

Lancefield Mercury



FEDERATION TRAIL REPAIRS

FEDERATION TRACK IS OPEN

Great news from the Council – the track between Lancefield and Romsey has been fixed (temporarily) and is now usable again.

Council's Manager, Engineering and Resource Recovery, Eng Lim, said: "At its May meeting, Council approved \$10,000 funding to undertake minor repairs on the trail between Romsey and Lancefield. This decision noted the trail's importance in promoting healthy activity and

enhancing the community's wellbeing. The minor works were completed on 16 June. This popular trail is now open, and we look forward to people using it again.

Further work is needed to rectify all the damage caused by the flooding in October 2022. We continue to seek funding for permanent repairs to this trail, and others affected by the last year's floods."

So, put on your walking boots and make the most of it!




FIGHTING PARKINSON'S DISEASE

Parkinson's Disease affects people in a range of different ways and symptoms vary widely between individuals. Because of the nature of Parkinson's, and the difficulties individuals face when diagnosed, community support groups can play an important role.

One group in the Macedon Ranges, based in Lancefield, has increased attendance at its monthly meetings over the past few months. The group meets on the second Wednesday

of the month at the Lancefield Bowling Club at 1pm and has a general focus of helping people who have Parkinson's through education, support and advice from specialist services. Anyone can attend and family members of people with Parkinson's are very welcome.

Join us for a tea or coffee. A gold coin donation is appreciated. Further information can be obtained by calling Fight Parkinson's Victoria on 1800 644 189.





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PARKRUN

We need you! Come down the Lancefield Recreation Reserve every Saturday morning and get yourself around our course and complete 5k. Take your time and have a chat, run as fast as you can (you are still allowed to chat, if you can) or something in between. More parkrunners will make it more interesting that's for sure. It is free and be warned, it can be an addictive way to start your weekend. Don't want to do the full 5k? Come down and help out.

Do an internet search for Lancefield parkrun to find out more, or have a chat with the team at the start, in the park.



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FOOD SHARE AT THE TOWNHOUSE

- A GREAT WAY TO REDUCE YOUR SHOPPING BILL.

As we all know, the cost of food is through the roof, but readers might like to know that the Lancefield Townhouse, in conjunction with the Romsey Neighbourhood House, is now in a position to offer an alternative for a lot of your grocery items to assist you with reducing the cost of your weekly food shop and save on fuel and travel as well.

When I called into the Townhouse, I found that I could buy a can of lentils for 50c, a one kilo packet of white rice for 50c or a 500gm packet of pasta for 50c and a 1 kg packet of authentic Japanese Udon noodles for \$1. Other pre-prepared items such as pre-cooked tubs of a mix of brown rice and quinoa, a variety of sauces, mayonnaise and many other items. Meat is sometimes available, too. The Food Share has added a range of breads and potatoes, fresh fruit

and fresh vegetables to their list of available goods.

The Lancefield Townhouse and the Romsey Neighbourhood House have become a Foodbank agent. They receive donations through Second Bite, which is a Coles supermarket initiative, and from a Nature's Cargo business.

If you are struggling to make ends meet, you can apply for monthly credits or just take some of the pressure off and donate towards the goods you take which helps support the project for others. As they say at the Townhouse, 'Food Share is for everyone'.

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LANCEFIELD COUNTRY WOMEN'S ASSOCIATION

President: Angela Turner, Secretary: Maybelle Briggs,
Treasurer: Sandra Stevens, lancefieldcwa@gmail.com

HOW ARE YOUR SOUPS COMING ALONG?

Well, winter is certainly upon us. How are your soups coming along? If you have silver beet growing, it makes a hearty soup, just add some potatoes or sweet potatoes, and pieces of crispy bacon and top with grated parmesan cheese when it is served.

Now are you ready to learn more about our current country of study, Namibia? The capital is Windhoek, 90% of the population are Christians, they have freedom of religion, media and the press. It has many big game animals such as elephants, lions, rhinoceros, buffalo, leopard, cheetah, zebra and giraffe. Nature reserves cover 17% of its land area. What an interesting country.

Stay warm.

ROMSEY LANCEFIELD SENIOR CITIZENS

HO, HO, HO ITS CHRISTMAS (IN JULY).

We will be travelling to Sunbury Bowls Club again this year on Tuesday 4 July for our 'Christmas in July' lunch. Cost is \$40. It's sure to be a great day no matter what the weather. We would love to see you, the more the merrier.

A big thank you to Bendigo Bank for sponsoring our bus trips again this year. Their support is greatly appreciated.

Our trip last month to the Bendigo Stupa was really good with everyone enjoying themselves.

Remember, we meet every Monday at the rear of the Romsey Mechanics Institute for lunch, for \$10 – everyone is more than welcome. After lunch stick around for a chat or a game of cards.

For further information please contact Helen on 0409 064 303 or Jan on 0408 371 755.

Hope to see you soon.

LANCEFIELD MERCURY INC.

A0045845D



Deadline for articles and advertisements is the 15th of the month. The Mercury is distributed by post and volunteer deliverers to all premises with a letter box in the Lancefield postal area at the start of the month. Copies of the paper can also be found at the Romsey Library.

The Lancefield Mercury is produced by volunteers as a service to the people of Lancefield.

The editorial committee reserves the right to edit articles for length and clarity.

Items for publication should be sent to editor3435@gmail.com – enquiries Andy Moore 0430 448 120

Enquiries about advertising: advertising3435@gmail.com – Ken Allender 0404 886 580

Check lancefieldmercury.org.au for general information about advertising and how to contribute articles, as well to see digital back copies.

Editorial Committee:

Andy Moore

Craig Longmuir

Karen Barr

Fay Woodhouse

Ken Allender

Julianne Graham

Beth Child

Editorial Enquiries to
Andy Moore 0430 448 120

Advertising Enquiries to
Ken Allender 0404 886 580.



Advertising Rates

One eighth page \$35
One quarter page \$55
Half page \$100
Full page \$165

Rates for one year – 11 editions (no edition in January)

Annual 1/8 page \$280
Annual 1/4 page \$360
Annual 1/2 page \$650
Annual full page \$1000

Colour Advertising:

Full page \$240 per edition
1/2 page \$145 per edition
1/4 Quarter page \$80 per edition

The Lancefield Mercury acknowledges the people of the Wurundjeri Woi Wurrung as the Traditional Custodians of the Country that includes Lancefield and Wil-im-ee Moor-ring. We pay our respects to Elders past and present, and extend that respect to all people of the First Nations. We recognise their continuing connection to the land and waters, and thank them for protecting this country since time immemorial.

LANCEFIELD PARK

WALKING TRACK EXTENSION

We were very pleased to see the new walking track extension project completed in May. The new section of the track starts at the netball changerooms and meanders around the cricket nets, sweeps past the new tennis/netball courts, then around the second oval and connects with the existing track.

Just hours after completion when the committee went to look at the new track it was already peppered with footprints, pawprints, pram tracks and bike tracks. It is pleasing to see the community out and enjoying it straight away. We hope it is enjoyed for many years to come.

The Committee of Management would like to acknowledge the wonderful work done by Erin Foster on behalf of the Lancefield parkrun in her application for the grant to undertake the track extension.

