

Lancefield Mercury

FROM LANCEFIELD TO LVIV



In February 2023 the Mercury featured a story on Jodie Rogers and her fundraising for ambulances to take to Ukraine. Following her successful appeal, Jodie raised enough money to buy an ambulance in England which she drove to Kyiv. She then returned to the UK to collect a second ambulance which she drove to Lviv. On March 10 Jodie posted on her Facebook page:

"It's been over two weeks since arriving in Ukraine and so far I have:

- Had a birthday
- Delivered an Ambulance to SMART Medical Aid from London then took it to Kyiv to be delivered to Bukhmut
- Assisted in the warehouse to pack orders for hospitals
- Attained certification to be a 'Stop the bleed' Instructor
- Delivered a C-arm X-Ray, theatre table and surgical consumables to a hospital in Lutsk
- Witnessed an agreement between the Director of a Lutsk University for SMA to teach BLS and Stop the bleed

- Gained Certification from UK Resuscitation Council as an Instructor
- Taught sessions for ILS and Stop the Bleed and Suturing
- Found a grocery store to purchase food and essential items
- Withdrawn money from a non-English ATM
- Navigated my way through the streets on foot without getting lost
- I have been out to the border solo to collect another Paramedic
- Started planning more courses and skill sets to teach
- And journeyed back to the UK to collect another Ambulance to take it back to Ukraine."

All of the money needed to do this work was through her own fundraising efforts. She was able to fill both ambulances with hundreds of thousands of dollars of surgical aid and trauma gear, as well as an X-ray machine which she took across the border. In total she was involved with transporting four ambulances into Ukraine, one a specialized neonatal ►

FROM LANCEFIELD TO LVIV



ambulance which she set up for a hospital in Sumy. She also assisted in acquiring several 4x4 utilities which were vital in evacuation and the extraction of the injured in the east. While in Ukraine, Jodie also taught at the Ukrainian Catholic University in Lviv and at one of the community hospitals.

Jodie Rogers returned to Lancefield on April 1, much earlier than she had expected. This, she said, was due to a number of reasons, but primarily because Russian President Vladimir

Putin was moving nuclear weapons to Belarus. As she had self-funded her six-week trip and achieved her mission to take Ambos to Ukraine, she needed to return to work in Australia.

While you may have returned to Australia considerably out of pocket for your efforts, your contribution to the effort in Ukraine was gutsy Jodie! Many congratulations.

Fay Woodhouse



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*Julian Widera
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THE SHOW MUST GO ON

The Lancefield Agricultural Show takes place, most years, on the third Sunday in October.

It offers many activities and events - from wood chopping to Best of Breeds (sheep, poultry, cattle) to rides for kids and horse events. Last year 150 horses arrived for the dressage and other equine events. There are working dog trials, tractor pulls and Paddock to Plate, with all the associated food and wine producers proudly sharing their wares. There are also home crafts exhibitions, competitions for entries in flower arranging, jams and preserves, and a quilt competition.

Given the ups and downs of the past three years, the future of the Show is looking shaky – it needs more people to help set it up and run it on the day.

In previous years the show has attracted 3000 to 5000 people through the gates to participate in, and enjoy, what's on offer. The income goes back into the community – for example, the \$20,000 profits from one year went towards the building of the Laurie Green Pavilion. In other years

community projects have been supported with smaller amounts like \$5000 donated where required. Profits are kept in the Park Reserve funds in between decisions on donation recipients.

Groups like the Men's Shed, Rotary, Land Care, and the footy and cricket clubs, who are in charge of running the bar for the day, are all enthusiastic supporters of the Ag Show, as it's affectionately known.

What Show President Hugh Parks and the Show Committee need now is more volunteers – some to go on the Committee to help with planning the day, and more on the day itself to oversee the running of each activity.

Help on the Committee means one meeting a month between June and October (5, according to my maths) and helpers on the day itself need to come along in the week leading up to the Show to get acquainted with the details of their jobs on the day.

You may be saying to yourself: I have no skills to help with this. Not true! Everyone has a talent for something: ▶



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THE SHOW MUST GO ON

talking to people, welcoming visitors at the gates; using your tech skills, no matter how basic, in the planning stages; maybe hanging out in an area that interests you (working dog trials anyone?) and helping people with directions and information to make their days flow more smoothly. Overseeing an event that you want to watch – I love looking at wood-chopping and quilting, for example, though probably not at the same time! – means something at the Ag Show will be a good fit for you. Don't think you can't contribute – we all can.

This includes kids – they are the future of the Show – get your kids interested in coming along to help you with volunteering. Don't forget that on the day there is a scavenger hunt, and the home crafts pavilion has a section just for entries from our kids. There are some spectacular entries each year, so I encourage you to get your kids creating.

The future of the Show will be clear by July this year – if they don't get enough volunteers to help, we may lose the Lancefield Agricultural Show for good – and once it's gone, it's virtually impossible to start it up again.

So contact Hugh Parks – parksiderural@gmail.com, and chat further with him about how you and your family can help this show go on for years into the future, so your kids and their kids can talk about this day each year as an important part of their childhood in Lancefield.

With your help, the Show can go on!

Beth Child



HALL HAPPENINGS

Lancefield Mechanics' Institute

VARIED ACTIVITIES

It is good to see many varied activities happening at the hall as our regular Term 2 bookings have resumed. Tuesday evening Pilates is at 6.15 and Megan is trialling a 7pm class for teenagers, so if you have any young people who might be interested in this class, please contact our booking officer.

The 150th Celebrations for the Football Club were a great success, and it was pleasing to see good numbers attending the ANZAC Day service with morning tea provided in the hall by the Lancefield Neighbourhood House. The Lancefield and District Historical Society lecture and CWA craft display were well attended, and the Savoy Opera performance of Iolanthe provided a further opportunity for the new LED lighting in the Main Hall to be used to good effect. Savoy Opera will be returning again later in the year.

JUNE EVENTS

Sunday 11 Yarn and Fibre Expo. Paranormal Investigation Group. Saturday 17 Rock and Roll Dance. Monday 18 Land Care Meeting. Friday 23 Old Time Dance. Saturday 24 Little Treasures Market

For enquires regarding events or booking all or part of the hall complex please contact our Booking Officer at lancefieldhall@gmail.com or 0437 313 564.

LANCEFIELD MERCURY INC.

A0045845D

Deadline for articles and advertisements is the 15th of the month. The Mercury is distributed by post and volunteer deliverers to all premises with a letter box in the Lancefield postal area at the start of the month. Copies of the paper can also be found at the Romsey Library.

The Lancefield Mercury is produced by volunteers as a service to the people of Lancefield.

The editorial committee reserves the right to edit articles for length and clarity.

Items for publication should be sent to editor3435@gmail.com – enquiries Andy Moore 0430 448 120

Enquiries about advertising: advertising3435@gmail.com – Ken Allender 0404 886 580

Check lancefieldmercury.org.au for general information about advertising and how to contribute articles, as well to see digital back copies.



MEMBER 2022

Editorial Committee:

Andy Moore

Craig Longmuir

Karen Barr

Fay Woodhouse

Ken Allender

Julianne Graham

Beth Child

Editorial Enquiries to
Andy Moore 0430 448 120

Advertising Enquiries to
Ken Allender 0404 886 580.



Advertising Rates

One eighth page \$35
One quarter page \$55
Half page \$100
Full page \$165

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Annual 1/8 page \$280
Annual 1/4 page \$360
Annual 1/2 page \$650
Annual full page \$1000

Colour Advertising:

Full page \$240 per edition
1/2 page \$145 per edition
1/4 Quarter page \$80 per
edition

The Lancefield Mercury acknowledges the people of the Wurundjeri Woi Wurrung as the Traditional Custodians of the Country that includes Lancefield and Wil-im-ee Moor-ring. We pay our respects to Elders past and present, and extend that respect to all people of the First Nations. We recognise their continuing connection to the land and waters, and thank them for protecting this country since time immemorial.

FEDERATION TRAIL REPAIRS

After many representations to the Council and Councillors by individuals and groups in the community, the Council has set a date for remedial repairs to be made.

