## Anncefield Mercury

# TRAILING OF EDNOWHERE

Lancefield has two off-road walking/cycling tracks, and both have been closed since the floods in October last year.

The track in the Recreation Reserve is under the control of a committee of management which answers to the Department of Energy, Environment and Climate Action (DEECA, formerly DELWP

– Department of Environment, Land, Water and Planning).

"Much of the Walking track was damaged quite severely by the flooding last year and more than half the softfall on the playground was washed away. The sand arena in the horse precinct was damaged as well with a lot of sand being washed away. The Department of Environment, Land, Water and Planning assessed the damage just prior to Christmas and we are currently awaiting their

response." This was from the Park

Committee, as published in the February edition of the Lancefield Mercury.

Enquiries to the Department finally brought the following response:

Quotes attributable to DEECA spokesperson Ash Bolt Media Adviser | Digital and Customer Communications:

"We are working with all committees of management to ensure sites are made safe and to understand the cost and other impacts on reserve infrastructure."

DEECA has identified more than 75 reserves managed by committees of management across the Loddon Mallee region that were affected by flood and storm events, including the Lancefield Recreation Reserve.

In a follow-up email he told me he had no idea how long it would take before repairs would be carried out.

Parkrun has not been able to take place on the

track since the storms, and before that there had been another long break while the trees had storm damage which took some time to be cleaned up.

Our second off road walking track is the so-called Federation Trail which is the track which runs beside the Lancefield-Romsey Road and provided an alternative, car-free path for cyclists and walkers. This also has been closed since the floods in October. This trail is maintained by the Macedon Ranges Shire Council and its website states that it is "closed until further notice".

According to Shane Walden, Director Assets and Operations, Macedon Ranges Shire Council:

"Council is currently undertaking some temporary repairs on the trail; however the pathway will remain closed while we continue to source funding for the long-term repairs. The current Romsey-Lancefield Track works are temporary emergency repairs with the intent to reduce the potential for further damage. This temporary work was carried out under the current budget, however Council need additional funding for a permanent repair. We are exploring and advocating for potential grant opportunities – such as with the Victorian or Australian governments – and this process can take some time."

Response from our three Councillors was limited to Bill West's reply "No firm date available so far. I raised this issue a couple of weeks ago and it was revealed warning signs about the Federation Trail being closed for safety reasons had been illegally removed by person(s) unknown. Replacement/additional signage has been installed. Will inquire if engineering is any closer to reaching a timetable on work needed along the trail. Storm damage matters are stretching resources across the shire."

In regards to other trails, the Council has a Macedon Ranges Ride Guide available on its website which shows all of the different trails around the shire, but none of these are off-road or for walkers (it does include the Federation Trail however – pity that it is closed indefinitely).

Andy Moore





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#### Lincefield Mercury

On 15 August 2022 a meeting convened by CRISP — Community Refugee Integration and Settlement Pilot - took place in Kyneton. The purpose of this meeting was twofold. Firstly to provide information on a Refugee Resettlement Program Integration and Settlement Pilot in a rural area. This is a group of people who join together to assist a refugee family in the resettlement process. This program has run for about 40 years in Canada and has proved very successful.

As a result of this night two separate groups were formed in the Kyneton area, the Ranges Resettlement Group and KBC – Connect to support two refugee families to resettle into our area.

These two refugee families have been processed by the UNHCR and the Australian Government and will arrive with Permanent Residency Visas. They are ready to come and are just waiting on the phone call that will change their lives forever.

There will be two families coming to Kyneton: one will be looked after by our group - the Ranges Resettlement Group - and the other by the Kyneton group, KBC Connect.

The two groups, although operating independently to support each family, are trying where possible to share resources and information.

Both groups have members of their group who have volunteered to share their homes with the refugee family until such time as rental accommodation can be organised

#### **OUR TASKS ARE MANY, AND INCLUDE:**

- meeting and welcoming the new family at the airport when they arrive, providing temporary accommodation for the family until such time as more permanent housing can be found,
- providing culturally appropriate food,
- · assisting them to find permanent housing,
- furnishing the house with all items and electrical appliances needed,
- · assisting the family to access Centrelink, Medicare,
- · driving lessons,
- · schooling for their children,
- employment and English Language lessons as they might not speak any English upon arrival.

It does seem very daunting but, without any media, purely by word of mouth we have already received some offers of support from the local Macedon Ranges community

Obviously, the big-ticket item on this list is housing. Our

group the Ranges Resettlement Group is seeking assistance with housing from local Real Estate companies, but if there is anyone from the local community that could assist with a house, clean and in good repair, preferably in the Kyneton township with a minimum of two bedrooms, we would love to hear from you.

Each family will be eligible for the Government Rental Assistance payment, Job Seeker, Parenting payment, etc until such time as employment can be found. Rental for the property could therefore be negotiated.

On behalf of both groups involved in this project we would like to acknowledge the support of the Kyneton Social Foundry, not just for facilitating the initial information night but for providing ongoing support and much needed fundraising for both groups.

There will be an Art Auction fundraiser at the Social Foundry on Sunday March 19 at 3pm till 6pm.

If you would like to assist this family on their journey to a new life, the Ranges Resettlement Group has set up Tax Deductible donation site via CRSA you can find it at https://shoutforgood.com/fundraisers/rangesresettlementgroup

Or alternatively donations can be made directly to ANZ Bank Account: Ranges Resettlement Group BSB: 013706 Account: 330117455. If you have donated to this account and would like an invoice for Tax Deduction Purposes, please contact Roger Barr on 0423 020 669 and an Invoice will be mailed to you.

We look forward to providing further updates on the progress of these families as they settle into life in Australia.

For further information or if you feel you can assist this project please contact (phone or text): Roger Barr - Ranges Resettlement Group on 0423 020 669.

Allan Semmens - KBC - Connect on 0401 614 929.

#### ART AUCTION FUNDRAISER

Sunday March 19 at the Social Foundry Kyneton from 3pm till 6pm. Auction starts at 4pm with Auctioneer Ron Rutledge – via Canada, USA and Ireland.

Art works donated by local artists and raffle prizes by local businesses. Gold coin and cash donations welcomed. You can find our event on the Eventbrite website (search for resettlement art auction) if you would like to RSVP to give us an idea of numbers or just turn up on the day.

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#### TRY SOME ZUCCHINI FRITTERS

What lovely weather we are having: cool mornings and sunny, warm days. We have lots of home-grown veggies and fruits, in particular an abundance of zucchini.