The grant which Erin applied for was one of the Macedon Ranges Shire Council's Community Funding Scheme grants, which provides public money to not-for-

profit community groups for projects and initiatives that benefit residents of the Macedon Ranges.

FLOOD RECOVERY SUPPORT

In April DEECA opened their online applications for flood recovery support for damage done in October 2022. We jumped on and applied straight away. We are seeking support to repair damage to the walking track, replace sand washed away from the equestrian arenas, address the drainage issues on the east side of the oval and replace soft fall at the playground. We have just heard that our application has been successful – we hope to have the work started in July.

Our community has been waiting a long time for these repairs, it will be good to get them done finally.

Kathryn Lewis
Chairperson - Lancefield Park Committee

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Contract awarded for new sewer main for Lancefield

Greater Western Water (GWW) are upgrading part of the Lancefield sewer main to improve the network and ensure reliable sewer services for the local community.

The project's contract was recently awarded to Jaydo and construction will begin in early 2024.

The work will be carried out in stages along 6.5km of the sewer main, running from Tickawarra Road to the Lancefield Sewer Pump Station on Melbourne-Lancefield Road.

GWW will provide updates about the Lancefield sewer upgrade on the project's YourSay page.

Locals who live or work near the project will be contacted directly before the works begin.

To find out more or to provide feedback on the project, visit [yoursay.gww.com.au/lancefield-sewer-upgrade](https://www.yoursay.gww.com.au/lancefield-sewer-upgrade).



HALL HAPPENINGS

Lancefield Mechanics' Institute

FINGERS CROSSED

Over the last few weeks some much needed maintenance work has been taking place at the hall - roof leaks in the main kitchen, foyer, supper room, main hall and all-abilities toilet have been repaired - thanks Mark (Mighty Mouse Roofing),

Fingers crossed - after the Term 2 school break, users will be able to enjoy a much brighter annex space after a full internal repaint which will match the recently added kitchenette. We have plans to repaint the outside of the annex when sufficient funds become available.

Thanks to Neil Vincett and helpers from the Mens' Shed, who have restored the last of our old timber pews (all 4 have now been done) - a big thank you to Neil for his efforts and drive on this. Also soon, hopefully, our large notice board at the foyer entrance will be repaired by this talented team and back in operation.

In June we saw the Yarn and Fibre Expo and the first Witches Fair, and we are looking forward to hosting more events from this group in the future.

JULY EVENTS

02 July We will host a performance by Safe Space Performance (SPP) Community Choir. Safe Space Performance Ltd. is a not-for-profit organisation based in the Macedon Ranges

who create all ages, all abilities, socially inclusive gatherings and projects for people to explore and further their skills as performers, or to attend as supportive audience members, whilst strengthening their bonds in their community. Visit – safespaceperformancesltd.com/home for more information.
08 July The annual Square Dance event
23 July The Lancefield Neighbourhood House will run a 'Community Planning Event' in the main hall (see flyers on LMI foyer window)

AUGUST EVENTS

05 August The Lancefield Senior Football & Netball Club will hold a fundraiserEvent so keep an eye out for details
25 August The Lancefield Old Time group will hold their monthly Friday NightDance
26 August The Lancefield/Romsey Lions Club will host an event to celebrate their 50th Anniversary

Over the next few editions we hope to profile some of the regular hall user groups beginning with Lancefield Pilates which celebrates 10 years of classes in the hall.

For any enquires regarding events or booking all, or part of the hall complex, please contact our Booking Officer at lancefieldhall@gmail.com or 0437 313 564.

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WELCOME TO JOIN US

Regular weekly Romsey Church Service - 9am each Sunday,
Lancefield Church Service - 10:30am each Sunday.

Prayer Meeting is held at St Pauls Romsey each Thursday 9.30am and Bible Study at Christ Church Lancefield Thursday 10:30am. Enjoy a cuppa while spending time pondering the book of Revelations.

Monthly Parish Community Lunches are held each second Saturday of the month at Christ Church Hall, Lancefield. Next Lunch will be on Saturday 8 July @ 12noon.

The day is free to all and everyone is very welcome to join us with good homemade food and a great time to meet new people and chat up with old friends.

St Paul's OpShop Open Times: Friday 12:30-4pm

(please note winter Friday afternoon times change of times) and Saturday 10-1pm. The Op Shop is now on the Parish website for viewing the week's specials. Your valued donations of clothing, bric-a-brac, craft items, books and good quality working toys can be left Friday afternoon and Saturday mornings. These items are very much appreciated, unfortunately some donations were left outside of the OpShop open times. These items are either wet or damaged owing to the weather conditions and unfortunately, as a result, need to be sent to the tip. Please note that owing to regulations we cannot accept electrical goods, prams, baby cots, furniture or mattresses. Your ongoing support and donations are much valued and appreciated.

JOIN THE PLASTIC FREE JULY CHALLENGE

Council is actively involved in supporting our community to choose to refuse single-use plastics. You too can make a difference by joining millions worldwide in taking steps to end plastic pollution by participating in the Plastic Free July challenge. By taking small, practical steps together, we can reduce about 300 million kilograms of plastic polluting the

world each year.

It can be as easy as picking one single-use plastic item to avoid or swap for a reusable alternative. What single-use plastic will you choose to refuse this July?

Visit mrsc.vic.gov.au/Plastic-Free-July for information on how to get involved.

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The Romsey/Lancefield Probud Club is for active retirees or semi-retired people to meet, relax and enjoy the welcoming company of those at the same stage of life. There is a regular monthly meeting with guest speakers, morning tea and time to socialise with the other members. Each month there is a regular outing for lunch held at different venues around the region as well as short and longer trips throughout the year.

This year the club is visiting Western Australia in October. There is a coffee morning at 10am every Friday at the Lancefield Corner Store where members meet for a chat and a bit of fun.

In May, the club purchased a large screen TV enabling speakers to use a range of media in their presentations. In June another member presented a personal ANZAC Day story of his father who was captured and remained a prisoner

in Germany for 5 years before returning home. Our outing for lunch in May was to the Pig and Whistle in Trentham, and in June we went to the Olive Tree in Sunbury. The club is presently organising a 1-day bus trip for August (details to be announced in the next Mercury).

The July meeting of the Romsey/Lancefield Probud Club for 2023 will be on Thursday, 27 June, at 10 am in St. Mary's Catholic Church Hall Main Street Romsey.

We are a friendly, welcoming group from diverse backgrounds with a variety of interests and we'd love to meet you. Feel free to attend a meeting as a visitor.

President: Noreen 0401 579 180

Secretary: Betty 0409359048

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You're invited

Community Investment Program Information Evening

A Community Grant may be just what your organisation needs to make a great idea happen.

Grant and sponsorship applications are opening soon.

Join Community Bank Lancefield and Romsey and representatives from the Community Enterprise Foundation to find out if your community group is eligible to apply.

We'll also share our tips to assist you in your application and give your community group the best chance of success.

