# ANN E. ROGERS, PhD, RN, FAAN

Professor

Nell Hodgson Woodruff School of Nursing Emory University Tel: (404) 727-5122

Email: ann.e.rogers@emory.edu

### **EDUCATION**

Dates	Degree	Institution	Major
1986	PhD	Northwestern University, Evanston, IL	Teaching/Learning Processes
1980	MS	University of Missouri, Columbia, MO	Nursing
1975	BSN	University of Iowa, Iowa City, IA	Nursing

### LICENSES

2010 - Present Registered Nurse, GA

### **CERTIFICATIONS**

1987 - Present Diplomate, American Academy of Sleep Medicine

## HONORS AND AWARDS

2018	Recipient of the 2018 University of Iowa College of Nursing Distinguished Alumni Award
2017-2018	One of 16 faculty members from 7 different Atlanta area universities selected to participate in
	Emory University's Academic Leadership Program
2015	Recipient of the 2015 Pioneering Spirit Award from the American Association of Critical Care
	Nurses
2010-2017	Edith F. Honeycutt Chair in Nursing
2004	Recipient of a 2004 American Academy of Nursing Media Award
2001	Fellow of the American Academy of Nursing
1996	Visiting Scholar, Department of Psychiatry, Sleep Disorders Center, Stanford
	University, Palo Alto, CA
1988	Fellow of the American Academy of Sleep Medicine
1988	Inducted into Sigma Theta Tau Nursing Honorary Society
1985	American Nurses Foundation Sterling Drug/Winthrop-Breon Laboratories Scholar
1979-1980	United States Public Health Service Nurse Traineeship for Masters Study

## **PROFESSIONAL POSITIONS**

October 2012 -	Professor	Emory University
Present	Secondary Appointment	School of Medicine, Division of Pulmonary,

		Allergy, & Critical Care Medicine Atlanta, GA
June 2011- October	Director of the Graduate Program	Emory University
2017		Nell Hodgson Woodruff School of Nursing
		Atlanta, GA
June 2010 - Present	Professor	Emory University
		Nell Hodgson Woodruff School of Nursing
		Atlanta, GA
June 2010 - 2013	Adjunct Professor	University of Pennsylvania
		School of Nursing
		Philadelphia, PA
February 2009 –May	Program Coordinator, Post-Masters	University of Pennsylvania
2010	Certificate in Sleep	School of Nursing
		Philadelphia, PA
September 2007 –	Vice-Chair, Biobehavioral and Health Sciences	University of Pennsylvania
May 2010	Division	School of Nursing
		Philadelphia, PA
October 2001 –	Associate Professor	University of Pennsylvania
May 2010		Department of Medicine/Division of Sleep
		Medicine
		Philadelphia, PA
September 2000 –	Co-Director, Post-doctoral Program in Sleep	University of Pennsylvania
May 2010		School of Nursing
		Philadelphia, PA
January 1999 –	Associate Professor	University of Pennsylvania
May 2010		School of Nursing
6 1 1 1004		Philadelphia, PA
September 1994 –	Associate Professor	University of Michigan
December 1998		School of Nursing
April 1993 –	Adjunct Nurse Clinician	Ann Arbor, MI University of Michigan Medical Center
December 1998	Adjunct Nurse Chincian	Ambulatory Care Nursing
December 1990		Ann Arbor, MI
December 1986 –	Clinical Nurse I (part-time)	University of Michigan Medical Center
March 1988	(part time)	Ann Arbor, MI
September 1986 –	Assistant Professor	University of Michigan
August 1994		School of Nursing
		Ann Arbor, MI
July 1981 –	Instructor	Northwestern University
September 1986		Center for Nursing
		Chicago, IL
July 1981 –	Staff Nurse (part-time)	Northwestern Memorial Hospital
May 1986		Chicago, IL
June 1980 –	Instructor, Practitioner/Teacher	Rush University/Rush-Presbyterian
June 1981		St. Luke's Medical Center
		Chicago, IL
September 1978 –	Staff Nurse	University of Missouri Medical Center

May 1980 Columbia, MO

September 1977 – Director of Nursing Kirksville Manor Care Center

September 1978 Kirksville, MO

June 1977 – Staff Nurse Kirksville Osteopathic Hospital

September 1977 Kirksville, MO

January 1976 – Staff Nurse University of Iowa Hospitals and Clinic

May 1977 Iowa City, IA

#### SCHOLARSHIP: GRANTS AND OTHER FUNDING

#### **Research Grants Funded**

Shiftwork, Functional Bowel Symptoms, and the Microbiome (Rogers)

**Principal Investigator** 

Woodruff Health Sciences Center 2018 Synergy Round 5 Award

Total Costs: \$100,000

Funding Period: September 2018-August 2020

A Sleep Intervention (Sleep-Extend) for Young Adults At-Risk for Type 2 Diabetes (Helvig)

Co-Investigator

Grant Number: P30DK111024

Total Costs: \$30,000

Funding Period: August 2017-July 2018

Yoga for female veterans with PTSD symptoms and military sexual trauma exposure (Kelly)

Co-Investigator

Grant Number: VA NRI 12-147 VA Nursing Research Initiative

Total costs: \$100,000

Funding period: October 1, 2013-September 30, 2014

Extending Sleep in Obese Adults to Promote Weight Loss (Rogers)

**Principal Investigator** 

Grant Number: 1R21HL093637-01A1

National Institutes of Health, National Heart, Lung, and Blood Institute

Total costs: \$244,696 Funding period: 2009 – 2013

Neurobehavioral Effects of Partial Sleep Deprivation (David Dinges)

Co-investigator

Grant Number: R01 NR04281-04 National Institutes of Health Funding period: 2004-2008

Staff Nurse Fatigue and Patient Safety, Minority Supplement (Rogers)

**Principal Investigator** 

Grant Number: R01 HS11963-01S1

Agency for Health Care Research and Quality

Total costs: \$184,669

Funding period: 2002-2004

Staff Nurse Fatigue and Patient Safety (Rogers)

**Principal Investigator** 

Grant Number: R01 HS11963-01

Agency for Health Care Research and Quality

Total costs: \$1,639,863 Funding period: 2001-2004

Can a wrist actigraph accurately record sleep/wake patterns in patients with narcolepsy? (Rogers)

**Principal Investigator** 

University Research Foundation, University of Pennsylvania

Total costs: \$15,000 Funding period: 2001

Can a wrist actigraph accurately record sleep/wake patterns in patients with narcolepsy? (Rogers)

**Principal Investigator** 

General Clinical Research Center at the University of Pennsylvania; assistance with data management and statistical

analysis

Funding period: 2000

Unrestricted supplemental research support from Cephalon, Inc. (Rogers)

Principal Investigator Total costs: \$20,000 Funding period: 2000

Management of Excessive Daytime Sleepiness in Narcolepsy (Rogers)

Principal Investigator Gran number: R01 NR04191

National Institutes of Health, National Institute of Nursing Research

Total costs: \$1,438,978 Funding period: 1997-2002

Wandering: Background and proximal factors (PI Donna Algase)

Co-investigator

Grant number: R01 NR04569-01A1

National Institutes of Health, National Institute of Nursing Research

Total costs: \$2,682,811 Funding period: 1999-2004

A Nursing Study of Excessive Daytime Sleepiness (Rogers)

**Principal Investigator** 

Office of the Vice President for Research (OVPR) Discretionary Funds

The University of Michigan Total costs: \$1,200 Funding period: 1996

A nine-week placebo-controlled, double-blind, randomized, parallel-group study of the safety and efficacy of two fixed doses (200 mg, 400 mg) of oral modafinil in patients with narcolepsy followed by a 40 week, open-label, flexible-dose continuation study (Rogers)

**Principal Investigator** 

Contract with International Clinical Research Corporation

Total costs: \$300,000 Funding period: 1994-1998

Reducing EDS in Narcolepsy—A Supplement (Rogers)

**Principal Investigator** 

Biomedical Research Support Grant, School of Nursing, The University of Michigan

Total costs: \$1,000

Funding period: 1992-1993

A Nursing Study of Excessive Day Sleepiness in Narcolepsy (Rogers)

**Principal Investigator** 

Grant number: R29 NS29378

National Institutes of Health, National Institute of Neurological Diseases and Stroke

Total costs: \$350,000 Funding period: 1990-1995

Janet Gatherer Boyles Fund, School of Nursing (Rogers)

**Principal Investigator** 

The University of Michigan

Total Costs: \$500 Funding period: 1990

Can a Wrist Actigraph Record the Sleep/Wake Patterns of Patients with Excessive Daytime Sleepiness? (Rogers)

**Principal Investigator** 

Grant number: Biomedical Research Support Grant School of Nursing, The University of Michigan

Total costs: \$1,750

Funding period: 1988-1989

Effectiveness of L-Tyrosine in Narcolepsy (Rogers)

**Principal Investigator** 

Kughn Clinical Research Center, University Hospital, The University of Michigan Medical Center

Total costs: \$43,000 Funding period: 1989-1990

Can a Wrist Actigraph Record the Sleep-Wake Patterns of Patients with Excessive Daytime Sleepiness? (Rogers)

**Principal Investigator** 

Summer Faculty Fellowship, School of Nursing, The University of Michigan

Total costs: 1 month salary Funding period: 1988

An Evaluation of the Effectiveness of Nap Therapy in Reducing Sleep Attacks and Excessive Daytime Sleepiness in

Narcoleptic Patient (Rogers)

**Principal Investigator** 

 $Biomedical\ Research\ Support\ Grant,\ School\ of\ Nursing,\ The\ University\ of\ Michigan$ 

Total costs: \$2,240

Funding period: 1987-1988

An Evaluation of Nap Therapy in Reducing Sleep Attacks and Excessive Daytime Sleepiness (Rogers)

**Principal Investigator** 

Rackham Faculty Grant for Research & Other Creative Activities, The University of Michigan

Total costs: \$10,000 Funding period: 1987-1988

An Evaluation of the Effectiveness of Nap Therapy for Reducing Sleep Attacks and Excessive Daytime Sleepiness in Narcolepsy (Rogers)

**Principal Investigator** 

Summer Faculty Fellowship, School of Nursing, The University of Michigan

Total costs: 1 month summer salary

Funding period: 1987

An Examination of the Memory and Attention Problems Reported by Narcoleptic Patients (Rogers)

**Principal Investigator** 

**American Nurses Foundation** 

Total costs: \$2,500

Funding period: 1985-1986

#### **Educational, Training, and Program Grants Funded**

 ${\bf Robert\ Wood\ Johnson\ Foundation\ Future\ of\ Nursing\ Scholars\ Program}$ 

Program Director Total Costs: \$450,000 Funding Period 2015-2020

Graduate Education in Occupational Environmental Health (McCauley)