“We had been working diligently to find the best ways to fund the repairs needed after the October flooding events. It is important to note that the Federation Trail (walking track between Romsey and Lancefield) was not the only affected area, as many other locations in our shire were also impacted. As a result, it has been a financial challenge to fix all the damaged assets, given this unexpected event which was not in our budget.

We understand the importance of walking and cycling tracks in promoting a healthy community and enhancing the overall well-being for our community members. That’s why we are pleased that, subject to approval at the next Council meeting, that funding should be available to allow repairs to be made on the Federation Trail.

Our council officers, in collaboration with a locally-based contractor, will work on these repairs to ensure that the trail is safe. We anticipate that the trail will be open again in June if funding comes through, and we look forward to welcoming everyone back to this popular trail.

While this will address the immediate concerns, we would like to advise that there will need to be further work

required to top up the loss of material that was swept away by the flooding. We are continuing to seek funding for other necessary repairs and upgrades to this trail and other affected trails as well.

We appreciate everyone’s patience and understanding during this time and thank you for your continued support of our efforts to maintain this popular trail.” Eng Hwa Lim - Manager, Engineering and Resource Recovery.

Bernie O’Sullivan, CEO, Macedon Ranges Shire Council commented that Council is aware of the strong community interest in the reopening of the Federation Trail between Lancefield and Romsey. Council actively sought to have this project funded from the existing federal/state disaster relief funding arrangements program, however unfortunately it was deemed an ineligible transport asset. Permanent track repairs require significant additional funding and following advocacy by Council, we are hopeful that further disaster funding assistance to Council may come from the upcoming Victorian Government budget.

(No news on the track in the Park as yet, hopefully we will have an update next month).

Andy Moore

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A VERY EXCITING PROJECT

The Newham & District Landcare Group has embarked on a very exciting project which will see it converting a 10,000 square metre triangle of unused, public land into a significant patch of biodiverse woodland habitat within the Cobaw Biolink.

Situated on the corner of Anderson and Boundary Roads in Woodend North, the site will receive a makeover including the removal of gorse, blackberry, broom and many other weeds in preparation for the installation of hundreds of indigenous plants.

Thanks to a grant from Earthwatch, Newham Primary School students are also involved in the project under

the banner of KTK DAL, (Kids Teaching Kids Distinct Area Landscape) which aims at giving students a voice on environmental issues and thus educating the community on the importance of looking after our environment and biodiversity.

When you're driving by, take a peek at how different the site already looks. In time, it will become a botanical haven filled with bird song and, boasting a lovely view of Hanging Rock, a place to sit and enjoy.

Go to our website www.newhamlandcare.info if you would like to get involved with NDLG and be part of a fantastic, hard working group of dedicated people.

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ACTIVITIES FOR YOUNG PEOPLE IN THE SHIRE

MUSIC IN THE STICKS IS NOW RECRUITING

Council's youth team is looking for young people aged 12-25 living or studying in the Macedon Ranges and who are interested in the music industry to join our crew. Get trained in sound, lighting, event management, and help contribute to the local music scene. Email mits@mrsc.vic.gov.au for information.

WEDNESDAY KNIGHTS (KYNETON YOUTH SPACE):

Join us at our new Kyneton youth space! Centred around all things gaming, Dungeons & Dragons, Magic the Gathering and more. Running from the Kyneton Youth

Portable, every second Wednesday with next sessions on 7 and 21 June. Free food and entry. All young people aged 12-17 are welcome. No need to register. Email youth@mrsc.vic.gov.au for information.

THE ZINE CREW IS NOW RECRUITING

Future Creations Zine is Council's magazine for young people in the shire. Editions are published each term and showcase the talented and creative young people in the Macedon Ranges. Our Zine crew is currently looking for new writers, editors, artists, digital artists, and designers. If you are aged 12-25 and are looking for a creative new project to get stuck into, email youth@mrsc.vic.gov.au or call 5422 0333. Visit mrsc.vic.gov.au/youth to view the latest issue of Future Creations Zine.



Mon 6.00am - 5.30pm
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WINTER IS HERE

Hello readers,

We trust that you had a special day with your families and loved ones last month.

Each year the CWA have a country of study as set down by head office. This year it is Namibia.

Namibia is affectionately known as the "Land of Open Spaces". It is a great destination for travellers to explore, with undiscovered landscapes, and unspoiled nature that makes for a perfect and widely diverse travel destination.

Do look Namibia up on a map, it is next door to South Africa.

I am going to share some knowledge with you about Namibia today and in future articles.

Here goes!

Namibia was colonised by Germany in 1884, handed over to South Africa in 1920 after WW1, and became an independent nation on March 21 1990.

The official language is English. The adult literacy rate is 85%. There are 1700 schools for the population of 2.5 million. More information about Namibia to follow.

Isn't it interesting to learn about other countries?

Closer to home, the frosts have stopped a lot of growth, yet our bumper crop of pumpkins means that soups, muffins and scones will be enjoyed for the many more weeks.

Maybelle Briggs

GET READY FOR PLASTIC FREE JULY

Did you know that over 100 million people worldwide have participated in Plastic Free July?

Council is an official partner of Plastic Free July, a global movement that helps millions of people be part of the solution to plastic pollution. Join the revolution and make an impact by pledging to avoid the big four single-use plastics

(bags, bottles, cups and straws) or aim to go completely plastic-free for July.

Learn more about Plastic Free July and how Council is taking action on single-use plastics, at mrsc.vic.gov.au/single-use-plastics or contact 5422 0333.



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NEW PUPPIES JOIN US

The new members induction in May was cold, and we had some rain and hail, but we did have seven new puppies join us.

Winter is approaching and it's getting colder outside. Some breeds like Huskies and Malamutes cope better with the cold, unlike short-haired breeds like Dachshunds, Chihuahuas and Dobermans. We use jackets and coats to keep our dogs warm and dry, but what about their paws?



Here are some steps you can take to help protect them.

Keep paw pads moisturized – dogs' paws can dry out, which can cause sores and infections, and can be painful. You can use dog paw wax or paw balm or even a beeswax-based moisturizer which will provide a barrier to keep paws dry.

Keep your pup hydrated – it's not just paws that can dry out in the colder months but skin as well. Make sure your pup has water readily available. If you have a humidifier this can also help keep them hydrated and keep the skin irritation and itch free.

Walks are great but keep them short – unless you have a dog which loves the cold. Make sure the dog is geared up, and if necessary include dog boots or booties to help keep their feet warm and dry whilst out and about, and protect from ice and other winter hazards. Make sure they are the correct size - you know how much your feet hurt in the wrong size shoe.

Keep paws well groomed – it's easy to forget about

keeping nails and fur between the toes trimmed. This will help provide stable footing.

Keep your doggo warm and dry...

Visit our website www.macedonrangesdogclub.org.au, our Facebook page or email info@macedonrangesdogclub.org.au and we will contact you.

Take care, stay safe... a dog is family.

Carol
Instructor/Treasurer MRODC

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YOU ARE WHAT YOU EAT

Did you know that having a poor diet can increase your risk of depression?

Any diet that focuses on consuming nutrient dense, unprocessed foods has been shown to reduce depressive symptoms. Depressive symptoms can include low mood, loss of interest, disrupted sleep or appetite, poor concentration, and low self-esteem.

It is highly important to limit ultra-processed foods, and eat enough nutrient dense foods, to assist our body's remarkable healing power. Eating a nutrient-dense diet, with unprocessed foods can help to reduce inflammation and stress, improve our gut microbiome, and of course improve our overall mood.

Our mood is affected by under-eating as well. Under-eating can lead to irritability, and can result in stronger cravings. How many people are limiting food during the day and end up feasting on the wrong foods at night? Planning and pre-preparing meals can help us to have easily accessible, nutrient dense, healthy, and nourishing foods on hand.

Take care,

Bridie McDougall, Psychologist
Streatfeild & Co Psychology

Bridie works with people of all ages across a range of presentations including sleep and health issues, depression, anxiety, grief, and stress.



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SUNDAY MASS

Sunday Mass will be celebrated at 9am and will alternate between Lancefield and Romsey.

First and third Sundays of the month in Romsey; second, fourth and fifth Sundays of the month in Lancefield.

SATURDAY HEALING MASS

The Healing Mass will be celebrated at 10am in Romsey on the first Saturday of each month.