Here is a recipe that is very popular in our household. Zucchini fritters.

Grate two medium zucchini, add a peeled and finely diced brown onion, a peeled and finely chopped clove of garlic, and salt and pepper to taste.

Whisk an egg and add 2 tablespoons of plain flour.

Mix grated zucchini and eggs together well then fry in a small amount of oil until golden brown.

Corn, capsicum, grated halloumi cheese can be added to change the flavours.

A little curry powder lifts the flavour too.

Our Branch is looking forward to the 26 March when we will have a stall at the New Residents Event to be held at the Lancefield Mechanics Hall. Come along and say hello.

CWA is a volunteer organisation. We are a friendly bunch and would welcome you to our meetings. We meet on the fourth Friday of each month at the Lancefield Mechanics Institute at 10:15 am. Most people think that the CWA is old-fashioned and that all we do is knit and crochet. Yes, we do knit and crochet but always for a good cause .We cater for different events and donate to local organisations. Until next issue, happy harvesting and I will include another zucchini recipe next time.

#### **ACTIVE KIDS SPORTS**

Children will learn a variety of ball games to improve motor skills and techniques to play sports, while interacting with other children. Sessions are held on Wednesday mornings at Buffalo Sports Stadium in Woodend for children aged 3–5 years. Parent/guardian participation is required.

Email buffalo@mrsc.vic.gov.au or call 5427 3411.

#### KINDAGYM

Held on Fridays at Buffalo Sports Stadium in Woodend, this program is based on developing motor skills, confidence, balance and social skills. Kindagym is a structured class with free play options for children to explore the array of equipment. Parent/guardian participation is required.

Email buffalo@mrsc.vic.gov.au or call 5427 3411.

#### LANCEFIELD MERCURY INC.

A0045845D

Deadline for articles and advertisements is

the 15th of the month. The Mercury is distributed by post and volunteer deliverers to all premises with a letter box in the Lancefield postal area at the start of the month. Copies of the paper can also be found at the Romsey Library.

The Lancefield Mercury is produced by volunteers as a service to the people of Lancefield.

The editorial committee reserves the right to edit articles for length and clarity.

Items for publication should be sent to editor 3435@gmail.com-enquiries Andy Moore 0430~448~120

Enquiries about advertising: advertising3435@gmail.com - Ken Allender 0404~886~580

Check lancefieldmercury.org.au for general information about advertising and how to contribute articles, as well to see digital back copies.

#### **Editorial Committee:**

Andy Moore

Craig Longmuir

Karen Barr

Fay Woodhouse

Ken Allender

Julianne Graham

Beth Child

Editorial Enquiries to Andy Moore 0430 448 120

Advertising Enquiries to Ken Allender 0404 886 580.



#### **Advertising Rates**

One eighth page \$35 One quarter page \$55 Half page \$100 Full page \$165

Rates for one year – II editions (no edition in January)

Annual I/8 page \$280 Annual I/4 page \$360 Annual I/2 page \$650 Annual full page \$1000

#### **Colour Advertising:**

Full page \$240 per edition 1/2 page \$145 per edition 1/4 Quarter page \$80 per edition



The Lancefield Mercury acknowledges the people of the Wurundjeri Woi Wurrung as the Traditional Custodians of the Country that includes Lancefield and Wil-im-ee Moor-ring. We pay our respects to Elders past and present, and extend that respect to all people of the First Nations. We recognise their continuing connection to the land and waters, and thank them for protecting this country since time immemorial.



January and February have seen regular user groups resume activities for the year.

Monday morning has the Line Dancing group and on Tuesday morning Pilates, Tuesday afternoon the Lancefield Old Time Dance Group and Tuesday evening another Pilates class. The Patchwork Group meet on Thursdays.

If you are interested in participating in any of these groups, please contact our Booking Officer for further information.

#### WHAT'S HAPPENING IN MARCH

- 13 Deep Creek Landcare Group evening monthly meeting
- 19 A private wedding
- 24 CWA Monthly meeting
- 24 Lancefield Old Time Dance Group social evening

- 25 Little Treasures monthly market on Lancefield Farmers Market Day
- 26 Lancefield Neighbourhood House Residence Event
- 28 Feed It Forward Community Luncheon

#### **EVENTS COMING UP IN APRIL**

- $\ensuremath{\text{1}}$  Grand Gala 150th year Celebrations for the Lancefield Football Club
- ${\bf 9}$  an evening of Ghost Investigation and Spiritual Workshop
- 23 Romsey & Lancefield Districts Historical Society Inc. Guest Speaker John Gollings
- 25 Anzac Day Breakfast

For enquiries regarding bookings of all of the hall complex for any events contact our Booking Officer lancefieldhall@gmail.com or 0437 313 564.



VOL. 33 NO 2 MARCH 2023 5



#### ST. MARY'S PARISH LANCEFIELD & ROMSEY

27-29 Chauncey Street Lancefield and 85 Main Road Romsey. Fr. Martin Fleming C/- Woodend Presbytery 5427 2690 Presbytery office hours: Wednesday & Friday 8am-5pm lancefield@cam.org.au 5429 2130

#### **CURRENT MASS TIMES**

Sunday Mass will be celebrated at 9am and will alternate between Lancefield and Romsey.

First and third Sunday of the month in Romsey; second, fourth and fifth Sunday of the month in Lancefield.

The Healing Mass will be celebrated at 10am in Romsey on the first Saturday of each month.

Baptisms are held at 2:30pm on the second and fourth Sunday of the month. Please contact the office for the next available date.

Bookings are now open for parish children to register for Sacraments. Reconciliation available to Year 3 and above; Eucharist available to Year 4 and above, and Confirmation available to Year 6 and above. Please contact the office if you would like to register your child.

Should a parishioner want to go to Reconciliation, please contact Fr. Martin directly at Woodend to make arrangements.

Please direct enquiries to the parish office by email at lancefield@cam.org.au or on 529 2130.

For funeral arrangements, please contact Fr. Martin by email at woodend@cam.org.au or on 5427 2690.

## GET INTO BADMINTON

Badminton competitions are regularly held at the Macedon Community Centre and run by Macedon Ranges Badminton Club. Badminton is played indoors all-year-round and is fun, with no age limits or fitness level required. Macedon Ranges Badminton Club offers a wide range of standards and organised playing times. Get a racquet, get acquainted with badminton. For more information macedonrangesbadminton@gmail.com or call David on 0419 589 425.

