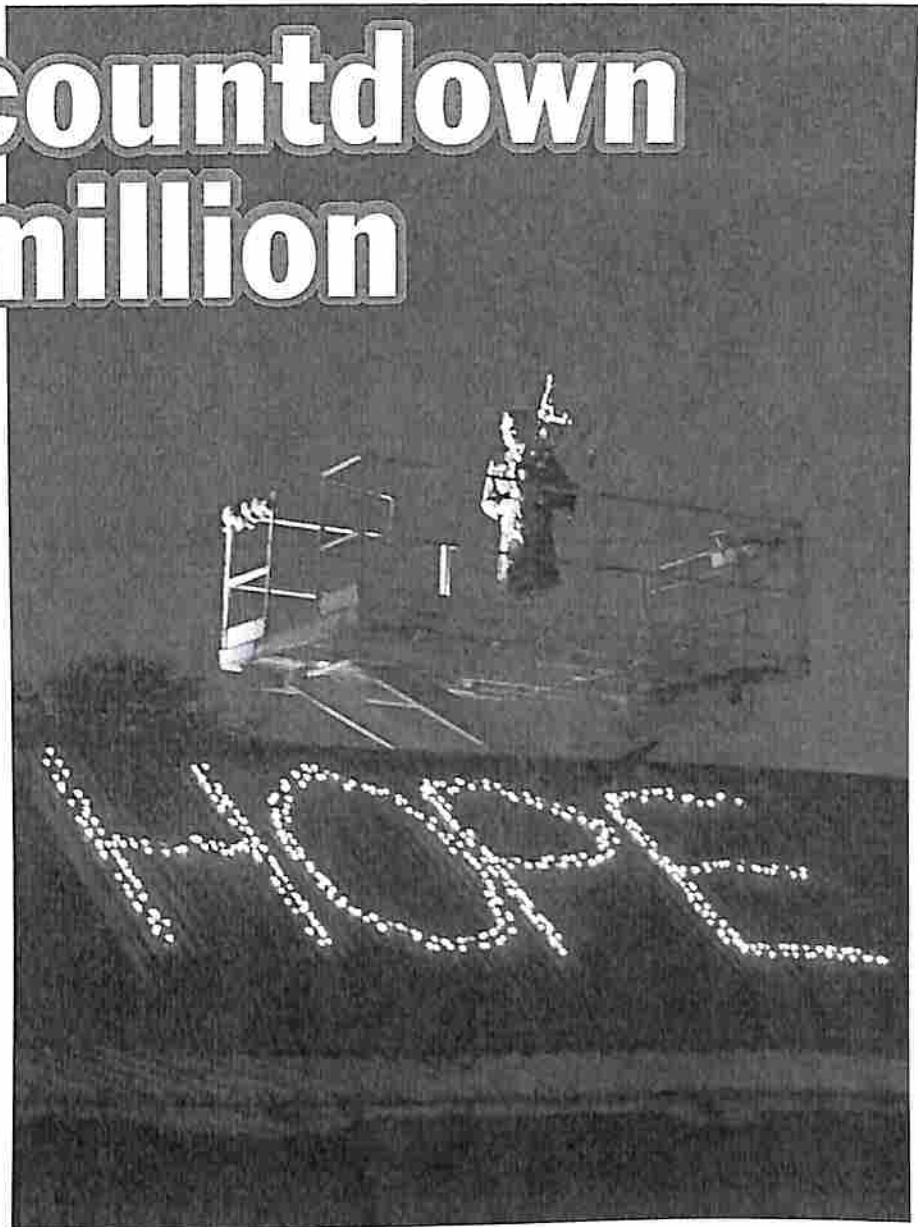


Relay countdown to \$1 million

More than 30 teams including many newcomers will relay overnight in memory of lives lost to cancer and as a show of support to patients, carers and survivors. They have registered for the 10th Lancefield/Macedon Ranges Relay For Life on March 3 & 4. A huge weekend of entertainment and activities has been organised by the volunteer committee, and the whole community is invited to the official ceremonies at Lancefield Park on Saturday (3pm and 8pm) and Sunday (10am). The event has so far raised almost \$870,000 for the Cancer Council Victoria. It is not too late to register or make a donation. Alternatively, you can help the cause by supporting the many team fundraisers in coming weeks.

Magician Anthony De Masi, better known by Channel Nine viewers as Magic Tony, is bringing his hilarious show, 'Spaghetti Spaghetti', to Woodend. His performance in Romsey in 2010 was very well received. Children and adults around the world love his character Luigi Zucchini's Italian charm, charismatic style and lovable animal friends. The family magic show will be held on Friday, February 17 at St Ambrose Hall, Templeton Street, Woodend. Show time is 7pm, with tickets available pre-booked or at the door for \$10 each. (NB: Seating is limited so bookings is recommended.) Proceeds will be donated to the Cancer Council Victoria by The Ones That Got Away team. Contact Nadine on 54271571 or 0439 399 838.



The Romsey Birdies

The Romsey Birdies are again running a Charity Golf Day at their home club on Sunday, February 19 to boost their fundraising tally. Entry is \$80 per team or \$20 each, which includes a traditional barbecue lunch. The day will feature a 4-player Ambrose competition over 12 holes, with novelty and fun events. Players are welcome from 9.30am for a 10am hit off. Entries close on February 10 and will be accepted on the day if the field

permits. To register ring Beryl on 5429 5411 or Jan 0402 905 982.

For more details about the Relay For Life at Lancefield Park and to register a team or individual, or to make a donation, visit the website www.relayforlife.org.au and follow the prompts to Lancefield. Alternatively ring Melissa McCarthy on 0438 831 427 or email tmac31@bigpond.net.au. More information can also be obtained from the Cancer Council Victoria on 1300 65 65 85.

YOUR LOCAL COMMUNITY RADIO STATION

100.7 Highlands FM in an effort to better understand their audience are seeking your views on what you'd like to hear on your local community radio station which broadcasts throughout the Shires of Macedon Ranges and Hepburn.

Complete the online survey at www.surveymonkey.com/s/KR2MPHK and tell us what you think:

Are the programs what you want to hear?

Are you aware that 100.7 Highlands FM is available to do live broadcasts from your sporting event, carnival or show?

Did you know that you can catch up with the latest news from Macedon Ranges Shire Council by tuning into 100.7FM on Wednesdays at 10am?

Did you know that webcasts and our programs are available on the internet?

Are you interested in becoming involved on the Committee of Management, or as a presenter, interviewer or assisting with office administration?

Are you interested in supporting the station by becoming a sponsor and advertising your services?

Alternatively if you do not have access to the internet please forward your feedback to: Attention Geoff Murray, PO Box 966, Woodend, 3442.

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Contact

Glenice Mitchell 54 296418

Weather Comment 15-1-12

It seems no time since my last article, how time flies. No figures this month, just some general remarks about our changeable weather - last week it felt as though Winter had returned with the heater on for a couple of nights and now promising to return to Summer conditions. Again if we look back to this time last year much of the country was being devastated by the floods that occurred at that time and from which many places have not totally recovered.

Very little to report on the farm front, cattle numbers are as before and the cattle are not progressing as I had hoped, so with an abundance of hay I am considering starting to give them some supplementary feed in the near future. It means a drawn out commitment but should produce satisfactory results in the way of weight gains. The Dorpers seem to handle the hot conditions and it is not unusual to see them camped in the sun during the day. We sold the first-cross ewes at a very large Special Ewe sale in Kyneton and have replaced them with some first-cross ewe lambs which we will grow out and again put them back on the market at the same sale next year.

The garden as is usual at this time of year is looking a bit ordinary though there is still some colour from roses and gladioli. We continue to harvest our beans also planted some more seedlings to keep the supply going. A couple of ripe tomatoes but these plants along with the onions are not doing as well as we would expect. However we keep trying.

I send my thanks to all those who read my weather comment and for your kind remarks when we meet.