BAPTISMS

Baptisms are held at 2:30pm on the second and fourth Sundays of the month. Please contact the office for the next available date.

SACRAMENTS

Bookings are now open for parish children to register for the Sacrament of Confirmation available to Year 6 and above in 2023.

Please contact the office if you would like to register your child.

Should a parishioner want to go to Reconciliation, please contact Fr. Martin directly at Woodend on 5427 2690 to make arrangements.

Please direct enquiries to the parish office on 5429 2130 or by email at lancefield@cam.org.au

For funeral arrangements, please contact Fr. Martin by email at woodend@cam.org.au or on 5427 2690.

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MACEDON RANGES SHIRE COUNCIL

KYNETON TOWN HALL EVENTS – FUN FOR KIDS AND FAMILIES!

Real Pigeons: When Doves Crime 1:30pm, Saturday 24 June

Junior crime fighters, get ready to spread your wings and join the Real Pigeons as they tackle a brand-new mystery live in Kyneton! Author Andrew McDonald, illustrator Ben Wood and host Janet McLeod are bringing the Real Pigeons to life at Kyneton Town Hall with a fresh, exciting pigeon mystery, packed with live drawings, sound effects, and all your fearless feathered friends.



WHALEBONE 2PM, FRIDAY 30 JUNE

Whalebone takes a fun and magical look at the importance and future of stories in a new era where Artificial Intelligence starts to substitute human decisions. It is a visually rich family show about real memories in a world flooded by digital media.

THE ALPHABET OF AWESOME SCIENCE
11AM, MONDAY 3 JULY

A scientific race through the alphabet – where awesome words inspire awesome science! Join professors Lexi Con and Noel Edge for a thrilling voyage through the alphabet

– where great big, chewy, sesquipedalian words inspire mind-blowing scientific surprises.

Following the show, join the professors for a fun-filled workshop that combines word games and hands-on science activities that tickle the brain and drive inquisitive hands.

Recommended for ages 7-12. Bookings for workshop are separate to show. Limited places available.

To purchase tickets visit mrsc.vic.gov.au/buytickets or call 1300 888 802 (10am-4pm, weekdays).



FINDING FREEDOM: REAL STORES OF HUMAN SURVIVAL - FEATURING TOM BALLARD

1-4pm, Sunday 18 June, Kyneton Town Hall

Internationally-acclaimed comedian, Tom Ballard, will be host and keynote speaker at Kyneton Town Hall on Sunday 18 June. The event, to be staged with assistance from Macedon Ranges Shire Council and generous financial support from major sponsor Bendigo Bank, will mark the beginning of Refugee Week 2023 – a program whose theme this year is ‘Finding Freedom’.

Appearing with Tom will be Hazara photographer and human rights activist Muzafar Ali, as well as four refugees of varying backgrounds, each of whom will give a brief account of their quest for safety and freedom. Other eagerly-awaited features of the afternoon will be the launch of the student writing competition and the drawing of MRRAR’s major raffle whose five prizes, donated by local businesses, totalling some \$2,500.

Tickets: Adults \$35, Students \$10. To book visit mrsc.vic.gov.au/refugee-week, email: comedevadmin@mrsc.vic.gov.au or call 1300 888 802.

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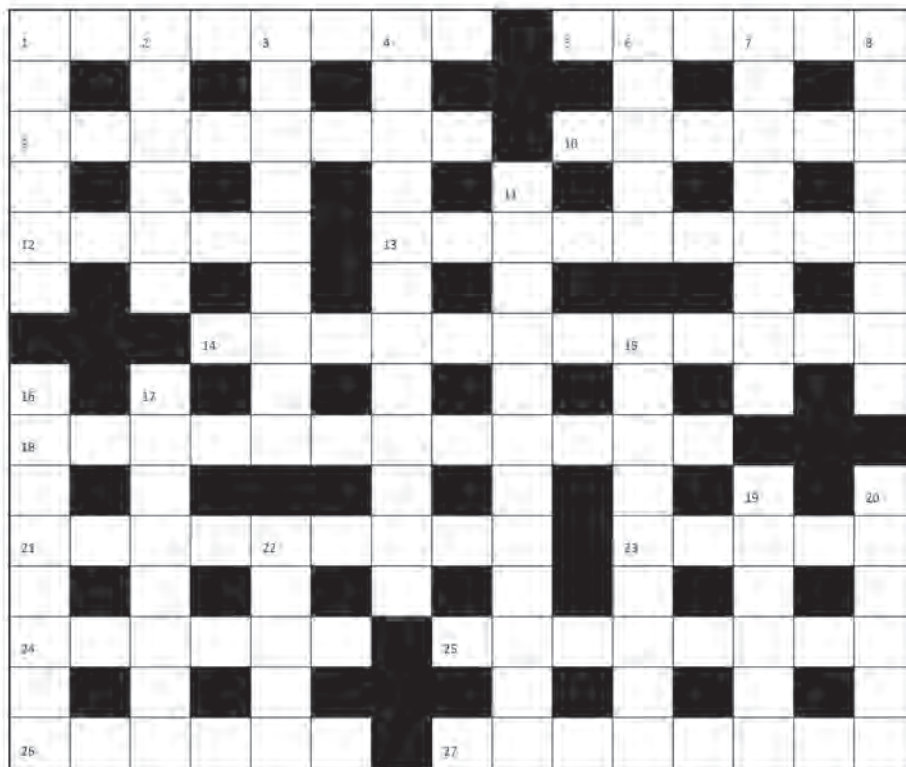
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CRYPTIC CROSSWORD

Introducing our new Cryptic Crossword from Kevin Moysey. Solution on page 38



ACROSS

- 1 Unpick seed with Celt (8 letters)
- 5 Window to the soul? (6)
- 9 Gettin' member mixed up might be attractive (8)
- 10 Exercise to maintain a brave face (6)
- 12 Chaste heard to pursue if present (5)
- 13 Former right in cement? What a waste! (9)
- 14 I get rest with Poles making spirits (12)
- 18 Strappers - or treadmills perhaps? ((12)
- 21 Circular and topless belle bead shape (9)
- 23 To set again could be terse (5)
- 24 Lobe or slow tempo latin music (6)
- 25 Lair at one is a connection between things (8)
- 26 Fish if you start to arrange systematically (6)
- 27 Spoke authoritatively using a dessert (8)

DOWN

- 1 Notice inspector I've gone missing (6)
- 2 Balsam swapped for hot sauce (6)
- 3 Still flexible but sounds to be less so (9)
- 4 How to interpret depending on surrounds (12)
- 6 Hard work to make earth pigment (5)
- 7 Rubbish that that doesn't make sense (7)
- 8 Something missing causes arousal (8)
- 11 Twenty things to be kept so they tally up (12)
- 15 Incidence of mistakes or sin or speed (9)
- 16 Angelic rich cube (8)
- 17 Went to the effort but was bothered (8)
- 19 Help when donkey isn't no not (6)
- 20 Made amends for a note after C (6)
- 22 Red grape odour if no penultimate vowels (5)

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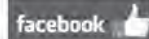
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Lancefield





ROMSEY-LANCEFIELD RSL SUB-BRANCH

President: Reinhard Goschiniak 0419 375 060 Secretary: Patricia Vowles 03 5429 3456.
romlancrsl@gmail.com PO Box 315 Romsey Vic 3434

RSL SAYS THANKS

The Romsey Lancefield RSL would like to sincerely thank all community members who attended the Anzac Day commemoration services at the Romsey and Lancefield Cenotaphs on Tuesday April 25.

Approximately 50 people attended the wreath laying service at Romsey, while close to 1,000 attended the service at Lancefield. White Crosses, complete with Australian National Flags in memory of fallen diggers during war, surrounded the flower bed at the Lancefield Cenotaph during the ceremony.

One of the highlights of the Lancefield service was the vintage aircraft fly-past from the Kyneton Aero Club which was led by a World War 11 vintage de Havilland Tiger Moth.

The service was ably supported by the Romsey Encourage Church’s Paster Tim Emonson, and Bridget McAuley with the delightful rendition of the ‘Last Post’ and ‘Rouse’. The Lancefield Neighbourhood House supplied the now traditional post-service light refreshments. Well done everybody.

