

## CWA CHALLENGING PERCEPTIONS; CHANGING LIVES

For 2 years now I have been a member of the Lancefield C.W.A. I joined for 3 reasons;

My grandma had been a member for nearly her whole adult life. She had just recently passed away and I was looking for a connection, not only to that generation but something that would link me to her.

I really like cooking and;

I am a craft addict – anything crafty I like to try and have a cupboard full of “supplies” for such an occasion.

What has progressed over the last 2 years has been eye opening and could not have landed me further from my objectives for joining. I joined, I met some of Lancefield and surrounds kindest, smartest and strongest women – the kind that only comes with wisdom of age. I found that there is a depth to the C.W.A that is overlooked – mainly because people just instantly think of fabulous scones. Most importantly I found that I have a lot to learn and a lot to offer, not only to our community but to the whole C.W.A association.

In the last week of May, I attended the 86th Annual State Conference of C.W.A Victoria. A 3 day conference in Geelong and I have to admit – I was a little sceptical, I had no idea of what to expect. My girlfriends giggled that I was off to hang out with my Nanna's and my husband had to take annual leave to look after our 3 young girls. I arrived at the conference in Geelong and was greeted with the theme: Challenging Perceptions: Changing Lives.....what followed over the next 3 days was all of that and more. Not once did I cook and I would like to say not once did I craft but in the spirit of full disclosure I did do a little knitting while I listened – but I was a small percentage of an 800 strong room full of CWA Victorian women.

The 3 days were filled with inspiring guest speakers of all ages – an 18 year old junior member speaking on the effects of youth suicide, a guest speaker in her 20's speaking on her discoveries of the C.W.A women and their work over the last 80 plus years, an 86 year old president of the C.W.A of Australia – one of the most inspirational women I have ever witnessed in my life – the type you want to sit down over a cuppa and listen to forever.

There were financial reports and all obligatory reporting but on the flip side there were motions passed by members on lobbying government about:

The sale of energy drinks to minors,

Australia Post stopping the next day delivery in regional areas,

Capping energy concessions by usage not dollar value,

Helping farmers with drought assistance programs and



finance in emergencies, and

Implementing domestic violence programs.

There was the \$28,124 donated to the Royal Children's Hospital Cystic Fibrosis Research Program and the \$16,000 donated towards Domestic Violence programs.

There were speakers from organisations like Travellers Aid, Carers Victoria and the Queen Elizabeth Centre.

I came away from this conference so proud that I was a member of an organisation doing so much good not only for the women of this state but for families as well. The Country Women's Association is known for their scones and craft because a few have a common interest and share this knowledge, but from my experience it is all the work that they are not known for that makes me proud to be a member and glad that I am a part of something bigger than myself. If you've ever thought about joining a group and haven't known where to go – I would 100% recommend you try the Country Women's Association – Challenge your perceptions and change lives.

Meaghan Keogh – Keoghs@vic.chariot.net.au

WEATHER COMMENT



MEET TOBY

Our editor came in one day last week and took a photo of Toby. The reason for this was that as I had written so much about him Andy thought that Toby should be introduced to our readers. As you can see Toby has grown into a fine specimen of a sheep.

A bit of a shock a few days ago when I spotted Toby walking around our garden. One of us had not closed a gate properly and he had found it and was exploring the garden in which he had spent part of his early life. I managed to shut the road gate and then get him back to where he belonged.

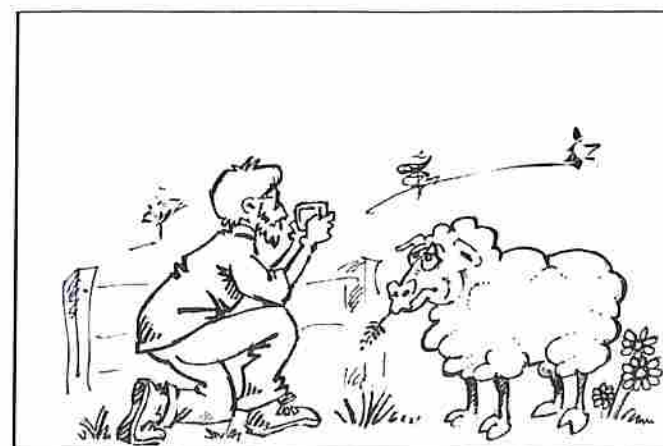
So much for Toby, now for the weather. This month we have measured 77mm of rain which would be about average for this time of year. There is some disparity about the

prospect of an El Nino event later in the year between the reports in the rural press and TV information on the subject. The papers were telling us that the indicators for El Nino were on the decline which would be very good.

On the other hand Sunday TV told us that while the latter reports were correct at the moment, there were underlying factors in the Pacific Ocean that could alter that later in the year. Who can tell?

The garden is looking better after some pruning back of shrubs and generally tidying up. Spring bulbs are all planted and the first Jonquils are out. Rose pruning is next. Winter is well and truly upon us although not quite as cold yet.

Robert Green



On Sunday the 25th May a joint working bee was held with Lancefield Primary School to clean up the area at the side of the oval which has a bird hide, native grasses and a wetland, fencing was also taken down to be replaced. The primary tasks involved clearing pathways into the wetland, mowing of grassy areas, selected planting, removal of noxious weeds (gorse), fence removal and fire prevention. Blackberry plants and elm sucklings were destroyed. It was an enjoyable morning with parents, students, Landcare and park committee working together. Students planted some new plants for understory, lunch was provided by Landcare. We

wish to thank the Lancefield Op Shop for \$500 cheque which will be used on projects within the community. The turnout was excellent and involved stakeholders from a variety of interest groups including the Lancefield Park Committee, Lancefield CFA, Deep Creek Landcare Group, Lancefield Primary School, and Lancefield Men's Shed.

A sausage sizzle and cup of tea was enjoyed by all at the end of the morning. Our wetland has a long way to go, but we are off to a great start.

A big thank you to all involved, for their enthusiasm and manpower!

THANK YOU ONCE AGAIN

Thank you for your wonderful article in the April Mercury, featuring Eden and the Royal Children's Hospital Good Friday Appeal. In all the people of Lancefield helped raise \$924.75 for the appeal and we are so appreciative of everyone generosity.

Thank you once again for supporting our fundraising efforts, it is completely overwhelming

Mark, Simone, Coco, Tommy and Eden Portelli



**AUSTRALIAN RED CROSS  
LANCEFIELD BRANCH**

**AUSTRALIAN RED  
CROSS 1914-2014**

This year in August, 2014, Australian Red Cross is celebrating its Centenary

To celebrate this great occasion, Lancefield Branch is holding a "Red And White Luncheon" on Wednesday, 13th August, 2014 at the Lancefield Mechanics Hall at 12 noon.

Guest Speaker: An International Red Cross Volunteer who will speak about his experiences in war torn countries. Cost is \$15 a head for a delicious 3 course hot meal. All are invited. RSVP by Monday 11th 2014 To: Jean Buist on 041381003 or 54291116 (for catering purposes).

Red Cross was started in Australia 9 days after the commencement of WW1. The Australian Governor General's wife decided to form a branch of the British Red Cross in Australia and she also contacted the wives of all the State Governors whom all rallied to the cause and within a couple of months there were many Red Cross units formed all over Australia. The Lancefield Unit started in 1914.

