GREEN CLEANING

Action Plan

- For routine household cleaning of dust and grime: avoid products like bleach and choose safer cleaning products with the EPA “Safer Choice” Label.

- While cleaning, open windows and turn on a fan to increase airflow. Wear gloves to protect your skin.

- Keep all cleaning products away from children and pets. It may be helpful to have these stored in a locked cabinet or closet to prevent exposure.

- Avoid the use of chemical air fresheners. Instead, keep your home well-ventilated. Use a box of baking soda to absorb odors.

- Avoid mixing cleaning products together as this can create harmful gases.

RESOURCES

To learn more about safer cleaning practices and alternatives to traditional chemical cleaners, please visit the EPA’s website at https://www.epa.gov/saferchoice.

If you would like to speak about your concerns regarding the use of safer cleaning products with a healthcare professional, please call (toll free): 1.877.337.3478 to speak with a member of the Pediatric Environmental Health Specialty Unit at Emory University.

For more information regarding environmental health risk factors like cleaning products, please visit pehsu.net.