**Program Director** 

Grant Number: 5-T01-OH-088417

National Institute of Occupational Safety and Health

Total costs: \$660,000

Funding period: 2009 – 2012

Enhancing Critical Thinking in Undergraduate Nursing Students (Lee)

Co-Investigator

Center for Learning and Teaching at the University of Michigan

Total costs: \$4,900

Funding period: 1997-1999

#### **SCHOLARSHIP: PUBLICATIONS**

#### Journal Articles: Research

- Otuguor, U-O, Higgins, M, **Rogers, A.E.**, Blanton, S., Clark, P.C., Dunbar, S.B. (under review). Heart failure family caregiver sleep quality, and physical, psychological, and physiologic health outcomes. <u>Journal of Cardiovascular Nursing</u>
- Coombe, A.L., Hyatt, M.J., Faulkner, M.S., **Rogers, A.E.**, Lee, J., & Clark, P. (*In press*). Preliminary Evidence of Impaired Sleep and Insulin Resistance Levels as Risk Factors in Young Adults. <u>Journal of American College</u> Health
- Pak, V., Butts, B., Hertzberg, V., Collop, N., Quyyumi, A., Cox, J., Rogers, A., & Dunbar, S., (2020) Daytime Sleepiness Predicts Inflamation and Ambulatory Blood Pressure in Sleep Apnea. <u>ERJ Open Research</u>. *6*, 00310-2019. Doi: 10.1183/23120541.00310-2019
- Ayas, N., Jeklin, A., Tholin, H., **Rogers, A.E.**, Dodek, P., Hirsh-Allen, A-J., Norena, M., Wong, H. (2020). Consecutive Nursing Shifts and the Risk of Hypoglycemia in Critically III patient who are Receiving Intravenous Insulin: A Multicentre Study. <u>Journal of Clinical Sleep Medicine</u>. doi.org/10.5664/jcsm.8382
- Cha, E.S., Talman, M.S., Massey, A.J., Yan, F., **Rogers, A.E.** (2018). Sleep, lifestyle behaviors and cardiometabolic health in overweight/obese young adults: A pilot study using the SenseWear armband. <u>Biological Research in Nursing</u>
- Weaver, M.D., Vetter, C., Rajaratnam, S.M.W., O'Brien, C.S., Qadri, S., Benca, R.M., Rogers, A.E., Leary E.B., Mignot, E., Walsh, J.K., Czeisler, C.A., Barger, L.K. (2018). Symptoms of sleep disorders, depression, and

- anxiety are associated with adverse safety outcomes in healthcare workers. <u>Journal of Sleep Research</u>. E12722
- Routledge, F.S., Dunbar, S.B., Higgins, M., **Rogers, A.E.**, Feeley, C., loachimescu, O., Euwer, K., Eapen, D., Quyyumi, A. (2017). Insomnia Symptoms are associated with abnormal endothelial function. <u>Journal of Cardiovascular Nursing.32</u>, 78-85.
- Hirsch-Allen, A.J.H., Park, J.E., Adhami, N., Sirounis, D., Tholin, H., Dodek, P., **Rogers A.E.**, Ayas, N. (2014). The Impact of Work Schedules on Objective Sleep of Nurses in Critical Care Units. <u>American Journal of Critical Care</u>. 23, 290-295.
- Dean, G. E., Redeker, N. S., Wang, Y. J., **Rogers, A. E.**, Dickerson, S. S., Steinbrenner, L. M., & Gooneratne, N. S. (2013). Sleep, mood, and quality of life in patients receiving treatment for lung cancer. <u>Oncology Nursing Forum</u>, 40 (5), 1-11.
- Dorrian, J., Paterson, J., Pincombe, J., Grech, C., **Rogers, A.E.**, & Dawson, D. (2011) Sleep, stress, and compensatory behaviors in nurses and midwives. <u>Revista de Saute Publica (Journal of Public Health, Brazil)</u>, 45, 922-930.
- Scott, L.D., Hofmeister, N., Rogness, N., & Rogers, A.E. (2010). An interventional Approach for patient and nurse safety: A fatigue countermeasures feasibility study. Nursing Research, *59*, 250-258.
- Scott, L.D., Hofmeister, N., Rogness, N., & **Rogers, A.E**. (2010). Implementing a fatigue countermeasures program for nurses: A focus group analysis. <u>Journal of Nursing Administration</u>. *40*, 233-240.
- Dorrian, J., Tolley, C., Lamond, N., van den Heuvel, C., Pincombe, J., **Rogers, A.E**, & Dawson, D. (*2008*) Work Hours, Sleep and Errors in a Group of Australian Hospital Nurses <u>Applied Erogonomics</u>, *39*, 605-613.
- **Rogers A.E.**, Dean, G., Hwang, W-T, & Scott, L.D. (2008) The Role of Registered Nurses in Error Prevention, Discovery, and Correction. Quality and Safety in Healthcare, 17, 117-121.
- Scott, L.D., Hwang, W-T, **Rogers, A.E.**, Nysse, T., Dean, G.E., Dinges, D.F. (2007). The Relationship between Nurse Work Schedules, Sleep Duration, and Drowsy Driving. Sleep, *30*, 1801-1807.
- Gooneratne, NS, Dean, G.E, **Rogers, AE**, Nkwuo, JE, Coyne, JC, & Kaiser, LR (2007). Sleep and quality of life in long-term lung cancer survivors. <u>Lung Cancer</u>, *58*, 403-410.
- Balas, M.C., Scott, L.D. & Rogers, A.E. (2006). Frequency and Type of Errors and Near Errors Reported by Critical Care Nurses. <u>Canadian Journal of Nursing Research</u>, *38*, 21-41.
- Dorrian, J., Lamond, N., van den Heuvel, C., Pincombe, J., **Rogers, A.E.**, & Dawson, D. (2006). A Pilot Study of the Safety Implications of Australian Nurses' Sleep and Work Hours. <u>Chronobiology International</u>, *23* (6). 1149-1163.
- Scott, L.D., **Rogers, AE**., Hwang, W-T., & Zhang, Y. (2006). The effects of critical care nurse work hours on vigilance and patient safety. <u>American Journal of Critical Care</u>, *15*, 30-37.
- Scott, L.D., Hwang, W-T. & **Rogers, A.E**. (2006). The impact of multiple caregiving roles on fatigue, stress, and work performance among hospital staff nurses. JONA, *36*, 86-95.
- **Rogers, A.E.**, Hwang, W-T, & Scott, L.D. (2004). The effects of work breaks on staff nurse performance. <u>Journal of Nursing Administration</u>, *34*, 512-519.
- Balas, M, C., Scott, L.D. & Rogers, A.E. (2004) The prevalence and nature of errors and near errors reported by hospital staff nurses. Applied Nursing Research, 17, 224-230.
- **Rogers, A.E.**, Hwang, W-T, Scott, LD, Aiken, L.H. & Dinges, DF. (2004). The working hours of hospital staff nurses and patient safety. <u>Health Affairs</u>, *23*, 202-212.
- **Rogers, A.E.**, Aldrich, M.S., & Lin, X. (2001). A comparison of three different sleep schedules for reducing daytime sleepiness in narcolepsy. <u>Sleep</u>, *24*, 385-391.
- Becker PM, Jamieson AO, Jewel CE, Bogan RK, James DS, Sutton JT, Corser B, Mayleben DW, Bernard SH, Dinner DS, Emsellem H, Knight E, Erwin CW, Krystal AD, Radtke RA, Farrow S, Odynski T, Pinto J, Steljes D, Feldman NT, O'Brien M, Fredrickson PA, Kaplan J, Lin SC, Burger C, Fry JM, Guilleminault C, Black J, Green PM, Schmitigal L, Gross PT, Dignan S, Harsh J, Hartwig G, Haynes JB, Hageman M, Porter-Shirley K, Hertz G, Hirshkowitz M, Moore CA, Iyer V, Mahowald MM, Ullevig C, Mitler MM, Hayduk R, Erman MK, Pascualy R,

- Stolz S, Parman D, Richter RW, Gruenau SP, Webster JJ, Ristanovic RK, Bergen D, Kanner A, Dyonzak J, **Rogers AE**, Aldrich MS, Rosenberg R, Richardson T, Lee J, Sahota PK, Dexter JD, Burger RC, Sangal RB, Sangal JM, Belisle C, Schmidt HS, Parisot PA, Schmidt-Nowara WW, Jessup C, Schwartz JRL, Schwartz ER, Veit C, Blakely L, Scrima L, Miller BR, Shettar SM, May RS, Wilkerson KE, Stafford C, Grogan WA, Tearse R, Thein SG, Colontonio L, Vern BA, Mercer PJ, Merritt SL, Walsleben JA, O'Malley MB, Rapoport DM, Winokur A, Szuba MD, Civil RH, Dobbins TW, Kribbs NB, Laughton WB, Nelson MT, Wang LX. (2000). Randomized trial of modafinil as a treatment for the excessive daytime somnolence of narcolepsy. Neurology, *54*, 1166-1175.
- Colling, K. B, & **Rogers, A. E**. (1999). Nursing students surf the web: Resources for patient teaching. <u>Journal of Nursing Education</u>, *38*, 286-288.
- Beusterien, K., **Rogers A.E.**, Walsleben, J.A., Emsellem, H.A., Reblando, J.A., Wang, S., Goswami M., & Steinwald, B. (1999). Health-related quality-of-life effects of modafinil for the treatment of narcolepsy. <u>Sleep</u>, *23*, 757-766.
- Mitler MM, Guilleminault C, Harsh JR, Hirshkowitz M, Becker PM, Jamieson AO, Jewel CE, Bogan RK, James DS, Sutton JT, Corser B, Mayleben DW, Bernard SH, Dinner DS, Emsellem H, Knight E, Chase C, Erwin CW, Krystal AD, Radtke RA, Farrow S, Odynski T, Pinto J, Steljes D, Feldman NT, O'Brien M, Fredrickson PA, Kaplan J, Lin SC, Burger C, Fry JM, Black J, Green PM, Schmitigal L, Gross PT, Dignan S, Harsh J, Hartwig G, Haynes JB, Hageman M, Porter-Shirley K, Hertz G, Moore CA, Iyer V, Mahowald MM, Ullevig C, Hayduk R, Erman MK, Pascualy R, Stolz S, Parman D, Richter RW, Gruenau SP, Webster JAJ, Ristanovic RK, Bergen D, Kanner A, Dyonzak J, Rogers AE, Aldrich MS, Rosenberg R, Richardson T, Lee J, Sahota PK, Dexter JD, Burger RC, Sangal RB, Sangal JAM, Belisle C, Schmidt HS, Parisot PA, Schmidt-Nowara WW, Jessup C, Schwartz JRL, Schwartz ER, Veit C, Blakely L, Scrima L, Miller BR, Shettar SM, May RS, Wilkerson KE, Stafford C, Grogan WA, Tearse R, Thein SG, Colontonio L, Vern BA, Mercer PJ, Merritt SL, Walsleben JA, O'Malley MB, Rapoport DM, Winokur A, Szuba MD, Civil RH, Dobbins TW, Kribbs NB, Laughton WB, Nelson MT, Wang LX (1998) Randomized trial of modafinil for the treatment of pathological somnolence in narcolepsy. <u>Annals of Neurology</u>, 43, 88-97.
- **Rogers, A. E.**, Aldrich, M.S., Berrios, A.M., & Rosenberg, R.S. (1997). Compliance with Stimulant Medications in Patients with Narcolepsy. Sleep, *20*, 28-33.
- Rogers, A. E., Mehan, J., Guilleminault, C., Crumet, C., & Mignot, E. (1997). HLA DR2 and DQB1\*0602 typing studies in 188 narcoleptic patients with cataplexy. <u>Neurology</u>, 48, 1550-1556.
- **Rogers, A. E.**, Aldrich, M. S., & Caruso, C. C. (1994). Patterns of sleep and wakefulness in treated narcoleptic subjects. <u>Sleep</u>, *17*, 590-597.
- Evans, B. A., & **Rogers, A. E.** (1994). 24-hour sleep-wake patterns in healthy elderly persons. <u>Journal of Applied</u> Nursing Research, 7, 75-83.
- **Rogers, A. E.**, Caruso, C. C., & Aldrich, M. S. (1993). Reliability of sleep diaries for assessment of sleep/wake patterns. Nursing Research, 42, 368-372.
- Rogers, A. E., & Aldrich, M. S. (1993). The effect of regularly scheduled naps on sleep attacks and excessive daytime sleepiness associated with narcolepsy. <u>Nursing Research</u>, *42*, 111-117.
- Rogers, A. E., & Rosenberg, R. (1990). Tests of memory in narcoleptics. Sleep, 13, 42-52.
- **Rogers, A. E.** (1984). Problems and coping strategies identified by narcoleptic patients. <u>Journal of Neurosurgical Nursing</u>, *16*, 326-334.