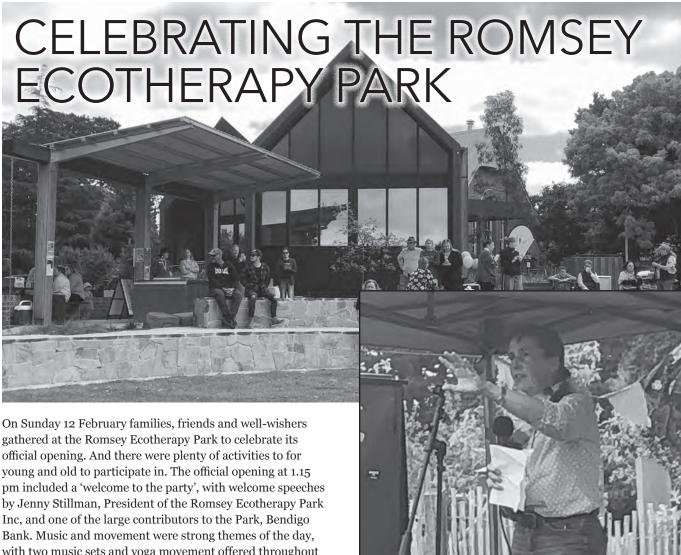
#### FITNESS FOR TEENS

Council's Kyneton and Gisborne Fitness Centres offer a Teen Gym program to all secondary school teenagers, where young people can learn to use gym equipment correctly with personalised programs and instruction from qualified trainers. Exercise is not only important for physical fitness but is also beneficial to improving mental health

For information, call your local centre: Kyneton on 5421 1477 or Gisborne on 5428 3318.







with two music sets and yoga movement offered throughout the day.

Storytime for young children and tall tales and true stories for older children and adults were offered by the Romsey Library. The Ecotherapy Park features a great range of static and kinetic sculptures. Many of the creators and artists were present and enjoyed speaking to members of the audience. They included Rudi Jass (Kinetic Wind Sculpture), Charlie Aquilina (Cycles), Simone Thomson and Phil Stray

(The Meeting Place), Brigit Heller (Portal), Richard Yates

(Story Telling Chair) and Anton Hassell (Water Clock and Harmonic Bell Tree).

Congratulations once again to the Committee of Raelene, Jo, Sue, Geoff and Jenny for the decade-long work and commitment to bring an idea for a community park to fruition.

Fay Woodhouse



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VOL. 33 NO 2 MARCH 2023 7

## COMMUNITY BANK CONNECTIONS

## WELCOME CHRIS

We'd like to extend a warm welcome to Chris Smith, who recently joined our team as a Customer Relationship Manager. With over 8 years' experience in the lending space, Chris is bringing with her extensive knowledge and is ready to help our local customers. Chris will work across both our Lancefield and Romsey branches and will also be available for in-home and after-hours appointments for those that find it difficult to get into a branch during business hours.

Get in touch with Chris on 0411 435 561 and you can talk about your goals and work out how to make them happen.

#### COMMUNITY INVESTMENT PROGRAM FOR EVENTS - OPEN NOW

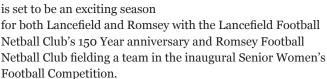
When you partner with us, good things happen - your organisation gets sponsorship, and your banking helps support the community. Applications for sponsorship of local events opens 1 March and will close 5pm Friday 31 March 2023.

Email cip@lrcfsl.com.au to get access to an application planning form and to be kept up to date on future grants programs.

All applications need to be submitted through the Community Enterprise Foundation (communityenterprisefoundation.com.au – click 'Apply for funding', select 'Community Grants – apply now' and search for Lancefield and Romsey). Email cip@lrcfsl. com.au with any questions and to be kept up to date on future grants programs.

#### RDFNL SPONSORSHIP

Once again, Community Bank Lancefield and Romsey are major sponsors of the Riddell District Football Netball League (RDFNL). This year is set to be an exciting season



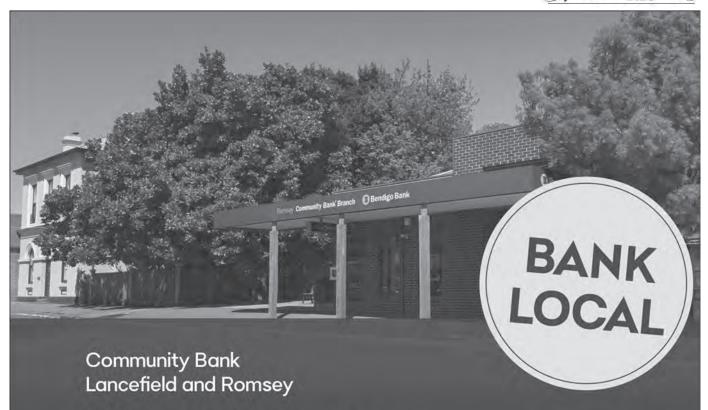
Plus let's not forget the new electronic scoreboards coming to both Romsey and Lancefield as part of our local Community Investment Program – bring on Season 2023!





8





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#### WHAT'S ON AT ROMSEY RECREATION CENTRE

Staying Strong and Back In The Game

Staying Strong is a low-to-moderate-intensity exercise class designed to improve muscular strength, aerobic fitness, flexibility, balance and coordination in a safe and social environment.

Back in the Game is a modified indoor sports program endorsed by the Council of the Ageing (COTA). The program aims to improve the physical wellbeing and a person's quality of life, and provide opportunities to connect socially. Both programs are suitable for people 50+ years of age.

Futsal at Romsey Recreation Centre

The Autumn Season of the Open Mixed Futsal Competition has kicked off at Romsey Recreation Centre, but there is still time to join the fun.

This fun, social program is open to any person aged 15+, and is held on Tuesday evenings at the Romsey Recreation Centre, with games from 7.30pm. There are currently spaces available for new teams, as well as individuals wanting to join an existing team.

For information, contact the centre via email rrc@mrsc. vic.gov.au or phone 5429 5637.



#### HAVING FUN

The Romsey/Lancefield Probus Club provides an opportunity for active retirees or semi-retired people to relax and enjoy the welcoming company of those at the same stage of life.

Our monthly meeting (fourth Thursday of the month) is a chance to share a pleasant, delicious, morning tea, and hear interesting speakers on a wide variety of topics.

The Annual General meeting of the Romsey/Lancefield Probus Club for 2023 will be on Thursday 23 March, at 10 am in St.Mary's Catholic Church Hall, Main Street, Romsey. There are many activities members can enjoy; some being regular, and others planned from time to time. Join us for coffee at the Lancefield Corner Store at 10am every Friday for a chat and a bit of fun.