Robert Green

LANCEFIELD FIRE BRIGADE

At the time of writing we have had a quiet start to the fire season and with support of all the residents this should continue through the Summer period. Please be aware that any suspicious fires during this period will be reported to the Police who will decide what further action may be taken. The other regulation that is often overlooked is the requirement for any machinery that is in contact or in the vicinity of flammable material, such as dry grass, leaves etc MUST be fitted with an efficient muffler and also carry a fire fighting knapsack or a 9 litre fire extinguisher fully charged with water. This is usually taken to be tractors, utes etc but it is also applicable to ride-on mowers hand mowers and such that are being used in the conditions as mentioned previously. It is also a good idea to regularly clean any grass clippings from the deck of ride-on mowers as there can be a build up of debris which can ignite and provide fuel if anything goes wrong.

Please when reporting a fire or other incident make sure that the correct information is given to the operator as this is vital and enables the Brigade to reach the scene as quickly as possible. You may be asked for a street or rural road number, a cross road/street to enable the operator to establish a reference point again to enable a quick and accurate response.

I stress again the importance of this information to all concerned

REMEMBER THE NUMBER TO CALL FOR ALL FIRE OR INCIDENT REPORTING IS 000

If you would like more information call at the Fire Station on any Sunday morning after 8-30 or check out the CFA website

One last item of information for the general public is that if a callout is received between the hours of 7am and 10pm the siren will be set off, any call outs outside these hours the siren will not be used.

Stuart Mustey, Captain

Lancefield Mercury Inc.

A0045845D

Items for publication should be mailed or can be emailed to editor@lancefieldmercury.org.au

Advertising should be sent to advertising@lancefieldmercury.org.au

Mail address:
PO Box 61 Lancefield 3435

All articles should reach The Mercury by the fifteenth of the month to be sure of inclusion.

Each edition will be distributed by mail in the first week of the month. The Lancefield Mercury is produced by the volunteer committee as a service to the people of Lancefield and surrounding districts.

The editorial committee reserves the right to edit articles for length and clarity.

Editorial Committee:

Andy Moore
Craig Longmuir
Karen Barr
Meryl Green
Robert Green
Kellie Wilson
Murk Schoen
Marjorie Dobbs

Views expressed are not necessarily those of the editorial committee.

Advertising Rates:

Full page \$140 ½ page \$80
¼ page \$40 Business card \$30

Editorial Enquiries to Andy Moore 0430 448 120

Advertising Enquiries to Kellie Wilson 0438 501 258



www.lancefieldmercury.org.au

The Lancefield Mercury should be delivered to every dwelling which receives a mail delivery from the Lancefield Post Office. The Mercury committee would be keen to make sure that no-one misses out on their monthly copy of the paper. If you have missed out on a copy, either regularly or occasionally, or know someone who has, can you let the editor know at editor@lancefieldmercury.org.au? Thank you.

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Film society Year Three starts on February 8th.

The third season of the Macedon Ranges Film Society (MRFS) gets under way at Woodend Community Centre on Wednesday February 8th with Billy Wilder's immortal comedy, *Some Like It Hot*. This was originally scheduled for our season finale for 2011 but that was the night when that incredible storm took out the power lines. Remember that ?!

In our first two years the society has grown to a membership of fifty-five and, now, in our new location of the Woodend Community Centre we have the capacity to welcome up to about fifty or so more. So if you love the experience of seeing good movies on a big screen but find the trudge into Melbourne and back too stressful, you can now enjoy a stress-free night out at the movies locally every month by joining the MRFS. We meet every second Wednesday every month from February to November. Doors open at 7.00 p.m. Membership costs \$60 for the season, which works out to only \$6 per session. After the movie, members stay around to enjoy a chat and some refreshments.

The season's programme is a mix of old and new, of drama, action, crime and comedy and of Hollywood and Arthouse - something for everyone.

The programme for the 2012 season kicks off with:

February 8th:	Some Like it Hot - America, 1959
March 14th:	Hair - America/Germany co-production, 1979
April 11:	Heavenly Creatures -NZ/Germany co-production, 1994
May 9:	The Princess Bride - America, 1987
June 13:	Goodbye Lenin - Germany, 2003

Membership and General Enquiries: Victoria Wells, President, and/or Lorraine Rutherford, Secretary. All at mrfilmsoc@gmail.com or phone 5427 2323

World Day of Prayer - 2012

Theme: Let Justice Prevail

The Service has been prepared by the Christian Women of Malaysia

Address: Miss Robyn Langford (formerly with SAMS Argentina and CMS UK - Central Asia and Sudan)

Where? Christ Church Anglican Church, Chauncey St, Lancefield

When? Friday 2 March

Time? 10am in the Church Hall

Meeting around God's Word:

Habbakuk and Luke 18: 1-8

11am - Service in the Church,

Rev W Carroll, (inc offertory)

Light lunch to follow

About the World Day of Prayer

It began in Canada and the USA in the 19th century and has now spread world wide.

The first service begins in Tonga at sunrise and moves around the world until the last service at sunset in neighbouring Samoa.

Men and women of Romsey/Lancefield, come and join us!

Contacts:

Glenice 5429 6418; Doreen 5429 6060

Joy, WDP Convenor - Romsey/Lancefield 5429 6163

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Is there Platypus in my Waterway?

Have you ever wondered if platypus live in your local river or creek? Learn more about the wonderful world of the platypus at information sessions to be presented by Port Phillip and Western Port CMA in partnership with Newham and District Landcare Group, Jacksons Creek Enviro Network and the Wallan Environment group. Join guest speaker Geoff Williams as he leads you on a walk through a platypus habitat. Afterwards, Geoff will discuss information and incentives to help landholders and community groups to protect platypus, encourage them to live in local waterways and monitor their presence. Geoff Williams has a great deal of experience with platypus and has worked as a biologist with the Australian Platypus Conservancy since its foundation in 1994. Prior to that, Geoff was Director of Healesville Sanctuary for 5 years from 1988 to 1993 and, before coming to Victoria, was Assistant Director of Sydney's Taronga Zoo from 1985 to 1988.

These information sessions are timely following the spotting of platypus along waterways in the area, including two male platypus that were recently caught in Riddells Creek during surveys undertaken by CESAR consulting for Melbourne Water.

Fri 10 & Sun 12 February info Grant Godden 0428 560 163

Fri 10 & Sun 12 February

Is there Platypus in my Waterway? - Grant Godden

0428 560 163

Visit Council's revamped
Environmental Services web pages...

- Environmental Planning and Cultural Heritage
- Land Management and Biodiversity (including Weed Management) &
- Reducing Water, Waste and Energy Use

<http://www.mrsc.vic.gov.au/Page/Page.asp?Page_Id=282&ch=0>

Lancefield Playgroup

Lancefield Playgroup has wonderful new outdoor play equipment!

Lancefield Playgroup welcomed Summer 2011/12 with Macedon Ranges Shire Council and Bendigo Community Bank funding towards purchasing new outdoor play equipment and soft fall for the playgroup yard in High Street, Lancefield. The wooden outdoor structures sourced from local toy shop The Tree House, include climbing activities and a pirate ship to encourage active outdoor and creative play.

Volunteers from Lancefield's new Men's Shed were kind enough to volunteer their time to put the equipment together.

Playgroup children, parents (and some very helpful Grandparents!) worked hard to spread the soft fall in time for a Grand Opening in late November 2011.

Any community members caring for children under school age are welcome to bring their children along to Lancefield Playgroup.

Please contact the Lancefield Neighbourhood House on 5429 1214 for session times and contact details.



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Lancefield and Romsey

Parish Priest: Fr. George O'Connor. Pastoral Associate: Mrs. Joanne Reuther

School Principal: Mr. Anthony Falls. Presbytery: St. Joseph's House:

St. Mary's Primary: 5429 2130. Parish Website: www.users.bigpond.com/stmlancefield

MASS TIMES

Saturday:

6.00 p.m. Lancefield

1st & 3rd Sunday of the month:

8.00 a.m. Lancefield and 10.00

a.m. Romsey

2nd, 4th & 5th Sunday of the

month:

8.00 a.m. Romsey and 10.00 a.m.

Lancefield

RECONCILIATION

After weekday Mass or by arrangement.

BAPTISMS

February, April, June, August, October, December.

For more information, please phone 5429 2130.