When Wednesday 12 July

Time 7.00 – 8.00pm

Where Lancefield Mechanics' Institute Annex, Corner of High St and The Crescent, Lancefield

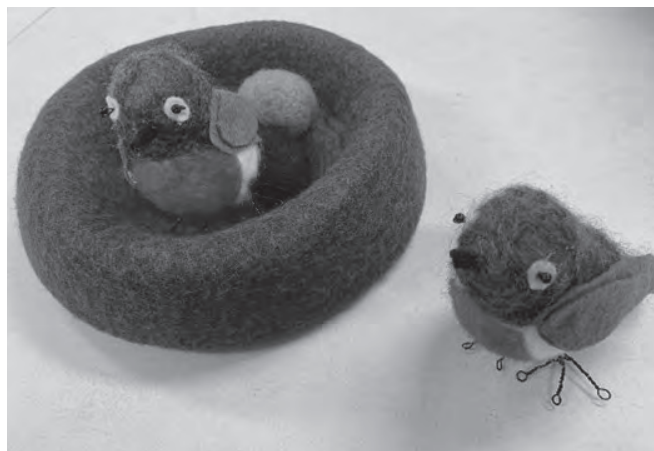
RSVP By Monday 3 July 2023 to Lauren Harrison via email cip@lrcfsl.com.au or phone 0418 456 112



Community Enterprise Foundation™

The Lancefield and Romsey Community Investment Program is a management account of the Community Enterprise Charitable Fund ABN 12 102 849 988 (the Fund). The Bendigo Centre, Bendigo VIC 3550. Sandhurst Trustees Limited ABN 16 004 030 737 AFSL 237906, a subsidiary of Renshaw and Adelaide Bank Limited ARN 11 068 049 178 AFSL 237879 is the trustee of the Fund. A1360570 OJT 3/0003004 13/06/2023

WINTER EVENTS AT THE LIBRARY



Check out these fantastic events we have planned for the Romsey Library.

NEEDLE FELTED ROBINS

– Thursday July 6, 2pm-3pm

Join us for this gorgeous school holiday activity and craft these cuddly felt robins. For ages 10+.

WRITE A MEMOIR'

Lee Kofman: Introduction to Memoir – Friday July 28, 10am-12pm

Learn the basics of this popular writing genre, including how to find the right theme to focus on, how to structure your life story for engaging reading, how to turn yourself and others into compelling characters and how to describe your experiences vividly. You'll also learn about the role of emotional honesty when writing about yourself.

SUSTAINABLE HOUSE KITS SHOW AND TELL

– Saturday July 22, 11am-12pm

Join Sue from Macedon Ranges Sustainability Group to learn how increasing your home's energy efficiency makes it

more comfortable, cheaper to run, and better for the planet. Find out how to use the library's Sustainable House Kits and how to borrow one for use in your home.

SCRAPPY RAG ROPING

– Tuesday July 25, 1-3pm

Create beautiful, textured coasters or baskets from scrap fabric destined for landfill. Learn how easy it is to turn scraps of fabric into a rag rope before turning it into a coaster or basket with a simple blanket stitch. Enjoy mindful and therapeutic creativeness that's good for the planet.

Presented by Simone from A Fitting Connection.

A CURIOUS CIRCLE, CHRISTMAS IN JULY

– Saturday July 15, 1pm-4pm

We're inviting adult women to come together to connect and explore their curiosity in a creative way. Try out some new arts and crafts just for fun – no special skills required. This July we're starting early and doing some very special Christmas craft.

Refreshments are provided, beginners welcome.

1000 BOOKS BEFORE SCHOOL IS BACK.

1000 Books Before Schools is a fun program for parents to read 1000 books to your child before they start school, which isn't as hard as it sounds if you build it into your child's routine. Daily reading will give your child a great head start with literacy, and give you both wonderful, imaginative bonding time together.

Most picture books take around five minutes to read, so:

- If you read one book a day (around 5 minutes), 1000 books can be achieved in less than three years.
- If you read one book each weekday (around 5 minutes), 1000 books can be achieved in less than four years

For more information on any of the library's activities, or to book head to goldfieldslibraries.com or phone the library on 5429 3086.

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LOCAL STUDENTS OFF TO SYDNEY FOR YOUTH LEADERSHIP PROGRAM

YOUTH LEADERSHIP PROGRAM

We are thrilled to announce that two local students, Emily Bonnici and Charli Laity, have been awarded scholarships to attend the highly anticipated 2023 Magic Moments Youth Leadership & Business Summit.

This prestigious event, catering to young individuals aged 14-17, will be held in Sydney from July 1 to July 5.

A new scholarship for 2023, this investment reinforces our dedication to investing in and fostering connections with our local youth.

COMMUNITY INVESTMENT PROGRAM FOR EVENTS

Congratulations to the community groups in the below table who were successful in their applications to our recent Community Investment Program for Events.

GRANTS AND SPONSORSHIP APPLICATIONS OPEN SOON

We are pleased to announce that applications for Round 1 of our Community Investment Program 2023/24 will open on 17 July 2023 via the Community Enterprise Foundation www.bendigobank.com.au/foundation. Our Community Investment Program comprises both grants and sponsorships for projects large and small.

It's a win-win when you bank with us, banking convenience for you creates community support for all – to date we've invested over \$2.5 million and counting.

To assist community groups with their applications, we will be hosting an information evening on the 12 July. We invite representatives of all local community groups to attend. Refer to the accompanying invitation or email cip@lrcfsl.com.au for details.

Make sure your community group is registered to receive our CIP information and program updates – send your name, organisation and email address to cip@lrcfsl.com.au

Applications will close at 5pm Friday 25 August 2023.

Community Organisation	Project	Funding
Lancefield Bowling Club Inc	Sponsorship of Fours Tournament	\$1,000
Bolinda Hall	Bolinda Hall Australia Day Breakfast	\$1,100
Romsey Bowling Club Inc	Sponsorship of Open Fours Tournament	\$1,700
Romsey Lancefield Senior Citizen Club Inc	Bendigo Bank Monthly Bus Trips	\$2,232
Lancefield Cricket Club Inc	Pink Stumps Day	\$2,852
Romsey Playgroup	RPG Family Fun Day 2023	\$3,239
Lancefield Romsey Lions Club	Romsey Market	\$5,150
Romsey Region Business and Tourism Association Inc	Christmas In Romsey 2023	\$7,500
Romsey Neighbourhood House Inc	2023 Community Events	\$10,000
	TOTAL	\$34,773

