursing	Guest Lecturer

#### **Doctor of Philosophy Nursing Advisement**

Fall, 2019 -	Tessy George, Augusta University	Committee Member
Fall, 2022	Title: The Relationship of Dementia Caregivers' Sleep and Caregiving Duration on Quality of Life	

#### **Other Advisement**

Fall 2023 -	Klaudia Molo, Emory University, SON	Undergraduate Honors Thesis Honors
	Project: Examining how caregiving impacts	Mentor

Fall 2023 -	and psychological sleep outcomes for sandwich generation caregivers and their children Christopher Herring, Emory University, SON PhD Committee Member Title: Promoting Wellness in Caregivers of Older Adults with Chronic Diseases: A Psychoeducational and Exercise Intervention Study	
Spring, 2023	Auldric Donald, Emory University, SON Honors Project: Meaningful Faith-based Home Activities for African American Families Affected by Dementia	Undergraduate Honors Thesis Reader
July, 2022 - July, 2023	Jiwon Lee, PhD, RN, MPH, Assistant Professor, School of Nursing Byrdine F. Lewis College of Nursing and Health Professions, Georgia State University	Program to Increase Diversity in Behavioral Medicine and Sleep Disorders Research
July 2022- July 2023	Tayla Von Ash, ScD, Assistant Professor Of Behavioral and Social Sciences, Center Health Promotion and Health Equity Brown University School of Public Health	Program to Increase Diversity in Behavioral Medicine and Sleep Disorders Research
Summer, 2020 Summer, 2021	Dingue Wang, Emory University SON Honors Project: Sleep disturbances of family Caregivers of persons living with Alzheimer's Disease and related dementias: A systematic Review	Undergraduate Honors Thesis Co-Mentor

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## PROFESSIONAL AND UNIVERSITY SERVICE ACTIVITIES

### Membership in Professional Organizations

2023	Southern Gerontological Society	Board Member
2022-	National Hartford Center of Gerontological Nursing Excellence	President
2021-22	National Hartford Center of Gerontological Nursing Excellence	President-Elect
2021-23	Southern Nursing Research Society	Abstract Reviewer
2020-21	Annual Meeting Planning Committee National Hartford Center of Gerontological Nursing Excellence	Member
2020-21	International RIG Representative on Membership Committee National Hartford Center of Gerontological Nursing Excellence	Member
2020	Aging and Sleep 2020 International Virtual Meeting Planning Committee-International Association of Sleep Research in Gerontology	Member
2019	LexisNexis Risk Solutions Black History Month Alzheimer's Association, Atlanta Chapter	Panelist
2018-	Southern Nursing Research Society	Member
2018	Southern Nursing Research Society	Abstract Reviewer
2018-20	National Hartford Center of Gerontological Nursing Excellence	Elected Board Member
2018-19	Southern Nursing Research Society, Annual Meeting Planning Committee	Member

2018-	Alzheimer's Association, Atlanta Chapter	Community Educator
2018-21	Gerontological Society of America	Abstract Reviewer
2017-	Southern Gerontological Society	Member
2017-	American Nurses Association	Member
2017-20	Nursing Care of Older Adults Interest Group	Co-Convener
	Gerontological Society of America	
2017	Age Friendly, Health Systems Medication Workgroup	Member
	Institute for Healthcare Improvement	
2016-	American Academy of Sleep Medicine	Member
2016-23	Gerontological Society of America	Abstract Reviewer
2015-16	Southern Nursing Research Society	Member
2014-15	Emerging Scholars and Professional Organization	Secretary
	Gerontological Society of America	
2013-15	Sigma Phi Omega-Upsilon Chapter	Member
2013-14	American Psychological Association	Member
2013	National Hartford Center of Gerontological Nursing Excellence	Member
2012-18	Emerging Scholars and Professional Organization	Member
	Gerontological Society of America	
2012-13	American Nurses Association	Member
2012-13	Florida Nurses Association	Member
2012-13	Society of Behavioral Sleep Medicine	Member
2012-13	Emerging Scholars and Professional Organization	Member
	Newsletter Committee, Gerontological Society of America	
2010-12	Sigma Theta Tau-Delta Omega at-Large Chapter	Secretary
2010-12	Mentoring Committee	Member
	Sigma Theta Tau-Delta Omega at-Large Chapter	
2009-15	Sigma Theta Tau-Delta Omega at-Large Chapter	Member
2009-11	Research Committee	Member
	Sigma Theta Tau-Delta Omega at-Large Chapter	
2009-11	Phi Kappa Phi	Member
2009-10	Golden Key National Honors Society	Member
2005-08	Phi Theta Kappa, Omega Phi Chapter	Member
2005-07	Phi Theta Kappa, Omega Phi Chapter	Internal/External VP