**FARMER'S  
MARKETS**

**DATES FOR JULY MARKETS**

- Sat 5th July: Woodend Community Farmers' Market - 0487 444 090
- Sat 12th July: Kyneton Farmers' Market - 54221 025
- Sat 19th July: Riddells Creek Farmers' Market - 0414 913 337
- Sat 26th July: Lancefield & District Farmers' Market - 0407 860 320

**NEWS:**

Congratulations Riddells Creek Farmers' Market - Winners of the Business Excellence Award for Events & Attractions! Make sure you get along to the next market & see what all hype is about!

Woodend Community Farmers' Market cooking demonstrations happening during the market.

Lancefield & District Farmers' Market welcomes buskers for the next market, come on all you budding musicians!

Please bring your own bags, baskets & trolleys. Friendly dogs are welcome on a leash. Free face-paint for the kids.



**ROMSEY & LANCEFIELD DISTRICTS HISTORICAL SOCIETY INC.**

Email: lancefieldcourthouse@gmail.com Website: www.lancefieldcourthouse.org

**FROM THE COTTAGE**

We enjoyed a great day on Monday, 9th June (long weekend) when history and garden lovers got together with two local experts, Greg Boldiston and John Dettman, and toured the garden, identifying plants and reviewing the garden set-up. We had a wide range of visitors from far afield, as well as locals, who enjoyed touring the grounds and the cottage and enjoying a soup'n'sandwich'n slice lunch. Many plants were purchased from the Cottage's own stall and from the range of rare plants that Greg had bought along. It is a delight to see the charm the Cottage and garden exerts over visitors!

Records from the Historical Society's Courthouse Files (unfortunately, Cottage Plans are missing from the Cottage) show an excellent plan for the proposed plantings for the Cottage and it seems much of this plan was carried out. However, many areas have become overgrown, seedlings and suckers have shot up and some garden 'thugs', especially perennials, have far exceeded their boundaries. So it is proposed to remove lots of this 'dead wood', itemize and revive existing plantings and add new, easy maintenance plants (still within the historic cottage concept) to enhance some areas.

Both John and Greg donated plants - and planted them - delighting in the wonderful dark, friable soil in the garden. Among other plants, Greg planted Japanese anemones, primroses etc., in a sheltered area on the west corner and

John planted a maple (east) and assorted bulbs along the west fence. The west fence has been planted with Clematis nepaulensis (winter flowering, summer deciduous) and Ornamental grapevine (winter deciduous, summer flowering and autumn colour) so this should be a lovely feature all year round.

Thanks to Yvonne, Brenda, Wendy, Robyn and Shirley as well as our experts, for a great day. Visitors from as far afield as Cranbourne, Craigieburn, Lilydale, enjoyed the day, went home with great plant bargains and are looking forward to continuing an association with the Cottage. We'd love to have more local people, who enjoy working together as a team, to join us! If you are interested in History, 'Old Wares', Gardens, Local Events then please join us.

**WINTER LUNCHEON 22 JULY 2014**

Our Guest Speaker will be Dr. Paul Carter of Lancefield Country Practice and author of the book 'Hale & Hearty'. Venue is The Supper Room at the Lancefield Mechanics Institute, Time 12 Noon. Cost \$10.00

If possible RSVP 0402248540 Shirley by 15th July History Week will be celebrated at the Lancefield Courthouse on 3rd August between 10am and 4pm. Please come and visit our Archives.

**LANCEFIELD MERCURY INC.**

A0045845D



Items for publication should be sent to editor@lancefieldmercury.org.au"

Advertising should be sent to advertising@lancefieldmercury.org.au

All articles should reach The Mercury by the fifteenth of the month to be sure of inclusion.

Each edition will be distributed by mail in the first week of the month. The Lancefield Mercury is produced by the volunteer committee as a service to the people of Lancefield and surrounding districts.

The editorial committee reserves the right to edit articles for length and clarity.

Supported by Macedon Ranges Shire Council

**Editorial Committee:**

- Andy Moore
- Craig Longmuir
- Karen Barr
- Meryl Green
- Robert Green
- Kellie Wilson
- Murk Schoen
- Marjorie Dobbs

Views expressed are not necessarily those of the editorial committee.

**Advertising Rates:**

- Full page \$140 1/2 page \$80
- 1/4 page \$40 Business card \$30

Editorial Enquiries to Andy Moore 0430 448 120

Advertising Enquiries to Kellie Wilson 0438 501 258

www.lancefieldmercury.org.au

The Lancefield Mercury should be delivered to every dwelling which receives a mail delivery from the Lancefield Post Office. The Mercury committee would be keen to make sure that no-one misses out on their monthly copy of the paper. If you have missed out on a copy, either regularly or occasionally, or know someone who has, can you let the editor know at editor@lancefieldmercury.org.au? Thank you.

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## APPLICATIONS OPEN FOR COMMUNITY GRANTS & SPONSORSHIPS

The Lancefield and Romsey Community Bank's annual call for grants and sponsorships for 2014/15 is open.

All Lancefield and Romsey community groups are eligible. If you have not received an application form please contact us. Applications close: Wednesday 30th July 2014

For more information please contact Emily Blades - marketing@LancefieldRomseyBank.com.au Or phone 0405 125 156.

### ROMSEY/LANCEFIELD & DISTRICT AMBULANCE AUXILIARY

## COME TO THE MOVIES!

Romsey-Lancefield & District Ambulance Auxiliary present an *Olde Time Movie Night* at Lancefield Mechanics Institute. On Friday 1st August 7pm  
Adults \$10.00, Children \$5.00, Delicious supper included.

Tickets at the door  
Contact Helen Richardson 54296369

## CHRISTMAS IN JULY WINTER WONDERLAND CARNIVAL

The Lancefield Kindergarten Committee is hosting a Christmas in July Winter Wonderland Carnival on July 25 in the Mechanics Institute. This is to be our major fundraiser for this year, with the funds to be directed to the Kinder's wish list.

We would like to invite the community to a fun filled night of Christmas cheer, Carnival games and a three course buffet style Christmas dinner.

If you grew up in Lancefield, chances are you attended the Kindergarten and your parents would have gone to a dinner dance in the hall. As they say, everything old is new again!!

The Kinder has been such a special place for the children of Lancefield over the past 35 years, and we strive to make it even better for our children and those yet still to come!

So book the babysitter, start saving your gold coins and circle July 25 in the calendar.....

Simone Portelli  
Lancefield Kindergarten Committee

## LANCEFIELD FIRE BRIGADE BACK TO A WINTER ROUTINE

The excitement of last month has passed into history and life at the brigade is now back to a Winter routine. This involves training, of course, but also making and discussing plans for the next and future fire seasons.

Pre plans are an important part of managing both fires and other incidents so that when crews are faced with a situation they have some guidelines for them to have been trained in and the incident can then be managed for the best possible outcome.

New members are always welcome and if you have an idea you might like to be a member please contact the brigade on a Sunday morning at the station.

It won't be easy and involves a great deal of commitment but it is a worthwhile aspect of life in our community.

There is no more about our Facebook page this month but there will be further information at a later date.