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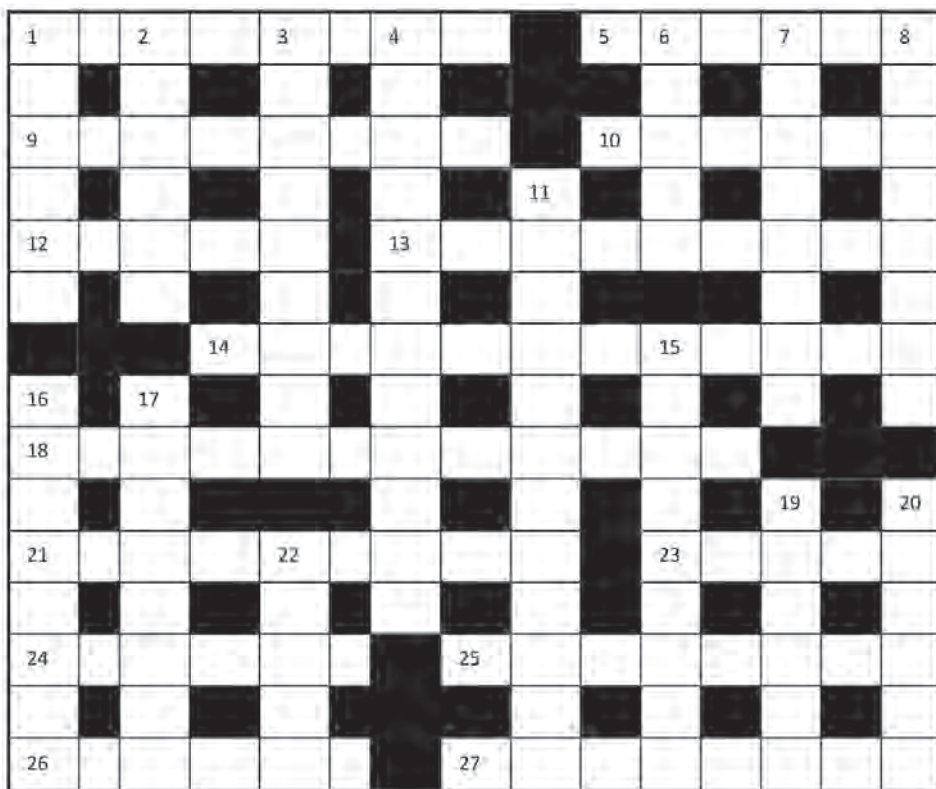
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CRYPTIC CROSSWORD

Solution on page 38



ACROSS

- 1 Hear tidal movements for dried fruit (8)
- 5 You wouldn't be doing this if you already knew (6)
- 9 Dries pin caused to be moved (8)
- 10 Check material for northern dress (6)
- 12 Intestinal punctuation? (5)
- 13 The edge of town is not in dresses (9)
- 14 A curved one can't be found (9)
- 18 Mines that were famously his quite some time ago (4,8)
- 21 Its charges go in circles (9)
- 23 Secret faction sounds like wire rope (5)
- 24 Nota bene mixed with urea but it's sophisticated (6)
- 25 Certainly uncertain (8)
- 26 Long pace could be the most dire (6)
- 27 Oversees the making of dress pie (8)

DOWN

- 1 Get the deal outside close winch (6)
- 2 Relies although could be abandon (6)
- 3 Sounds like eights from another world but causes hostility (9)
- 4 They keep track of their drinks but they don't (12)
- 6 Listens to become underwater killer (5)
- 7 Mix and bury and mix (8)
- 8 Strange gee arrangement is a violent criminal (*0
- 11 He manages in phases and arranges the play (5,7)
- 15 Enact debt notes can be very persistent (9)
- 16 Use these groups for protection while skiing? (8)
- 17 Food place serving what you eat between meals and find at a pub? (5,3)
- 19 Eased sounds like a hook ready for use (6)
- 20 Lice on board gives layers (6)
- 22 Do win ending beginning arrangement with no eyes is had (5)

Romsey Beauty Spot

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MASTERPLAN SUBMISSION TO COUNCIL

The Macedon Ranges Shire Council Draft Budget provided funding for a new Masterplan in other recreational facilities in the Macedon Ranges, including Romsey, Riddells Creek, Kyneton and Gisborne. However, Lancefield was overlooked. The Committee of Management jumped into action to have funding for a new Masterplan for Lancefield included.

The Committee invested hours of work preparing a formal submission to the MRSC and was strongly supported by our community. We were exceptionally grateful to receive letters of support from Mary-Anne Thomas MP, Rob Mitchell MP, Lancefield Neighbourhood House and the RRBATA Committee. As well as our user groups: Lancefield Junior Football Club, Lancefield Senior Football Netball Club, Lancefield Equestrian Group, Lancefield Pony Club, Lancefield Tennis Club, Lancefield Bowling Club, Romsey Lancefield Girl Guides, Lancefield parkrun, Northern Cycling, Lancefield Cricket Club, Lancefield Men's Shed, and the Lancefield Agricultural Society. We would like to publicly thank all our supporters - especially the 20 folk who turned out on a cold night in Lancefield to support us when we gave an online

presentation to the MRSC special meeting. They were kept warm with delicious soup made by Judy Stammers and bread rolls donated by Dina from the Lancefield Bakery. Thanks also to Bill Balcam, who managed to distil an 8-page submission into a lively 3-minute presentation. Well done everyone.

The MRSC funded a Masterplan in 2012 for Lancefield Park which helped Lancefield Park and our user groups obtain funding and grants for essential maintenance and some upgrades, but that Masterplan is outdated, and we have experienced great difficulty in obtaining funding recently, and our facilities need improvement. The rate-payers of Lancefield deserve their fair share of Council funding for open space and recreational activities. By funding a new Masterplan, the MRSC will be putting Lancefield Park on a fairer, more even footing with other Macedon Ranges facilities, which will assist the Lancefield Park and its user groups in being more competitive when applying for grants and funding. Fingers crossed that our submission is accepted.

Kathryn Lewis - Chairperson - Lancefield Park Committee



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MILESTONE SEASON

Our 150th milestone season is well under way, highlighted by the commemorative book launch at the local derby vs Romsey on Saturday 27 May at the Laurie Green Pavilion. A huge crowd was in attendance and well done to everyone involved with putting in countless hours to produce a very special book.

On-field, wins have been hard to come by. But some highlights include the double-win for our footballers vs Melton Centrals and three out of four wins for our netballers on the road vs Wallan. What is pleasing though, is the increased competitiveness, particularly our senior footballers who have regularly won the first quarter and been within reach early in the fourth quarter. It's also been great to see so many young players develop from our junior sides and make their debuts in senior football and netball teams. The future is certainly exciting.

Upcoming games are a home game vs Diggers Rest on Saturday 1 July, and another home game vs Woodend-Hesket on Saturday 8 July.

TIGER TALK NEWSLETTER

This season we have introduced a weekly newsletter, which is emailed out to 220+ members, sponsors, players and local businesses. If you would like to keep in touch with results, upcoming events, player profiles and all the club news, please email jack.mcpherson@outlook.com and you'll be added to the distribution list.

WANT TO GET INVOLVED?

There is nothing more rewarding than giving back to

your community. Whether that's taking to the footy field, the netball court or the many different volunteering opportunities, please get in touch with LFNC Club President Joe Schembri -- lancefieldfnc@gmail.com or 0407 526 501.

Jack McPherson

BOOK LAUNCH

The club may have had a loss on the field, but inside the marquee at the book launch there were only winners. The history of the club's first 150 years was launched with much fanfare by Chloe Saltau, sports editor of the Age. Chloe spoke of her family connections to the club, of the importance of grass roots footy and the impact to the local community that the Lancefield Football Club has had over the years. Principal researchers Shirley Kishere, Dennis Graham and John Chisholm took to the stage as Dennis told stories from the rich history of the club. Local historian and Mercury contributor Fay Woodhouse has done an outstanding job of drawing all the threads together and producing such a professional book, a rich store of stories and photos shining a light on our footy club and our community.