### **Editorships and Editorial Boards**

2023	Current Nursing Reports	Section Editor
2021	Gerontology and Geriatric Medicine	Editorial Board Member

### **Manuscript Reviewer**

2022-	Advances in Nursing Research	Reviewer
2021-	Journal of Psychiatric and Mental Health Nursing	Reviewer
2021-	Western Journal of Nursing Research	Reviewer
2021-	Dementia: the International Journal of Social Research and Practice	Reviewer
2020-	Journal of Immigrant and Minority Health	Reviewer
2020-	Journal of Applied Gerontology	Reviewer
2018-	Journal of Clinical Sleep Medicine	Reviewer
2018-	African Health Sciences	Reviewer
2017-	Sleep Medicine	Reviewer
2017-	Journal of Aging and Health	Reviewer

2016-	International Journal of Neuroscience	Reviewer
2014-	Geriatric Nursing	Reviewer

### **National and International Scientific Review**

2023	Center for Scientific Review (ZRG1 BP-C (10) B SBIR/STTR SEP)	Grant Reviewer
2022	National Institute on Aging (LCBH, Adhoc)	Grant Reviewer
2020-21,23	Alzheimer's Association	International Grant Reviewer
2021	National Heart, Lung, and Blood Institute (MTI, Adhoc)	Grant Reviewer
2021	National Institute of Diabetes and Digestive and Kidney Diseases eCare COVID-19 Plan Project, Post-Acute Sequelae of SARS-CoV-2 Infection and Caregiver Technical Expert Panel	Member
2023-2027	Data and Safety Monitoring Board: 1R01AG075007-01A1 (MPI : Jean-Louis & Sexias)	Chair

### **Emory University Service**

2022-23	MLK Day Planning Committee	Member
2018-19	EmoryUP Educational Equity and Access Committee	Member

### **Nell Hodgson Woodruff School of Nursing Service**

2021	Scholar's Day Planning Committee	Member
2020-22	Awards Committee	Member
2020-21	Hidden Figures Committee	Member
2020-21	Graduate PhD Faculty Committee	Member
2019-20	Research Committee	Member
2018-19	Development Advisory Committee	Member
2018-19	Charter Chapter for Emory Black Nurses Association	Faculty Mentor for Secretary

### **Other Community Service**

2023-	St. Vincent and the Grenadines Alzheimer's Disease and Dementia Association	Founder/VP
2022-	Outreach and Community Engagement St. Vincent and the Grenadines Association of GA	Founder/VP

### **Prior Service**

#### **University of Pennsylvania**

2016	Planning for post-doctoral opportunities: Considerations for faculty and doctoral students	Panelist
2016	The Mentor-Mentee Relationship	Panelist
2016	Martin Luther King Jr. Day of service	Volunteer
2015-2016	Biomedical Postdoctoral Research Symposium planning committee	Co-Chair

#### **University of South Florida**

2015	White House Conference on Aging	Volunteer
2013-2015	Volunteer during graduate school events like Week of Welcome, Graduations, and Orientations	Graduate Student Ambassador



	Experiences of International Students at USF	Panelist
2014	Senior Prom	Volunteer
2013	Blue Foundation Statewide Nursing Summit	World Café Scribe
2012-2014	Doctoral Nursing Students Organization	President
2014	Academic Grievance Committee	Student Representative
2014	Race 4 Her Life	Volunteer
2013	Programs Goals Task Force	Student Representative
2013-2014	Doctoral Committee	Student Representative
2013-2015	Alzheimer's Family Organization Pasco Challenge	Volunteer
2012	Deliver teddy bears to children at a local hospital	Volunteer
2012	Evaluate essays of persons applying to the undergraduate nursing program	Volunteer
2012	Eldernet, Tampa Bay Crisis Center	Volunteer
2010-2013	Brain Expansions Scholastic Training	Mentor
2009	Chamberlain High School, Great America Teach-In	Volunteer

### **Broward Community College**

2005-2006	Endowed Teaching Award Committee	Student Representative
2004-2007	International Club	Secretary

### **Georgetown Secondary School**

2001-2003	Scout Leader	Volunteer
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