To cap off a traditional Anzac Day the Gorman family from the Lancefield Hotel hosted the obligatory Two-Up game in the Beer Garden during the afternoon with the proceeds being donated to the RSL.

On behalf of our Sub-branch, I would like to thank everybody concerned and involved this year who made the day the success it was.

One of the highlights was that instead of a guest speaker, we invited three students from St. Mary’s, Romsey and Lancefield Primary Schools to read letters which were sent from Diggers serving on the front line in World War 1 and



Isabelle Jai Photography

Vietnam. Well done, and also a thank you to the teachers who made it possible.

And last but not least thank you to the Bendigo Bank for providing the RSL with a new PA system that actually worked this year, with no complaints from the attendees for not being able to hear the proceedings.

Reinhard G. Goschiniak
President
Romsey Lancefield RSL Sub-Branch

SPIRIT OF ANZAC AWARD 2023

The Romsey Lancefield RSL will this year revive the “Spirit of Anzac Award”, which invites the community to submit a person or community group for the award for the contribution they made to the community.

The Spirit of Anzac Award was initiated by Mr. Wayne Smith a decade ago, and is presented by the Romsey Lancefield RSL to recognise any outstanding effort or deed by a citizen or group of people residing in our district, who have promoted the concept of ‘Mateship’ in our community.

The Award is presented to recognise the efforts and/or achievements to those who have given to their community in a positive, selfless and compassionate manner during 2023.

The prize-winner of the Spirit of Anzac Award will have their name inscribed on a perpetual trophy, pictured below, which is displayed in the Romsey Library, as well as a monetary prize of \$200 presented by Mr. Wayne

Smith, and a miniature figurine of a World War 1 digger.

The Award will be presented by the RSL at a presentation to be held at the Romsey Hub function room on November 8.

Nomination forms must be received by the RSL no later than Friday 27 October. Please post your application to :

The Secretary
Romsey Lancefield RSL Sub-Branch,

PO Box 315, Romsey, 3434, Victoria.

Nomination Forms will be available from the Lancefield Corner Shop, Lancefield and Romsey Post Offices, or by contacting RSL President Reinhard Goschiniak on 0419 375 060.





ANZAC DAY

Thank you to all of the families who recently attended the local ANZAC day service at the Lancefield cenotaph. Our year 6 leaders, Niamh, Maisen, Maddie and Edi represented our school with pride. Niamh did an excellent job of reading an excerpt of a letter from a World War One soldier to his family.

ARTS CENTRE MELBOURNE PROJECT

A group of our year 5/6 students are currently participating in a program conducted by the Arts Centre Melbourne called "Stories in the wall". This is a collaborative digital storytelling project bringing together Victorian primary school students and established playwrights to produce and develop scripts. Upon the completion of students' writing their scripts, they will then audio record their scripts which will be available for the public to access via a creative installation at the Arts Centre in Melbourne which will have their stories available for anyone to listen to. The students' pieces will be based on a theme which is inspired by one of the theatre productions Arts Centre has showing.

Lancefield Primary is the only regional school included in this program. This past week students and teachers were interviewed by the Arts Centre team to create a video of the writing process they are taking part, in and how the opportunity to participate has impacted on their learning and confidence. The video will then be shared with future donors of the Arts Centre who have made possible programs such as this.



INDIGENOUS EXPERIENCES @ LPS

Last week, all classes had the pleasure of watching a presentation from Scott Darlow, an Indigenous singer/songwriter. The students were so engaged (as were the teachers) and learnt some interesting facts about Indigenous culture. Scott played his didgeridoo and taught us that it is only to be played by the men in the tribe. He spoke about his career, and the power of kindness, and taught us about his indigenous culture. We were able to provide this experience for all students, with thanks to the generosity of the Lancefield Neighbourhood House and the Op Shop donation for our indigenous programs this year.



Isabelle Jai Photography



Isabelle Jari Photography

RRBATA

CHRISTMAS IN ROMSEY UPDATE

The April community meeting to discuss the organisational resourcing of Christmas in Romsey 2023 resulted in the formation of “event teams” for the various elements of the CIR festival. A big thank you is in order to the Romsey Men’s Shed and Lancefield Romsey Rotary Club who will team together to organise the Main Street Christmas Trees Installation. The large Community Tree will have some “Old Mates” creative flair this year – so get excited. Encourage Church will assist with the Community Carols organisation. Each team will work to an Event Management Plan for their “element”/activity and a notional budget. There is still a vacancy for the important role of festival Marketing Manager for the CIR festival as well as volunteers being required for casual tasks such as flyer deliveries, Christmas tree lights installation etc. If you are able to assist with any of these or other tasks, please contact Jenny Stillman (jennystillman@optusnet.com.au or 0411700464).

RRBATA STRATEGIC PLAN ADOPTED

RRBATA’s Committee of Management has recently adopted its new Strategic Plan (2023-2028) and its year 1 Action Plan. This will crucially address the RRBATA’s “Key Result Areas” - Membership, Advocacy and Governance.




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Bank Updates

Community Bank · Lancefield and Romsey

It's time to say thank you!

We love celebrating all the great things your better banking has done for our community.

One of the highlights this year has been working with **Romsey Junior Football Netball Club** to install an electronic scoreboard at Romsey Park.

Supporting our local clubs is just one of many reasons why we do what we do – deliver exceptional banking to you that creates positive impact in our community.

Don't worry Lancefield, you've got a scoreboard on the way too, thanks to LFNC and LJFNC!



A message from our Chair

As we adjust to normality after COVID, with rising costs and inflation, many banks are closing branches. We pride ourselves on our ability to service our communities and offer the products of the larger banks, whilst providing individualised service. We offer a unique point of difference; we reinvest our local banking profits back into our community - **\$2.5m to date with more to come.**

To enable us to do this, we rely on our communities to bank with us so that we can continue to offer this level of service and to make these vital investments, some examples of these investments are included within this update.

Thank you to our branch teams, led by Angela Dickins, who have been busy delivering exemplary customer service. We appreciate the continued support of our customers and shareholders, allowing us to declare a dividend of 10 cents per share, payable on June 16th, 2023. I also express gratitude to our volunteer directors for their passionate service to the board and community.

- **Suzie Ewart**

Your better banking has helped support the clubs, projects and organisations at the heart of our local community.

Where else can great banking create such a positive impact - **\$2.5 million and counting!**

Here's who benefited in Round 1 of our Community Investment Program:

Romsey Region Business and Tourism Association Inc
RRBATA Business Breakfast - \$1,500

Working Equitation Lancefield Districts
WELD Obstacle Purchase - \$2,200

Macedon Rangers Soccer Club
Club Equipment - \$2,850

Safe Space Performances Ltd
Australian Way of Life Romsey Lancefield Community Participation Project - \$3,000

Lancefield Kindergarten Inc
Cooking with Kids - \$3,141

Deep Creek Landcare Group
Native Botanic Garden Planning Project - \$4,800

Macedon Ranges Photographic Society Inc
New 4K Graphics Laptop Computer - \$4,900

Lancefield Football Netball Club
150 Year History Book 1873-2023 - \$5,000

Deep Creek Landcare Group
Junior Landcare Environmental Showbags - \$5,905

Lancefield Tennis Club
Outdoor Upgrade - \$6,219

Romsey Neighbourhood House Inc.
Romsey Neighbourhood House Feed It Forward Foodbank - \$6,262

Cancer Council Victoria
Lancefield/Macedon Ranges Relay for Life - \$7,550

Lancefield Bowling Club Inc
Renovation of Toilet Amenities - \$8,000

Lancefield Cricket Club
Veranda Extension - \$49,760

Romsey Junior Football Netball Club
Electronic Scoreboard for Romsey Park - \$50,000

Lancefield Football Netball Club & Lancefield Junior Football Netball Club
Electronic Scoreboard for Lancefield Park - \$50,000

Director comings and goings

Thank you to our volunteer Board of Directors for another year of service. At last year's AGM, we farewelled Steve Thorogood, our Treasurer. We thank him for his valued input and wish him and his family all the best.



We would also like to extend a warm welcome to Amanda Mullins, who joined the Board this year. She brings with her a wealth of experience and great community spirit. We asked Amanda to answer a few questions to get to know her in a light-hearted way...