The Lancefield Football Club: 1873-2023

Copies of this book are now available for purchase at Red Door Books, The Lancefield Hotel, The Lost Watering Hole, the Romsey & Lancefield Districts Historical Society and online at the Football Club's website. The cost is \$80 per copy and \$20 postage and handling if you cannot pick up a copy. But hurry – it's selling fast, and stocks are limited!

AM





FOOTBALL AND FETLOCKS

Saturday 27 May was a wonderful example of the high usage of the Lancefield Recreation Grounds. The Romsey-Lancefield football match followed the launch of the Lancefield Football-Netball Club's 150 year history. The book was celebrated by many and launched by Melbourne Age Sports Editor, Chole Saltau. Following this event, the football match between the two rival teams began. The Lancefield team wore the Maroon and Blue guernseys – a replica of the 1888 premiership win. The coin was tossed and the game was off to a great start. While the day was overcast and cold, a substantial crowd cheered their side on. Sadly, while they did not triumph on the day, the goodwill and excitement at this match was palpable. Friends and families supported the team and revelled in the fact that the launch of the 150 year history had brought so many players – former and current – to the ground. Many copies of the book were sold, food was plentiful and a good time was had by all!

At the same time, in another part of the Recreation Ground, the Bolinda Riding Club Inc. held their Official Dressage Jackpot. Each year their annual event is held at the Lancefield Recreation ground, where horses and riders are put through their paces throughout the day.

The Recreation Ground is the ideal location for outside activities and is very well patronised, on a daily basis by walkers and joggers as well as dog-walkers. The regular weekly Fun Run is also held in the Recreation Ground at 8.00 am on a Saturday morning. Regrettably on this occasion, because of the Dressage Jackpot, permission for the Fun Run to go ahead was withheld, so the run had to be cancelled. This did not stop casual walkers from enjoying the walking track while the football and the horse event took place.

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THE QUILT SHOW

On Saturday 27 and Sunday 28 May, A Patch of Lancefield held a quilt show in the Lancefield Mechanics' Institute Hall. A wide range of quilts, large and small, was displayed on stands constructed as a walkway to enable people to walk through the hall and admire the quilts.

Of particular interest to me was the display of the Presbyterian Church 'Sale of Gifts Quilt 1896', part of the Historical Society's collection. The quilt has an interesting history. In September 1895 a 'sale of gifts' event was planned by the Lancefield Presbyterian Church. It had been many years since the Church had appealed to the congregation for funds. Sewing meetings were held regularly and 'a good supply of useful articles' was made for sale at the planned bazaar. The last week of February 1896 was chosen for the fair and the ladies worked 'assiduously for many months' to

manufacture the articles for sale. The Lancefield Mercury reported on 20 December 1895 that:

A feature of the event will be an autograph quilt, which will contain over 400 names beautifully worked in different colours. Anyone desirous of handing his or her name down to posterity will have to hurry up if they wish to secure a square on the quilt. 26 February 1896 was chosen as the date for the opening of the sale of gifts. It was officially opened by the Hon. John Gavin Duffy, Member for Dalhousie, Kilmore and Lancefield in the Victorian Legislative Assembly.

A large advertisement appeared in the Mercury, inviting the community to the opening ceremony as 'This event should prove one of the most unique of its kind ever held in the district'. Fancy goods stalls, refreshment stalls and special attractions were a feature of the day. On the day, 'in the presence of a large assemblage', chaired by Mr James Hemphill, JP, Mr Duffy opened the bazaar. Also on the platform were Messrs J Waddell, J Harley, G Forsyth and J Cameron, members of the church committee. The opening of the event and the sale of goods proved to be a great success; the stalls continued selling their goods until the following Saturday evening.

For many years, the 1896 Quilt has been displayed, albeit inadequately, at the Historical Society's rooms at the former Courthouse amongst other Historical Society memorabilia. The beauty of the display in the Mechanics' Institute Hall was that it was possible to see the names of each person who had contributed to the creation of the quilt embroidered on the 1896 quilt.

While I was standing and admiring the display, Lancefield local, Syd Green came and pointed out his great aunt Phyllis Derrick's name. There must be many other families whose names of loved ones are also embroidered on the quilt. It would be terrific to hear some of the stories.

The 'Sale of Gifts Quilt 1896' remains of great significance to the residents of Lancefield and Romsey. If rumours that the Historical Society are offering the quilt to other historical societies to be kept in better conditions than exist at the Courthouse are true, this quilt may be lost forever to our townships' histories!

WINNERS

Winners in the quilt show this year are:

Small quilt 1st prize – Gum Blossoms by Jenny Rose

Small quilt 2nd prize – Feathered Friends by Tracy Kemp

Large quilt 1st prize – Christine Treseder, who also won the handmade section

Large quilt 2nd prize – Dance of the Dragonfly by Tracy Kemp

The raffle quilt was won by Joe from the Men's Shed.

Quilting is growing in popularity, and this was the perfect opportunity for the work of the Patch of Lancefield group to be displayed.

Fay Woodhouse



Christine Treseder





LPS STREET LIBRARY IS BACK

We are happy to announce that our LPS Street Library is back. The year 3/4s have had fun cleaning up our street library, repainting and repairing it. Please come and visit to see the lovely selection of books inside. Thank you to Paul, our Visual Arts teacher, for supporting our students with this special project.

As this term draws to a close, we can reflect on a very busy term. Our year 5/6s participating in the 'Stories in the Wall' project. If you are visiting the Victorian Arts Centre precinct over the school holidays don't forget to stop by the installation in the large black wave sculptures and listen to our clever LPS 5/6 students read you their stories.

All of our classes participated in swimming this term, learning new skills and building confidence in and around the water. We celebrated the end of a great term with our School Disco on the last Friday.

Thank you to Landcare for organising a great day of planting on Friday 19 May. A group of our year 3/4 students worked with a group of St Mary's students and some local Landcare members to plant some indigenous trees and shrubs in the area behind the school (behind the oval area).



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ANOTHER TERM DOWN

Another term down and the middle of the year has arrived. How quickly the weeks go by, as the students continue to grow and learn and amaze us with their determination, imagination and persistence. It's been an excellent first half of the year and we look forward to a jam-packed term three when the students return in early July.

ENVIRONMENT GROUP

On Friday 19 May, students from the Environment Group joined students from Lancefield Primary to assist the Lancefield Park Committee and the Deep Creek Landcare Group to plant 350 native trees on Crown land at the back of the primary school. We were very lucky with the weather, even though the breeze was cool, the sun was out and shining brightly for us. Thankfully members of the Landcare Group and Park Committee had already dug the holes for the trees to be planted, so it was the students' job to plant the trees, water them in, and then place a guard around them before hammering that into place. Our students took on the various roles with much enthusiasm as they slowly but successfully planted their way through the hundreds of trees awaiting them. I was extremely impressed with their hard work, their ability to work as a team and their encouragement of each other and assistance whenever someone required it.