#### Journal Articles: Refereed Clinical/Other

- Guglielmo, D., Gazmararian, J.A., Chung, J., **Rogers, A.E.**, & Hale, L. (2018). Racial/Ethnic Sleep Disparities in US School-Aged Children and Adolescents: A Systematic Review. <u>Sleep Health: Journal of the National Sleep</u> Foundation, *4*,68-80
- Feeley, C., & Rogers, A.E. (2015). Staff Nurse Fatigue: Etiology and Mitigation. OR Nurse. 9, 7-8.
- Colvin, L.., Cartwright, A., Collop, N., Freedman, N., McLeod, D., Weaver, T.E., & **Rogers, A.E**. (2014). Advanced Practice Registered Nurses and Physician Assistants in Sleep Centers and Clinics: A Survey of Current Roles and Educational Background. <u>Journal of Clinical Sleep Medicine</u>, *10*, 581-587

- Gradinger, F., Cieza, A., Stucki, A., Michel, F., Bentley, A., Oksenberg, A., Rogers, A. E., Stucki, G. & Partinen, M. (2011). "Part 1. International Classification of Functioning, Disability and Health (ICF) Core Sets for persons with sleep disorders: Results of the consensus process integrating evidence from preparatory studies." *Sleep Medicine* 12 (1): 92-96.
- Balas, MC, Scott, L.D., Casey, C.M., & **Rogers, A.E.** (2007) Maintaining Vigilance in the Intensive Care Unit: Work Hours and Sleep. Nursing 2007 Critical Care, *2* (2), 38-44.
- Cueller, N.G., **Rogers, A.E.**, Hisghman, V., Volpe, S.L. (2007) Assessment and Treatment of Sleep Disorders in the Older Adult. Geriatric Nursing, *28*, 254-261.
- Cuellar, NG, **Rogers**, **AE**, & Hisghman, V (2007). Sleep in the Older Adult: Evidence Based Research of Complementary and Alternative Medicine (CAM) Geriatric Nursing, *28*, 46-51.
- Dean, G., Scott, L.D., **Rogers, A.E**. (2006). Infants at risk: When nurse fatigue jeopardizes quality care. <u>Advances in</u> Neonatal Nursing, *6*, 120-126.
- Lee, K.A., Landis, C., Chasens, E.R., Dowling, G., Merritt, S., Parker, K.P., Redeker, N., Richards, K.C., **Rogers, A.E.**, Shaver, J., Umlauf, M., & Weaver, T. (2004). Sleep and chronobiology recommendations for nursing education. Nursing Outlook, *52*, 126-133.
- Hughes, R.G. & Rogers, A.E. (2004). Are you tired? American Journal of Nursing, 104, 36-37.
- Rogers, A.E. & Dreher, H.M. (2002). Narcolepsy. Nursing Clinics of North America. 37, 1-18.
- Rogers, A.E. (2002). Sleep deprivation and the ED night shift. Journal of Emergency Nursing, 28, 1-2
- Scisney-Matlock, M., Algase, D., Boehm, S., Coleman-Burns, P., Oakley, D., **Rogers, A.,** Yeo, S., Young, E., & Yu Yu, M. (2000). Measuring behavior with electronic devices in nursing studies. <u>Journal of Applied Nursing Research</u>, *13*, 97-102.
- **Rogers, A. E.** (1997). Nursing management of sleep disorders: Part 2 behavioral management. <u>ANNA Journal</u>, *24*, 672-675.
- Rogers, A. E. (1997). Nursing management of sleep disorders: Part 1 assessment. ANNA Journal, 24, 666-671.
- Aldrich, M. S., & Rogers, A. E. (1989). Exacerbation of human cataplexy by prazosin. Sleep, 12, 254-256.
- **Rogers, A. E.**, & Dykstra, C. (1989). EEGs: A second look at a familiar diagnostic test. <u>Journal of Neuroscience</u> <u>Nursing</u>, *21*, 227-233.

#### **Abstracts**

#### **Refereed Abstracts**

- Caruso, C.C., Arbour, M.W., Barger, L., Berger, A.M., Chasens, E. R., Dawson, J., Edmonson J.C., Hittle, B., Landrigan, C., Patrician, P.A., Redeker, N.S., **Rogers, A.E.**, Trinkoff, A., Tucker, S. (2019). Work Hours and Fatigue in the Healthcare and Social Assistance Sector, Working Hours, Sleep & Fatigue Forum; Meeting the Needs of American Workers & Emplyers, NIOSH, Coeur d'Alene, ID
- Jones, A.M., Lewis, T.T., Bliwise, D.L., Hertzberg, V.S., & Rogers, A.E. (2019). Women do not have Higher RDIs during REM sleep. *Sleep*, *42* (*Supplement*), A113-A114.
- Jones, A.M. & Rogers, A.E. (2018). Anthropomorphic Measures and Obstructive Sleep Apnea Severity. *Sleep, 41 (Supplement) A220.*
- Feeley, C.A., Leu, R & Rogers, A.E. (2015). Sleep in Caregivers and Children with a Chronic Illness. *Sleep, 38* (Supplement) A387
- **Rogers, AE** & Crocks, C. (2015). Secure End-to-End Tracking of Subjective Behavioral Sleep Diary Data: Preliminary Development of a User-Centric Mobile Diary System. *Sleep, 38* (SupplimentO, A427
- Scott, L.D., Hofmeister, N., Rogness, N., & Rogers, A.E. (2008). A Fatigue Countermeasures Program for Nurses: An Interventional Approach. <u>Sleep</u>, *31* (Supplement) A354.
- Dean, G.E., Gooneratne, N., and Rogers, A. E. (2008). Poor Sleep Quality and Mood Disturbances in Patients

- with Advanced Lung Cancer. Sleep, 31 (Supplement) A308.
- Rogers, A.E., Hwang, W-T, Scott, L, Dean, G., & Dinges, D. (2007) The Relationship between Nurse Work schedules, Sleep Duration and Drowsy Driving. Sleep and Biological Rhythms, *5* (Suppl 1) A101.
- Dean, G.E., Gooneratne, N., and **Rogers, A. E.** (2007). Poor Sleep Quality in Patients with Advanced Lung Cancer. Sleep, *30* (Supplement) A309.
- **Rogers, A.E.**, Hwang, W-T., Scott, L.D., & Dinges, D.F. (2006). A diary based examination of nurse sleep patterns: Factors effecting sleep duration. <u>Sleep</u>, *29* (Supplement) A115.
- Dean, G., Rogers, A.E., Hwang, W-T, Scott, L.D., and Dinges, D.F. (2006). Sleep complaints by hospital staff nurses. Sleep, *29* (Supplement) A151-152.
- Dean, G., Rogers, A.E., Hwang, W-T, Scott, L.D., and Dinges, D.F. (2006). The majority of nurses report difficulties with drowsiness driving home after week. Sleep, *29* (Supplement) A133-134.
- Rogers, A.E., Hwang, W-T., Scott, L.D., & Dinges, D.F. (2004). Sleep Duration Affects the Amount of Fatigue, Stress, Physical Exhaustion, and Mental Exhaustion Reported by Hospital Staff Nurses. Sleep, 27 (Supplement) A170.
- Dreher, M. & Rogers, A.E. (2004). Analysis of Caffeine Data from the National Nurse Fatigue and Patient Safety Study. Sleep, 27 (Supplement) A414.
- **Rogers, A.E.,** Scott, L.D., Hwang, W-T, & Dinges, D.F. (2004) The effect of work breaks on performance. Sleep, 27 (Supplement) A403.
- Scott, L.D., Hwang, W-T, & Rogers, A.E. (2004). Sleep duration, fatigue, and work performance among hospital staff nurses with multiple caregiving roles. <u>Sleep</u>, 27 (Supplement) A396.
- **Rogers, A.E.**, Hwang, W-T., Scott, L.D., & Dinges, D.F. (2003) Hospital staff nurse work hours and patient safety. Sleep, *26* (Supplement) A 424-5.
- **Rogers, A.E.**, Scott, L.D., Hwang, W-T, & Dinges, D.F. (2003). Hospital staff nurses regularly report fighting to stay awake on duty. Sleep, *26* (Supplement) A 423.
- **Rogers, A.E.,** Cantor, C., & Marcus, S. (2001). Compliance with stimulant medications in patients with narcolepsy: Measurement with a MEMS Trackcap. Sleep, 24, (Abstract Supplement), A319.
- Harsh, J., & **Rogers, A**. (2000). Effects of Provigil (modafinil) on nighttime sleep in patients with narcolepsy. Sleep, *23* (Supplement 2), A295.
- **Rogers, A.E.**, & Harsh, J. (1999) Effects of treatment with Provigil (modafinil) tablets on nighttime sleep in patients with narcolepsy. <u>Sleep Research Online</u>, *2* (supplement 1), 434.
- Rogers, A.E., Beusterien, K.M., Reblando, J.A., Wang, L., & Ingalls, K. (1998). Health-related quality-of-life effects of modafinil in the treatment of narcolepsy. <u>Sleep</u>, *21* (Supplement 1), 200.
- **Rogers, A.E.**, Aldrich, M.S. & Berrios, A. (1996, March). Compliance with stimulant medications in patients with narcolepsy. Twenth Annual Midwest Nursing Research Conference. Detroit, Michigan.
- **Rogers, A.E.**, & Aldrich, M.S. (1996). A comparison of three different sleep schedules for reducing daytime sleepiness in treated narcoleptic subjects. <u>Sleep Research</u>, *24*, 346.
- **Rogers, A.E.**, Aldrich, M.S., & Berrios, A. (1995) Compliance with stimulant medications in patients with narcolepsy. Sleep Research, 24, 329.
- **Rogers, A. E.**, Aldrich, M.S., & Caruso, C. C. (1994). Correlates of daytime sleepiness in treated narcoleptic subjects. <u>Sleep Research</u>, *23*, 311.
- Rogers, A. E., Caruso, C. C., & Aldrich, M. S. (1993). Twenty-four-hour diaries can be a reliable measure of sleep/wake patterns. Seventeenth Annual Midwest Nursing Research Conference. Cleveland, Ohio.
- Rogers, A. E., Aldrich, M. S., & Caruso, C. C. (1993). Twenty-four-hour sleep/wake patterns of narcoleptic and control subjects. Seventeenth Annual Midwest Nursing Research Conference. Cleveland, Ohio.
- **Rogers, A. E.**, Caruso, C. C. & Aldrich, M. S. (1993). Twenty-four-hour diaries can be used to gather reliable data about sleep/wake patterns. <u>Sleep Research</u>, *22*, 379.
- Rogers, A. E., Aldrich, M. S., & Caruso, C. C. (1993). A comparison of 24-hr sleep/wake patterns in treated narcoleptic and control subjects. Sleep Research, 22, 257.