Stuart Mustey Captain

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# LANCEFIELD NEIGHBOURHOOD HOUSE

78 High Street, PO Box 171 Lancefield 3435; Phone: 5429 1214; Email: lancefieldhouse@tpg.com.au; Web: www.macedoncommunity.org

## BACK TO BASICS

If you missed out the first time make sure you come along next time! Everyone who attend the Back to Basics workshops went away very happy. We will be running four of the workshops again next term;

- Soap and cleaning product making
- Easy bread baking
- Simple cake and biscuit baking
- Using the Community Exchange.

Get the chemicals out of your home and learn how to save yourself time and money.

The dates will be in the Program Brochure which will be delivered to your home next week, or contact us using the details below.

### SPINNING, WOOL AND BUS TRIPS

Wool spinning is now a regular weekly event – Wednesdays 11am – 3pm. BYO wheel and yarn or come along to learn. (gold coin donation).

Wool lovers join us on the bus trip to Bendigo on Friday 18 July. We will be visiting the Bendigo Sheep & Wool Show and the Knitting Mills. 9am – 5pm \$10 for the bus \$22/\$15

entry to the Show.

The bus will also drop you off to go shopping for the day if not interested in the Show. Our regular bus trip is to Werribee Plaza on Friday 8 August.

### POPPIES AND CRAFT

Wednesday afternoons from 2- 3pm is 5000 poppies time. Join the group to knit, crochet, felt or sew Lancefield's contribution to the ANZAC Centenary Commemoration Poppy project. Phone the House for details or drop in to The Town House to put your name on the list.

### DEFIBRILATORS & FIRST AID TRAINING

Another defibrillator is being purchased through the Op Shop funds to be housed at the Laurie Green Pavilion. There will be a free training session on how to use the unit for anyone interested on the third Monday in August at 7pm. Phone or email for venue details.

We will run a First Aid Certificate Course in September if enough people register interest.



### ANGELIC WHISPERS & MEDITATION

Angel therapy, Angel Cards and mediation – every first Saturday of the month 1 – 3.30pm. \$20 BYO cards and an open heart.

Meditation group will start again on Tuesdays at 7pm from 2 September.

### WHO GIVES A CRAP

Actually plenty of people in Lancefield do.

The Neighbourhood House has just taken delivery of a second pallet load of WGAC toilet paper.

This unbleached, recycled toilet paper is good for the

environment and 50% of profits go towards building toilets in parts of the world where sanitation is a real problem.

A box of 48 rolls for \$35 – that's .18c per 100 sheets – can be ordered from the Neighbourhood House. Phone Vivien for more information.

### OUR CONTACT DETAILS

Phone: 5429 1214. Email: lancefieldhouse@tpg.com.au  
Website: www.lancefield.house.org

Like us on Facebook to be kept up to date with happenings at the Neighbourhood House and events in Lancefield.



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Street Parties are a free and great way to get to know your neighbours and build community spirit. As people get to know more people that live around them they find they feel safer, happier and more connected to their community. Communities with a high level of connectedness also tend to have lower crime rates because neighbours look out for one another.

Romsey Neighbourhood House in conjunction with Lancefield Neighbourhood House is developing a "STREET PARTY CONNECT" program to help improve connections in your local neighbourhood. If you are interested in holding a street party this coming Spring/Summer please contact: -

Romsey Neighbourhood House Contact: TBA, Phone/Fax: 03 5429 6724, Email: romseyhouse@bigpond.com  
Lancefield Neighbourhood House, Contact: Vivien, Phone/Fax: 03 5429 1214, Email: lancefieldhouse@tpg.com.au

Office Hours: Monday, Wednesday & Friday - 10am to 1pm

As friendships grow, so do opportunities for borrowing & sharing

## MEN'S SHED

# FROM STRENGTH TO STRENGTH



The Shed continues to grow from strength to strength with many new members joining us for Wednesday lunch and conversation. Why not consider joining us from 10 am each week? The conversation is friendly and lively and the BBQ food we serve is always delicious!

At the last Farmer's Market we had a very successful BBQ and wood raffle to raise funds for a various projects. Our thanks go to local suppliers for their generous discounts for the BBQ and in particular to the Manny the Wood Bloke for supporting our raffle. The winner was K Butcher of Woodend.

Our 'Kids in Sheds' project continues to be a most enjoyable part of our activities. As part of the Lancefield

Primary School Clubs program, a keen group of students have completed their nesting boxes for wild birds. As you can see from the attached photo they are very proud of their efforts.

We are once again constructing the very popular folding picnic table for this year's raffle. Watch out for the tickets when they go on sale - there was great feedback on it from those who participated in last year's major raffle!

For more information or to join us please contact Graham on 0400321131.

Graham Knell  
President

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# AUSTRALIAN LOWLINE CATTLE ASSOCIATION

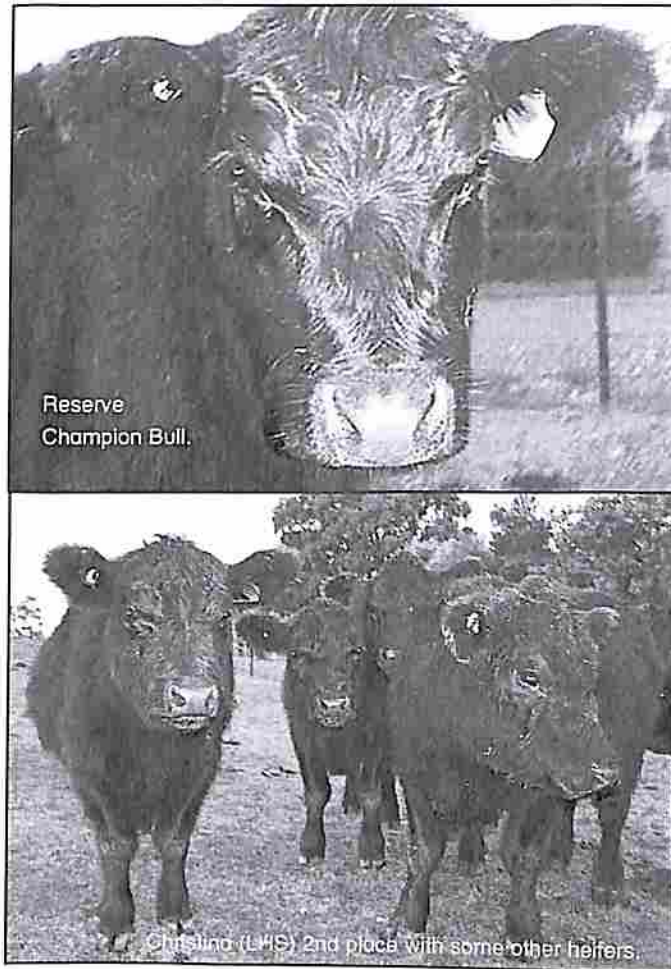
Following judging, which took place over the Anzac Day long weekend, the Presentation Luncheon was held in May, for the 2nd Annual Australian Lowline On Farm Challenge, organized by the Southern Regional Promotional Group of the Australian Lowline Cattle Association.