REGULAR EVENTS

SVDP Drop-In: First Thursday of each month, 10.30 a.m. to 4.00 p.m., St. Mary's Church Hall, Romsey.

All welcome to come for a game of cards/chat and free lunch.

Spiritual Guidance: Last Tuesday/Wednesday of each month at the Presbytery, 27 Chauncey Street, Lancefield.

John Stuart, Counsellor and Guide. Appointment necessary. Tel: 5429 2130 for more information.

SACRAMENTAL PROGRAM 2012

Parents of children wishing to receive the Sacrament of Reconciliation and Eucharist

(grade 3 or above) or Confirmation (grade 6) in 2012 are asked to contact Joanne Reuther, the Pastoral Associate on 54292130. There is a meeting on Wednesday 8th February at 7.00pm at St. Mary's Church Lancefield. All children are required to attend with their parents. This will be the final date to enrol in the St. Mary's Sacramental program.

BINGO!!

Every Thursday evening St. Mary's Church Hall at Romsey Doors Open 7.00 p.m. EYES DOWN 7.30 p.m. \$3.00 per 15 game book No entry fee. Canteen facilities Free tea and coffee.

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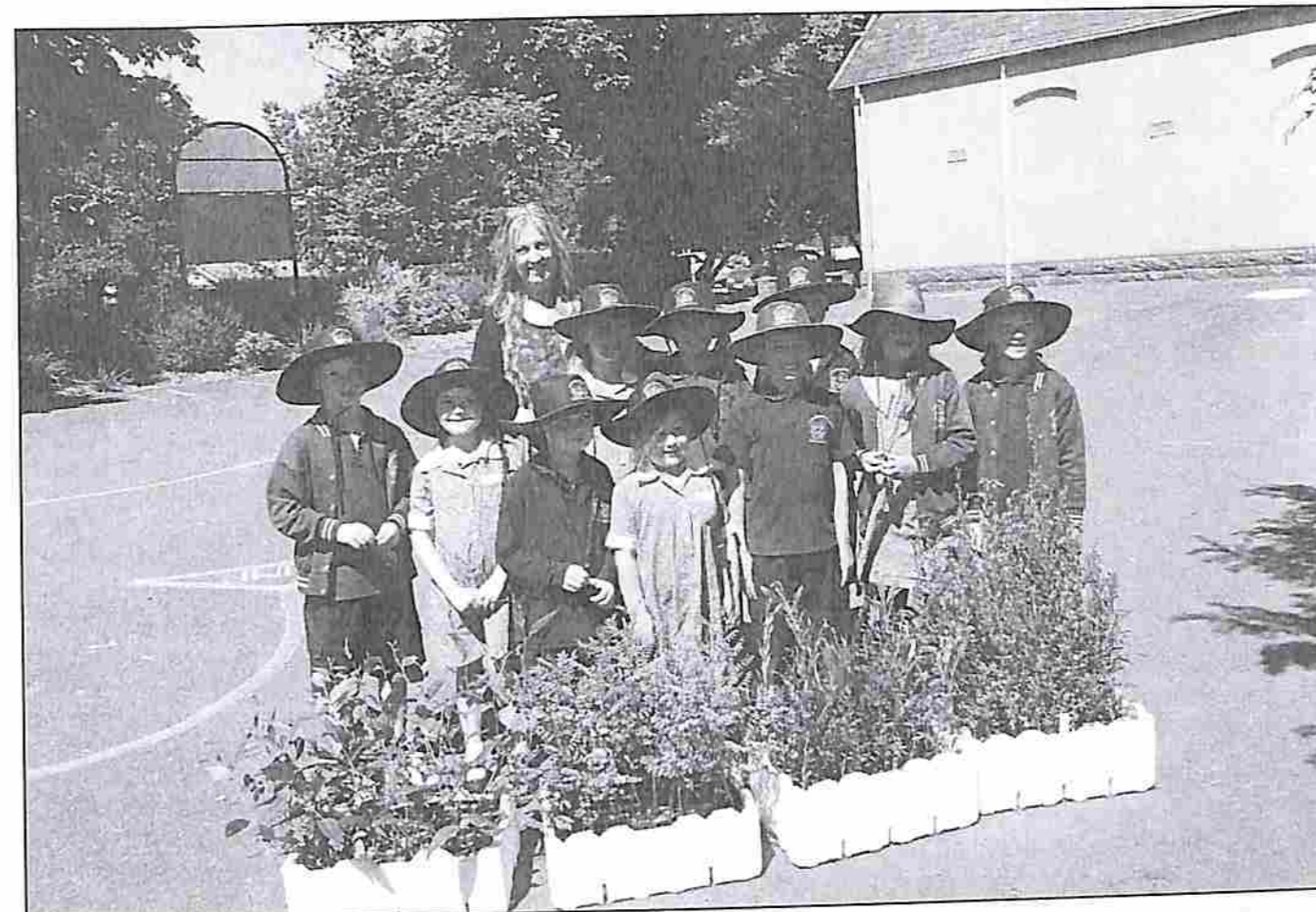
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LOCAL SCHOOLS LOVE LANDCARE TREES



The Deep Creek Landcare Group donated boxes of indigenous trees to the Lancefield Primary School, St Mary's School Lancefield and the Romsey Primary School just before the school break-ups in December. Pictured here are Lancefield Primary School teacher Andrea van Gils and her happy band of budding landcarers.

Interested locals are welcome to attend the regular meeting of the Deep Creek Landcare Group held at 8pm on the second Monday of the month in the Lancefield Mechanics Institute, unless that day is a public holiday. The Group covers both the Lancefield and Romsey areas, and there are usually about a dozen community members in attendance

to discuss landcare projects and matters in general. Anyone can join up on the night or just join us for a chat.

Have a look at the Group's website at www.deepecreeklandcare.org.au

Just come along, or give President Robin a call on 0428 315846 or Secretary Hayley on 0409 936814.



8.30am to 5.30pm Mon - Fri & Sat 9am to 1pm.

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Make a Healthy and Active Start to 2012

Would you like to live a healthier lifestyle? Are you interested in doing more physical activity and eating better, but don't know where to start? Healthy and Active Macedon Ranges is a new initiative coordinated by Macedon Ranges Shire Council aimed at engaging the community in healthier and more active lifestyles. To kick off in 2012, the following two exciting programs are on offer:

Kyneton - Live Well, Be Well, Stay Well

A self-management and lifestyle modification program where participants learn about healthy eating and nutrition and engage in

a variety of physical activities.

When: Every Tuesday from 14th February - 27th March 2012 (7 weeks).

Time: 9.00am - 11.00am.

Where: Kyneton Sports & Aquatic Centre Clubrooms, Victoria Street, Kyneton. Cost: \$5.00 per person.

Kyneton - Cooking for One or Two

A basic cooking skills program that gives participants confidence in preparing healthy meals using easy cooking techniques. Participants create and share a main meal at each session and learn about nutrition, food hygiene, budgeting and weight control.

When: Every Tuesday starting 14th February - 20th March 2012 (6 weeks).

Time: 11.30am - 1.30pm.

Where: Kyneton Town Hall, 129 Mollison Street, Kyneton.

Cost: Gold coin donation.

Join in today and start living a healthier lifestyle! To register or for further information, call 5422 0216 or email healthycommunities@mrsc.vic.gov.au

The Healthy and Active People Initiative is delivered by Macedon Ranges Shire Council in partnership with Cobaw Community Health and is funded by the Australian Government.