- Evans, B., & **Rogers, A. E.** (1991). Twenty-four-hour sleep/wake patterns in healthy elderly persons. <u>Sleep</u> Research, *20*, 420.
- Rogers, A. E. (1990). Can a wrist actigraph reliably distinguish sleep from wake in subjects with excessive daytime sleepiness? Fourteenth Annual Midwest Nursing Research Society Conference. Indianapolis, Indiana.
- Beel-Bates, C., & **Rogers, A. E**. (1990). An exploratory study of sundown syndrome. <u>Journal of Neuroscience</u> <u>Nursing</u>, *22*, 51-52.
- **Rogers, A. E.** (1989). Nap therapy improves alertness, but does not alter the frequency and severity of symptoms experienced by patients with narcolepsy. 1989 Research Conference, Council of Nurse Researchers. Chicago, Illinois.
- Aldrich, M. S., **Rogers, A. E.**, & Angell, K. (1988). Excessive daytime sleepiness as a presenting manifestation of HIV infection. Sleep Research, *17*, 137.
- **Rogers, A. E.** & Aldrich, M. S. (1988). Do regularly scheduled naps reduce sleep attacks and excessive daytime sleepiness associated with narcolepsy? <u>Sleep Research</u>, *17*, 239.
- **Rogers, A. E.** (1988). Do regularly scheduled naps reduce sleep attacks and excessive daytime sleepiness associated with narcolepsy? Twelfth Annual Conference of the Midwest Nursing Research Society. Wichita, Kansas.
- **Rogers, A. E.** (1987). Memory deterioration versus attentional defects in narcoleptic patients. <u>Sleep</u> Research, *16*, 418.
- **Rogers, A. E.** (1985). Family responses to the narcoleptic patient: Types of problems and coping strategies. Ninth Annual Conference of the Midwest Nursing Research Society. Chicago, Illinois.

#### **Journal Articles: Non-refereed**

- Shaver, J.L. & **Rogers, A.E**. (1994). Continuing education program: Integrating an understanding of sleep knowledge into practice. Part 2. Screening for sleep-related disorders: sleep apnea and narcolepsy. <u>American Nurse</u>, *26*, 24-25.
- Rogers, A. E. (1998, Summer). New narcolepsy study aims to improve treatment. Sleep Medicine Alert, 3, 3.

#### Chapters in Books, Monographs, etc.

- Pak, V.M., **Rogers, A.E.**, Dunbar, S.B. (*in press*), Sleep. Perpetua, E. and Keegan, P. (Eds.) <u>Cardiac Nursing</u> (7<sup>th</sup> <u>Edition</u>), Wolters Kluwer: Netherlands
- **Rogers, A.E.** (2017). Narcolepsy. A.E. Wenzel (Ed.) <u>The SAGE Encyclopedia of Abnormal and Clinical Psychology</u>. pp 2184-2187 Sage Publications: Thousand Oaks, CA
- Rogers, A.E., & Scott, L.D. (2016). Staff Nurse Fatigue and Patient Safety Research Program. In S. Ketefian, (Ed.)

  Shaping Nursing Science and Improving Health, pp 197-199 Maize Books: Ann Arbor, MI
- Rogers, A.E. (2012). Healthcare Work Schedules, in P Carayon (Ed.) <u>Handbook of Human Factors and Ergonomics in Health Care and Patient Safety</u>. pp 199-208 Taylor & Francis Group: New York.
- **Rogers, A.E.** (2011), Scheduled Sleep Periods as an Adjuvant Treatment for Narcolepsy. In M.L. Perlis, M. Aloia, and B. Kuhn (Eds.), <u>Behavioral Treatments for Sleep Disorders</u>, pp 237-240 Academic Press, Burlington, MA
- **Rogers, A.E.** (2011) Narcolepsy. In N. Redeker and G.P. McEaney (Eds.) <u>Sleep Disorders and Sleep Promotion in</u> Nursing Practice, Springer Publishing: New York.
- Rogers, A. E. & Valerio, T.D. (2011). The Role of Advanced Practice Nurses (APNs) in Specialized Sleep Clinics. In N. Redeker and G.P. McEaney (Eds.) <u>Sleep Disorders and Sleep Promotion in Nursing Practice</u>, pp 141-157. Springer Publishing: New York.
- Rogers, AE (2008). The Effects of Fatigue and Sleepiness on Nurse Performance and Patient Safety. In R. Hughes

- (Ed) <u>Patient Safety and Quality, An Evidenced-Based Handbook for Nurses</u>, Washington D.C., Agency for Healthcare.
- **Rogers, A.E.** (2004). Work hour regulation in safety-sensitive industries. In Institute of Medicine, <u>Keeping</u> patients safe: <u>Transforming the work of nurses</u>, pp 314-358. Washington, D.C. National Academy Press.
- **Rogers, A.E.** & Mullington, J. (2003). The symptomatic management of narcolepsy. In Perlis, M. L. & Lichstein, K. L. (Eds.), <u>Treating sleep disorders</u>; <u>principals and practice of behavioral sleep medicine</u>, pp 118-135 Hoboken, NJ: John Wiley and Sons.
- **Rogers, A. E.** (2001). Rhythmic alterations in consciousness: Sleep. In Stewart-Amedi, C., & Kunkle, J. (Eds.), <u>AANN's Neuroscience nursing: Phenomena and practice</u>, pp 161-206 W.B. Saunders: Philadelphia.
- **Rogers, A. E.**, & Morton, P. G. (1989). ADLs and sleep. In Morton, P. G. (Ed.), <u>Health Assessment in Nursing</u>, pp 104-122. Springhouse, PA: Springhouse Corporation.

#### Other Publications (e.g., letters to editor, op-ed publication)

- Colvin, L.J., Cartwright, A., **Rogers, A.E.**, Vana, K., & Freedman, N. (2018). Nurse Practitioners and Physician Assistants are Qualified to Perform Home Sleep Apnea Testing Clinical Evaluations. <u>Journal of Clinical Sleep Medicine</u>. *14*, 293.
- Rogers, A.E. (2004) Nurses' Working Hours: The Authors Respond. Health Affairs, 23(6), 6.

#### **Audio-Visual Productions**

- 2016 Hypersomnia, a web-based module for new APRNs and PAs, sponsored by the American Academy of Sleep Medicine
- 2003 Narcolepsy: A guide for understanding, diagnosing, and treating narcolepsy (editor). An educational CD-ROM produced by the National Sleep Foundation
  - Narcolepsy: The Nurse's Role in Assessment and Management. Co-author of a web-based educational program for nurses produced by the American Academy of Sleep Medicine.
- 1992 Member the Editorial Committee (NSF Narcolepsy Slide Kit), National Sleep Foundation.

#### **SCHOLARSHIP: PRESENTATIONS**

#### **Selected International Presentations**

- 2019 Nursing Fatigue and Patient Safety, Invited Speaker, Charles Darwin University School of Nursing and Midwifery, Darwin, Australia
- 2014 Staff Nurse Fatigue, Invited Speaker, Nursing Healthy Work Environment Committee, St. Michael's Hospital, Toronto, Canada
- 2011 Staff Nurse Fatigue and Patient Safety, Invited Speaker, 3<sup>rd</sup> Annual Centre for Patient Safety Symposium, Toronto, Canada.
  - Staff Nurse Fatigue, Invited Speaker, Research Symposium at Faculty of Nursing, University of Toronto.

- 2007 Shift Duration or Sleep Duration: Which is the Most Important for Patient Safety? Invited Presentation 2007 International Conference on Workforce Management, Las Vegas, NV.
  - The Relationship between Nurse Work Schedules, Sleep Duration and Drowsy Driving, Poster Session at WorldSleep 2007, Cairns, Australia.
- Is it cheaper to pay overtime or hire more nurses? Invited presentation at the 2005 International Conference on Workforce Management, Orlando FL.
- 2004 Staff Nurse Work Hours and Patient Safety. IX Pan American Nursing Research Colloquium, Lima, Peru.
  - A new paradigm for Nursing: Using what's known about physiology to promote patient safety. Invited Presentation, IX Pan American Nursing Research Colloquium, Lima, Peru.
  - Staff Nurse Work Hours and Patient Safety. 8th European Nursing Research Conference. Seville, Spain.
- 1999 Rogers, AE, & Harsh, J. Effects of treatment with Provigil (modafinil) tablets on nighttime sleep in patients with narcolepsy. Poster presentation at the Third International Congress of the World Federation of Sleep Societies. Dresden, Germany.
- 1993 Rogers, A. E., Adrich, M.S., & Caruso, C. C. An Initial Comparison of Three Different Sleep Schedules for Reducing Daytime Sleepiness in Treated Narcoleptic Patients. Fourth International Symposium on Narcolepsy. Tokyo, Japan.