Give us some background to your life in the local area.

My partner's family have had a small farm in Nulla Vale since the early 70's. We took on the farm as a bit of project in 2011 and love living here. I was working in the city and doing the weekend farmer's wife thing till I moved up here full time in 2019, taking on the role at Nexus Primary Health in Broadford.

Why did you want to join the board of LRCFSL?

I really like the community model of reinvesting in the local community, and it has allowed me a chance to give back to the community that looks after us.

What is your favourite thing about your career?

My background is Nursing - I love people and have always enjoyed helping others. In my current role, I really enjoy working with my team to upskill and bring out the best in them.

If you could share a meal with any four individuals, living or dead, who would they be?

Audrey Hepburn ... Queen Elizabeth II ... George Michael ... my Dad (RIP 2015)

Are you related or distantly related to anyone famous?

Not that I know of

What are your hobbies?

Keeping active - tennis, skiing & swimming

Last question. What is one thing you will never do again?

Never say never...



Branch Team Updates

There have been a few team changes this year, as we have said farewell to Jodie Dobbs, Leanne Hammond and Rebecca Healey. We wish each of them all the best in the future. We also welcomed our new Customer Relationship Manager, Chris Smith to our team, who will work out of both Lancefield and Romsey. You'll also soon see some new faces in our Lancefield branch, so be sure to pop in and say hello!



Local scholarships

We are committed to investing in our youth, and in 2023, provided three year scholarships for five local students starting university to help with the cost of studying.



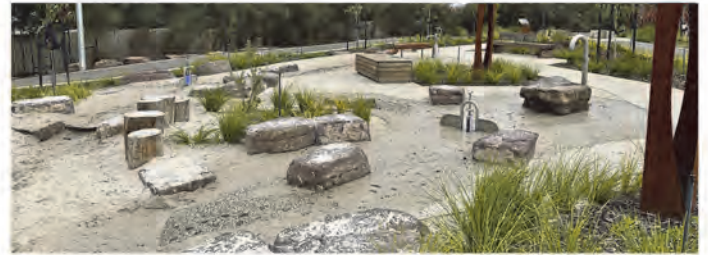
Community Leadership is so important for our towns, so we've sponsored a local participant in the Loddon Murray Community Leadership Program.

Plus, we're sending two local youth to the **Magic Moments Youth Leadership & Business Summit** in Sydney this July.

It's a win-win when you bank with us. Banking convenience for you creates community support for all.

Your better banking, big impact

We helped bring to life the **Water Play Area at the Romsey Ecotherapy Park**, a space for our next generations to come together, explore and play.



Working with L2P, we've brought **free driving supervision for young learners** without access to a supervising driver or vehicle, to the Romsey, Lancefield and Kyneton area.



Follow us on Facebook to find out more about the ways Community Bank Lancefield and Romsey supports the community - **@CommunityBankLancefieldRomsey**

Branch Manager's Update

With rising interest rates, now is the perfect time to review your home loan rate to ensure you are getting the best deal possible. We are delighted to introduce our new lender Chris Smith, who brings with her extensive experience in home lending.

Chris will review your current rate and help you explore options that may better suit your financial goals. Chris is available for in-home and after-hours appointments for those that find it difficult to get into a branch during business hours.

For those that are on the market for a new home, don't forget to book into our Home Buyers Seminar to learn about the government grants available.

In addition to our residential lending services, we are pleased to welcome Matt Crawley, our business banker. Matt will be working closely with our business customers, providing tailored solutions and expertise.

- Angela Dickins

Lancefield and Romsey Community Investment Program

The better banking of Community Bank customers, returns profits to the people and communities it serves, so that great local initiatives get funding. Our next grants program will open in mid-July. To find out more or to be notified of future grants programs, email cip@lrcfsl.com.au to be added to our Community Investment Program mailing list.



Talk to us today

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Please note: We close for lunch daily

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Directors

Suzie Ewart (Chair), Rob Bryant, Bev Beaumont,
John Roach, Graeme Kelly, Graeme Bruce,
Amanda Mullins

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A BUSY START TO TERM TWO

It's been a busy start to Term Two but, as always, the students have adjusted well to coming back. There are many great opportunities for students and their families this term and we look forward to sharing our learning journey with our community.

MOTHER'S DAY AFTERNOON TEA & LITURGY


On Friday 12th May we invited our mums, grandmas and significant others along to a special Mother's Day Liturgy & Afternoon Tea. The hall was set, tables all ready for our special guests, with our students seated in the middle of the hall. We began with a beautiful liturgy that all students in the school participated in. Our school choir started proceedings with a gorgeous song for the mums; they sang their hearts

out and melted quite a few hearts along the way. Students from various year levels read and took part in processions then it concluded with the whole school surrounding our special females as they gave them a blessing and sang to them. At the conclusion of the liturgy, students returned to class and our special guests enjoyed a lovely afternoon tea and a chance to catch up with other families as well as enjoy a special video of all students sharing why they love their mum, nan or special friends. This was very well-received and brought a tear and a laugh. We had a special door prize of a lemon tree and lime tree with thanks to Ms Kyte (Yr 3/4). These were won by Donna Streader and Pip Foster. We hope our families enjoyed the afternoon tea and liturgy and that all our mums, grandmas and significant carers enjoyed a lovely Mother's Day and that they know how much they are appreciated by those that love them.



ENVIRONMENT GROUP - DUNG BEETLE EXCURSION

On Monday 8 May the Environment Group travelled to Midhill Vineyard in Romsey to learn about, and to search for Dung Beetles. Hugh and Di from Midhill Vineyard are very well informed about Dung Beetles, and were more than happy to share their knowledge with us and for us to visit their vineyard and search for the beetles. Learning about the Dung Beetle fits in with our Earthwatch Kids Teaching Kids topic of the importance of insects for biodiversity. We have decided to make Dung Beetles our main focus as they are such interesting insects who play a significant role in agriculture and our ecosystem. The students learnt about what the Dung Beetle does, how vital they are to the soil and the environment and what to look for in a cow-pat to see whether dung beetles are active. Dung Beetles are useful ecosystem engineers because they bury the dung of livestock.



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This means it is not lying around in paddocks, and this reduces the number of parasite eggs and pasture fouling. If buried, the dung also becomes a natural fertiliser which supports pasture growth and soil health and can prevent nutrients from the dung polluting waterways.

After we'd found out some information and observed a couple of live Dung Beetles that Hugh and Di had dug up earlier, we went searching through the paddock for cow dung, looking for the tell-tale signs of holes. We then proceeded to dig up the dung to see if we could find the dung beetles. We had a very successful afternoon, the students were so engaged, they had a wonderful time. Who knew you could have so much fun with cow dung! We found many Dung Beetles, lots of *Onthophagus taurus* (Bullhorned dung beetle) and one *Onthophagus vacca* which our hosts were very excited about. We collected all the Dung Beetles we caught and Hugh and Di said they would let them loose with the cows in the next paddock.

Over the coming weeks we will be learning more and more about the Dung Beetle as we prepare for the KTK Conference in Term Three. We thank Hugh and Di for their time and the wonderful opportunity to learn about and see dung beetles.

A GOOD DEED

Back in March our Mini Vinnies visited Willowmeade Aged Care in Kilmore for the first time. These visits will be ongoing, and we look forward to visiting again in June to participate

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in an art activity with the residents. While we were there, we found out that one of their residents, Shirley, was going to be turning 108 on May 10. Yes 108 - can you believe it? One of the staff thought it would be lovely if Shirley could receive 108 cards for her birthday and of course I said we could definitely look at making that happen. So our amazing students and staff got together, some came to a special lunch time club, others did it in class, but we managed to get a total of 89 cards made for Shirley for her birthday. On Monday 8 May, I dropped into Willowmeade with my daughter Isla who is in 5/6 and part of the Mini Vinnies group, to leave the cards for Shirley. We planned to just drop them off so that they could be given to Shirley on her birthday. However the staff had other ideas. They wanted us to deliver them straight to Shirley, so off we were taken to Shirley's room where we were introduced, and Shirley was told why we were visiting. As well as making Shirley a card, Isla had also made her a special birthday bracelet. Shirley unwrapped this and put it on straight away declaring that she would wear it forever. Shirley said to say thank you for all her beautiful cards, she became very overwhelmed by the sheer number of cards and couldn't believe we had spent the time making them for her. We well and truly made Shirley's day and I was so proud of our students for taking the time to make a real difference in the life of someone else. So, thank you to all the students (and staff) who made a card, Shirley absolutely loved them, and we hope Shirley had the most amazing 108th birthday on the 10th! We can't wait to catch up with her in June.