With 88 entries, Judge Annette Walker, toured Victoria visiting 14 Studs over the 3 days. This year the emphasis was on commercial use of Lowline bulls with Classes for Pen of 3 Steers, Commercial Cow, Crossbred heifers and Sire's Progeny included in the event.

This Challenge allows breeders, including schools, to showcase their breeding programmes and their cattle assessed, with minimum effort and cost which attracts Breeders who would not normally attend Regional or Royal shows.

The Victorian Promotional Group is very active in encouraging Lowline breeders to participate in activities in both a commercial and stud nature holding information and demonstration days, usually on farm. These activities originate out of requests from members.

Local breeder Tonia Goodman's cross bred heifers took out first and second in the 24 month crossbreed class. Billabouri stud is just outside Lancefield on the Woodend Road



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SUNDAY 19 OCTOBER 2014

Applications for local business to hold displays are now open.

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# COWBOYS AND ANGELS COMPETITION DANCE TEAM

My name is Sarah, I am a 22 year old dancer from "Cowboys & Angels Dance Academy" in Romsey, I am writing to you concerning a local story opportunity in which you may be interested in that can help us gain necessary publicity and help us with this exciting event that has arisen. On Saturday the 3rd of May our Competition Line Dance Team "Cowboys & Angels" returned from Tamworth, NSW having won the prestigious Australian Cup (previously Ashby Cup) for the 3rd year running. Not only is that an amazing achievement but what's more is we qualified, and have been strongly encouraged by 4 international guest judges, to do what it takes to get us over to compete at the World Dance Masters in Blackpool, UK this August!

We are hot on our toes aiming to fund as much as we can to allow our team of 14 dancers between the ages 11-28 (9 of whom are under 16yrs) show our talents as a team

on the world stage, and change the stereotypical face of line dancing. What we do is exciting and unique and we would love to show people what line dancing has evolved into. Each dancer will be competing in 3 solos and 2 large teams which we are expected to catch the attention of the judges with, due to our diverse age range, unison and level of entertainment. As Line-Dancing is not recognized as a sport we are ineligible for many sporting grants and are working on raising the funds needed for travel, costumes, accommodation, competition entry fees etc. on our own, hopefully with the help of some generous sponsors/ donors.

We will be performing to a very large base of up to 1500 performers and spectators over a 3 day event.

If there are businesses willing to look at our sponsor packages, we are looking at promoting in newsletters, website, brochures, club banners at future events and competitions held around the country in Australia, we are



also looking at offering performances as entertainment for corporate functions in return for your support. We are not only looking for sponsors but also items which we can auction/ raffle off that will be of huge benefit and just as much help.

We would appreciate and be very grateful for any contributions, advice or suggestions to further us on this funding journey.

Thank you very much for taking the time to consider this.

Our Website [www.cowboysandangelsdanceacademy.com](http://www.cowboysandangelsdanceacademy.com) has a direct link to our campaign page for the public to donate as well as a calendar of upcoming fundraising events and performances.

Sarah Newell of Cowboys & Angels Dance Academy.  
Ph: 0401540619 Email: [sarah.k.newell91@gmail.com](mailto:sarah.k.newell91@gmail.com)  
com for any further information

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# SCARF AND NOODLE DAY

Recently our Kids Council organised and ran a Winter Scarf and Noodle Day. Great fun was had by all.



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# FOR ACTIVE RETIREES

## MONTHLY MEETINGS

Monthly Meetings are held on the fourth Thursday at 10am in St. Mary's Church Hall, Main Street, Romsey.

Persons interested in this club and wish to have more information please contact the President or Secretary at the above phone numbers.

## NEXT MEETING

Next meeting Thursday 24th July at 10am.

Our Guest Speaker will be Lauren Simpson, Tour Co-ordinator from Organs Coaches.

The planned outing for 16th July will be lunch at Red Beard Bakery in Trentham. Car Pooling to be arranged.

## ARE YOU INTERESTED IN MEMBERSHIP??

We meet once a month and we deal with the normal matters of a club, like correspondence, treasury, and discuss the last outing we had enjoyed, and most important, where we are going to next month, a short tour, a long tour, a lunch somewhere.

Our monthly meeting always finishes with morning tea, which is followed by a guest speaker with an interesting topic.

## A FEW OF OUR MEMBERS ENJOY

'Ten Pin Bowling' each fortnight at Watergardens (definitely non-serious) followed by lunch at a nearby hotel or club.

We also enjoy a monthly musical/film afternoon at a members home and Friday coffee mornings at a local café.

If you are retired, or close to retiring, come along and join us and learn more about what Probus can offer you to assist you in staying active.

All we want to achieve is a day of enjoyment and friendship.

Please come and have a look at what we do and who we are. Please check out our website for information about the Romsey & Lancefield Probus Club [rprobus.org.au](http://rprobus.org.au)

President: Robert Barry 5428 5194

Secretary: Jeni Clampit 5429 5480

*For Active Retirees*



## VANESSA'S GARDEN

This month, while it's too cold to do much in the garden I thought we'd take a look at hard landscaping on a new property. When you're having a house built, and you have enough land to be able to choose where the building goes, you might get involved in deciding the best orientation of the building for shade and sun but few of us give quite the same attention to the surrounding proto-garden.

Whether you have a few acres of space or whether your home is being slotted into a fairly small plot, it's not always easy to visualise the potential garden when the ground is a mess of pipes, trucks, mud and concrete but a few early inputs can save you quite a lot of time and frustration further down the track.

## LEVELLING THE LAND

For example is your new home being slotted into a sloping site? If so, have you found out how much flat area your builder is planning to leave you at the back? Is it enough? Make sure you sort this out while there is still time for the builder to get heavy machinery in there because it may be impossible once building has started, making any later landscaping that much more labour intensive.

It's also worth asking where the builder is planning to put the excavated soil and/or rubble. Things you need to know:

- Is it being used to help create a platform for the property or just being piled up at the back?
- If it's being piled up at the back is a steep, sloping bank what you want to look out at?

- Is the builder planning to put in drainage to make sure that heavy rain doesn't end up making a swimming pool out of what little patio area you might have?

Bear in mind too that excavation material can be impoverished and possibly full of weeds/rocks. Not the most ideal foundation for a flourishing garden. Again, it can be corrected down the track but again, it means labour intensive removal of weeds and rubble and then carting in probably quite a lot of topsoil and fertiliser. It's therefore really important to let your builder know at the outset that you want a good layer of topsoil on top of the garden area. Excavation can then be done with this in mind.

## PROPER PLACING OF PATHS

A builder is generally not a landscaper and left to himself will tend to lay any paths in straight lines and close to the house. Where your plot permits, try to get paths laid away from the walls and with curves on the corners instead of right angles. This does two useful things:

- The first is a visual trick - curves and creating space between house and path tend to make the garden space look bigger.
- The second is that it allows for garden beds to be created next to the house. This allows scope for a sensual feast of colour and scent right outside your windows.

Finally, please don't be tempted to plant on your plot before the builders arrive. While in theory trees and shrubs can be getting a head start on providing colour, shade and privacy, this only works if they are well out of the way of the manoeuvring trucks, diggers and other heavy machinery that could so easily damage them.