Our students worked solidly for nearly two hours, and we managed to plant almost every tree, as well as get the guards up. The students had a fantastic time and thoroughly enjoyed their outdoor experience, asking when they would be able to do it again. I want to say a huge thank you to Emma Stevens (Junior Landcare Facilitator) for setting up the day, the Lancefield Park Committee for providing gloves and water (and even a sweet biscuit at the end) and getting the grant funding for the event and the Deep Creek Landcare Group for their assistance and education on the process and the trees

we were planting. Whilst there, we were given some books for our library; 'Australian Backyard Buddies' by Andy Goeppert and 'The First Scientists, Deadly Inventions and Innovations from Australia's First Peoples' by Corey Tutt. These were generously donated by the Deep Creek Landcare Group and Bendigo Bank, for which we are extremely grateful. Thank you to the students for all their hard work and for once again representing St Mary's in such a positive way and Mrs Wagg for her assistance. It really was a fabulous day and wonderful opportunity for all involved. We look forward to continuing our work with these groups in the future.

WILLOWMEADE VISIT

On Tuesday 6 June, some of our Mini Vinnies had their monthly visit to interact with the residents at Willowmeade Aged Care in Kilmore. It was great to finally go back as we were unable to attend in May. This time our students broke into two groups, one group chose sport with some of the residents while the other group joined in with a craft activity.

Once again it was fantastic to visit the residents and see their welcoming faces. They in turn were very happy to see the students once again. In the craft room the students



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ST MARY'S PRIMARY SCHOOL

paired up with a resident or two and painted a tree showing their favourite season of the year. The students who chose sport were checking their skill against the residents as they played Bocce. It was wonderful to get to know the residents even more during this visit and share stories and laughter. We hope that when the weather improves later in the year, some of the residents will be able to come to St Mary's for a visit and morning tea. We found out there's another big birthday milestone coming up for June, who turns 100 soon. So we'll have to get that card making on the go once again. A huge thank you to Melissa McCarthy who volunteered to help on the day and to the students for their exemplary behaviour. I know they thoroughly enjoyed their visit and will be happy to know we've locked in dates for July and August.

NATIONAL SIMULTANEOUS STORYTIME

Wednesday 24 May @ 11am was National Simultaneous Storytime. This year the book read to students by the author, Rebecca Young, was 'The Speedy Sloth'. The illustrator, Heath McKenzie, was also in attendance. Our students gathered in the Learning Street if they wished to be part of National Simultaneous Storytime. They watched the live reading and then were able to participate in a number of Speedy Sloth activities afterwards. A huge thank you to Mrs Kilpatrick for organising this event, it was thoroughly enjoyed by all who attended.

COBAW WINTER SPORTS

On Tuesday 23 May, our Year 5/6 students participated in the Cobaw Winter Sports held in Romsey. These sports included netball, football and softball. Our students had a great day at their collective sports and thoroughly enjoyed the competition with the other schools and the sportsmanship on the day. Our girls' netball A team had a very successful day and won all their games, claiming the grand final win. They will now go on to Castlemaine to play in the Division competition. We wish them the best of luck. We'd like to thank all the volunteers on the day that helped coach the teams, our staff and students from ACK who assisted with umpiring. These Cobaw events are a wonderful opportunity for our students, and we appreciate all the work that goes into running them.

As I write this, we have exactly 6 more days left until the end of term. The teachers have been busy writing reports' and our students are excitedly putting together their showcase of learning which will be displayed for our school community on the last day of the term. On Friday 16 June our Mini Vinnies organised a fundraiser for the students at Exford Primary School who were affected by the bus crash. Their idea was a Crazy Hair Day with gold coin donation and sales of Zooper Doopers on the day. I can't wait to report back on this day and all the crazy hairstyles that will no doubt arrive at school - stay tuned.

Jo Shannon (Community Liaison Leader)



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BUZZ OFF SUPERFOOD

As a dietitian, I can tell you that there is a lot of false information out there about nutrition. I'm used to debunking myths – in fact, it is what I mostly do. A lot of these trendy terms are not based on science or evidence and can be harmful for our health. Here are some of my top eye-roll-inducing nutrition buzzwords that I could do to never hear again.

SUPERFOOD

Also known as one of the greatest marketing schemes of modern times. Sure, most of these foods are healthy, but "superfood" implies that they are "magic bullets" that will mystically fix everything. Sorry my friends, but no single food can do that. Eat a variety of these types of fresh foods and yes, you will probably be in good shape, but that is not magic – that is just a nourishing diet.

CLEAN EATING

This nutrition buzzword reminds me of the "bad" food / "good" food mentality, and it must stop. When we describe food as "clean" we insinuate that other foods are "dirty" and thus, we take on a dirty, worthless, lazy persona by eating that "un-clean" food. When we become

obsessed with eating clean, we run the risk of slipping into a disordered pattern of eating. I suggest ditching the labels and learning to find a place and time for all foods.

DETOX & CLEANSE

All promising to flush the toxins right out of your body, help you lose weight, get better skin, gut health, and clearer thinking. The bottom line is that we have a liver, kidneys, skin, digestive tract and lungs to do all that for us - we don't need another \$20 bottle of green sap. Put the juice down and eat-real-food.

Just like gluten free cookies are still cookies - not any healthier, these nutrition buzzwords are all used as marketing strategies to get consumers to buy more products/books/diet plans that are habitually not verified by legitimate science.

Healthful eating is not complicated but sadly this is not sexy enough to sell. I'll just be over here enjoying my regular un-sexy, un-super but amazingly delicious salmon sandwich and blueberry kale salad.

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WOODEND HANGING ROCK PÉTANQUEE CLUB

WE MOVE INTO OUR WINTER CALENDAR

Well, the pétanque season is formally over as it runs from October to May .

But that is not to say that there is no more Pétanque for the Woodend Hanging Rock Pétanque club!

We now move into our winter calendar. But, before we say good bye to the summer calendar, we have held a few 'special' Pétanquee days. One being the President's Cup, in honor of Marilyn Steel, and the last hurrah for our champion president of many years Chinka Steel, who is about to leave for life on the Mornington Peninsula.

It was a great night with many honoring, Marilyn and Chinka and their contribution to the Woodend Hanging Rock Pétanque club, which wouldn't have existed without their energies and encouragement over the last 22 years.

Also in May a group tramped up to the Redesdale Hotel for a morning of pétanque followed by a delicious lunch, put on by the Redesdale hotel. Great day had by all especially Ed Lowe who was the champion of the day.

During this winter break and part of our winter calendar we have several tournaments coming up with one being the continuing of the 'Golden Boule Tournament'.

On the first weekend of June we played round 1 against teams from Maldon Pétanque club , in the rain and cold , but soldiered on to have a great day of pétanque.

In the future weeks we will play teams from Mount

Macedon Pétanque Club, Pyrenees Pétanque Club from Avoca, Ballarat Pétanque Club and finishing with a tournament against the Smythsdale Pétanquee Club at Woody Yallock.

Then, of course, there is Bastille Day on July 14, which we always celebrate at Hanging Rock Reserve with a game of pétanque, followed by a delicious lunch prepared by the committee.

On one of our annual weekends in August, we also hold another tournament in Echuca, where teams from various clubs around the state gather to play at the Port, outside the Star Hotel.