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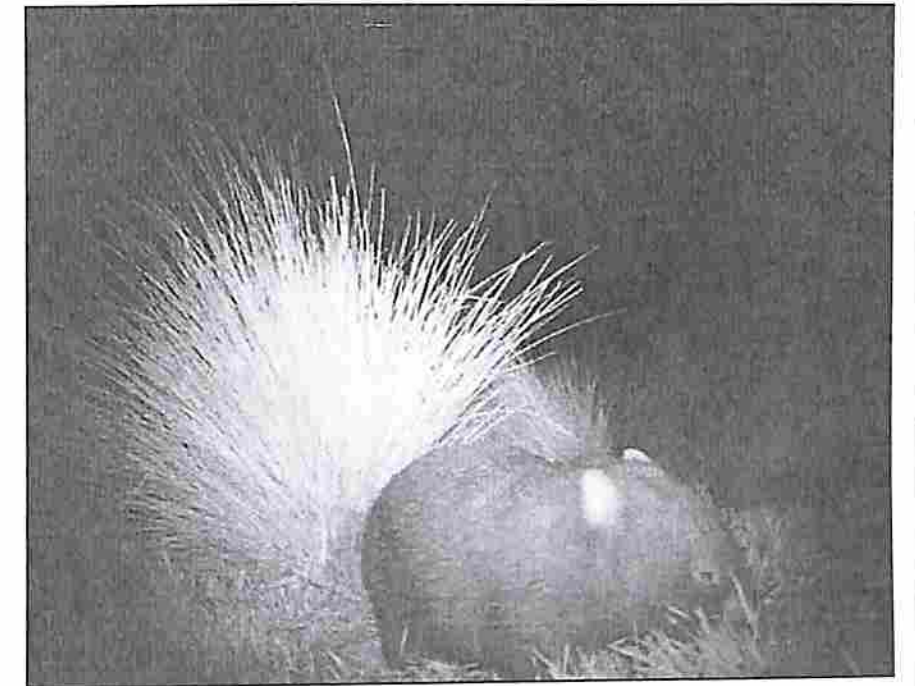
Wombats enjoy creek home 'renovation'

More than 15 years of work to restore natural vegetation around Romsey's Deep Creek has been given the tick of approval by some important local residents - wombats. Investigations last month by Western Water and Deep Creek Landcare Group led to the discovery of wombat burrows by the creek, the first sighting of the animals in many years. "We had found burrows in the area and wanted to check what kind of animals were using them before beginning a program of fox and rabbit baiting," Western Water's Managing Director, John Wilkinson, says.

"We set up a night vision camera with a motion detector, and were pleased to find that we had recorded wombats as well as the expected pest species."

Camera footage shows wombats digging and feeding on grass, with one ambling up to the camera lens for a closer inspection.

"There are two wombat dens, each with multiple holes, which suggests we have at least two families living and breeding in the area," Mr Wilkinson says. "This is a great reward for many years



of work removing willows and other weeds, and replanting the area with indigenous vegetation to create a habitat for native wildlife. Other animals that have taken up residence around the creek include echidnas, swamp wallabies and kangaroos."

Western Water owns 3km of creek frontage along Deep Creek as part of the Romsey Recycled Water Plant site.

"This is one of many creek frontages on Western Water property around the region, and we work alongside local Landcare groups and Melbourne Water on projects to remove weeds and revegetate," Mr Wilkinson says. "The Waterways charge customers see on their water bills, which goes to Melbourne Water, is used to fund these kinds of projects."

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Romsey-Lancefield & district Ambulance auxiliary report

Happy New Year to all our community from your local Ambulance auxiliary.

As usual reports from station personal state that they are busier than ever. With the increasing costs of medical equipment it is an on-going effort for our auxiliary to raise funds for the station. I am constantly informing people that Ambulance Victoria will provide all standard issue equipment only. If our station staff need extra medical, technical or household equipment it is the auxiliary that will provide funds for these. As a consequence we are always looking for different ways to raise money and for the community to support us.

Our annual barbecue at the Lancefield Farmer's market in November was very successful despite miserable weather. Val Mustow needs to take much credit

for this due to her hard work and great organisational skills. Thank you to all Auxiliary members for your efforts on this day. We would like to thank people who donated to our raffle and BBQ and in particular thanks go to Lancefield Bakery, Lancefield Motors and everyone who bought raffle tickets and sausages
THANK YOU!

Winners of the raffle were: 1st prize Mrs O'Malley, 2nd prize Belinda, 3rd prize Peter Scanlon

Our "meet and greet" outside IGA was fantastic with acting Team Leader and MICA paramedic Dave Newman proving a hit with the locals. We look forward to doing this again this year.

If anyone is interested in joining our auxiliary please do not hesitate to contact me.

President Helen Richardson
54296369

Christmas Raffle winner

The winner of the Romsey Lancefield Rotary Club's Christmas Raffle (new trailer and Christmas goods) was: Ms M. McKeown from Sunbury
Ticket Number: 204

The Romsey Lancefield Rotary Club Inc. would like to thank the community for their support of this Raffle as all proceeds go towards our ongoing Educational Projects. Romsey Lancefield Rotary Club Inc.

P0 Box 195
ROMSEy Vic 3434

VicVeg Online

VicVeg is an online resource that provides a wealth of information about Victoria's native vegetation, its management, restoration and revegetation. VicVeg Online aims to help you to read the landscape and understand the native vegetation of your area and on your property, as well as how to give it a helping hand.

The VicVeg Online Plantscapes section describes the natural regions of Victoria (Bioregions), and their vegetation types (Ecological Vegetation Classes or EVCs) to help you identify your vegetation type/s. You can then obtain revegetation species lists and other information for your site.

The Plant Species section will help you to identify the native plants of your region. There are photos as well as information about their identity, distribution, description, tolerances and adaptability, productivity and interactions with indigenous fauna.

The Tools and Techniques section offers you ways of growing native plants and managing vegetation. You'll find material on propagation and establishment techniques as well as guides to assessing and managing remnant native vegetation to improve its nature conservation value.

See www.vicveg.net.au

Funding Opportunities for 2012

Follow the links below to learn more about the funding opportunities currently available to land managers, land carers and community groups in the Macedon Ranges.

Green money available to Macedon Ranges, Victoria
<<http://findgreenmoney.com.au/by-lga/271/victoria-macedon-ranges>>

Flood Recovery and Enhancement works (NCCMA) - visit...

NCCMA Internet - Flood Recovery
<http://www.nccma.vic.gov.au/What_We_Do/FloodInformationHomePage/Flood_Recovery/index>

The Victorian Women's Trust <<http://www.vwt.org.au/>>

Action on the Ground Grant (Clean Energy Futures Program - visit...

<<http://www.daff.gov.au/climatechange/carbonfarmingfutures/action-on-the-ground>>

Biodiversity Fund - Clean Energy Future
<<http://www.environment.gov.au/cleanenergyfuture/biodiversity-fund/index.html>>

Biochar Capacity Building Program - DAFF
<<http://www.daff.gov.au/climatechange/cfi/biochar>>

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Victoria backing efforts for national plan to cut waste

The Victorian Government is backing a call for community input to help develop a national plan to reduce packaging and litter and to improve resource recovery. Parliamentary Secretary for Sustainability and Environment Donna Petrovich is encouraging public comment on a new consultation paper that examines options to cut waste.

A Regulatory Impact Statement (RIS) released last December by Australia's environment ministers examined the merits of various models including container deposit and industry-funded schemes. All industry and stakeholder groups throughout Northern Victoria are urged to contribute their views on these waste reduction options. The RIS considers seven options to improve resource recovery and reduce litter associated with a wide range of consumer packaging, including food wrappers and beverage containers.

Public consultation with industry and stakeholder groups on the RIS will occur in February 2012 with submissions due by 30 March 2012. The RIS can be found at: www.ephc.gov.au/product_stewardship/packaging_impacts

Business Energy Assessments

Do you own a business or work for a company that would like to reduce its energy bills?

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Lancefield & Romsey Community Banks

Community's The Winner From Bank Grants

Local groups and clubs, their members and the wider community will all benefit from the latest round of grants from the Romsey and Lancefield Community Banks.

Bank chair Tim McCarthy announced that 19 local groups would share more than \$26,000 in "community investment" funds for worthy projects. The funding is on top of \$24,000 to be handed out in sponsorships to local clubs and groups this year. A further \$14,000 will be allocated to our local emergency services, including our CFAs. Mr McCarthy said an independent panel of prominent local residents assessed applications for the "community investment" grants, and their recommendations were assessed by the Bank.

"Applications were assessed on a range of criteria, including their benefit to the wider community," he said. "I am very confident that our community will be a better place after this money is spent on these projects."