#### **National and Regional Presentations**

- 2020 Rogers, A.E. An Institutional Training Grant (T32) in Sleep at Emory, EU Sleep Symposium, Atlanta, GA
- 2019 Rogers, A.E. Keynote Speaker at the University of Iowa College of Nursing Commencement, Iowa City, Iowa
  - Caruso, C.C. & Rogers, A.E. Discussion Co-Leader, Work Hours and Fatigue in the Healthcare and Social Assistance Sector, Working Hours, Sleep & Fatigue: Meeting the Needs of American Workers & Employers, NIOSH, Coeur d'Alene, ID
- 2018 Rogers, A.E. Invited Speaker at the University of Pittsburgh Speaker Series, Sleeping on the Job: Fatigue and Safety. Pittsburgh, PA
- 2017 Rogers, A.E. Member of a Panel Discussion, Three Year PhD Program; Part 2, Robert Wood Johnson Future of Nursing Scholars Program, 2017 AACN Doctoral Conference, San Diego, CA
  - Rogers, A.E. The Secret to Healthy Sleep: Getting the Better and Deeper Sleep Nurses Need. ANA Navigating Nursing Webinar.

- Rogers, A.E. Special Considerations for Managing Sleep Disorders in Women. Invited Presentation at the Georgia Association of Sleep Professionals, Atlanta, GA.
- Rogers, A.E. Member of a Panel Discussion, Professional Issues, 2017 Biennial Nurse Alliance Conference, National Harbor, MD.
- 2016 Rogers, A.E. Fatigue, Work Hours and Patient Safety. Keynote Address at the Mississippi Nurses Association Spring APRN Meeting, Meridian, MS
  - Rogers, A.E. Staff Nurse Fatigue and Patient Safety. Featured speaker at the 2016 North Carolina Nurses Association Convention, Winston-Salem, NC.
- Weaver, T.E. & Rogers, A.E. Managing Excessive Daytime Sleepiness in Patients with Narcolepsy: Insights for Neuroscience Nurses. Invited presentation via webcast for American Neuroscience Nurses Association.
  - Rogers, A.E. Fatigue and Healthcare Professionals. Invited presentation at the 2015 Nationwide Children's Hospital Perinatal/Neonatal Conference. Dublin, OH
  - Rogers, A.E. Strategies to Mitigate Fatigue. Invited presentation at the 2015 Nationwide Children's Hospital Perinatal/Neonatal Conference. Dublin, OH
  - Crooks, C., & Rogers, A.E. Mobile Sleep Monitoring System. Poster Presentation at Sleep 2015, Seattle, WA.
  - Feeley, C.A., Leu, R., & Rogers, A.E. Sleep and Depression in Caregivers of Children with Cystic Fibrosis. Poster Presentation at Sleep 2015, Seattle, WA.
- 2014 Rogers, A.E., Fatigue and Healthcare Professionals, Invited Speaker at Medical World Americas Conference and Expo, Houston, TX
- 2013 Rogers, A.E., Safety First: Identifying Fatigue in the Healthcare Workplace, A webinar sponsored by the Washington State Nurses Association and Washington State Hospital Association. Seattle, WA
  - Rogers, A.E. Navigating Shiftwork: 5 Tips for Managing Fatigue, A webinar sponsored by the American Nurses Association, Washington D.C.
  - Rogers, A.E., Vander Veur, S., Perlis, M., & Foster, G. Extending Sleep in Obese Adults to Promote Weight Loss. Poster Presentation at Obesity Week 2013, Atlanta, GA.
  - Ethical Dilemmas Associated with Worker Fatigue. Invited Presentation at Northside Hospital's Ethics Committee Case Conference, Atlanta, GA.
  - Sleep, Obesity and Weight Loss, Invited Speaker, Biobehavioral Effects of Disturbed Sleep Consortium, University of Illinois-Chicago College of Nursing, Chicago, April.

Health Care Provider Fatigue: Impact on Performance and Safety, Invited presentation at the Western NC Quality Conference, Asheville, NC, October.

Nurse Fatigue and Patient Safety. Keynote speaker at the 2012 Alumni Day Celebration, Georgia Baptist School of Nursing, Mercer University, Atlanta, GA, October.

Nurse Fatigue: A Threat to Safety and Professional Practice. Keynote speaker at the Nebraska Nurse Safety Colloquium, Lincoln, NE, September.

Combining Sleep Extension and Behavioral Weight Loss in Obese Adults: A Pilot Study. Presented at the 2012 State of the Science Congress on Nursing Research, Washington DC, September.

What Do We Know About APNs and PAs Working in Sleep Medicine? Oral Presentation at Sleep 2012, Boston, MA, June.

Rogers, A.E., Perlis., M, Vander Veur, S., La Grotte, C., and Foster, G., Combining Sleep Extension and Behavioral Weight Loss in Obese Adults: A Pilot Study. Poster Presentation at Sleep 2012, Boston MA, June.

Overview for a Symposium: Sleeping, breathing, drinking and moving: the assessment and management of common symptoms associated with two common chronic diseases. Southern Nursing.

Sleep and Obesity. Invited presentation at the Nutrition, Obesity Research Center (NORC) at the University of Alabama at Birmingham (UAB), Birmingham, AL.

2011 Invited Presentation on Sleep and Obesity for the participants in the Emory-Georgia Tech Preventative health Study, Atlanta, GA.

Staff Nurse Fatigue and Patient Safety Study, Health Care Providers' Sleep at the National Sleep Foundation's Sleep Health & Safety 2011 Conference, Washington, DC.

Preventing Staff Nurse Fatigue and Improving Patient Safety: The Role of the Nurse Leader. Invited Presentation at the 2011 American Organization of Nurse Executives Annual Meeting, San Diego, CA.

Rogers, A.E.., Bond, S. % Campbell, G. Worker Fatigue and Its Impact on Safety in Our Hospitals A Webcast sponsored by the Washington State Nurses Association and the Reckelshaus Nurse Staffing Committee.

2009 Staff Nurse Fatigue and Patient Safety, 2009 ASPAN Annual Meeting, Washington D.C.

Extending Sleep in Obese Patients to Promote Weight Loss, Nurses Breakfast Meeting, Sleep 2009 (American Association of Professional Sleep Societies Meeting) Seattle, WA.

Sleep Science and Physician Training: Discussion of the IOM Report on Resident Duty Hours, Panel Discussion, Sleep 2009 (American Association of Professional Sleep Societies Meeting), Seattle, WA.

Staff Nurse Fatigue and Patient Safety, Keynote Address at the Rhode Island Nursing Association Annual Meeting, Providence RI.

2008 Research on Breaks, Invited Presentation, 2<sup>nd</sup> Annual NDNQI Annual Conference, Orlando, FL.

Staff Nurse Fatigue and Patient Safety, Expert Panel Member, ANA's Safe Staffing Saves Lives Summit Meeting, Silver Springs, MD.

Staff Nurse Fatigue and Patient Safety, Invited Presentation at the St. Alexis Medical Center, Annual Nursing Conference, Bismarck, SD.

Sleep and the Nurse, Invited Presentation at the St. Alexis Medical Center Annual Nursing Conference, Bismarck, SD.

The role of fatigue in patient safety, Invited Presentation at St. Alexis Medical Center, Bismarck, SD.

Staff Nurse Work Hours and Patient Safety, Keynote Address, Fatigue, Implications for Nursing Practice; A Workshop for Nurses, Seattle, WA.

What do we know about sleep-or the lack of sleep? Invited Presentation at Fatigue, Implications for Nursing Practice; A Workshop for Nurses, Seattle, WA.

Give me a break, Keynote Address, Nursing the System: Improving Care Together by Advocating at the Bedside and Beyond, Hershey PA.

Healthcare Workers, Invited Presentation at Population Sleep Conference, Philadelphia, PA.

Staff Nurse Fatigue and Patient Safety, Keynote Address at the Nursing and Workforce Summit, Nashville TN.

Nurse Fatigue and Patient Safety, Panel Discussion on Patient Safety: Creation of a Nursing Perspective, Invited Presentation, Wisconsin Nursing Coalition Annual Retreat, Verona, WI.

The Impact of Fatigue, Stress and Work Performance Among Hospital Staff Nurses, Panel Discussion on Women in the Workforce; Implications for Health, Safety and Productivity, National Sleep Foundation Scientific Workshop on Women and Sleep, Washington D.C.

Hot Topics Panel Discussion, Safety of 12-Hour Shifts. 10<sup>th</sup> Neonatal Advanced Practice Forum, Washington D.C.

Panel Discussion, Perioperative/ASPAN Working Group Meeting, Baltimore MD.

Staff Nurse Fatigue and Patient Safety, Invited Presentation, Arizona State Nurses Association Meeting, Phoenix, AZ.

Staff Nurse Fatigue and Patient Safety, Panel Discussion, AHRQ Annual Meeting, Bethesda MD.

Staff Nurse Fatigue and Patient Safety, Invited Presentation, New York State Nurses Association Meeting, Atlantic City, NJ.

Staff Nurse Fatigue and Patient Safety, Invited Presentation, Health and Medicine Council of Chicago, Chicago, IL.

The Role of Fatigue in Patient, Staff and Public Safety, Invited Presentation, Connecticut Nurses Association Meeting, Hartford, CT.

Fatigue: Duty to Self, Patient and Team, Panel Discussion, Connecticut Nurses Association Meeting, Hartford, CT.

The Impact of Work Hours and Sleep on Work Performance, Invited Presentation, Kentucky Sleep Association.

Fatigue Studies and Implications for Policy Change, Invited Presentation, Arizona Nurses Association Legislative Day, Tempe, AZ.

Staff Nurse Fatigue and Patient Safety, Invited Presentation, New Jersey State Nursing Convention, Research Luncheon, Atlantic City, NJ.

A Dairy Based Examination of Nurse Sleep Patterns: Factors Effecting Sleep Duration. Association of Professional Sleep Societies Meeting, Salt Lake City, UT.

A Diary Based Examination of Nurse Sleep Patterns and Patient Safety. Oral Presentation, Association of Professional Sleep Societies Meeting, Salt Lake City, UT.

The Majority of Nurses Report Difficulties with Drowsiness Driving Home After Work, Oral Presentation, Association of Professional Sleep Societies Meeting, Salt Lake City, UT.

Work Hours and Sleep Times of US Hospital Nurses. Panel Discussion on Work Time and Sleep. Association of Professional Sleep Societies Meeting, Salt Lake City, UT.

Working Hours of Hospital Staff Nurses and Patient Safety. Keynote Presentation, Washington State Nurse Association Meeting, 2006 Leadership Development Conference Chelan, WA.

Staff Nurse Fatigue and Patient Safety. Invited Presentation. North Dakota State Nurses Association Meeting, Fargo, ND.