We meet on the Friday night at the Star for a get together and then over Saturday and Sunday we play our favorite game, culminating in a lunch at the hotel.

So, even though our season is over, there are still plenty of occasions to play the game we all love, pétanque!

If you're looking for some fun and company join us.

The season will start at the racecourse in Forest St. Woodend on Monday October 2 and at 2 pm and on Thursday October 5 at Hanging Rock at 4 pm followed by a BBQ.

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SOCIAL PRESCRIBING AND THE NEIGHBOURHOOD HOUSE

For several years various countries around the world have been exploring the benefits of social prescribing as a way to improve people’s physical and mental health and take the strain off health care systems. Australia is now one of those countries and studies have been looking into the benefits since 2021, with the Victorian Government just starting some research trials, with results from around the world showing positive outcomes.

So what is social prescribing?

There are a few definitions:

“Social prescribing is an approach that aims to improve health and well-being. It connects individuals to non-clinical services and supports that address social needs, such as those related to loneliness, housing instability and mental health. At the person level, social prescribing can give individuals the knowledge skills, motivation and confidence to manage their own health and well-being. “ (Daniel F Morse National Library of Medicine BMJ Global Health 2022)

“Social prescribing is when health professionals refer

patients to community support services for non-medical activities, in order to improve their mental and physical health and wellbeing.”

Who is social prescribing for?

- people with chronic conditions
- people who are lonely or socially isolated
- people at a high risk of mental health illness
- people who are vulnerable, for example because of their age or their financial situation.

What have Neighbourhood Houses got to do with it?

There is a recognition that Neighbourhood Houses play an essential role as providers of services that support social prescribing. At Lancefield we run many activities that are about connecting people, reducing social isolation and supporting vulnerable individuals. Other activities might be about learning new skills or contributing to a project, and we have around 60 volunteers who find great rewards for themselves whilst they contribute to our community in various ways.

The Neighbourhood House volunteering opportunities






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range from committing to a weekly shift, getting involved in a one-off project or just working by yourself to help with something.

You can volunteer to work at the Op Shop, Townhouse, Mens Shed, Community Garden, Food Share or Farmers Market. We need people for tasks such as feeding the chooks, scrapbooking the history of the house, watering the street barrels, maintenance jobs, helping in the office or computer work. We also need some volunteers to help with food preparation and cooking and drivers and admin people for our community transport project. Basically, we say if you want to do something we will find something to fit your interest and skill level.

The Feed it Forward community lunch is on Tuesday 27 June in Romsey and Tuesday 25 July in Lancefield. Consider joining us or bringing along someone you know who might benefit from an outing.

For more information about any of the activities and/or to book for the Feed it Forward lunch phone the House on 5429 1214.

THE MENS' SHED

A BIG THANK YOU

Winner of Lancefield Men's Shed wood raffle, drawn 17 May, was Duane Burt from Riddells Creek.

A big thank you to our community and visitors for supporting our firewood raffle. The proceeds will go a long way in providing much needed equipment for our shed. There is a lot of workshop and social activity happening at the shed at the moment, and new members would be very welcome. The more recent new members happen to be talented wood workers who are busy making saleable items, such as chopping and serving boards, artworks and other interesting items which we sell at the stall we conduct monthly at the Mechanics Hall on market days, and from this we are getting good exposure with items selling and orders placed both to local businesses and the general community as well as visitors to the town.

Joe Lewandowski



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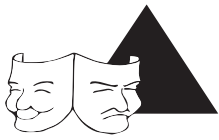
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A HUGE MONTH AT THE THEATRE

The Mount Players is incredibly excited to announce that our Youth Theatre will be back in Terms 3 and 4. We welcome Kerry Turpie and Mark Constable, two fabulous, highly-qualified teachers who will run each of the classes together for students aged from 10 - 19 on a weekly basis from 10 July. Spaces are limited so check out our website for full.

On the weekend of 8 and 9 July our annual One Act Play Festival finally returns and offers a weekend of short plays that are adjudicated with awards presented at the completion of the Sunday afternoon session. Come for a session (just \$15 a session) or nestle in for a cosy weekend. Bar open and food available. Tickets only available at the door.

On the weekend of 22 and 23 July, the theatre welcomes a visiting Melbourne Company, The Good Girl Song Project, who will bring their performance of Voyage a new Australian

musical to our stage for just 2 performances. It follows the immigration story of two women, who board a ship to NSW in April 1833. During the voyage, the two women form a strong friendship; one that must withstand the capricious whims of the Sydney colonists. Once they leave the familiar shores of their home, there is no going back. A simple set, stunning character transformations, it asks audiences to reflect on their attitudes to women, migration, identity, colonisation and racism, and questions whether the attitudes of the 19th Century are still mirrored in contemporary Australia.

For full details of our Youth Theatre Program, One Act Play Festival and Voyage go to www.themountplayers.com or phone 5426 1892 for assistance.

By Karen Hunt

STAY COSY THIS WINTER

Some quick and effective tips:

- Check for gaps or drafts around windows, doors and vents. Seal them up to prevent cold air sneaking in.
- Use thick curtains or blinds to provide an extra layer of insulation. Open them during the day to let the sun in, and close them at night to trap the heat indoors.
- Add warmth to your floors by adding rugs or carpets in

key areas, especially on bare or tiled surfaces.

- Swap lightweight bedding for cosy blankets and flannel sheets to keep you warm at night.

Find out more by borrowing a Sustainable House Kit at Goldfield Libraries. Learn how to use it at a workshop at Romsey Library on 22 July from 11am-12pm. Details at www.goldfieldslibraries.com.

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CURRENT MASS TIMES

SUNDAY MASS

Sunday Mass will be celebrated at 9am and will alternate between Lancefield and Romsey.

First and third Sundays of the month in Romsey; second, fourth and fifth Sundays of the month in Lancefield.

SATURDAY HEALING MASS

The Healing Mass will be celebrated at 10am in Romsey on the first Saturday of each month.

BAPTISMS

Baptisms are held at 2:30pm on the second and fourth Sundays of the month. Please contact the office for dates.

SACRAMENTS

Bookings are now open for parish children to register for the Sacrament of Confirmation available to Year 6 and above in 2023.

Please contact the office if you would like to register your child. Should a parishioner want to go to Reconciliation, please contact Fr. Martin directly at Woodend on 5427 2690 to make arrangements.

Please direct enquiries to the parish office on 5429 2130 or by email at lancefield@cam.org.au

FUNERAL

For funeral arrangements, please contact Fr. Martin by email at woodend@cam.org.au or on 5427 2690.

CLEAN POLYSTYRENE RECYCLING

Polystyrene is now accepted for recycling at Council's resource recovery facilities in Kyneton, Romsey and Woodend.

Council will monitor the process by keeping tabs on the

number of 2m3 bags that are filled. The cost is around 30 per cent cheaper than sending it to landfill, where it becomes an environmental hazard.

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VOLUNTEER

Would you like to provide companionship and friendship to an older resident of Macedon Ranges?

From 1 July, Council will offer the Australian Government Aged Care Volunteer Visitor Scheme to older people living in residential aged care facilities or their own homes.