Jo Shannon (Community Liaison Leader)





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A WALK IN THE PARK

Lancefield Park Recreation Reserve hosts the Lancefield parkrun every Saturday morning at 8am – you may have noticed our start/finish area just to the left of the park entrance. Everyone is welcome to come and take part or even volunteer. Parkrun is a 5k event and you can make it what you want – from the runners attempting a personal best, and long distance runners joining in as part of a longer training run, to people enjoying a walk in the park to start their weekend. Since parkrun started in Lancefield five years ago, we have averaged 30 runners/walkers at each event. As one of the visitors said last week – a boutique parkrun. We are a friendly, supportive group providing a safe and supervised environment. While we are waiting for the track repairs to be carried out, we have some diversions in place to avoid the worst of the track surface. Kids and dogs are more than welcome as long as they are on a leash (the dogs that is).

Google parkrun for more information, email lancefield@parkrun.com.au or just come down.

Andy Moore

LOCAL LAW REVIEW UPDATE

Council recently sought community feedback on the proposed draft Community Local Law 2023 during consultation held from 28 March – 30 April 2023.

Council would like to thank everyone who participated in the consultation. The submissions and responses received represent a broad range of feedback for which we are currently consolidating all responses. Next steps will be to consider any emerging issues and make necessary refinements to the draft Community Local Law 2023. This consolidation process will involve council officers, staff from our legal firm, and also Councillors at a future Council briefing.

To stay up to date on the progression of the draft Community Local Law 2023, sign-up to receive project updates on our webpage, email draftlocallaw@mrsc.vic.gov.au or call 5422 0333 requesting to be added to Council's Local Law email distribution list.

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Mary-Anne Thomas MP LABOR MEMBER FOR MACEDON

As your local Member of Parliament I am keen to hear from the community and assist with any State Government matter.

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VILLAGE CONNECT EVENTS FOR OVER-55s

PATHWAYS FOR CARERS

This initiative offers carers of older people, people with a disability or mental illness a chance to attend free walking events in Victoria together, and to learn more about news, services and supports available to them. The next dates are Friday 2 June and 7 July. Meet at 9:45am at Barry Doyle Memorial Rotunda, 2 Campaspe Crescent, Kyneton.

BOARD GAMES AND CARDS FOR OVER-55s

Meet, gather and keep connected with like-minded individuals in your community who are aged over 55, with casual rounds of cards and board games. Scrabble – Friday 23 June, Lancefield Neighbourhood House – The Townhouse. Backgammon – Friday 28 July, Romsey Co-op Café. Events run from 10:30am-12pm, followed by light refreshments.

Registration is for Pathways for Carers and board game events are essential - visit mrsc.vic.gov.au/village-connect or call the Village Connect team on 5422 0333.

STAYING STRONG - STRENGTH TRAINING SESSIONS FOR OVER 55s

Council runs a number of older adult strength training sessions across Kyneton Toyota Sports & Aquatic Centre, Gisborne Fitness Centre, Buffalo Sports Stadium in Woodend and Romsey Recreation Centre.

Staying Strong is a circuit-based class designed to improve muscular strength, aerobic fitness, flexibility, balance and coordination in a safe and social environment. Experienced instructors provide exercises that cater for a range of exercise abilities.

Visit mrsc.vic.gov.au/leisure for information on how to get involved, or contact your local centre.

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WINTER SUSTAINABILITY TIPS



Winter can often mean a spike in our energy usage – heaters running a little longer or spending a few extra minutes in that hot shower.

It can all add up to high energy usage and unfortunately higher bills. Here are some tips to help you keep warm during those colder months while helping the environment and keeping those bills down.

LET THE LIGHT IN

If the sun is shining, open the curtains and blinds to let that valuable warmth in. This means less energy is needed when we turn our heaters on during the evening.

Just remember to close the curtains once the sun disappears. If your gas heater is on its last legs, start researching energy efficient electric alternatives so you're ready to make the switch.

KEEP THE HEAT IN

Block door draughts with door snakes, use thermal film or secondary glazing to create retrofitted double glazing (sheets of bubble wrap works a treat), or simply close doors to unused rooms to help retain warmth in the areas that are being used in your home.

We can lose up to 25 per cent of our heat to door draughts and almost 40 per cent to windows.

STAY WITHIN THE LIMITS

You can save money by having a programmable thermostat.

Keep the internal temperature of your heating set to between 18°C and 20°C. Every degree you increase your heating can add up to 10 per cent on your energy use.

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LIBRARY

WHAT'S ON FOR JUNE AND JULY AT THE ROMSEY LIBRARY

Come along and join other adult women to connect and explore their curiosity in a creative way. Try out some new arts and crafts just for fun – no skill required.

Supper is provided and new members are welcome. Bookings are essential. For more information, please email romsey@ncgrl.vic.gov.au or phone us on 5429 3086.

Free Play Thursday 18 June: 6.30 – 8.30PM

Christmas In July – Advent Calendars Saturday 15 July: 1 – 4PM

As the temperature drops, we want you to make time for yourself (and your chosen book) every day.

From June 1, build your reading habit and log your reading using the Beanstack app, or pick up a progress flyer from the library. You can read for 5 minutes or 5 hours; it doesn't matter.

Head to <https://www.ncgrl.vic.gov.au/warmwinterread> for more information and to register.

Our popular 1000 Books Before School program is set to return from June 30.

Sharing stories with babies and young children gives them a head start to develop literacy skills that will prepare them for school, and a lifelong love of reading. The aim of 1000 Books Before School is to read 1000 books to your child before they start school; reading just one book each day will equal 1000 books over 3 years. For more information, and to sign up, speak to one of our helpful librarians.

SATURDAY STORYTIMES AT THE LIBRARY

We are now offering Saturday Storytimes on the third Saturday of each month from 10 – 10.30AM.

Sing, dance, listen to a story and complete a craft activity. No bookings required. In June it is on Saturday 17.



GET COSY

Have a cosy blanket on hand before you crank up your heater. Remember, every degree increase counts to higher bills.

TO GO FURTHER

For more winter energy efficiency tips, hire a 'Sustainable Home Kit' from the Gisborne or Woodend Library (soon to be available from Romsey and Kyneton Library too).

Visit mrsc.vic.gov.au/sustainable-living for more tips.

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ARE YOU CURIOUS ABOUT MODERN CLOTH NAPPIES?

Whether for cost savings, reducing waste and helping the environment, or for health benefits for your child, join Leesa from Darlings Downunder to discover the world of modern cloth nappies.

Lisa is a resident of Macedon Ranges, cloth nappy enthusiast and a mother of two toddlers. Her passion for cloth nappies has led her to run the Darlings Downunder store - a local Macedon Ranges business located in Kyneton. She will take you through everything you need to know to get started with cloth nappies.

Join us in Romsey on Thursday 22 June. Each participant will receive a \$20 gift voucher to spend on reusable cloth nappies and go into the lucky prize draw on the day to win \$200 worth of nappies.

Visit mrsc.vic.gov.au/nappies to book.

CONSCIOUSLY CRAVING

As the seasonal winter slumber begins to beckon loudly, take a pragmatic approach to some of our most hackneyed food cravings with these pleasing and nourishing fixes.

Here are some of the reasons behind food cravings. If you are deficient in magnesium, chromium, tryptophan and zinc then you are likely to be craving sweet foods. Healthy foods to eat would include chocolate, grapes, honey, yoghurt, berries, chia seeds and sweet potato. If your deficiency is in chloride, your salty food craving would be satisfied by roasted nuts, kale chips, edamame and popcorn. A lack of calcium would cause a craving for oily food such as mozzarella, pesto and tahini. And if you are low in nitrogen your craving for carbohydrates would be healthily satisfied by avocados, corn, quinoa and hummus.