We are a friendly welcoming group from diverse backgrounds and with a variety of interests, and we'd love to meet you!

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#### THE MOUNT PLAYERS HAPPENINGS



The first production for 2023 opened on 24 February, but you can still catch it before its final performance on 12 March. 'The 39 Steps' is an adaptation of the original film, presented as a BBC Radio Play in front of you, the live studio audience. It is a classic story with lots of action, accents and comedy, with 2 people creating the live sound effects on stage - everything from smashing glass to punching lettuces will have you giggling the whole way through. John Rowland (Too Many Crooks) has created this radio play for the stage and lets you experience just how they were produced way back when. Bring the family as it will appeal to all age groups. To book your tickets go to www.themountplayers.com or call 5426 1892.

At the AGM on 13 February lots of members gathered for a social time as well as being able to reflect on their successful year in 2022. After the hardships of the previous two years with COVID lockdowns, the theatre was able to pick up momentum and get back to doing what they do best - bringing a diverse range of shows to life at their Mountview Theatre.

With the line-up on offer for 2023 it is sure to be another successful year. The second production opens in May, more about that next month.

See you at the theatre.

Karen Hunt





## FRANK 'SILVER' CAINE A LOVEABLE CHARACTER WITH A FINE SENSE OF HUMOUR

Last month in the Mercury, I wrote about Lancefield footballer, Alexander 'Ike' Johnston. This month I'm writing about another local hero, his friend and colleague, Frank Caine. While local historians may claim that Ike Johnston was Lancefield's greatest footballer at club level, there is no doubt that his team-mate, Frank 'Silver' Caine, is, to date, Lancefield's most successful player at the elite V.F.L. level. Records of his time in Lancefield are limited prior to his recruitment to Carlton in 1905.

Born on 28 July 1881 in Murtoa, it is unclear when he settled in Lancefield. Frank, a tall and statuesque man of 6 ft. (183 cm) and weighing 13 stone (84kg) - he was known as 'Silver' due to his prematurely greying hair. He was described as 'a loveable character... and gifted with a fine sense of humour'.

Frank was a 'journeyman' footballer and records document games he played, not just at Lancefield, but for Romsey and Darraweit Guim at a local level when the Lancefield Club was in temporary recess. His local nonfootball interests and achievements included winning prizes at the Kilmore show for his thoroughbred horse. The paper also records an incident where he and a mate were involved in a near drowning incident in the swollen Deep Creek; it appears their horse and cart were swept down the Creek for a short distance before they reached the safety of land.

Caine's football career in Melbourne commenced in 1905 with Rose of Northcote and includes seasons at North Melbourne (V.F.A.); two premierships and leading goal kicker at Carlton (V.F.L.), and Essendon where he achieved fame for his three V.F.L. premierships.

Caine's attachment to his local district and his love of football was evident from an Argus newspaper article in 1909 reporting the presence of 'city players' in the Romsey team naming Frank Caine and James Guthridge amongst the players. He represented Lancefield in the Gisborne District

Association against the Metropolitan Police Team including a game at the MCG where he appears in the team photo seated to the left of Ike Johnstone in front of the Melbourne Cricket Club members stand. Five of Lancefield's best players, including Caine, were invited to bolster the Gisborne Association's team despite its refusal to allow them to join the local competition. The Mercury reported on the 13 August 1909 game against the Police and concluded that: 'We do not, under the circumstances, intend to pick out players for special mention, but still we might say a word of commendation for the dashing play of Bob Fagan (Lancefield's Vice Captain) and the goal kicking of Frank Caine.'

He also appears in the 1910 Lancefield Premiership Team photo, but not in playing gear. However, he continued to play in games at Lancefield during his V.F.L. career, including one notable game against Romsey in June of 1911. His presence in the Lancefield team colours caused a protest by Romsey F.C. to the Romsey District Football Association (R.D.F.A.) over the issue of his clearance.

In his research of the history of the Darraweit Guim Football Club, author Connor Roberts reports a story of 'Silver' Caine playing in a premiership deciding game for Darraweit in August 1911. Roberts concludes that Caine, along with Jim 'Bull' Martin, a Fitzroy, Essendon, Victoria and Carlton footballer played without permits in this game, but only Martin's presence was appealed against. Bull was at the time on suspension from the V.F.L. Roberts found that both players had caught the train from Spencer Street to the Romsey railway station where they had been met by Darraweit club stalwart Rod 'Stumpy' McKenzie, who then drove them by horse and jinker to the game in Darraweit instead of travelling to Wallan East station because they did not want to raise suspicions that they weren't 'Darraweit locals'.



#### Shane Foster's Electrical Pty

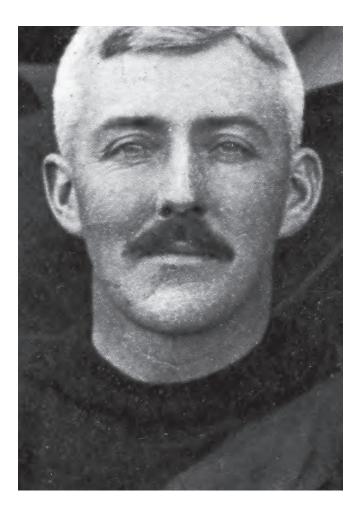
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#### FRANK CAINE'S V.F.L. CAREER MILESTONES

The following statistics tell part of the story of Frank Caine's impressive career as a V.F.L. footballer playing a total of 50 games in the football seasons 1905 to 1912:

CARLTON - 1905, 1906, 1907, 1908 AND 1909

Caine made his debut as Player No. 188 in Round 7 1905 in the game Carlton vs St Kilda when he was just over one month away from 24 years of age. His final game was the Grand Final of 1909, Carlton vs South Melbourne. He was a Carlton Premiership Player in 1906 and 1907 and 'would certainly have completed the hat-trick had he not been

injured midway through 1908'. He was a Leading Goal kicker in 1905 and 1907.

#### NORTH MELBOURNE - 1910 AND 1911

Frank was a leading Goal kicker 1910 and 1911. In 1910 he was V.F.A. Leading Goal Kicker with 75 goals and also in 1910 he was the V.F.A./V.F.L. Jim 'Frosty' Miller medallist winner.