Mr McCarthy said the biggest grant of \$10,000 would provide much-needed toilets at the Lancefield cemetery, which services

both towns. "The Lancefield Cemetery Trust is contributing \$30,000 towards the project, which will provide an asset to assist with the amenity of visitors to the cemetery," he said. "The independent panel believed this was a priority project which would have lasting benefits and would support members of the community from both Romsey and Lancefield."

Other projects to be funded are:

St Mary's Catholic Church - install natural gas for heating \$1500.

Lancefield Mechanics Institute - renovation of floors \$2000.

Lancefield Bowling Club - outdoor upgrade of the building \$2000.

Romsey & Lancefield Districts Historical Society - digitise historical information \$1100.

Romsey Lancefield Rotary Club - Avenue of Honor \$500. Contribution to the project.

Romsey Toy Library - shelving and storage \$500.

Lancefield CWA - assist in funding scholarship and Spring show \$500.

Lancefield Playgroup - plants for the play area and a new veggie garden \$500.

Deep Creek Landcare - 100 litre spray pack \$500.

St Mary's Primary School - shade cloth over playground and play equipment \$500.

Lancefield Kindergarten - shade umbrella \$500.

Lancefield Primary School - education program gardening, cooking and animal husbandry \$500.

This year's grant program brings the amount returned to the Romsey and Lancefield communities by grants and sponsorships since our first branch opened 10 years ago to more than \$400,000.

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WOMEN

Women are important in life. One only has to see what happens in countries where women have no place in society. In the few years that I have lived in Lancefield I have witnessed the important role women play. The women of Lancefield are of course no different from those anywhere else. Not only in this town do they play their role, but in society in general. For a man, it may be risky to write about women, especially in a country town. Are we men biased? Maybe, but I've been living more than eighty years amongst females, so I dare to have a go just the same.

Some writings tell us that Eve was created from a rib from Adam. My local doctor tells me that both women and men have 24 ribs. Yet women are not equal to men. Some women want equality with men. This can never happen because women are different. The biological division makes a woman

dependent on a man. This is not meant to be derogatory, because men depend equally on women. Over history women have always been subordinate to men. In ancient times women were no more than slaves. Not only to one man, but sometimes to many or even whole tribes of men. In present day times, women are more equal.

Women are mentally different. In normal life situations they are less competitive than men and women are usually better at evaluating risk. Researchers at the Radboud University in the Netherlands found that a man's brain performs less well when they see or talk to a woman they fancy. Most women are oblivious to this. But it means that women have power over men. Many women use this advantage, unknowingly through coquetry, flirting or her charm. Although a man thinks he is the "boss", he can be a slave to his sexuality. But

if a woman prefers to live in a couple, she is often more alone than a man. He makes social contacts through his work and play. She loses the closeness of the family she comes from, so friendships become precious to a woman. Her choice of a partner is limited. To have a lover is a luxury but to attach yourself to somebody else is an obligation. Marriage vows are easier said than done, but whether married or not, if a woman really loves a man, she has a problem. The woman that exploits her femininity can create a situation for herself. Then a man starts soliciting such a woman and she may yield to him. If not sure of his love, she is at least sure, of his desires and urges. Then she could surrender herself to him with her body and sometimes even her soul. If she is deeply in love with her choice, she is usually proud with her choosing and she'll care for him, assist him and even try to improve him more

to her liking. This is mentally and physically absorbing. Yet it creates an even greater love for each other. If selfishness from either the man or the woman or even of both enters this equation, the whole process collapses. In such a case either partner can completely destroy each other. This happens even in peaceful towns, like Lancefield.

Because women are also physically different, their life offers different tasks and responsibilities. One woman finds satisfaction in housekeeping and/or bringing up kids, another in the excitement of adventure. The natural purpose of humans is procreation, to produce offspring and it is normal that both men and women want their children to grow into better citizens than themselves. The woman cannot produce offspring without a man and of course a man cannot produce offspring, without a woman. However to nurture offspring is a great responsibility. It costs effort and it needs a provider and a carer. Over times, the father was always

the provider, the mother the carer. Usually the mother is the one better suited for this last role. One speaks of "motherly love". A child comes from the mother it was part of her body. This gives the mother that special bond with her child. The bond a father has with his children is different. He is usually the one that takes more care of his child as it grows up. Although it is his child, it isn't so much part of his body. There are of course selfish parents that couldn't care less, and let their children fessick for themselves.

A woman needs a man to love her and to protect her from others. It is often thanks to this protection by a man, that a woman reaches her goal. With this way she succeeds in achieving a certain amount of independence.

Fifty years ago, when a woman surrendered herself, body and soul to a man, she often fell pregnant. This tied her down, to what.....? Exploitation? Slavery? Cruelty? Hate? More loving? Her own loving family? Sometimes a combination

of all these. The development of the contraceptive pill has not made it easier, but yet it greatly improved the life of a lot of women.

Whether a woman is homosexual or not, she will, in general have contact with other women. They join together to create a sort of counter culture whose values are different from male values. However many such women grow away from their trusted friends once they fall in love with their choice of man.

Much of a woman's future is now-a-days her own responsibility. The great plus of this is that there don't have to be unwanted children. Because a woman is different, there doesn't have to be equality between men and women. A man has his role in life and a woman has often an even more important role in life - namely nurturing their off-spring.

As a man, I found women fascinating. They are certainly different, physically and mentally and thank goodness for that.

Murk Schoen.



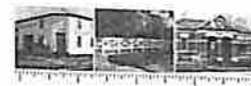
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Pastor's Parables . . .

By Marilyn Hunter – Senior Pastor Living Word Christian Church

A British nobleman left behind a big castle which contained priceless paintings. The public could come and see them from time to time.

One day a group of people were moving through the large rooms and admiring the paintings as they went. One elderly woman never spoke a word but would repeatedly go close to each picture and examine it very carefully. After the visit, someone asked her what she thought of it all. "It was perfect," she said with enthusiasm. "I could not find a speck of dust anywhere."

How often we miss the beauties of life because we are so intent on looking for faults. Someone put it this way: "There is so much bad in the best of us, and so much good in the worst of us, that it is not fair for any of us to speak against the rest of us."

"Seek and you WILL FIND!"

We will get what we expect both good & bad, because 'that' is what we will be looking for.

That is what our focus will be. So, eventually that

is what we will see!

The Bible says Finally brothers, whatever is true, whatever is honourable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable—if there is any moral excellence and if there is any praise—dwell on these things. –Phil 4:8.

Because the way we think and "who" we focus on, has so much to do with our spiritual and emotional well being.

We all have the opportunity at the beginning of this New Year to choose "who" or "what" we will focus on.

If you would like to know more about how you can experience "total well being" this year, and matters of faith feel free to join us at either of our Sunday services, Mid week Life groups, or contact us at our Church office on 54-296327. We would be happy to be of assistance to you.

We are a family Church and welcome all to our Church family.

HAVE YOU CONSIDERED SUCCESSION PLANNING?

Succession planning ensures a smooth transition for an individual when transferring business activities and assets to the next generation or other successors and can be beneficial:

- when planning to retire from work;
- when handing over business activities;
- in evaluating whether to sell a business or hand down to family members;
- protecting assets in the event of a relationship breakdown; or
- as part of prudent estate planning.

Succession planning will align your current business and asset ownership structures with your intentions for the future through a process of:

- defining your objectives;
- establishing a plan and timeline for implementation of those objectives;
- analysis of your current structures and future requirements; and
- turning the plan into action.

Succession planning forms a significant part of retirement planning. Timely consideration of business structures is often a necessary pre-cursor to enacting tax effective retirement strategies within a Superannuation Fund.

To discuss please contact Andrew Marshall or Janine Orpwood - 54273790 (85 High St, Woodend)

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Authorised by J. Duncan, Shop 14/9 Goode St, Gisborne

Vanessa's Garden

Over the last couple of months I'm pleased to say there have been some successes in the new veggie garden, notably tomatoes, beans and courgettes although the soil still needs a lot of improvement. The bed with the most clay in it has hosted root crops to help break up the ground and predictably they haven't done very well as crops, but they are helping break up the soil. The newspaper and compost mulch has made a difference but there's a way to go yet. I've needed to help the plants along with regular drafts of liquid fertilizer this year.