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## HAVE YOUR SAY ON OUR REGION'S UNIQUE FEATURES

Throughout July, Council is seeking community comment on a draft planning statement which will recognise the Macedon Ranges as an area of special significance in state-level planning policy. The draft statement will be available on Council's website, [mrsc.vic.gov.au/planning-statement](http://mrsc.vic.gov.au/planning-statement), and in Council service centres for one month from early July. Once adopted by Council, the statement will form part of Victorian Government policy within the Macedon Ranges Planning Scheme, and will guide planning decisions into the future.

Council would like to thank the large number of community members who provided input into the draft through an online survey in May/June, which received over 1100 responses. The findings from the survey and other consultation activities will be made available to the community over the coming months. Council is keen to keep residents involved in this process and present a policy to the Victorian Government that gives everyone confidence in the future management of our valued spaces. It is expected that Council will consider the final statement with any community comments at its September meeting.

For more information, contact Council's Strategic Planning and Environment unit on 5422 0333

## AWARDS CELEBRATE YOUNG PEOPLE

Macedon Ranges Shire Council is calling for nominations for its annual Youth Awards, which celebrate and recognise the achievements of young people in the shire. All young people in the Macedon Ranges, along with their families, friends, teachers, neighbours, employers or colleagues, are encouraged to put forward a nomination. Nominations will be accepted for anyone aged 12-25 years in the Macedon Ranges who has excelled in the arts, sport, at school or in their community.

Young people are such an important part of our community, and a nomination shines a light on both the contributions they make and the individuals who make them. Nominations close at 5pm on Tuesday 29 July and winners will be announced at the Youth Awards presentation night on Tuesday 26 August in the Kyneton Town Hall.

Award categories and nomination packs can be found on Council's website, [mrsc.vic.gov.au/youth](http://mrsc.vic.gov.au/youth) or can be picked up from any Council service centre.



Sue Massie (left) and Lorraine Rutherford discuss the 2014 screening list for the Macedon Ranges Film Society.

## AN ANIMATED FILM SOCIETY

Melbournian Adam Elliott made his mark in the world of claymation pictures in 2004 with his short film, Harvie Krumpet, winning the Oscar for Best Short Animated Film. He and his producer Melanie Coombs then decided on a full-length feature. This film, Mary and Max, was screened at the MRFS at its June meeting. The film was five years in the making and this touching tale of two lonely people who become penpals - 8 year old Mary living in Melbourne and 44 year old Max living in New York - showcases yet again the talent of this very creative director/producer team.

On July 9th, members will be treated to a classic with the screening of *The Third Man*, a 1949 film from director Carol Reed with screenplay by Graham Greene. Starring Orson Welles and Joseph Cotton, we follow in the footsteps

of novelist Holly Martins as he travels to post-war Vienna where a flourishing black market operates. His ex-school friend, Harry Lime, has offered him a job but Martins finds that Lime has died in unusual circumstances and decides to investigate.

The Macedon Ranges Film Society meets on the second Wednesday of every month at 7 p.m. in the Woodend Community Centre. Film notes are provided and for those who wish, there is supper, kindly supplied by members, following the screening. Enquiries about membership must first be made by emailing [mrfilmsociety@gmail.com](mailto:mrfilmsociety@gmail.com) or by phoning Lorraine on 5427 0921 or Christine on 5429 5452.

Submitted by Christine Caley.

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# NEWS FROM ST MARY'S LANCEFIELD



## CROSS COUNTRY WINNERS FROM ST MARY'S LANCEFIELD

Three students from St Mary's Lancefield recently competed at the Regional Cross Country event at St Arnard. All three students did a sterling job finishing in the top 12 of the competition, ensuring them a place at the state competition in July.

Pictured below are the three cross country runners from St Mary's Lancefield - Charlotte Brundell, Brody Thrum and Darcy Giles



## MINIBEASTS AT ST MARY'S LANCEFIELD

The students in Year 1 and 2 at St Mary's Lancefield are currently learning about 'Minibeasts', with each classroom having their own mini insect enclosure.

Matilda Cleve (above) is holding one of her classroom's insects. The grade have named this one 'Disco' because it moves from side to side and looks like it's dancing!

If you look closely you can see Caleb Urquhart has frog in his hand.

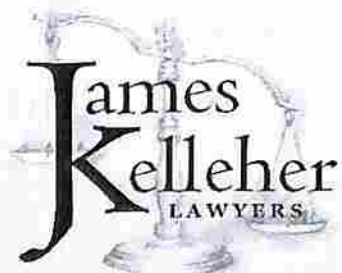


## CREATING TOYS AT ST MARY'S LANCEFIELD

The Preps have been learning all about toys during Term 2. They are currently working with their Year 6 buddies

designing and creating a toy of their own.

Lorelei Cook and Eve Keogh (above) are enjoying working on Eve's toy



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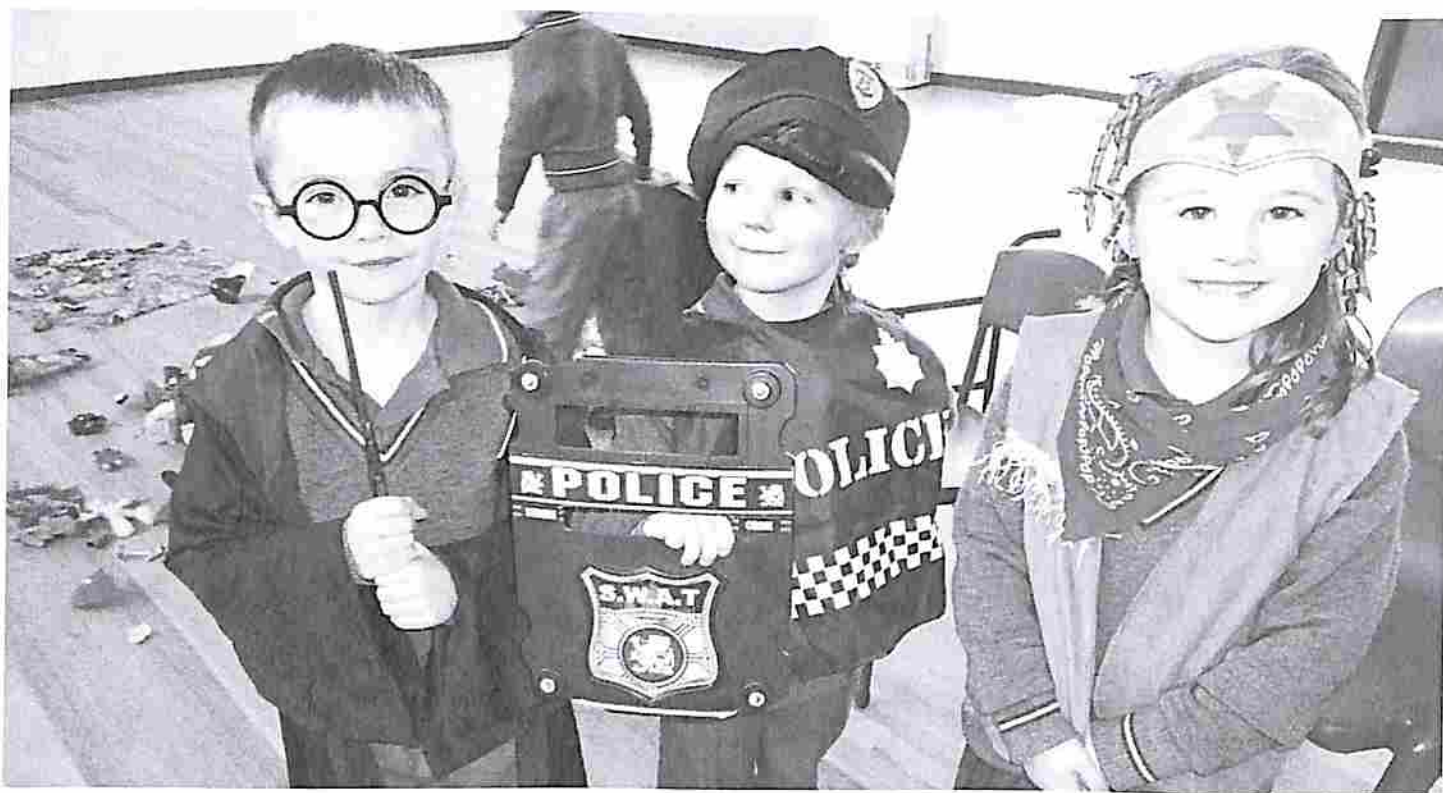
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**TOYS GALORE AT ST MARY'S LANCEFIELD**