ESSENDON - 1912, 1913, 1914

Caine played a total of 22 games, kicking 33 goals. He was a 1912 Premiership player wearing player No. 27. He is listed in Grand Final best players at Centre Half Forward.

Frank Caine died on 19 January 1930 at the early age of 48 – a shock to all those who knew him, although he had been in ill-health for a short time prior to his death. Because of his spectacular career as a footballer, his death was noted in two Melbourne newspapers, the Australasian and the Emerald Hill Record, on Saturday 25 January 1930. The article, under the name 'JW', was undoubtedly written by his former coach, Jack Worrall. It is summarised below:

Thousands of football followers who remember Carlton's supremacy 20 years ago, when the old blues reached the top of their career, will retain vivid recollections of Frank Caine, a silver-haired giant who played on the half-forward line. And all those devotees of the game will be shocked to hear that this wonderful footballer passed away at his residence, the Town Hall Hotel, Bank Street, South Melbourne, last Sunday, at the early age of 48 years. He had been ailing for some time from a complication of troubles, and during the last three weeks had been confined to his bed.

He had a wonderful football career, and had mighty power on his feet, as he could kick just as well barefoot as when well shod with regulation football boots. His first appearance in metropolitan company was with the Rose of Northcote, a junior team. He joined Carlton, and was a shining light on the attacking lines when the old blues won the premiership in three successive seasons – 1906, 1907 and 1908. After leaving Carlton he joined North Melbourne, from North Melbourne he transferred to Essendon, and was once again a leading light in Essendon's premiership – a rather unique record. He was a grand club man and a great footballer.

Fay Woodhouse

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#### ROMSEY LIBRARY

#### **BINGO!**

#### ROMSEY LIBRARY PLAYDATE

Playdates at the Romsey Library are a chance for families with young children to relax and make new connections young and old. Enjoy light refreshments with the other grownups while the kids have fun with a selection of toys from the Romsey Toy Library. Everyone is welcome — no bookings required, it's free and refreshments are provided.

Our next session is Tuesday 14 March, 1–3pm. For more information, visit the library at 98 Main Street Romsey or phone us on 5429 3086.

#### HEAITHY ADVENTURE BINGO

Adventure Bingo is coming to Romsey from 27 March - have some fun and explore the outdoors with this activity. The rules are simple: pick up a Bingo card from Romsey Library or online, mark off the sights from around Romsey on the Bingo card as you find them, and once you find all the sites in a straight vertical, horizontal or diagonal line you've got Bingo! Complete your Adventure Bingo card online and you can go in the draw to win one of fifty \$20 sports store gift cards.

Storytime children will have the opportunity to participate at 11am on Monday the 27 March and 11am on Tuesday the 28th of March. Meet at the library. All are welcome.

#### SUSTAINABLE HOUSE KITS

Investigate the energy efficiency of your own home.

Have you heard about the Sustainable House Kits we have for loan? Each kit contains information about home energy efficiency, a power usage meter and, crucially, a thermal camera. This camera allows you to determine the thermal efficiency of every part of your home in exacting detail, helping you to make informed decisions about insulation, ventilation and energy-efficient climate control.

Interested? Contact the Romsey Library today on 5429 3086 or visit us in person at 98 Main Street. These kits are in high demand, so don't delay.

#### **NEW RELEASES - ORDER NOW!**

To reserve a loan of any of these titles, head to www.ncgrl.vic. gov.au or phone the library directly on 5429 3086.

Spare by Prince Harry; The Next Girl by Pip Drysdale; Give Unto others by Donna Leon; Dirt Town by Hayley Scrivenor; Love, Pamela by Pamela Anderson; Mad Honey by Jodi Picoult and Jennifer Finney Boylan; The Greek Holiday by Maeve Haran; The Wrong Sister by Fiona Palmer; Encore in Death by J D Robb; or Stella Maris by Cormac McCarthy.

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According to the Chinese Calendar, it is the Year of the Rabbit; I thought it was the Year of the Butterfly! As usual, we have a few rabbits on our block, but butterflies seem to be everywhere. Even when we go for a run along the local roads we are frequently engulfed in a cloud of butterflies. Many are the orange Common Brown males; the lighter coloured female is much less common.

Back in October last year I wrote an article on insects and their importance to the ecosystem; many are beautiful when viewed up close, but few have the aesthetic qualities of butterflies. I pointed out that insects "... aerate the soil, pollinate blossoms and control insect and plant pests.

Many insects are scavengers, feeding on dead animals and fallen trees, thereby recycling materials back into the soil. It is estimated that without insects for them to eat we would lose most reptiles and amphibians and about half of all bird

Several species of insects are on the brink of extinction which could have a cascading effect on upper levels of the food pyramid and upset ecological balance."

Butterflies and moths (Lepidoptera) have been part of ecosystems for a long time. The latest evidence shows that they evolved more than 200 to 250 million years ago in the Triassic period. That's almost when the dinosaurs appeared! "Butterflies and moths can be hard to tell apart, but butterflies have clubbed antennae, more slender bodies than the plumper moths, fly more in the day, fold their wings straight up when resting and are often more brightly coloured.

All moths and butterflies pupate from caterpillars and undergo metamorphosis. Both butterflies and moths are important pollinators, feeding primarily on nectar. Instead of a mouth, these insects have a long straw-like structure called a proboscis, perfect for sucking. Australia is home to 400 butterfly species and 11,000 moth species." (Your Guide to the Insects of the Macedon Ranges).

Declining butterfly populations have been noticed in many areas of the world, and this phenomenon is consistent with the rapid decrease of insect populations around the world. These changes have been linked to climate change and habitat destruction. Recently, my sister-in-law and husband walked across England. They noticed a lot of buddleias, commonly known as the butterfly bush, but did not see any butterflies feeding on them. England has an insect problem and is actively re-wilding to address the situation before it is

Many gardeners would have a love-hate relationship with butterflies after enduring a "brassica massacre" at the hands of the white butterfly, commonly known as a cabbage moth or cabbage white for obvious reasons.

In the past I have used derris dust to control the hungry caterpillars, but now I tend to avoid growing vegetables from the brassica family over summer or I cover the plants with fine netting as I am presently doing with my pak choi crop.

Attracting butterflies to the garden is easy. Favoured plants include: hardenbergia violacea (happy wanderer), goodenia species, buddleia, verbena, salvia, native grasses, daisies, herbs and "weedy" plants such as nettles. Notably, sweet bursaria flowers are well known for supporting a range of butterflies and moths and it is the only host plant for the larvae of the endangered Eltham Copper Butterfly.