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**MACEDON RANGES
HERITAGE STRATEGY 2023**

**SHARE
WHAT YOU
LOVE**

The saying goes that a picture is worth 1000 words, and residents are being encouraged to share what they love about our Shire's heritage through photos, to help inform a revised Heritage Strategy.

In the first stage of consultation for this strategy, the task is simple: tell us what you love about the heritage of Macedon Ranges. Take a picture of the heritage you love – it could be a person, a place, or a thing – and tell us in 25 words or less why you love it, or what you would change for the better about it.

Photos are invited until 23 June. Visit www.mrsc.vic.gov.au/your-say or more information.

**ENVIRONMENT
EVENTS**

As June brings cooler weather, Council has launched its winter calendar of events, including webinars covering the weeds and birds of the shire and field studies of large trees and hollow identification.

Fauna and Fungi of the Mount

Saturday, 3 June, 2-4pm, Woodend

Celebrate World Environment Day with the Macedon Ranges Field Naturalists. Come along to find out what they discovered during their recent surveys of small mammals and fungi on Mount Macedon. Nature enthusiasts of all ages will enjoy short presentations from William Terry and Greg Boldiston, followed by an afternoon tea.

Visit mrsc.vic.gov.au/environment-events to register.

Stay up to date with all the environmental news and happenings across the shire, sign up to Council's monthly environment enews via our events page.

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VERY WELCOME

Regular weekly Romsey Church Service - 9am each Sunday,
Lancefield Church Service - 10:30am each Sunday.

Prayer Meeting is now held at Church Lancefield
Thursday 9:30am and Bible Study at Christ Church
Lancefield Thursday 10:30am (enjoy a cuppa while spending
time pondering Revelations).

Monthly Parish Community Lunches are held each 2nd
Saturday of the month at Christ Church Hall, Lancefield.
Next Lunch will be on Saturday 10 June @ 12 noon.

The day is free to all and everyone is very welcome to join
us with good homemade food and a great time to meet new
people and chat up with old friends.

St. Paul's Op Shop is open Friday 1:30-4:30 and Saturday
10am-1pm. The Op Shop is now on the parish website
for viewing the week's specials. Your valued donations of
clothing, bric-a-brac, craft items, books and good quality
working toys can be left during opening hours, these items are
very much appreciated. Unfortunately some donations were
left outside of the Op Shop open times. These items can end
up wet or damaged owing to the weather conditions and as
a result, consequently, need to be sent to the tip. Please note
that owing to regulations we cannot accept electrical goods,
prams, baby cots, furniture or mattresses. Your ongoing
support and donations are much valued and appreciated.

APPLY FOR A COUNCIL GRANT

Applications for Council's 2023-24 Community Funding
Scheme and Events and Festivals grants programs will be open
from May 1 until June 5, with totals of up to \$160,000 and up
to \$75,000 available. The Community Funding Scheme is open
to not-for-profit community groups and will be allocated under
three streams: community, cultural and environmental projects;
organisational support; and small community infrastructure.

The Events and Festivals Grant Program offers funding
and in-kind support (including in-kind venue hire) for both
not-for-profit and commercially run events.

Examples of projects and events funded under last
year's grant programs included: Macedon Ranges Literary
Association (\$10,000); The Pub that Saved the Community;
Remembering Ash Wednesday Script Development; Sunbury
and Cobaw Community Health (\$10,000) – Puppy Pride
2023; Macedon-Woodend Scout Group (\$3,400) – Purchase
of hike tents, camp cookers and BBQs; Kyneton Agricultural
Show (\$6,000), Supporting new living on the land project.

Visit mrsc.vic.gov.au/grants, email grants@mrsc.vic.gov.au
or call 5422 0333 for more information.



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AMAZING!

Encourage Church is an amazing church (yes, I am biased), so this month I am going to describe who we are and some of the things we do.

We are a group of Christians who follow Jesus in our everyday life. From a recent new-born, to those who have retired, Encourage Church even has three generations of a couple of families attending. Church is each Sunday at 10am, with amazing music and singing – we have a modern band with guitar, drums, keyboard and singers. The service includes communion, someone speaking from God’s word and is followed with a scrumptious morning tea and barista coffees.

It is not only Sunday’s that we are active. During the week there is mainly music on Wednesday mornings at 10am for pre-school children and their carers, the before and after-school care (and vacation care) program, Kidzone for primary school aged children on weekdays, on Sunday

mornings Encourage Kids have a program during our service for primary school children and Encourage Youth is held on Saturday evenings for those of secondary school age.

Life groups (think bible study) are held every second week, plus a weekly and monthly prayer meeting. You may have also seen us in the community, from the Relay for Life, providing the band for the Romsey Christmas Carols, helping with collecting for the Royal Children’s Hospital Appeal and I had the privilege of bringing a prayer and bible reading at the Anzac Day service in Lancefield.

Why do we do this? As we like to say we are “Encouraging one another to be ALL that we can be in Life and in God”, and that includes you.

If you would like to know more about Encourage Church, come along to one of our activities. You can also check us out on our website www.encouragechurch.com.au or email (office@encouragechurch.com.au).



COMBINED PROBUS CLUB OF ROMSEY AND LANCEFIELD INC.

P.O. Box 280, Romsey. Vic. 3434

HAVE FUN, MAKE NEW FRIENDS!

The Romsey/Lancefield Probus Club is for active retirees or semi-retired people to meet, relax and enjoy the welcoming company of those at the same stage of life. There is a regular monthly meeting with guest speakers, morning tea and time to socialise with the other members. Each month there is a regular outing for lunch held at different venues around the region as well as short and longer trips throughout the year. This year the club is visiting Western Australia in October. There is a coffee morning at 10am every Friday at the Lancefield Corner Store where members meet for a chat and a bit of fun.

In April, members presented personal ANZAC Day stories, with another being presented next month. Our outing

for lunch in April was to Castello’s in Gisborne and in May we are off to the Pig and Whistle in Trentham. The June meeting of the Romsey/Lancefield Probus Club for 2023 will be on Thursday June 22 at 10am in St. Mary’s Catholic Church Hall Main Street Romsey. The speaker will be one of our members sharing a personal ANZAC story.

We are a friendly, welcoming group from diverse backgrounds with a variety of interests and we’d love to meet you! Feel free to attend a meeting as a visitor.

President: Noreen 0401 579 180 Secretary: Betty 0409 359 048.

Visit www.rlprobus.org.au for more information.



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TIME FOR YOUTH TO SHINE

Nominations are now open for the 2023 Macedon Ranges Youth Awards to help recognise the amazing achievements of young people in the shire. The awards are open to young people living in the shire who are aged between 12- 25 years and have made a significant contribution to the community.

Nominations close Friday 30 June. Visit mrsc.vic.gov.au/youthawards for information and to nominate.

CRYPTIC CROSSWORD ANSWERS



THE THEATRE WAS BUZZING

The Mountview Theatre was buzzing at the gala night of our second production for the year, Buried Child, on Friday 12 May. A full house enjoyed the debut performance of this intense drama which is the company's entry in this year's Victorian Drama League Awards.

The stage was transformed into an old, run-down farmhouse set in Illinois in the mid 1970s, creating a macabre, tense atmosphere from the moment you sat down. The cast and crew are to be congratulated on the acting, set design, sound and lighting which, after months of hard work, and this culminated in a production of which we are incredibly proud.

Looking ahead, we will see the return of our One Act Play Festival on the weekend of July 8/9 and a very funny Shakespeare production in August.

For full details on everything happening at the Mountview Theatre go to www.themountplayers.com

See you at the Mountview Theatre.