Blossom-end Rot can crop up on tomatoes about now. It happens if the plants dry out and then get a sudden heavy watering and the best solution is simply to water consistently if you can. A good deep water followed by mulch will help stop them drying out too. You

can draw the mulch right up to the stem, as that doesn't seem to cause stem rot in tomatoes like it can do with trees. The hot compost heap under its straw blanket certainly worked in terms of producing a good amount of rich compost for the garden. However at this elevation I'm not convinced it was necessarily any faster than any other method. On the other hand the straw blanket did stop any weeds getting hold on top and it all looked neat and tidy while it was transforming. Companion planting appears to have helped my baby lemon tree settle in, as both tree and the under-planted lavender are thriving. However I couldn't honestly put hand on heart and say that I've seen much improvement from putting the carrots and leeks together. The garlic and roses have been a great success. The roses which have had garlic round them have not needed spraying for aphids

at all. If I do have to spray later on, I'm going to try the old recipe of boiling a good double handful of rhubarb leaves in about 2 litres of water. Strain and cool. Squirt a drop of detergent in and this will do for the aphids without harming the roses.

I'm giving the young lemon a weekly water at the moment and a good feed of a slow fertilizer (such as blood and bone) once in January and again this month. As it is such a baby tree I've also steeled myself to cut off its first fruit so that the tree puts its energy into getting established. So far no sign of scale but if I do see the characteristic sooty mould then a diluted white oil spray should sort them out.

Olives, bit of a mystery there. We have had a tiny amount of fruit set on our two (youngish) trees and I'm not sure why - is it just the wind ripping the flowers apart before they had time to set?

Join a User Workshop to Help Shape Council's New Website

Macedon Ranges Shire Council is redeveloping its website and looking for local residents and businesses to participate in some user workshops in February and March 2012. You will find these workshops fun and informative - with the guidance of a usability consultant and Council staff you will discuss what you do and don't like about our website and other council websites. You'll gain some interesting insights into how you and other people use the web to find information! This is an opportunity for you to shape Council's new website so that it is engaging, useful, informative and accessible to all members of the Macedon Ranges community. As a thank you, you will receive a free pass to Hanging Rock along with your choice of one of the following:

Movie tickets
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Tickets to a show of your choice at the Kyneton Town Hall (subject to ticket availability).

To register your interest, please contact Gemma McAlinden, Communications and Public Relations Coordinator at Macedon Ranges Shire Council on 5422 0310 or via gmcaldinden@mrsc.vic.gov.au

Weeds of course are a constant battle. I'm trying not to give in and use glyphosate, so I'm out there with the boiling water to tackle weeds in the gravel and brickwork and wielding a hoe between plant rows. Little and often is the key.

Mid-February is also a great time to start planting winter vegies. Carrots sown now should germinate quickly and be a reasonable size by May. Carrots should not go into ground that has recently been heavily fertilized or they will fork and, if possible, try not to let the ground dry out while they are germinating.

Finally for this month, make sure stone fruit are fully ripe before harvesting as they will not sweeten up after picking. The exception to this is if you are going to bottle them, in which case do pick slightly early.



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 Ph: (03) 54 209 286 or
 Email: a.henneken@cfa.vic.gov.au
 (Available Monday, Tuesday and Thursdays)

Reflection: New Year Resolutions

Welcome to the new year with all the excitement and expectations that come with it. Did you know that New Years Day is the one holiday that is almost universal? It is the world's most observed holiday. I trust you've made your New Year's Resolutions, one of which may be to attend Church each week. I won't ask if you have resolved to lose weight that you have gained over the Christmas Season.

I have made some memorable resolutions over the past years:

I will not go to a Doctor whose waiting room plants have died. I am going to apply for a hardship scholarship to weight

watchers.

I have some words of comfort for those who are setting resolutions. "Don't worry about (keeping) those 2012 New Years Resolutions" "You only have to deal with them up to Lent. Resolutions are good, especially if they are changes we need to make to our Lives.

Happy New Year Rev Bill Carroll

Bishop Philip Huggins will be conducting his annual visit to the parish on Sunday 5th August 2012, If any amongst our families and friends desire Confirmation at that time please talk to Rev Bill next week

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What a hectic holiday season it has been!

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Lancelot - The one-armed Kangaroo

Based on a true story, Lancefield author Adrian Plitzco's newest adventure is about our biggest national icon: the kangaroo. Children all over Australia will be excited to find out what is happening to Lancelot when he learns that he is not a human being but a kangaroo.

Lancelot - The one-armed Kangaroo is a little Joey whose mother has died. He is adopted by Bill and Emmy, the farmer and his wife. Lancelot doesn't even know that he is a kangaroo. All he knows is Meryl Sheep, the funny and wise sheep on the farm and the horses he loves to tease. Until the day when Lancelot meets a mob and realizes that he himself is a kangaroo too. His quest is to discover his kangaroo-ness and find love and acceptance among his fellow creatures. He escapes

from home but after a freak accident one of his arms needs to be amputated. Lancelot's world is turned upside down and a long road lies ahead of him - learning to overcome his boundaries and accepting himself. With the help of true friends, Lancelot learns much more than what it takes to be a kangaroo.

"Well crafted and full of suspense and drama." Magdalena Ball, The Compulsive Reader
"The story is really one about encouraging positive attitudes to injury and disability."

Lancelot- The one-armed Kangaroo. Paperback. 123 pages. With 33 b&w illustrations. RRP \$14.95. ISBN 978-0-9870604 Published by Bubenberg Audio & Book. Available in bookstores and online.

About the author:

Before starting his writing career, Swiss-born author Adrian Plitzco worked in drama education for children. He had great success in Germany with his fiction novel Der harte Engel. His audio book for children Lancelot-the one-armed Kangaroo is based on true facts. He also wrote and produced the audio book Pirate - The barking Kookaburra. Both titles will be released in the USA in two weeks. Adrian Plitzco is also a producer and broadcaster at a multicultural radio station in Melbourne where he hosts a children's radio program.

To find out more about his latest publications go to <<http://www.plitzco.com/>> www.bubenberg.com

Romsey Basketball – Shooting Hoops in 2012

There are some exciting changes happening for Romsey Basketball this year. The Romsey recreation Centre is getting a brand new court and new basketball rings, due for completion in mid February. The Basketball rings will have a height adjustment function. This is great news for our under 10 competitors and Aussie Hoops kids, who will be able to play with a lower height ring.

This year Romsey Basketball will be selecting players to compete in representative squads. These kids will compete in tournaments around Victoria, and take on kids from all over the state. Kids selected will participate in regular coaching sessions. More information regarding tryout and squad training will be available in February.

The Romsey recreation Centre is starting a new competition. Under 11's will be playing on Monday nights from 4.00pm. This competition will be a great step from

the modified under 10 competition, which will still be played on Wednesday nights. Anyone interested in playing should contact the Romsey Recreation Centre by 31st January.

Under 10's – Finals News

Our 2011 under 10 competitors played some awesome games this year. There improvement was amazing throughout the year, and all kids who participated should be extremely

proud of themselves. The grand final and 3rd 4th playoff were held on the 14th of December. The opening match between the Bulls and the Raptors was extremely tight. After the break both teams played really hard, and at the end of the game Raptors won the match 13 to Bulls 12. The Grand Final was not a close, but it was still a great game. Bobcats defeated Hornets 18 – 3, with Tom Babicka and Maddy Prespakis named the best for the match.

Enrolments for 2012

Competition	Night	Starting	Enrolments Due
Aussie Hoops Development	Tuesday Nights	February	ENROL NOW!
Under 10 Mixed Competitions	Wednesday nights	February	ENROL NOW!
Under 11 Mixed Competition	Monday Nights	February	ENROL NOW!
Under 12 Mixed Competition	Tuesday Nights	April	March
Under 15 Mixed Competition	Tuesday Nights	April	March
Senior Modified Mixed	Wednesday Nights	February	ENROL NOW!