The wingspan of the Eltham Copper is only 2.5 cm and when its wings are closed, they are very dull underneath, making it hard to see, however, it has bright copper colouring on the tops of its wings.

It was first discovered in Eltham in 1938 and was thought to be extinct by the 1950's but was rediscovered in 1987. Currently, they can be found around Greensborough/Eltham, Bendigo, Castlemaine and in three locations in the Wimmera. Because they have become environmentally isolated, the genetic diversity in their gene pool has been reduced, thereby increasing their vulnerability. No wonder the sweet bursaria is one of our groups' favourite plants!

Deep Creek Landcare Group has nesting boxes for bats, birds and phascogales for sale from \$25. We also have Myna bird traps to lend out. Annual Landcare membership is \$20 per family. You can follow us on Facebook, contact our President, Phil Severs (0476 324 000) or attend our monthly meetings in the Lancefield Mechanics Hall.

#### ENVIRONMENT EVENTS IN MARCH

Council have launched the autumn calendar of events. There are many exciting opportunities to get involved:

Nest box monitoring webinar Wednesday 1 March, 6:30-7:30pm, online.

Pollinator Farm Walk - Sedgwick: Promoting pollinators on your farm. Sunday 5 March, 10-11:30am, Sedgewick

Understanding and Managing Soil Biology on your Farm Workshop Wednesday 8 March, 10am-2:30pm, Tylden

Dung Beetles - Thursday 30 March, 10:30am-12:30pm, Romsey workshop

Thursday 30 March, 6:30-8:30pm, Goornong Healthy Landscapes - Equiculture workshop Friday 10 March, 9:30am-3pm, Malmsbury

Fencing and troughs - Thursday 16 March, 10am-12pm, Kyneton

Thursday 23 March, 10am-12pm, Marong
Visit www.mrsc.vic.gov.au/environment-events to
find out more about these events.

ROMSEY LANCEFIELD SENIOR CITIZENS

## SEE YOU SOON

MONTHLY BUS TRIPS

Welcome to our new Treasurer Jan. We thank her very much for helping us out on the Committee.

Our next bus trip will be held on Tuesday 7 March. We are heading to Daylesford to visit the Mills Market. There are plenty of different stalls for you to browse, hopefully with a bargain or two. The bus trips are open to everyone so grab a friend and come along. Give Helen or Jan a call for details. We pick-up from the Lancefield Post Office and the Romsey Mechanics Institute.

Remember, we meet every Monday at the rear of the Romsey Mechanics Institute for lunch, for just \$5 – everyone is more than welcome. Come along and join us for a chat or a game of cards.

For further information please contact Helen on 0409 064 303 or Jan on 0408 371 755.

Hope to see you soon.



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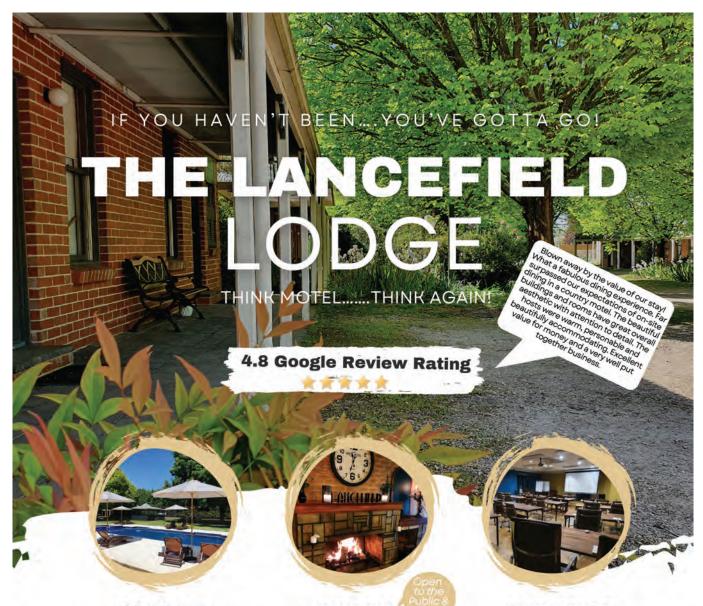
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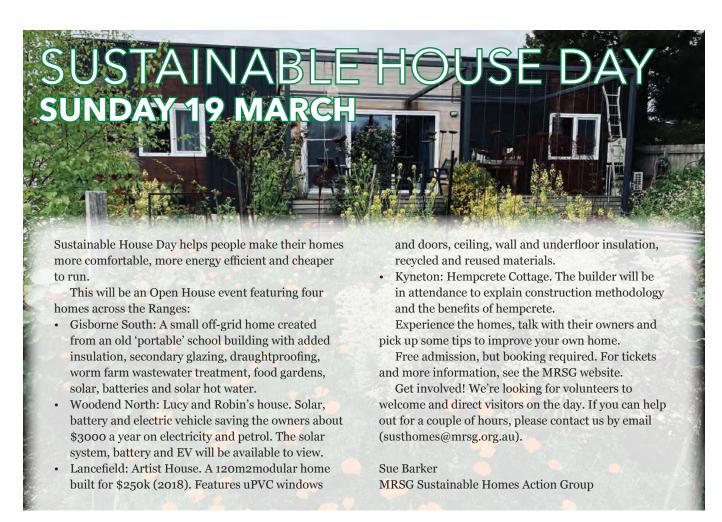
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Liz 0499 175 118 Julie 0499 174 724

#### SACRED SITES AND ARCHITECTURE

When I met John Gollings in his basement studio, he had several large screens open on his desk with access to hundreds of files full of images of his photographic work. He started by showing me one of his ongoing passion projects, the indigenous sacred sites in NW Kimberley.

John began his life in photography as the school photographer, then went on to Melbourne University to study architecture, but was quickly waylaid by photographing indigenous sites in Victoria and subsequently editorial fashion shots in Sydney. Then John's friendship with Rennie Ellis got him into advertising which kept him busy for some time until the financial crash, by which time his focus on architectural photography was established. He had worked for acclaimed architect Harry Seidler, recording his buildings according to the strict Seidler rule that the entire building should be seen in each image. This became one of John's Rules to Apply to Photographs. Here they are:

- The whole building to be seen in each shot.
- · A strong vertical in the centre
- · Half-light/ half dark divided horizontally.
- · Backlighting
- Find the intent of the interior and take as few images as possible to convey this.
- · No tricks in processing

...and of course, rules were made occasionally to be broken! These rules can be applied to landscape as well as buildings, and they are apparent in John's images of the sacred sites he has photographed.