Karen Hunt



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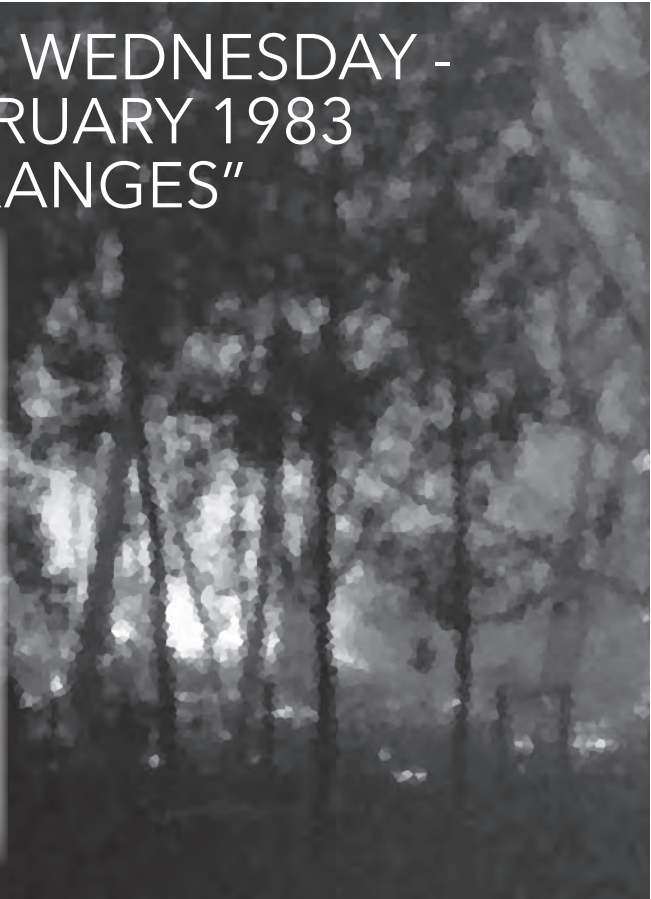
"MEMORIES OF ASH WEDNESDAY - THE FIRE OF 16 FEBRUARY 1983 IN THE MACEDON RANGES"

This 287-page book documents the personal memories of 64 people who lived through the Ash Wednesday fire, centred on Macedon and Mount Macedon but also affecting Gisborne, Bullengarook and Woodend, giving graphic accounts of survival and the aftermath of this catastrophic event. Included are a wealth of pictures taken before, during and after the fire.

The book was launched at Jubilee Hall in Macedon on April 30 by Athol Guy AO.

The book can be purchased at the news agencies in Macedon and Gisborne and at the Trading Post in Mount Macedon for \$40. All profit from sales of the book will go to the Gisborne Gazette for distribution on community projects.

For on-line purchases go to the Gisborne Gazette website.



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ONE GENERATION DOESN'T PLAN... ANOTHER GETS COOKED

The front page of the Romsey Rag May edition attracted my interest with a lovely photo (by John Spring) of a tree lined street and the caption “Old Chinese Proverb says... one generation plants trees, another gets the shade.” For Landcare groups like us, planting trees and looking to leave the place liveable for future generations is in our DNA.

I have often written about the importance of planting indigenous trees, shrubs and native grasses to the environment but right now I wish to focus on the value that trees give in providing summer shade.

There is a lot of angst about the suburbanization of the Macedon Ranges that is echoed right around the country in similar locations. A drive around the new developments in the outer suburbs of Melbourne or parts of Lancefield will quickly reinforce those fears. The allotments are small (relative to house sizes), the residential streets are narrow and nature strips are almost non-existent; contrast this to many of the older streets in Lancefield and Romsey. I understand the reasons behind the trend, a rapidly growing population and a dire need to build affordable housing, but at what cost? I am worried that if one generation doesn't plan, another gets cooked!

Trees cool the environment by providing shade and, through transpiration, an air conditioning effect. This cooling impact can help alleviate the “urban heat island effect”. Trees also provide important habitat and improve air quality by removing fine particles from the air. Leaf canopies also reduce erosion caused by heavy rain. The heat island effect in many new developments is exacerbated by the removal of trees, and the sheer amount of bitumen, concrete, brick and dark roof tiles that absorb the heat and run the risk of making them unliveable as global temperatures continue to rise.

Heatwaves are deadly. In Australia heat accounts for more deaths than all other natural disasters combined. We might not think of Sydney as a particularly hot city but “Western Sydney, home to around 2.5 million people, is highly vulnerable to extreme heat and is 8-10°C hotter than east Sydney during heatwaves. The region is too far inland to benefit from coastal breezes, and lacks the altitude of the neighbouring Blue Mountains. The furthest inland suburbs, such as Penrith, are hottest. Indeed, in early January, 2020, Penrith was the hottest place on Earth, reaching a scorching high of 48.9°C....

Emissions reduction and smart urban design are urgent measures to protect Western Sydney-siders from heat stress.”¹ Governments and planners need to take urgent action; temperatures above 500 C are on the horizon!

“The NSW government recently announced a move to ban dark roofs. Lighter coloured roofs reflect heat, and can reduce indoor temperatures by 10°C during heatwaves.”¹

Increasing green spaces, ensuring bus stops and parks are adequately shaded, and providing affordable access to air-conditioning are all important measures that have been identified, but an increase in tree canopy is vital. The Victorian government recognizes the heat island issue. “Our goal is to plant 3000 trees in Melbourne every year to increase the resilience of the urban forest and to cool our city by 4°C.”² It is also pleasing to see initiatives such as Greening the West. “A core driver for Greening the West is improving community health and wellbeing.”³

For a solution, we can't look back. The quarter acre block (1011.7 m2) with a yard big enough to kick a footy or play cricket will increasingly become a rarity. The average new house allotment in Australia is down to 467 m2. We need higher density housing in appropriate locations, clever house designs, green spaces, urban forests and shady, tree lined streets to maintain the liveability of our suburbs and towns.

Deep Creek Landcare Group has nesting boxes for bats, birds and phascogales for sale from \$25. We also have Myna bird traps to lend out. Annual Landcare membership is \$20 per family. You can follow us on Facebook, contact our President, Phil Severs (0476 324 000), or attend our monthly meetings in the Lancefield Mechanics Hall.

1 The Conversation Feb 17, 2022

2 Cooling our City – City of Melbourne

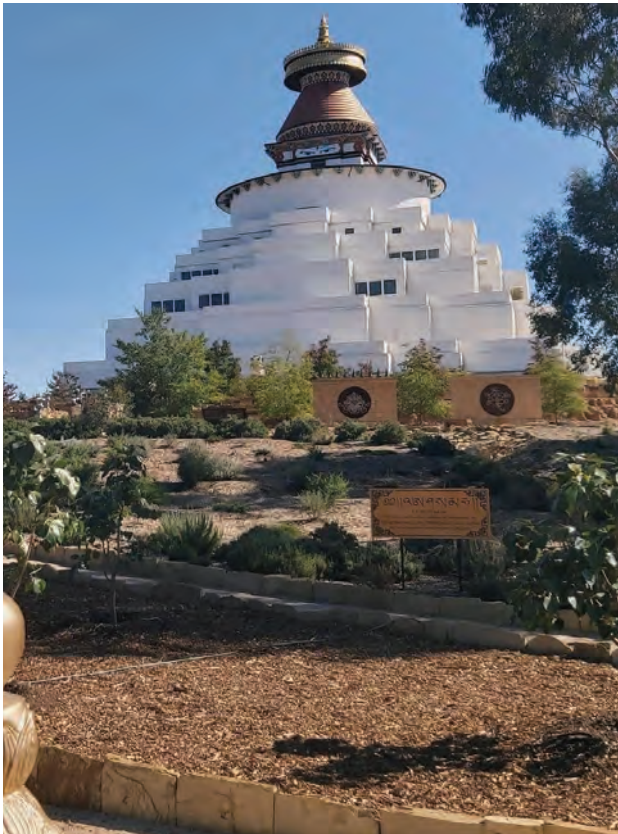
3 Greening the West Strategy (2020-2025)



Newham Landcare Group at work



ROMSEY LANCEFIELD SENIOR CITIZENS



JUNE MONTHLY BUS TRIP

Our next bus trip will be held on Tuesday June 6.

We will be heading up to Bendigo to visit the Great Stupa of Universal Compassion. A stupa is the most sacred building in Buddhism, symbolising the enlightened mind. This stupa was completed in 2020.

For more information on pick up times please contact Helen or Jan.

We meet every Monday at the rear of the Romsey Mechanics Institute for lunch, for either \$5 or \$10 depending on what we serve – everyone is more than welcome. Come along and join us for a chat or a game of cards.

For further information please contact Helen on 0409 064 303 or Jan on 0408 371 755.

Hope to see you soon.



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