Contact the Romsey Recreation Centre for more information or to register. Phone: (03) 5429 5637 (Tuesday & Wednesday only during the school holidays) Email: rrc@mrsc.vic.gov.au

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Karate Classes for 2012

resumes Tuesday 7th February.

& Tai Chi Classes resume Saturday 4th February at 11am. Beginners are most welcome at any time. Come and try a complimentary class.

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2012
COMING SOON

LANCEFIELD GOLF CLUB NEWS

During the Christmas - New Year period, the Club has seen competition field sizes remain surprisingly high, averaging 30 players each Saturday. The December Monthly Medal was won by Ken Lambert with nett 69 including just 22 putts - a great effort. Runner-up was Dave Plunkett (nett 71).

The Lancefield Open 4 Person Ambrose on Sunday December 4 attracted a modest field. The winning team was Don Dennett, Helen Dennett, Jan Hourigan (Kilmore) and Sandra Wicking (Kilmore) with a nett score of 59 1/8, from Gavin Winwood, Ken Ryan, Mark Bollinger and Darren Ryan (nett 59 2/8).

The Stableford event on December 12 was won by Len Killender (44 points). Runner-up was Chris Lingard (40 points) on a countback from Trevor Lambert. Chris and Trevor carded 71 and 70 off the stick respectively - great golf.

On Saturday December 17 the Club held a fun golf day when the Green keeper was able to get his revenge by setting the pins in most unusual positions.

The Match Committee is working on some new ideas for 2012, and hopes to introduce a number of new types of competition this year. The new Syllabus will be available very shortly.

Thirty-five players contested the January Men's Monthly Medal with the winner Graeme Brennan carding a nett 67. Runner-up on a count back was Dave Muller.

As in previous years, Lancefield will field a number of Men's and Ladies Pennant teams in the Dalhousie District in 2012. The Match Committee will be finalizing these teams in the next few weeks.

The Lancefield Ladies held a most successful Christmas break-up at the Club on December 14 and presented several trophies. The Ladies invited foundation member Dorothy Hayes who kindly offered to donate a trophy, which will become the Ladies Singles Knockout Trophy.



Ladies Captain Florence Meyer presents Jenni Vennell with an award at the Christmas Break-up)

Visitors to Lancefield will notice how much the course has dried out over the last couple of months, especially the fairways. Despite this, the course remains in very good condition compared with previous years.

The contractors have returned to complete earthworks around the 8th and 9th fairways and the new dam. Hopefully this work will be finished in the next couple of weeks. Also, the Macedon Ranges Shire Council has undertaken to rebuild a number of bridges across creeks on the course and to carry out remedial work on the creek banks following last year's floods.

The Club now operates the bar from 11am to 5.30 pm on Saturdays, and from 10 am to 3.00 pm on Sundays, with light snacks available on both days. Social players are most welcome (contact the Club on 5429 1922 to check Competition times).

New members, both men and women, are always welcome and you are invited to contact the Club for membership details, or visit our website at www.lancefieldgolfclub.com.au

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\$320,000 in community contributions

Over the last ten years Lancefield and Romsey Community Bank® branches have contributed more than \$320,000 in much needed funds to local community groups, clubs and not-for-profit organisations that are the backbone of our community.

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Footy club

On behalf of the committee I would like to thank all the sponsors, supporters, volunteers who have supported the club in previous years whether that sponsorship be monetary or work done in kind. This support is vital for the stability and long-term future of the LFNC. It is difficult in a small community with limited exposure to give the sponsors/supporters possible monetary gain or proper recognition for their sponsorship. The LFNC cannot offer exposure through TV or national newspapers. What you do get though is the satisfaction that you are supporting a football club that is vital to the community. The LFNC club provides an outlet for the youth of the area to develop in a recreational activity and to mature into young men and women and play football and netball.

For the club to exist into the future and continue to provide this healthy environment with competitive sides it needs the continued support from sponsors, supporters and volunteers over a long period of time. Lancefield has always been a club about playing for a jumper. Unfortunately our players are constantly being poached by surrounding clubs and or leagues. I am not sure what the solution is but whatever it is, has to be sustainable and responsible and within our capabilities to raise money. If anybody has ideas on how to increase our

revenue stream please come forward but not just with an idea but maybe be the driver of that idea. Throwing money at players is just not the simple answer it may seem, it is about building a club character and a social environment that people want to come and play and those that do come need to be of good character and be about not what can the club do for them but what they can do for the club.

We all want a strong and successful club but the only way this can happen is with more help off the field to share the work load. To quote a senior coach at Lancefield from yesteryear, "Desperate men to do unbelievable things". This is what we have to do as a club and a town, become desperate, not just the players, but the committee, sponsors and supporters. We have to walk tall, be positive in our demeanor and be positive about the club in every way. Instead of sitting on the fence, and maybe waiting for the good times. Get involved now in some little way.

One of the ideas the club has come up with to help sustain the club into the future so we can offer reasonable remuneration and incentives based on performance on and off the field, is the 100 Hundred Club which is explained below so please give it your consideration and support.

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## Dear Sponsor, supporter or past player of the Lancefield Football Netball Club,

### Get behind the Tigers in 2012

The "Tigers One Hundred Club"  
 50 Chances to WIN \$1,000  
 And support your Club  
 Just \$20 / week

#### The LFNC needs your help!

We have a proud history and have provided sporting and social opportunities to thousands of footballers and netballers over the years. As a sponsor / supporter of the LFNC we want to offer you a unique opportunity to help support the Club in a very tangible way, but also to give you the opportunity to WIN.

#### What's involved?

We are offering 100 memberships to the Tigers One Hundred Club (THC)

For \$20 per week you have the chance to win \$1,000 for 50 weeks of the year (or you can pay in advance if easier for you). If you win, you still remain in the draw for the rest of the year - more chances!

The draw will be held on a Saturday night for home games, Thursday nights for away games and Friday night in the "off season". Each winner will be notified.

#### What you get:

50 chances to win \$1,000  
 A special members only Tigers One Hundred Club vest and numbered key ring.  
 Single entrance to all home games  
 First drink at home games is "on the house"  
 During the end of the season a double invite to the

Sponsors & One Hundred Club Gala Lunch with all catering and refreshments provided.

Your name / business name on our One Hundred Club notice board in the Social rooms

The knowledge that you are helping the LFNC to continue to provide support for football and netball players and to improve facilities at the Club.

#### Options

The following packages have been tailored to support existing sponsors / members and to encourage new ones

Option 1 - Tigers One Hundred Club member  
 - \$20 per week or \$1,000 up front

Option 2 - Existing sponsor with sign around the ground - \$250 plus \$20 per week or \$1,250 up front

Option 3 - New sponsor who wants a sign around the ground - \$500 plus \$20 per week or \$1,500 up front

#### What's next?

Please contact Russell Pattinson by phone (0419872684) or email (miracledog@bigpond.com) to take up one of the above 3 options. Numbers are strictly limited to 100 so don't miss out. You can either make the full payment up front or arrange for it to be direct debited from your bank account at \$20 per week.

Membership of the THC will commence 1 April 2012 and will continue for 50 weeks.

We greatly value your support of our great Club - but we need your help

Thanks

Ian Brown  
 President LFNC

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## A message from the Paul Tilley the senior coach for 2012

Season 2012 will be a challenging one for The Lancefield senior football netball club, but one we should look forward to with many challenges ahead. Last year we played 51 players in the senior side in our endeavour to bring on the young kids and or players that never really had a go at senior level. If we measure success by the number of games we won in 2011 it was most disappointing, however if we take the view that we had many successes throughout the year in relation to individual players improving, so with a positive approach and continued improvement success in the future will not be too far away.

We fielded 3 football sides every week with special emphasis on the under 18s. The focus on the under 18s was deliberate. The reason for this is that the Under 18s are the feeder for years to come for a team like Lancefield, who obviously don't have the resources to buy a team as is the want of many teams in this day and age. The under 18s have only 3 players now not eligible to play 18s due to their age, that means that the group of players we had from last season were all bottom age. The boys made the finals and did quite well. It is an obvious conclusion to make that if they want the ultimate prize they have

a great opportunity if they wish to grasp it and make it their own.