The Preps at St Mary's have spent Term Two investigating the history of toys and looking at how toys have changed over time.

Recently they attended a workshop in the School Hall where they had the opportunity to play with a variety of toys using skills including construction and imagination.

Harry Wilson, Occy Cuthbert and Cate Mahony showed plenty of flare in their 'dress up' costumes.



**LAND YACHT RACE AT ST MARY'S LANCEFIELD**

During Term 2 the Year 5/6s investigated how we can create a change, in the way we use energy in our school and local

community. As part of their research the students designed and built 'Land Yachts' which could be powered with wind energy.

Darcy Daly is pictured with his speedy Land Yacht.



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8am. Lancefield and 10 a.m. Romsey  
2nd, 4th & 5th Sunday of the month:  
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## RECONCILIATION

Saturdays 9.45am Romsey & 5.45pm Lancefield.

## BAPTISMS

February, April, June, August, October, December.  
For more information, please phone 5429 2130.

## REGULAR EVENTS

SVDP Drop-In: First Thursday of each month,  
10.30 a.m. to 4 p.m., St. Mary's Church Hall, Romsey.  
All welcome to come for a game of cards/chat and free lunch.

## BINGO

There will be no Bingo until September 4th 2014.  
Are you searching for a way to meet your spiritual needs?

## HAVE YOU EVER THOUGHT:

What am I searching for in life?  
Am I satisfied with my life?  
Where am I going in my life?  
What is the purpose of my life?  
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- Who were baptised in the Catholic tradition but have never received any other sacraments, or
- Are confirmed Catholics who would like to learn about their faith.

If this is for you or anyone you know, please contact Joanne Reuther at St. Mary's Presbytery on 54292130 or email jreuther@smlancefield.catholic.edu.au

All enquiries will be treated in confidence and your details will not be given to any other person or organisation.

# LADIES - NEED AN EXCUSE TO GET OUT OF THE HOUSE?

Our group aspires to connect women in our rural communities in a warm & welcoming environment. It's a great way to meet new people in the area & have some laughs.

Where: Sicilian Vespers, 119 Main Street, Romsey

When: Thursday 17th July Time: 7.00pm  
We meet on the 3rd Thursday of each month to give women an opportunity to take some time out from their busy lives of an evening and stay connected.  
Please come join us for a glass of wine & a chat



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Warm regards,  
Joanne Duncan

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## YOUNG ADULT FICTION

The One and Only Jack Chant by Rosie Borella RRP \$15.99



Sixteen-year-old Amber never expected to find romance while working in an old people's home... but then Jack Chant is not what she expected either. He's young, exciting and enigmatic - and deeply troubled by something that happened in his past, something he can't quite remember. Gradually Amber suspects that Jack's past might be a whole lot further back in time than he realises. Is he solid flesh

and blood, or just some kind of dreamy fantasy? A sweetly romantic coming-of-age story in which Amber learns more than most teens about getting old, falling in love and letting go.

## NON-FICTION

Compost: A Family Guide to Making soil from scraps by Ben Raskin RRP \$19.95



What does happen to the food we don't eat all those discarded apple cores and rejected Brussels sprouts? Did you know that there are as many living organisms in a teaspoon of soil as there are people in the whole world?

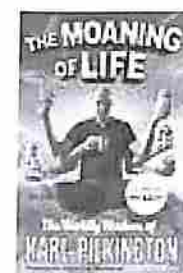
And that wriggly worms are our helpful, earthy

friends? In Compost, Ben Raskin shares his expert knowledge, answering these questions and many more, through a whole heap of engaging activities and games.

Teach your kids that composting is fun (and stop them moaning about emptying the compost bucket) with this funky guide which takes you from compost menus who knew worms were gourmets? to Worms & Ladders, a fresh take on a very traditional board game.

Find out the rules for setting up your very own Worm Lovers Society, learn all about the plotto- plate cycle together, and get your family out creating compost together.

Warning: Choking Hazard - Small parts. Not for Children under 3 yrs.



The Moaning of Life by Karl Pilkington RRP \$29.99

I've been on the planet for forty years now and I'm still none the wiser as to what it's all about really. I've never worried about life's big questions. People at my age sit about pondering "why are we here?" The only time I ever asked myself that is when Suzanne booked us a surprise holiday to Lanzarote. Karl Pilkington is forty years old. He's not married, he doesn't have kids, and he's got a job where he's known as an

'idiot'. It's time for him to take stock and face up to life's big question - what does it all mean? Karl is no stranger to travel, and now he's off on a series of adventures around the globe to find out how other cultures approach life's big issues. Travelling from far-flung tribes to high-tech cities, Karl experiences everything from a drive-thru wedding in Las Vegas to a vocational theme park in Japan, he meets a group of people in Mexico who find happiness through pain, undergoes a plastic surgery procedure in LA, and even encounters a woman in Bali who lets him help deliver her baby. Have his experiences changed him? Find out in this hilarious new book where Karl shares his stories (and opinions) in his inimitable style. Karl Pilkington is back on the road, and this

time he's on a journey of self-discovery...

## ADULT FICTION

The Word Ghost by Christine Paice RRP \$32.99




This is England 1973, and fifteen-year-old Rebecca Budde is in love with Dave. After one glorious summer, Rebecca is forced to move with her family to Brightley, a village with a puddle for a pond, and no excitement at all. If only Dave were there. Very weird things are going on inside their new house, and even stranger things are happening in the village at night. Someone appears to be living in Rebecca's wardrobe. Someone else is on the balcony, trying to get in. Things don't make

sense anymore as Algernon Keats steps from the shadows, his sister not far behind him.

There's no Dave, two ghosts, a pub, a dog and Alex March, a dark and brooding artist, living in the Manor House down the road, whose interest in Rebecca is both puzzling and thrilling. What do Alex and Algernon want from Rebecca? What on earth does any of it mean? Is it possible to love a ghost? And what happens if he loves you back?