Reevaluating Current Work Hour Limits-What are Safe Hours for Nurses and Patients, Panel Discussion on Work Hour Limits and Patient Safety, American Public Health Association Annual Meeting, Boston, MA

Staff Nurse Fatigue and Patient Safety. Invited Presentation, Colorado Patient Safety Collation Annual Do No Harm VI, Denver, CO.

2005 Staff Nurse Fatigue and Patient Safety. ENRS Pre-conference Session, New York, NY.

Staff Nurse Fatigue and Patient Safety. Invited presentation at the Pennsylvania Association of Staff Nurses and Allied Professionals, Philadelphia PA.

Staff Nurse Fatigue and Patient Safety. Keynote address at the Washington State Nurses Association Annual Convention, Seattle, WA.

Where do we draw the line for safety? The latest research on staff nurse fatigue and patient safety. Invited presentation at the Rhode Island Nurses Association Meeting, Providence, RI

Fatigue, overtime and ethics. Invited presentation at the American Association of Nursing House of Delegates Meeting, Washington DC.

Your place in patient safety: Your work hours. Keynote address at the Michigan Nurses Association Annual Convention, Ypsilanti, MI.

Staff Nurse Fatigue and Patient Safety. Keynote address at the Kansas State Nurses Association Annual Convention. Topeka, KA.

Staff Nurse Fatigue and Patient Safety. Invited Presentation, Delaware Valley Neonatal Nurses Association, Bucks County, PA.

Staff Nurse Fatigue and Patient Safety Invited Presentation, 2005 Becker College Nursing Symposium, Worchester, MA.

2004 Staff Nurse Fatigue and Patient Safety. Invited speaker at HUP Nursing Grand Rounds. Philadelphia, PA.

Staff Nurse Fatigue and Patient Safety. Invited Testimony at the Senate Judiciary Hearing (May 24, 2004), Harrisburg, PA.

Staff Nurse Fatigue and Patient Safety, Invited Speaker at the 7<sup>th</sup> Annual Neonatal Advanced Practice Forum, Washington D.C.

Sleep Duration Affects the Amount of Fatigue, Stress, Physical Exhaustion, and Mental Exhaustion Reported by Hospital Staff Nurses. American Association of Professional Sleep Societies, Philadelphia, PA.

The Effect of Work Breaks on Performance. Poster Presentation at the American Association of Professional Sleep Societies, Philadelphia, PA.

Staff Nurse Fatigue and Patient Safety. American Nurses Association Convention, Minneapolis, MN.

Staff Nurse Fatigue and Patient Safety. Invited Presentation at a special session for lobbyists, American Nurses Association Convention, Minneapolis, MN.

Staff Nurse Fatigue and Patient Safety. Invited Presentation at the 4<sup>th</sup> Annual Texas Nurse Leadership Conference, Austin, TX.

Staff Nurse Fatigue and Patient Safety. Invited Presentation at the Maryland Nurses Association Convention, Linthicom, MD.

Staff Nurse Fatigue and Patient Safety, Invited Presentation at the Passport to Nurse Wellness; Creating a Positive Environment for Nurses Conference, Memphis, TN.

Staff Nurse Work Hours and Patient Safety, Invited Presentation at the Connecticut Nurses Association and Sigma Theta Tau Meeting, Hartford, CT.

2003 Research to Practice-Success Stories. Participant in a panel discussion at AHRQ's Second Patient Safety Research Conference. Alexandria, VA.

Staff Nurse Fatigue and Patient Safety. Invited presentation at the Northeast Sleep Society Meeting, Hartford, CT.

Staff Nurse Work Schedules and Patient Safety. Invited speaker at Nursing Grand Rounds, Children's Hospital of Philadelphia, Philadelphia, PA.

Staff Nurse Work Schedules and Patient Safety. Invited speaker at Nursing Grand Rounds, Philadelphia VMAC, Philadelphia, PA.

Staff fatigue and patient outcomes: Invited speaker at the 2003 National Conference on Resource Management, Staff and Scheduling: Practical Solutions for a Changing Workforce. Minneapolis, MN

Staff Nurse Work Schedules and Patient Safety. Invited speaker at the 4<sup>th</sup> Annual Evidence Based Nurse Executive Conference. Philadelphia, PA.

Rogers, A.E., Scott, L.D., Hwang, W-T, & Dinges, D.F. Hospital staff nurses regularly report fighting to stay awake on duty. American Association of Professional Sleep Societies, Chicago, IL.

Rogers, A.E., Hwang, W-T., Scott, L.D., & Dinges, D.F. Hospital staff nurse work hours and patient safety. American Association of Professional Sleep Societies, Chicago, IL.

Staff Nurse Fatigue and Patient Safety. Invited paper at the Emergency Nurses Association Annual Meeting, Philadelphia, PA.

Staff Nurse Work Hours and Patient Safety. Invited speaker at Nurses Speak Out for Quality Care Workshop, Pittsburgh, PA.

Patient Safety and the Workforce. Invited paper at the First Annual University of Pennsylvania School of Nursing Patient Safety Conference. Philadelphia, PA.

2002 Staff fatigue and patient outcomes: A work in progress. Invited speaker at the 2002 National Conference on Resource Management, Staff and Scheduling: Practical Solutions for a Changing Workforce. Philadelphia, PA.

The effects of sleep deprivation among hospital nurses. Participant in a panel discussion entitled "The Nursing Shortage and Nurse and Patient Safety Issues," at the American Nurses Association Convention. Philadelphia, PA.

- 2001 Rogers, A.E, Cantor, C., & Marcus, S. Compliance with stimulant medications in narcolepsy: Measured with a MEMS TrackCap. Poster presentation at the 14<sup>th</sup> Annual Meeting of the Association of Professional Sleep Societies. Chicago, IL.
- 1999 Preventing behavioral symptoms through sleep hygiene. Invited speaker, Long-term Care videoconference sponsored by the Delaware Valley Geriatric Education Center. Philadelphia, PA.
- 1998 Rogers, AE., Beusterien, K.M., Reblando, JA, Wang, L, & Ingalls, K. Health-related quality-of-life effects of modafinil in the treatment of narcolepsy. Oral presenation at the 12<sup>th</sup> Annual Meeting of the Association of Professional Sleep Societies. New Orleans, LA.
- 1997 Sleep Disorders in the Elderly. Invited paper at a conference on Sleep and Sleep Disorders sponsored by the Ohio Sleep Medicine Institute. Columbus, OH.

Screening Patients for Sleep Disorders. Invited paper at a conference on Sleep and Sleep Disorders sponsored by the Ohio Sleep Medicine Institute. Columbus, OH.

New Analysis of QOL. Invited paper at a meeting of Modafinil Advisory/Consultants Workshop, Ponta Vedra, FL.

- Rogers, A.E., Aldrich, M.S., & Berrios, A. Compliance with prescribed stimulant medications in patients with narcolepsy. Poster presentation at the 1997 Drug Information Association Workshop, Baltimore, MD.
- 1996 Rogers, A.E., Aldrich, M.S., & Berrios, A. Compliance with prescribed stimulant medications in patients with narcolepsy. Poster presentation at 20th Annual Meeting of the Midwest Nursing Research Society Conference. Detroit, MI.

The Health Implications of Disrupted Sleep. Invited Paper at the 1996 Virginia Less Franklin Memorial Neurological Conference sponsored by Nell Hodgson Woodruff School of Nursing, Emory University. Atlanta, GA.

Rogers, A.E., & Aldrich, M.S. A comparison of three different sleep schedules for reducing daytime sleepiness in treated narcoleptic subjects. Tenth Annual Meeting of the Association of Professional Sleep Societies. Washington DC.

Sleep across the Lifespan. Guest Lecturer, Butterworth Alumni Lecturership, Butterworth Hospital. Grand Rapids, MI.

- 1995 Hypersomnia. Invited Paper presented at the Biological Rhythms in Nursing Research and Practice Synthesis Conference, Nineteenth Annual Midwest Nursing Research Society Conference, Kansas City, MO.
  - Rogers, A.E., Aldrich, M.S., & Berrios, A. Compliance with stimulant medications in patients with narcolepsy. Annual Spring Meeting of the Michigan Sleep Disorders Association. Lincoln Park, MI.
  - Rogers, A.E., Aldrich, M.S., & Berrios, A. Compliance with stimulant medications in patients with narcolepsy. Ninth Annual Meeting of the Association of Professional Sleep Societies. Memphis, TN.
- 1994 Understanding Narcolepsy. Invited Paper at a conference on Sleep, Sleepiness and Insomnia: An overview of Sleep and Sleep Disturbances sponsored by Boston College of Nursing. Boston, MA.
- 1993 Incorporation of rhythmic physiological measures into behavioral nursing studies. Paper presented at the Biological Rhythms in Nursing Research and Practice Preconference Session, Seventeenth Annual Midwest Nursing Research Society Conference, Cleveland, OH.
  - Rogers, A. E., Aldrich, M. S., & Caruso, C. C. Twenty-four-hour sleep/wake patterns of narcoleptic and control subjects. Seventeenth Annual Midwest Nursing Research Conference, Cleveland, OH.
  - Rogers, A. E., Aldrich, M. S., & Caruso, C. C. A comparison of 24-hr sleep/wake patterns in treated narcoleptic and control subjects. The Michigan Sleep Disorders Association Spring Scientific Presentations, Lansing, MI.
  - Rogers, A. E., Caruso, C. C., & Aldrich, M. S. Twenty-four-hour diaries can be a reliable measure of sleep/wake patterns. Seventeenth Annual Midwest Nursing Research Conference, Cleveland, OH.
  - Rogers, A. E., Aldrich, M. S., & Caruso, C. C. A comparison of 24-hr sleep/wake patterns in treated narcoleptic and control subjects. Seventh Annual Meeting of the Association of Professional Sleep Societies, Los Angeles, CA.

Rogers, A. E., Caruso, C. C., & Aldrich, M. S. Twenty-four-hour diaries can be used to gather reliable data about sleep/wake patterns. Seventh Annual Meeting of the Association of Professional Sleep Societies, Los Angeles, CA.

Rogers, A. E., Aldrich, M.S., & Caruso, C. C. Correlates of daytime sleepiness in treated narcoleptic subjects. Eighth Annual Meeting of the Association of Professional Sleep Societies, Boston, MA.

Circadian Rhythms Sleep Disorders. Invited Paper at the 6th International Conference of Chronopharmacology and Chronotherapeutics. Amelia Island, FL.

1991 Rogers, A. E., Evans B, & Whall, A. Wrist-actigraphic assessment of 24-hour sleep/wake patterns in healthy elderly persons. Eighth Annual Faculty Research Day. Ann Arbor, MI.

Rogers, A. E., & Evans, B. 24-hour sleep-wake patterns in healthy elderly persons. Fifth Annual Meeting of the Association of Professional Sleep Societies Meeting. Toronto, Ontario, Canada.