Amongst many other projects over the years, John has photographed Glenn Murcutt's Kakadu Visitors' Centre, much of the architecture of Denton Corker Marshall and Peter Corrigan, and the phosphate extraction process, as head photographer for the government of Nauru.

Meanwhile his parallel photographic life focussed on indigenous sites, both in Australia as well as PNG, India and Asia. He spent two years going to every sacred site in Indonesia to photograph all the sacred objects and buildings at places like Borobodur and Pramana. His work so impressed Hun Sen that the Australian government was given access to every Khmer temple in Cambodia and the vast collection of Khmer art hidden in a basement for the duration of the SE Asian war. John spent a week at Angkor Wat taking photographs of this extraordinary site; their taxi driver on that trip had been locked up by the Khmer Rouge, so John and his crew got unique insights as part of their time there.

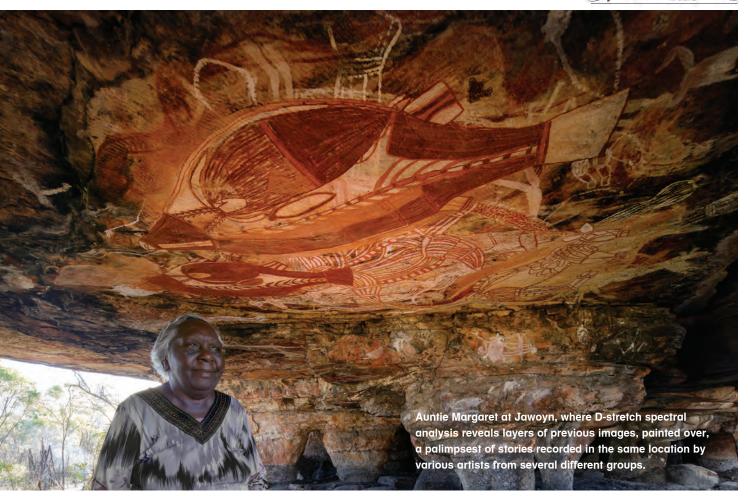
We in Lancefield are lucky to be welcoming John to tell us about his passion for our indigenous sites, and to see some of his vast collection of sacred site photographs from his extensive travels in remote Australia, and Asia.

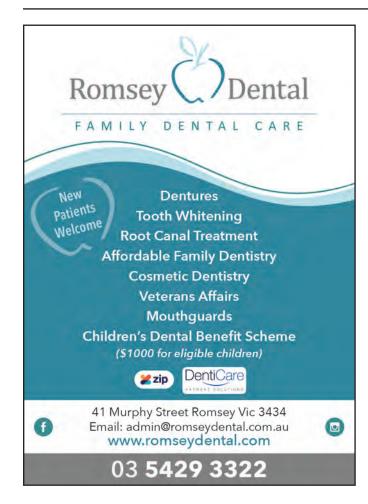
Sunday April 23 at 1.00pm in Mechanics Institute, The Crescent, Lancefield. The cost of \$30 includes refreshments. Book online at TryBooking.

Beth Child













Wow - what a start to the new training year - over 25 new members and fur babies to welcome.

Summer is still here for a few more weeks but we all know that we can have hot weather into March/April. The biggest threats to your dog, whenever the weather is warm, is dehydration or heatstroke. Being dehydrated can make your dog very sick and can quickly become life-threatening. Acting fast may reverse any damage.

So, what are the important signs to look for? Extreme lethargy, sunken, dry eyes, dry nose and gums, excessive panting, loss of appetite

A few symptoms of heatstroke include: An elevated body

temperature (between 38 and 39 degrees Celsius is normal), Excessive drooling/panting, Dehydration, Rapid heart rate, Reddened gums, Urinating tiny amounts or not at all, Muscle tremors/Seizures/Staggering, Vomiting blood

If you suspect serious dehydration or heatstroke, contact your vet.

Visit our website www.macedonrangesdogclub.org.au, our Facebook page or email info@macedonrangesdogclub.org.au for more information.

Remember, a dog is for life not just Christmas.

Carol, Instructor/Treasurer MRODC

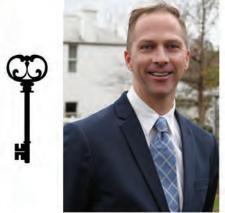
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VOL. 33 NO 2 MARCH 2023 23



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#### A NEW SCHOOL YEAR HAS BEGUN

A new school year has begun, and we have eagerly welcomed back our students and their families to St Mary's. We have many new students, families and staff this year and we hope they feel the St Mary's embrace, and enjoy their time within our wonderful school community. Everybody has settled well into the new school year and the preps especially have been amazing. We hope that 2023 is an exciting year of wonderful learning opportunities for all, and we look forward to sharing them with you.

#### ST MARY'S SCHOOL LEADERS

At the end of each year our Year 5's get the chance to apply to be a school leader for the following year. This means they have to come up with a speech which they must read in front of staff and students as to why they would make a good school leader, and then votes are taken.

We congratulate the following students on their success, becoming school leaders for 2023. We wish them all the best for the year ahead.

2023 School Leaders: Molly Cusack, Cole Newnham, Illianna Way and Maggie Cleve.

2023 Sports Captains: Joeys (Green) - Ellie Keenan, Patrick Goodwin and Maggie Keogh

Goannas (Red) - Mali Mezzatesta

Wombats (Blue) - Nate Zoch and Jack Matthews.

Kookas (Yellow) - Max Eames and Naite Hunt.

#### STUDENT ACHIEVEMENT - MEG BRUNDELL

Meg Brundell in Year 6 was chosen for the Gisborne Region Representative Girls Cricket over summer with the Under 14 Girls Squad. She was the youngest (at only 11) and was very successful, she was even congratulated on her ability in the upper level by senior cricketers at Gisborne. The Gisborne

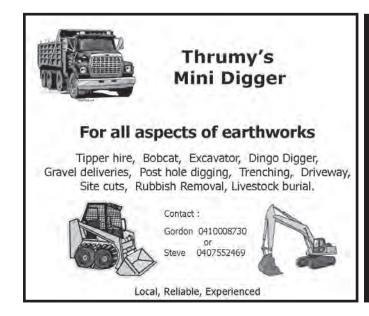


Squad competed at the Bendigo Country Week and won the grand final. We congratulate Meg on this huge achievement; a mighty effort, well done!