Mark Godbolt has agreed to take on the role of under 18s coach and also assist me with the seniors for which I am grateful. Joining him is former player Paul Cook who also has agreed to be assistant coach for both the Under 18s and seniors and I am most grateful for his input as well.

Phil Conway has been appointed captain for the year 2012 and has already shown that he is more than ready for the task leading from the front and taking charge whenever necessary. It makes the job of coaching much easier when you have someone like that to support you. The leadership group and other captains shall be voted on by the players as we get closer to the season proper.

I would like to take this opportunity to thank the Committee, supporters and sponsors for their support of the team, because without the help and generous donations the players would not have the opportunity to play the game they love so much, and I look forward to renewing friendships and meeting you as the season progresses.

*Paul Tilley*  
Senior Coach 2012.

## Lancefield Day Spa Welcomes you this Christmas...

The team at Lancefield Day Spa would like to thank all our loyal clients for their kind support throughout the year. Please join us for an open night on Tuesday the 20<sup>th</sup> of December at 5pm to 8pm.

Enjoy a glass of champagne while selecting from our variety of sensational Sothys Gift Packs & Personalised Gift Voucher packages for that special someone this Christmas.

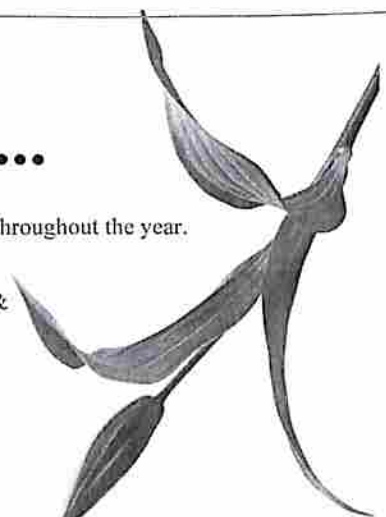
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| • Limited edition make up collection           | \$99 (save \$75)   |

Lancefield Day Spa has put together a variety of Gift Voucher Packages starting at \$85. All Vouchers come beautifully gift wrapped and packaged with complimentary chocolates. Gift Vouchers of \$200 or more, receive a complimentary Ecoya candle.

LANCEFIELD DAY SPA WISH YOU A SAFE & FESTIVE HOLIDAY SEASON!

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In February 2012 a special event is coming to the local region. McMahon Osborne Group are presenting MOG Masterclass 2012.

**Where: Glenfern Retreat, Glenfern Road Romsey**  
**When: Thursday 23<sup>rd</sup> & Friday 24<sup>th</sup> February, 2012**

MOG Masterclass 2012 is a special event full of expert speakers from both local and interstate. One and two day packages are available with a theme of high value and low cost. This enables business owners, leaders and those keen to build their long term sustainable wealth the opportunity to collaborate and benefit from each other's successes and failures.

The event brings together a host of guest speakers, each are expert in their field, to ensure that you will have great business success for 2012 and beyond (Day 1) and effectively build your wealth for 2012 and beyond simply using quality traditional investments such as property, cash and Australian Shares (Day 2).

**Day 1 – Create a Sustainable Business for 2012 & Beyond (Thursday, 23<sup>rd</sup> February, 2012)**  
Guest Speakers: Trent Taylor – Teach it Forward, Martin Murden – Partner Services  
and Ben Wilson – Webforce Five

Participants will leave this day with a suite of tools, ideas, connections and action plans that will enable the business to grow sustainably in the changing economic environment that we all anticipate in 2012 and beyond. The day will provide business owners and leaders with a dynamic competitive advantage as we enter a decade of business and economic change.

**Day 2 – Effectively Build Your Personal Wealth for 2012 & Beyond (Friday, 24<sup>th</sup> February, 2012)**  
Guest Speakers: Patrick Quigley – Akambo Private Wealth, Martin Murden – Partner Services  
and Michael Osborne – McMahon Osborne Group

Participants will take away from this day an understanding of how superannuation, property and equity investment work best when working together. Direct outcomes will include a map to build your personal investment strategy suited to your investment profile, an understanding of share buy backs, transition to retirement superannuation planning and identifying the types of property that will bring you long term success. The whole day comes together by introducing tax effective strategies to ensure that the investment return is enhanced by tax minimisation and effectiveness.

One day and two day packages are available with special early bird pricing for registrations fully paid before 31 December, 2011.

|                                  | <u>Regular Pricing</u> | <u>Early Bird Special</u> |
|----------------------------------|------------------------|---------------------------|
| One Day Package (Day 1 or Day 2) | \$297                  | \$197 (\$100 discount)    |
| Two Day Package                  | \$447                  | \$297 (\$150 discount)    |

**ADDITIONAL EARLY BIRD BONUS:** Register and Pay for your ticket to the event (either one day or two day package) before 31 December, 2011 and go into the Draw for a Corporate Golf Package valued at \$1,000 – a fantastic opportunity to build your network with existing and prospective customers.

To register for this exciting event simply call Kristie Hubbard on 03 9744 7144 or email [kristie@mcmahonosborne.com.au](mailto:kristie@mcmahonosborne.com.au)

Further details on the speakers and the event itself are available at [www.mcmahonosborne.com.au](http://www.mcmahonosborne.com.au)

## Lancefield Football Netball Club – Netball Pre-Season Training 2012

Happy New Year and like it or not the time has come! With the 2012 RDFL season set to commence on Saturday, April 14th, it's time to get your netball fitness fired up and into shape.

Commencing at 7pm on Thursday 19th January, at the Lancefield Park netball courts, pre-season training will commence. The first session will be 75 minutes in length and be assured that all fitness levels will be accommodated. The session will conclude with fresh fruit platters. From then on, on each Thursday, same time and same place, there will be ongoing opportunities to develop your fitness and skills in a fun, friendly environment. Wear suitable exercise gear, bring a towel and don't forget your water bottle.

Further to this the Club will host two 'Skill Development' sessions, run by respected and experienced local netballer, Michelle Rix. These will be held on Tuesday 24th and 31st of January and will run from 7pm-8.30pm.

Players are reminded that as of Thursday, February 2nd, training becomes compulsory for all those looking to be selected into a team for the 2012 season.

Current and new players are invited to attend and are encouraged to give it a go even if they are not sure at this stage of their availability to play. Please advise of your interest and of your intention to attend any of these sessions by calling the Netball Co-ordinator, Mel Bratovic 0432714962.

Look forward to seeing you there!

*Mel Bratovic*  
Netball Coordinator LFNC

### Netball Coaches Wanted!

The LFNC are still looking for persons interested in coaching a netball team for the RDFL 2012 season. Support is available in the way of assistance with planning training and fitness sessions, coaching courses and accreditation and the administrative work is taken care of by the Netball Coordinator. Please consider the opportunity to be involved in netball in a different way and to be a part of great Club and community venture. Contact Mel Bratovic 0432714962 for further information.

## Macedon Ranges Sustainable Living Festival 2012

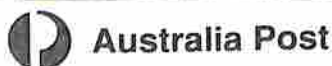
See local sustainability know-how on display at the 2012 Macedon Ranges Sustainability Festival.

The Sustainable Living Festival has become an institution in Melbourne attracting thousands of visitors to the many and varied events. Now in its third year, our own Macedon Ranges Sustainable Living Festival will present a showcase of local businesses, services, and community-based sustainability groups including Woodend Integrated Sustainable Energy (WISE), Ballarat Renewable Energy & Zero Emissions (BREAZE), Transition Town Riddell, and Hepburn Wind.

Last year more than 800 people visited the Woodend-based festival or participated in visits to nearby Sustainable Homes. This year, the Sustainable Living Festival is promising to be even bigger. Key attractions at the festival will be alternative energy options including solar (energy and hot water), wind and photovoltaic systems; community permaculture garden tours; fire safety, awareness and equipment workshops; an organic food exchange; a bicycle maintenance workshop and much more. A variety of tasty and healthy local food will be on offer, as well as live music and activities to entertain the kids.

Sat February 11

*Rob Brunton*  
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