The lights are out. Welcome to Brightley. Rebecca thinks love is forever, but sometimes it's not. And nor, sometimes, is death. The Word Ghost is a funny, moving story about what it means to find love, lose love and discover who you are when you live in a village with no street lights and a decidedly dark side.

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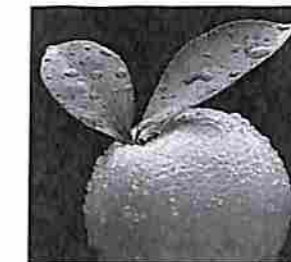


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We all know we should be eating fruit and vegetables daily yet Australian diets are very deficient in these nutrient dense superfoods. Studies done by the ABS in 2011-2012 found that only 5% of Australian adults are consuming the recommended daily intake of fruit and vegetables. Consuming fruit and vegetables not only contributes to better nutrition but assists in preventing health problems such as overweight and obesity, constipation, diverticulitis, diabetes, high blood pressure, stroke and heart disease. Fruit & vegetables are highly nutritious containing vitamins, minerals, enzymes, antioxidants and fibre which are all essential for good health. Adding these nutrient packed foods into your daily diet will help combat fatigue, improve your digestion and boost your immunity. The current recommended daily intake is 2 servings of fruit and 5 servings of vegetables per day. A serving of vegetables is defined as half a cup of cooked vegetables or one cup of salad vegetables.

Some tips to help you consume the RDI for fruit and vegetables;

- Do a regular fruit & vegetable shop, so fresh produce is always available in your house. If you don't have time to shop arrange a fruit and vegetable box to be made up weekly so its waiting for you at the shop or have it delivered.



- The brighter your meals the healthier they are. Make sure your plate is always colorful
- Eat seasonal fruits and vegetables and local produce when possible
- Add a green leafy vegetable such as spinach

- or kale to at least one meal per day
  - Add variety, try something new every time you visit the fruit shop.
  - Juice/blend and drink your vegetables. Juices are an easy way to get 1 to 2 servings of F&V into your day without even trying
  - Always have vegetable sticks chopped up ready to eat in the fridge (celery, carrot, cucumber, zucchini)
- Eating more F & V is such an easy way to improve your health and prevent disease. Head to your local fruit shop today and stock up on these amazing gifts from mother nature.

Emilie Chiller  
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# DID YOU KNOW . . .

All religions in the world believe we must practice very specific behaviour and follow very specific rules in order to reach their form of heaven.

All of them believe that their "way" is the only way. Only Christianity teaches that God loved us enough to make the way for us. Only Christianity teaches that God forgives us based on His grace, and He opens His arms to us not because of how good we are or how much we do. In some ways, Christianity is the opposite of religion.

If religion is about humans reaching up to get to God, Christianity is about God reaching down to rescue us. Think about it this way. All other religions require that you *do* certain things in order to make it to their afterlife. Christianity is the only faith system that believes that God, has already done what is necessary for His children to reach Him, through Jesus Christ's death and resurrection. He did it all on our behalf!! That's grace! Since all religions are different, we have to make a choice. Whichever religion you choose will determine your eternity.

If you would like to know more about faith in Jesus please contact Pastor Marilyn or our Church office Ph 5429 6327

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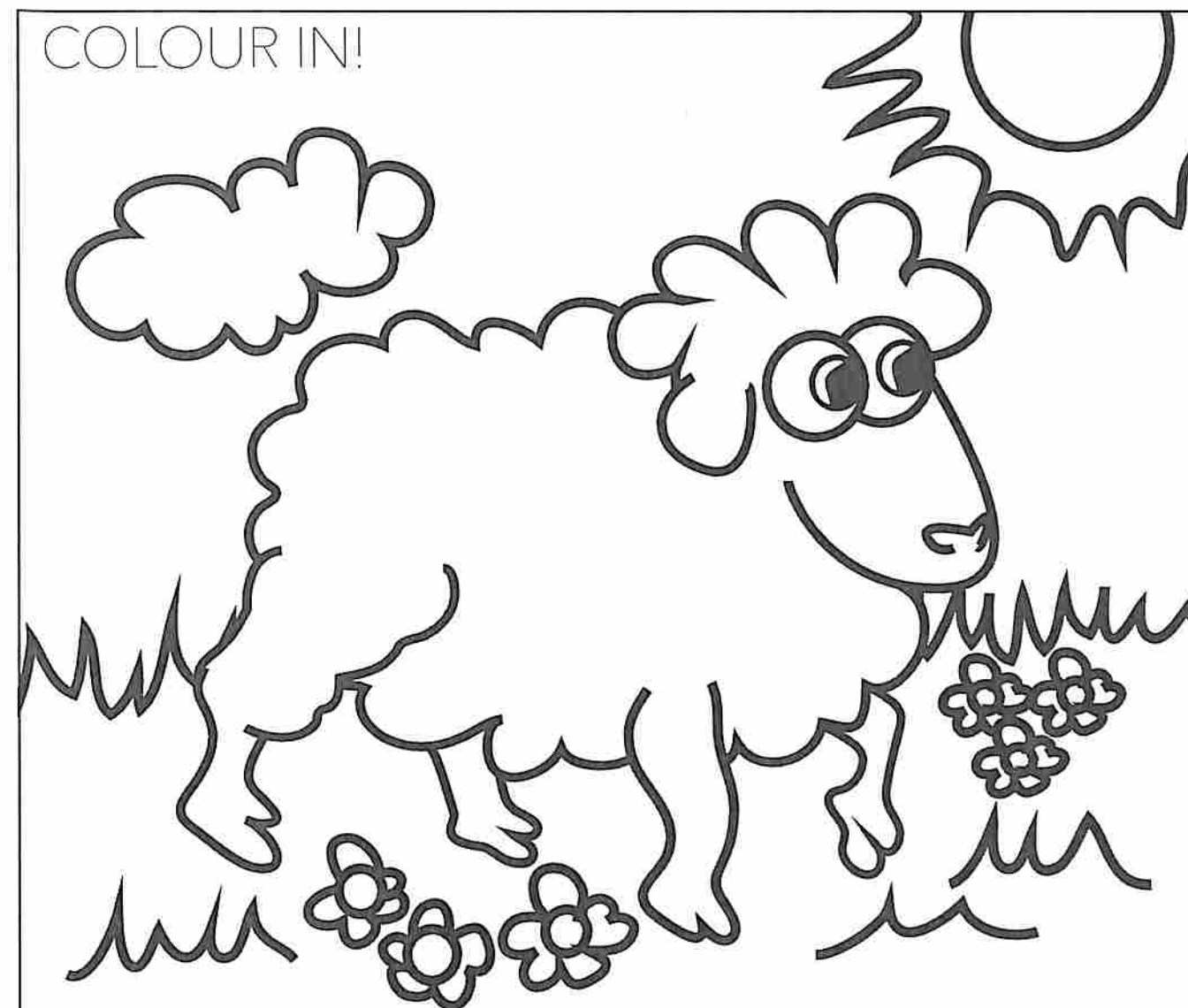
- 10am at 7 Mitchell Court Romsey
- 6pm at Woodend Community Centre

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## LANCEFIELD GOLF CLUB REPORT

# BUSY BUSY BUSY

It has been another busy month at the golf club that has seen our own junior committee member Luke Rebbechi take out the honours for the Men's Monthly Medal. Luke is a hardworking member of the club so it is great to see him playing so well. Our Ladies Monthly Medal winner for May was one of our most regular players Jenni Vennell. Jenni has been playing good golf lately so congratulations to her on her win.