Volunteers will be matched with a resident or group of residents with a common interest. A minimum commitment of a fortnightly visit is required, or more often upon agreement.

Contact Council on 5422 0333 or email volunteervisiting@mrsc.vic.gov.au for information.

CRYPTIC CROSSWORD ANSWERS



EVENTS FOR OVER 55s

Are you 55 years or older, residing in the Macedon Ranges and looking to connect with others in the shire? Council's Village Connect program has a range of activities on offer for over-55s and carers.

CURRENT EVENTS INCLUDE:

Pathways for Carers – Friday 7 July and 4 August. Meet at 9:45am at Barry Doyle Memorial Rotunda, 2 Campaspe Crescent, Kyneton. Free monthly walking event for carers of older people, people with a disability or mental illness. Come together and to learn about news, services and supports available.

July free coffee cup event – Monday 3 July, 11am-12pm, Hanging Rock café.

Connect with like-minded individuals in the community over a free coffee and cake at Hanging Rock. Registrations essential. Spaces limited.

Board games for over-55s: Backgammon – Friday 28 July, 10:30am-12pm, Romsey Co-op Café, 126 Main Street. Gather and connected like-minded individuals in your community over a casual game of Backgammon.

To register for Village Connect events or find out more about the program, visit mrsc.vic.gov.au/village-connect or call 5422 0333.

Lancefield Mechanics Institute

Hall Bookings & Information



For enquiries regarding LMI bookings please contact the Booking Officer on 0437 313 564 or via email to lancefieldhall@gmail.com



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WHO'S DRIVING YOUR BUS?

Hi, my name is Gillian Gorrie, and I really enjoy working with people who want to realise positive change in their lives.

Approximately 3 years ago I was encouraged to write a book that could support others on their journey through life. I grew up an only child on a dairy farm and was quite isolated until I started school.

At school, I was bullied and as a consequence I lacked self-confidence and had low self-esteem. This, coupled with my desire to please others and the need to fit in or belong, led to the depression I experienced as I got older.

My journey of life's challenges - not unlike many others - led to a life of medication and unhappiness until I decided that there must be more to life than antidepressants and the misery I was feeling. For as long as I can remember, I have been insatiably curious about human potential and my journey through self-development started with education, training and research. I am not the person I used to be and now I have the tools, the passion and the life experience to support others on their journey to living a life they can love.

Today, my life has become an adventure as you never know what is around the corner. With the knowledge that no matter what challenges or roadblocks present themselves, it's how you deal with it - not the issue itself - that matters. I believe you have the power to change your life, take the driver's seat and achieve success at whatever you put your mind to and live a life you can love.

I did it and I know you can too, you just have to want it

badly enough and believe you can.

I am a Stress Management Specialist; Master Practitioner in N.L.P (Neuro-linguistic Programming), Time Line Therapy and Hypnotherapy; a teacher, a life coach, a councillor, an artist and now a published author.

My business, Life Circle Solutions, grew from the awareness that we can divide up our lives into 6 to 9 sections on a pie chart, which is a major step in discovering where you are at any one point in time. A good place to start when something does not feel quite right in your life.

When this chart is filled out you can discover what may be missing in your life while at the same time giving you some clarity on why you are feeling the way you do.

The ultimate aim being to live a balanced lifestyle around your unique needs, desires and dreams that align with your true authentic self.

My book is a personal self-development program that will give you tools and a structure to get your life back on track.

The launch of my book 'Who's Driving Your Bus?' is at Dromkeen 1012 Kilmore road Riddell's Creek on Saturday August 12 at 2pm.

If you think you would like to come along find out more and celebrate with me. Go to Eventbrite and search for Who's driving the bus to book a free ticket confirming numbers for catering purposes.

Gillian Gorrie




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ROMSEY ECOTHERAPY PARK AWARDED **PARK OF THE YEAR**

Romsey Ecotherapy Park has taken out the Park of The Year title at Parks and Leisure Australia's 2023 VIC/TAS Regional Awards of Excellence.

The award recognises well designed and managed new or significantly revitalised parks or open spaces and best practice in design and management. Romsey Ecotherapy Park was awarded for its innovative design and strong community collaboration.

The park is the culmination of a 14-year community-led initiative by Romsey Ecotherapy Park Inc. which, in collaboration with Council, set out to create a regionally significant place to enhance health and wellbeing for all ages and abilities. Through extensive community consultation, a plan was created for an innovative nature-based space for passive recreation, incorporating visual cultural elements, unique sensory and therapeutic opportunities and capacity for open-air performances and events. The park officially opened in October 2022 and features a climbing forest, ropes course, flying fox, water features, a sensory garden, a 'woodland ramble' and an events space with picnic and BBQ facilities. Adding to the innovative design are numerous sculptural installations highlighting the talent of local artists and a special 'Story Telling Chair'. The design also includes sustainable features such as solar lighting to illuminate pathways and recycled and locally sourced

materials. Existing trees were retained during construction, and more than 4000 native and exotic plants were added with an emphasis on texture, scent and floral display as well as resilience and low water usage. Mayor Annette Death said the project was a great example of how Council and the community can work together to achieve a positive outcome.

"The park has become a wonderful feature in the community, where children can play and everyone can gather and enjoy the surrounds," she said. "It's strengthening community connections while providing a unique open space for recreational activities."

"I want to again acknowledge the hard work and commitment of Romsey Ecotherapy Park Inc. and the Romsey community, who were fundamental in helping this amazing project come to fruition."

The park was designed by ACLA Consultants, built by Commercialscapes and made possible through the support of various contributors including Council, Regional Development Victoria (Victorian Government), the Australian Government, Romsey Ecotherapy Park Inc., Lancefield Romsey Community Bank (Bendigo Bank) and Freemasons Foundation Victoria.

As a VIC/TAS Region winner, the Romsey Ecotherapy Park will contend for the National Park of the Year award in October 2023.



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CHIN CHIN WINS

Macedon Ranges' Chin Chin Farm Wins Coveted Rosemary Holmes Award at Australian Lavender Growers Association Conference

Chin Chin Farm, the only commercial lavender farm located in the Macedon Ranges, has been honoured with the prestigious Rosemary Holmes Award at The Australian Lavender Growers Association Biannual Conference and Awards held in the picturesque Blue Mountains of New South Wales. This marks the second consecutive time that the Whiteman family, owners of Chin Chin Farm, has received this esteemed recognition. The award-winning essential oil variety this year is their Angustifolia "Bee," which triumphed over competitors in the olfactory competition.

The Rosemary Holmes Award is a highly sought-after accolade that celebrates excellence in the lavender industry. The competition centres around the aromatic profile of the essential oil, where judges meticulously evaluate several factors including positive and negative notes, intensity, and balance. Chin Chin Farm's Angustifolia "Bee" variety captivated the judges with its delightful blend of sweet, floral, rich, and warm notes, ultimately impressing them with its exceptional balance.

Not only did Chin Chin Farm emerge victorious in the



individual essential oil category, but they also triumphed in the angustifolia "blend" category. Their winning blend, which can be found in their farm shop and at selected local farmers' markets, showcases the Whiteman family's expertise in crafting lavender blends that capture the essence of their Chintin farm.

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