1990 Continuous EEG and evoked potentials: Research and clinical implications. Eighth Annual Neuro Critical Care Workshop, The University of Michigan. Ann Arbor, MI.

Sexuality and spinal cord injury. Featured speaker at the Eighth Annual Neuro Critical Care Workshop, The University of Michigan. Ann Arbor, MI.

Can a wrist actigraph reliably distinguish sleep from wake in subjects with excessive daytime sleepiness? Fourteenth Annual Midwest Nursing Research Society Conference. Indianapolis, Indiana.

Sleep changes associated with selected psychiatric disorders. Innovations in Psychiatric Nursing Practice. Ann Arbor, MI.

1989 Sleep disturbances associated with neurological dysfunction. Seventh Annual Neuro Critical Care Workshop, The University of Michigan. Ann Arbor, MI.

Nap therapy improves alertness, but does not alter the frequency and severity of symptoms experienced by patients with narcolepsy. 1989 Nursing Research Conference, Council of Nurse Researchers. Chicago, IL.

The reliability of a wrist actigraph in discriminating sleep from waking states. Seventh Annual School of Nursing Faculty Research Symposium, The University of Michigan. Ann Arbor, MI.

1988 Do regularly scheduled naps reduce sleep attacks and the excessive daytime sleepiness associated with narcolepsy? Twelfth Annual Conference of the Midwest Nursing Research Society. Wichita, KS.

Rogers, A. E., & Aldrich, M. S. Do regularly scheduled naps reduce sleep attacks and excessive daytime sleepiness associated with narcolepsy? Second Annual Meeting of the Association of Professional Sleep Societies. San Diego, CA.

- 1987 Memory deterioration vs. attentional deficits in patients with narcolepsy. Fifth International Congress of Sleep Research. Copenhagen, Denmark.
- An objective examination of the memory and attention problems reported by narcoleptic patients. Fourth Annual School of Nursing Faculty Research Symposium. Ann Arbor, MI.

1985 Family responses to the narcoleptic patient: Types of problems and coping strategies. Ninth Annual Conference of the Midwest Nursing Research Society. Chicago, IL.

1984 Target problems and coping strategies identified by narcoleptic patients. Sixteenth Annual Meeting of the American Association of Neuroscience Nurses. San Francisco, CA.

# **CONSULTATION RESEARCH/ EDUCATIONAL**

2019-2023	Consultant on a grant entitled "Mind-body approach to improve Health-Related Quality of Life for People with Narcolepsy: A Feasibility Study (R34 AT009551). PI Jason Ong. Total Amount \$237,000
2013-2018	Collaborator on a grant entitled, Mechanisms of Sleepiness Symptoms in Sleep Apnea and Cardiovascular Disease (K99/R00NR014675). PI Victoria Pak. Total Amount \$930,000.
2007-2008	Consultant on a grant entitled, "Preventing Hospital Errors: Testing the Feasibility of a Fatigue Countermeasures Program for Nurses," Linda D. Scott PhD, RN (Grand Valley State University) Pl. Total amount \$94,984.00, Michigan Blue Cross/Blue Shield Foundation.
2004	International Consultant. Work hours, fatigue levels and errors frequency among Australian Nurses University of South Australia Collaborative Research Grant (\$23,000 Australian). (PI Jill Dorrian)
1998-2001	Consultant on a grant entitled, The Role of Hypothalamic Aging in Menopause (R01 AG15083), Nancy Reame PhD, RN (University of Michigan) PI. Total amount \$1,412,981.
1997-2000	Consultant on a grant entitled, The Effects of Hemodialysis on the Sleep Wake Cycle. (NR043040-01A1). Assisting the PI, Kathy Parker PhD, RN (Emory University), with using 24-hour ambulatory polysomnographic recorders for the collection of data on the sleep wake patterns of dialysis patients.

### **TEACHING ACTIVITIES**

## **Courses Taught**

Dates	Name of Course	Role in course
Emory University		
Fall 2019	TATT 600 Summer Workshop	Faculty
Fall 2018, 2019	NRSG 790 Teaching in the Nursing Profession	Faculty
	TATT 605 Teaching Assistantship	Faculty
Carria 2010, 2020	TATT 610 Teaching Associateship	Faculty
Spring 2019, 2020	NRSG 389/HLTH 385-01 Sleep:	Faculty
Spring 2017, 2018, 2019,2020	Science and Culture	
Spring 2016	NRSG 733 Health Risks, Interventions and Outcomes	Faculty
Fall 2013, 2014, 2019	NRSG 705 Endogenous and Exogenous Determinants of Health	Faculty

Spring 2013, 2015	NRSG 739 Improving Outcomes in Chronic Health Conditions	Faculty
Spring 2012	NRSG 763 Research Seminar and Residency II	Faculty
Fall 2010, 2011, 2012, 2013, 2015	NRSG 700 Philosophy of Science and Nursing Theory	Faculty
2016, 2017  Spring 2011 University of Pennsylvania	NRSG 797R Independent Study	
Summer 2009, 2010	Nursing 703 Clinical Practicum in Sleep	Faculty
Spring 2009, 2010	Nursing 702 Diagnosis and Management of Selected Sleep Disorders	Faculty
Fall 2010	Nursing 679 Issues in Occupational Health Nursing	Faculty
2000-2009	Nursing 637 Introduction to Research Methods and Design	Faculty and Course Coordinator
1999-2000	Advanced Clinical Practicum in Nursing: Theory	Course Coordinator
University of Michigan		
Fall 1998, 1997, 1996, 1995, 1994, 1993, 1992	N573 Acute Care Gerontologic Advance Practice Nursing Theory I	Faculty
Fall 1998, 1997, 1996, 1995, 1994, 1993, 1992	N502 Advanced Physiologic and Pathophysiology across the Lifespan	Faculty
Winter 1992, 1990, 1989,1988, 1987	N614 Nursing Therapies I: Care of the Adult Individual with Altered physiology	Faculty
Fall 1991, 1990, 1989, 1988, 1987	N514 Pathophysiology: Human Responses to Altered Physiological Function	Faculty
Winter 1987, Fall 1986	N456 Adult Medical Surgical Nursing	Faculty

## **Doctor of Philosophy in Nursing Advisement**

2018- Dissertation Committee member for Mosely, P.A., Obstructive sleep apnea, sleep disordered breathing, and daytime sleepiness in women after menopause. College of Nursing, University of Tennessee Health Sciences Center

2017-2019	Dissertation Committee Chair for Jones, A., The influence of gender, weight, and age on OSA progression in REM and NREM sleep
2018	Dissertation Committee Member for Otiguor, U., Heart Failure Family Caregivers Sleep Quality and Physical, Psychological, and Physiologic Outcomes. Nell Hodgson Woodruff School of Nursing, Emory University
2017	
	Dissertation Committee Chair for Williams, J., Is shortened sleep duration in pregnancy associated with adverse infant and maternal outcomes? Nell Hodgson Woodruff School of Nursing, Emory University
2011	
	Dissertation Committee Member for Stimpfel, A., The impact of hospital staff nurse shift length on nurse and patient outcomes" School of Nursing, School of Nursing, University of Pennsylvania
2010	Dissertation Reader for Patterson, J. The effects of sleep loss, environmental factors and individual differences on mood. University of South Australia.
2008	Dissertation Committee Member for Ye, L. Gender Differences in Baseline Functional Status and Response to Continuous Positive Airway Pressure in Milder Obstructive Sleep Apnea. School of Nursing, University of Pennsylvania
1997	Dissertation Committee Member for A circadian perspective of first-night effect and its relationship to vigilance and short-term memory. School of Nursing, The University of Michigan.
1993	Dissertation Committee Member for Labyak, S. Octodon degus: A model for human circadian rhythms. School of Nursing, The University of Michigan
1991	Dissertation Committee Member for Majali, S. A study of selected nursing interventions aimed at reducing unilateral neglect in right hemisphere stroke patients. School of Nursing, The University of Michigan.

### **Post-Doctoral Advisees**

2012-2014	Christine Feeley
2009-2010	Valerie Rogers
2006-2008	George Rodway
2004-2006	Grace Dean
2000-2001	Michael Dreher

# PROFESSIONAL ORGANIZATIONS

2013-Present	Society for Behavioral Sleep Medicine
2001-Present	American Academy of Nursing
1989-Present	Sigma Theta Tau
1986-Present	American Academy of Sleep Medicine
1986-Present	Sleep Research Society
1975-Present	American Nurses Association