Our Men's A Grade Pennant team was days away from the grand final as our last report went to press but unfortunately the team were not able to take out the honours on the day. Team member and regular Saturday player Chris Lingard did not have time to worry about the defeat however as his wife gave birth to a beautiful baby girl soon after. Congratulations to all in the Lingard family which, we are assured, is complete now with two boys and two girls. Another popular member of our club became a first time father this month when his wife also gave birth to a beautiful baby girl. Congratulations to Simon Nabbs and family. There is obviously something in the water at Lancefield Golf Club. You have been warned!

Our Men's Open Championship competition was held at the end of May and the over-all winner was Mark Stuart an ex-junior member. It was great to see Mark back at the club taking out the trophy on the day. Glen Cook was our B grade winner and John Wilson was successful in C grade. Congratulations to you all. Our ladies hosted the annual Woodend versus Lancefield golf day on Wednesday 11th June and Lancefield were declared the winners by the skin of their teeth! Good weather and a strong field of players ensured that everyone had a fun day and in great Lancefield tradition everyone also enjoyed a superb lunch provided by our wonderful group of ladies (seen here, all smiles, at the end of a great day)

We are looking forward to our Trivia and Tapas night



on Saturday the 21st June where we will hopefully raise some much needed funds for our club. So as we head towards our shortest day and the depths of winter don't spend all your time indoors by the toasty fire. Remember that golf is an all seasons sport and a warm coat will ensure an invigorating game!

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## WINTER IS A GREAT TIME TO LEARN WATER SAFETY

It can be tempting for families to take a break from swimming over the winter period, but it's actually the perfect time for children to practice their skills and learn about water safety. Almost one third of drowning incidents in 5-14 year olds happen in autumn and winter. Keeping up with swimming lessons and practice now will ensure your child maintains essential water safety skills all year round. Swimming as regular exercise also strengthens your child's immune system, which means they may be less likely to fall ill over the cooler months. Swim & Survive lessons are a great way for children to stay active and healthy, and learn vital life skills in water safety and rescue.

To enrol your child in a program, contact the Learn to Swim Coordinator at Kyneton Toyota Sports & Aquatic Centre on 5421 1477 or Gisborne Aquatic Centre on 5421 1452.

## THE GISBORNE SINGERS

The Gisborne Singers will present their mid-year concert on Sat 19th July at Holy Cross Primary School, New Gisborne, entitled 'More Music for Pleasure'. As previously patrons will be sitting at round tables and are asked to bring their own food, refreshments, glasses, crockery and cutlery. The Singers will provide the SHOW! It is very gratifying for the Singers, that once again the Gisborne Gazette is major sponsor for this production. This gesture is greatly appreciated.

The program includes choral, solo, duo and small group singing and recitations. The evening will run in four brackets with a 20 minute interval between each. It promises to be a fun night with plenty of opportunity for socialising. Due to the absence overseas of our director, Stephen Brockman, this concert will be directed by Alan Grinton.

Doors open at 6.30 p.m. and the show starts at 7p.m. Tickets are on sale now at \$25 each. For bookings go to our web-site—gisbornesingers.org.au and follow the prompts for bookings. Either individual placings at table or entire tables can be booked on line. Alternatively telephone Robert on 5428 7033. This show always sells out, so patrons are urged to book early.



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# WHATS ON

## JULY

- 6 community versus emergency services footy match
- 11 Applications close 2014 Victorian Senior of the Year
- 18 Bus trip to Bendigo
- 19 The Gisborne Singers concert
- 22 Historical Society Winter Luncheon
- 25 Christmas in July Winter Wonderland Carnival
- 26 Sustainable Gardening Workshops  
Lancefield & District Farmers' Market
- 29 Youth Awards nominations close
- 30 Community Grants & Sponsorships applications close

## AUGUST

- 1 Olde Time Movie Night
- 13 Red Cross "Red And White Luncheon"
- 18 Defibrillator training session

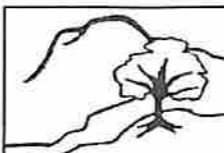
## REGULAR MEETINGS

- Macedon Ranges Film Society second Wednesday of every month
  - Probus every fourth Thursday
  - Romsey Region Women's Network every third Thursday
  - Lancefield Men's Shed Tuesday and Thursday;  
Wednesday BBQ.
  - Courthouse Archives are open Monday, Wednesday and Friday.
  - Wool spinning Wednesdays
  - Angel therapy, Angel Cards and mediation – every first Saturday of the month
- If you want something included in What's On send the details to [editor@lancefieldmercury.org.au](mailto:editor@lancefieldmercury.org.au) before the 15th of the month

### ST PAUL'S ANGLICAN CHURCH, ROMSEY

## ST PAUL'S OP SHOP

St Paul's Op Shop will now be open three days a week –  
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# Christmas in July

## Winter Wonderland Carnival

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- Fun games
- Side Show Alley
- Post dinner nightclub with a Snow Ball under the Big top!
- Lucky door prize
- Lucky number draws
- Raffle
- Silent Auction

**Friday July 25th  
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"Football Operations Manager Mark Swindells demonstrates the Chin Up Bar to other LFNC Committee members and Bendigo Bank representatives."

# GET PUMPED AT THE **PARK**

Located at the northern end of the park, between the Bowling Club and children's playground equipment, is the new Lancefield community Fitness Station. A motivated team, led by the Lancefield Football Netball Club past President Ian Brown, was the major instigator in implementing this project.

The Football Club and the wider Lancefield community lacked access to any gym equipment, therefore it was planned to procure exercising equipment, not just as a football club initiated scheme, but as a contribution for all Lancefield residents.

Whilst the walking track was well underway and nearing completion, it was decided to enhance the track by providing the Fitness Station as an additional stage in an exercise regime. Applications for a community grant from the Lancefield Community Bank for the exercise equipment were successful (\$4,000) but fell well short of the amount needed.

As the Fitness Station was planned to be in an open area of the park for all the Lancefield community to use, the Club called on local clubs, groups and organisations to contribute,

and assist with the shortfall of funds, for this worthwhile project.

After a two year period and at a total cost of \$14,000, the Fitness Station project has finally been accomplished. The equipment consists of a Chin Up (Body Curl Combo), Sit up bench, Step ups, Press ups (2 bars high & low) and Log hop.

Lancefield Football Netball Club wishes to thank the Lancefield Community Bank Branch of Bendigo Bank, Macedon Ranges Shire Council, Lancefield Neighbourhood House, "Opportunity Knocks", Parks Committee, Lancefield Mercury Committee and Lancefield Pony Club for their generous donations towards this project.

"Opportunity Knocks" would like to acknowledge that their contribution came from the sale of public donations of goods, clothes and furniture through the local opportunity shop.

Julie Arnold-McGill  
Lancefield Football Netball Club Secretary