# SELECTED PROFESSIONAL ACTIVITIES

2019	Site Visitor, University of San Diego, School of Nursing PhD Program
2018-Present	Member, HCSA Work Hours and Sleep, Healthcare and Social Assistance Workgroup
2016- Present	Member, American Academy of Nursing, Health Behavior Expert Panel (subgroup on nurse work hours and fatigue)
2016	Member, CDC Expert Panel on Worksite Fatigue
2015-Present	Member, AHRQ Patient Safety Net Technical Expert/Advisory Panel
2015-2016	Member, American Academy of Sleep Medicine, APRN/PA Education Sub-Committee
2014-Present	Member, Georgia Nursing Leadership Coalition Steering Committee, Georgia Nurses Association
2013-2014	Co-chair, Steering Committee, American Nurses Association, Nurse Fatigue Professional Issues Panel
2012-2013	Appointed to the 12-Hour Shift Task Force, Georgia Nurses Association
2012-2013	Appointed to a Presidential Committee, American Academy of Sleep Medicine
2011- 2012	Sleep Research Society Committee on Committees
2011-2013	Member, American Academy of Sleep Medicine Task Force on APN/PA Practice
2011	Abstract Reviewer, Sleep Research Society Merit-Based Trainee Travel Awards
<ul><li>2011</li><li>2010</li></ul>	Abstract Reviewer, Sleep Research Society Merit-Based Trainee Travel Awards  Appointed to a Presidential Committee, Society of Behavioral Sleep Medicine
2010	Appointed to a Presidential Committee, Society of Behavioral Sleep Medicine  Participant and Team Leader, International Consensus Conference for the WHO Project
2010	Appointed to a Presidential Committee, Society of Behavioral Sleep Medicine  Participant and Team Leader, International Consensus Conference for the WHO Project "Development of ICF Core Sets for Sleep," Nottwil, Switzerland  Co-Chair, Expert Panel, Registered Nurse Association of Ontario, Best Practices Present
2010 2009	Appointed to a Presidential Committee, Society of Behavioral Sleep Medicine Participant and Team Leader, International Consensus Conference for the WHO Project "Development of ICF Core Sets for Sleep," Nottwil, Switzerland Co-Chair, Expert Panel, Registered Nurse Association of Ontario, Best Practices Present Guidelines related to <i>Preventing Nursing Fatigue in Health Care</i> .
2010 2009 2009-2012	Appointed to a Presidential Committee, Society of Behavioral Sleep Medicine  Participant and Team Leader, International Consensus Conference for the WHO Project "Development of ICF Core Sets for Sleep," Nottwil, Switzerland  Co-Chair, Expert Panel, Registered Nurse Association of Ontario, Best Practices Present Guidelines related to <i>Preventing Nursing Fatigue in Health Care</i> .  Chair, Sleep Disorders Section, Sleep Research Society  Appointed to the Institute of Medicine's Committee on Optimizing Graduate Medical Trainee Resident) Hours and Work Schedules to Improve Patient
2010 2009 2009-2012 2007-2008	Appointed to a Presidential Committee, Society of Behavioral Sleep Medicine  Participant and Team Leader, International Consensus Conference for the WHO Project "Development of ICF Core Sets for Sleep," Nottwil, Switzerland  Co-Chair, Expert Panel, Registered Nurse Association of Ontario, Best Practices Present Guidelines related to <i>Preventing Nursing Fatigue in Health Care</i> .  Chair, Sleep Disorders Section, Sleep Research Society  Appointed to the Institute of Medicine's Committee on Optimizing Graduate Medical Trainee Resident) Hours and Work Schedules to Improve Patient Safety
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2010 2009 2009-2012 2007-2008 2006-2009 2006	Appointed to a Presidential Committee, Society of Behavioral Sleep Medicine Participant and Team Leader, International Consensus Conference for the WHO Project "Development of ICF Core Sets for Sleep," Nottwil, Switzerland Co-Chair, Expert Panel, Registered Nurse Association of Ontario, Best Practices Present Guidelines related to <i>Preventing Nursing Fatigue in Health Care</i> .  Chair, Sleep Disorders Section, Sleep Research Society Appointed to the Institute of Medicine's Committee on Optimizing Graduate Medical Trainee Resident) Hours and Work Schedules to Improve Patient Safety Member, Medical Reserve Corps, Howard County, MD Abstracter for two evidenced-base reviews (actigraphy and treatment of excessive daytime sleepiness) conducted by the American Academy of Sleep Medicine.
2010 2009 2009-2012 2007-2008 2006-2009 2006 2001-2006	Appointed to a Presidential Committee, Society of Behavioral Sleep Medicine  Participant and Team Leader, International Consensus Conference for the WHO Project "Development of ICF Core Sets for Sleep," Nottwil, Switzerland  Co-Chair, Expert Panel, Registered Nurse Association of Ontario, Best Practices Present Guidelines related to Preventing Nursing Fatigue in Health Care.  Chair, Sleep Disorders Section, Sleep Research Society  Appointed to the Institute of Medicine's Committee on Optimizing Graduate Medical Trainee Resident) Hours and Work Schedules to Improve Patient Safety  Member, Medical Reserve Corps, Howard County, MD  Abstracter for two evidenced-base reviews (actigraphy and treatment of excessive daytime sleepiness) conducted by the American Academy of Sleep Medicine.  Appointed to the Medical Advisory Board of Talk About Sleep

Appointed to the National Sleep Foundation's Narcolepsy Advisory Council Chaired an oral session, Narcolepsy II, at the Tenth Annual Meeting of the Association of Professional Sleep Societies.

Poster Review Panel for the National AJN Conference

1993 Reappointed to the Board of Directors, American Narcolepsy Association.

1992-present Abstract reviewer, Association of Professional Sleep Societies.

1992-1993 Abstract reviewer, Midwest Nursing Research Society.

1992 Chaired an oral session, Narcolepsy, at the Sixth Annual Meeting of the Association of

Professional Sleep Societies.

Ad Hoc Review Committee, National Center for Nursing Research, NIH.

Appointed to the Medical Advisory Board, American Narcolepsy Association.

1991 Reappointed to the Board of Directors, American Narcolepsy Association.

1988 Reappointed to the Board of Directors, American Narcolepsy Association.

1987 Co-chaired Oral Session 4, Sleep Disorders I: Cognitive Function, at the Fifth International

Congress of Sleep Research, Copenhagen, Denmark.

1986 Appointed to the Research Committee, American Narcolepsy Association.

1985 Elected to the Board of Directors, American Narcolepsy Association.

# **Manuscript Reviewer**

2018 Contemporary Clinical Trials

2016 PLOS One

The International Journal of Environmental Research and Public Health

**Endocrine Practice** 

2015 PLOS One

**Accident Analysis and Prevention** 

Journal of Clinical Sleep Medicine

2012 PLOS One

**Ergonomics** 

The International Journal of Physical Sciences

Sleep, Journal of Sleep Medicine

**Research Society** 

# **National and International Scientific Review**

2018-present	Reviewer, Innovation at Work Peer Review, Work Safe BC, Research Services-Policy, Regulation, and Research Division, Vancouver, BC
2017	NRCS, study section review, Temporary Member, Summer
2015-2016	Member, HS15-02 Review Panel, AHRQ
2013-2015	Member, PCORI's Assessment of Prevention, Diagnosis, and Treatment Options Merit Review Standing Panel
	NRCS, study section review, Temporary Member
2013	Ad hoc reviewer, Academic Research Enhancement Awards program, NIH
2012	National Institute of Social Care and Health Research (NISCHR), Wales (UK), Spring
	Center for Scientific Review Special Emphasis, /05 ZRG1 BBBP-L (51) Review Panel, Spring
	Scientific Advisory Panel for University of Alabama at Birmingham Sleep/Wake Science Center, Spring
	NRCS, study section review, Temporary Member, Spring
2011	Sleep and the Social Environment Review Panel, National Institutes of Health
	NRCS, study section review, Temporary Member, Fall
2008	Reviewer for the Innovation Nurse Education Technologies (INET) Program, Health Resources and Services Administration, Division of Nursing
2008-2010	Review Panel Chair, the Nurse Education, Practice and Retention Grant Program, Health Resources and Services Administration, Division of Nursing
2007	Reviewer, Sleep Research Society Small Grants Program
2005-2007	Reviewer for the Nurse Education, Practice and Retention Grant Program, Health Resources and Services Administration, Division of Nursing
2004	2004 Reviewer for the non-respiratory hypersomnia section of the International Classification of Sleep Disorders 2004 Revision
1999	Nurse Internships Grant Review Panel, Division of Nursing, Health and Human Services
	Patient Safety Incentive Grant Review Panel, Agency for Healthcare Research and Quality.
1998	Grant review for the Canadian Institutes of Health Research
1996-1997	Small Business Innovation Research Review Panel, National Institute of Neurological Diseases and Stroke, NIH

# **Nell Hodgson Woodruff School of Nursing Service**

2018-Present	Chair, Honor Council
2019-Present	Chair, Faculty Committee on Appointment, Promotion and Tenure
2018	Vice-Chair, Faculty Committee on Appointment, Promotion and Tenure
2017-2018	Co-chair and then Chair, Honor Council
2015-2016	Chair, Search Committee, Mellon Chair in Nursing
2013-2017	Chair, Doctoral Program Evaluation Task Force
2013-2014	Member, School of Nursing Finance Committee
2012-2013	Chair, Doctoral Curriculum Revision Task Force
2012 – 2017	Dean's Advisory Council
2012- Present	Member, Faculty Committee on Appointment, Promotion and Tenure
2011-P2017	Chair, Doctoral Admissions and Progressions Committee
2011-2012	Chair, Faculty Committee on Appointment, Promotion, and Tenure
2010-2012	Member, Search Committee
2010-2011	Member, Faculty Committee on Appointment, Promotion, and Tenure

# **Emory University Service**

## **Guest Lecture**

2019	NRSG 575 Optimal Wellness
2018	NRSG 575 Optimal Wellness NRSG 683 Human Sexuality and Illness NRSG 710 Principles of Health Outcomes Research
2017	NRSG 683 Human Sexuality and Illness ENG 190-001 Freshman Seminar: Sleep Across the Disciplines NRSG 575 Optimal Wellness NRSG 710 Principles of Health Outcomes Research
2016	NRSG 683 Human Sexuality and Illness M2M 700 Molecules to Mankind Seminar NRSG 575 Optimal Wellness NRSG 710 Principles of Health Outcomes Research
2015	NRSG 575 Optimal Wellness

2014	NRSG 710 Principles of Health Outcomes Research
2013	NRSG 730 Measurement and Design in Clinical Research Emory Certificate Program in Predictive Health
2012, 2013	NBB 190-001: Freshman Seminar: NBB: Sleeping with the Enemy, lecture on Sleep and Obesity

### **Committees/Task Forces:**

2019	Member, Panel Discussion: Reimagining Retirement Luncheon, Sponsored by the Emeritus College and
	the Center for Development and Excellence, September 27 <sup>th</sup>

2019-Present	Chair, Subgroup of Emory Sleep Consortium exploring possible T32
2018-present	Member, Emory University Conflict of Interest Review Committee Member, Emory College Honor Code Advisory Committee Member, TATTO Advisory Committee
2015-2016	Member, Eleanor Main Mentorship Award Selection Committee
2014-2015	Reviewer, HIP-ACTSI-GSU Seed Grant Program
2013-2016	Member, Presidential Advisory Committee
2013-3026	Member, Laney Graduate School Executive Committee
2011-2013	Member of the Emory University Sleep Center Strategic Planning Committee
2010-2013	Reviewer, Social Sciences, University Research Council Grants Program

### **Prior Service at Other Universities**

2003-2007	Member, CRCU Advisory Committee, University of Pennsylvania
2002-2004	University Just Cause Panel, University of Pennsylvania
2000-2001	Member of the University Committee on Communications, University of Pennsylvania

# University of Pennsylvania School of Nursing Service

2009-2010	Chair, Faculty Senate
2008-2009	Chair-Elect, Faculty Senate
	Chair, Arts and Aesthetics Task Force
	Member, Advisory Taskforce for the Division Chair of Family and Community Health Division Search
	Member, Strategic Planning Taskforce, Division I
2007-2008	Chair, Division Awards Committee
	Member, Research Committee

2005-2008	Member, Doctoral Curriculum Committee
2005-2008	Chair, Progressions Committee
2005	Member, Ad Hoc Committee re Personnel Committee
2004-2005	Chair, Bylaws Committee
	Member, Doctoral Curriculum Committee
2003-2004	Chair, Academic Freedom Committee
	Member, Task Force, Building Renovation
	Member, Graduation and Awards Task Force
	Member, Doctoral Curriculum
2001-2004	Member of the Doctoral Admissions Committee
2000-2001	Member, Research Task Force, Undergraduate Curriculum Committee, School of Nursing, University of Pennsylvania
	Member of the Doctoral Progressions Committee
1999-2001	Member, Academic Freedom Committee
1999-2000	Member, Undergraduate Curriculum Committee
	Member, Course Directors Group
	Member, Faculty Welfare Committee