#### EXTRA-CURRICULAR ROLES @ ST MARY'S

Students in Years 4-6 are able to apply for special roles within the school where they get the opportunity to work within the community and help others. These groups include the Mini Vinnies and the Environment Group. We also have two new roles within our school library as Library Assistants. These are exciting roles for our students and allow them to build confidence within themselves and explore the wider community through different activities and programs.

We congratulate the following students on achieving a





#### ST MARY'S PRIMARY SCHOOL LANCEFIELD

position within these groups for 2023 and look forward to seeing how they grow and what they will achieve in the coming year.

Mini Vinnies - Harper Greathead, Sophie McCarthy, Isla Shannon, Kacey Warren, Pippa Awty, Ruby Caton, Milla Willmott, Cohen Bobic, Tanayah Meader, Taylah Lingard, Isaac Gardner, Millie Kilpatrick, Maddie Stocker, Summer Murphy and Edie Portelli.

Environment Group - Charlotte Collins, Ben Goodwin, Ellie Smith, Romina Doria, Sarah Turner, Harper Tootell, Emmett Mahony, Meg O'Meara, Anna Newnham, Matilda Brown, Ella-Rose Murphy, Summer Bumpstead, Meg Brundell, Riley Alderton, Emma Donnellon and Nate Lees. Library Assistant - Jess Awty and Charlotte McCarthy.

#### ST MARY'S PLAYGROUP

We invite all members of our local and wider community to join us at St Mary's Playgroup. It's free and it's for everyone with children aged up to 5 years. You'll find us in the school hall every Thursday during the school term from 8.30am - 10am. Why not join us for a wide range of play experiences and a chance to meet other families? We hope you can join us for this wonderful morning activity.

Jo Shannon (Community Liaison Leader)





## **Hearing Tests**

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## BE KIND TO YOURSELF

Why are we so harsh on ourselves?

It's quite common for people to feel low, anxious, and think negatively about themselves. These thoughts are often a result of our experiences, and we usually find it easier to focus in on the negatives than the positives. Take a moment to consider what benefit these negative self-views have provided you with so far. Do they make you feel good? Probably not. Do they stop you doing things you might otherwise enjoy? Maybe. Then why are we still doing it?

The thing is, we can't change the past. However, we can change how we think about ourselves at the current point in time. It can be useful to take a moment to consider what we would say to a friend who was standing in our shoes. This is because we tend to be a lot kinder to others and forget to treat ourselves with the same love and compassion. Some people might find it more practical to write a list of the things we do like about ourselves. This might seem intimidating at first, however, there are lots of things we can consider, including our values, behaviours, personality, appearance, achievements, goals, the list goes on.

What other ways could you find to be kinder to yourself?

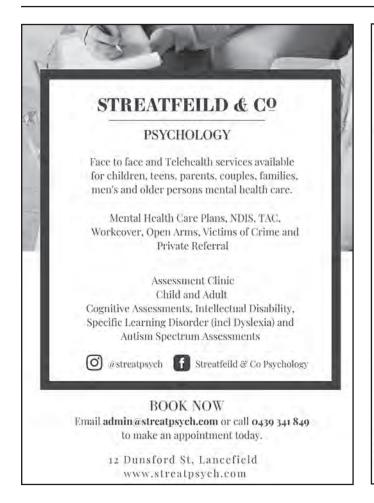
Stephanie Hawes BPsychSc(Hons), MProfPsych Provisional Psychologist

# RELOCATION OF KYNETON MATERNAL AND CHILD HEALTH SERVICE

Kyneton Maternal and Child Health service (Kyneton MCH) has relocated to Central Highlands Rural Health's (CHRH) Kyneton campus in the Ambulatory Care Centre building. The decision to relocate follows an extensive analysis of the land and current condition of buildings which, following the relocation of Kyneton Kindergarten to Edgecombe Street in February 2022, were found to need significant restoration or be completely demolished to be fit for purpose.

At the new Kyneton MCH hub, staff and clients will have access to a large waiting area, reception, large consulting room, a room for new parent groups and a courtyard.

Visit the Council website for more information.



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VOL. 33 NO 2 MARCH 2023 27

#### RESOURCE RECOVERY NEWS

'Let's get sorted' and make an impact with waste

Since the launch of the four-bin system in February 2020, Macedon Ranges has seen some of the highest diversion rates of waste from landfill in the state. Evidently, residents in the shire have embraced the new system and are passionate about recycling and reducing their environmental footprint.

It was fantastic to see over 600 residents recently complete Council's survey titled 'Help us make recycling easier', with a majority happy with Council's four-bin system. However, some respondents did say they would like to sort waste correctly, but sometimes get confused with what goes where.

To help residents, Council has relaunched the 'Let's get sorted' waste education campaign alongside Sustainability Victoria's 'Small acts, big impact' campaign.

Residents are being reminded that a few small acts can have a big impact when sorting waste, such as:

- · remembering to put your recycling in the bin loose (not in plastic bags)
- · putting your food-soiled paper packaging, like pizza boxes and paper towels, in your FOGO bin
- · only putting glass bottles and jars in your glass bin (no ceramics, Pyrex, lightbulbs or other glass)
- $\cdot$  not putting batteries and e-waste in your general waste, but dropping them off for free at the Lancefield Town House.

Council's 'Let's get sorted' guide is a great resource for helping residents sort your waste properly, go to the Council website to download a copy.

## COMPOST DELIVERIES ARE BACK

Council has resumed its delivery service of Australianstandard FOGO compost, alongside mulch, to residents in the shire.

Delivery sizes and costs are:

- Three cubic metres: \$146.30
- Six cubic metres: \$182.60

To book delivery, call our customer service team on 5422 0333 or visit your nearest customer service centre.

#### SUPPORT FOR SMALL BUSINESS OWNERS

Throughout March there will be opportunities for small businesses in the shire to get advice, support and training. The Small Business Bus will be visiting Kyneton between 10am-4pm on Monday 20 March and Woodend on Thursday 23 March with mental health and wellbeing support provided by Partners in Wellbeing.

If you have concerns about your online security, register for a Cyber Security workshop on Thursday 16 March. The free workshop will be held at Gisborne Administration and Service Centre, 40 Robertson Street from 9:30-11:30am.

Visit mrsc.vic.gov.au/business-events or contact ecodevadmin@mrsc.vic.gov.au for information.

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## THE FIRST ROMSEY MARKET IN OVER A DECADE

It was more than I had hoped for, thanks to the great stall holders with their arts, crafts, plants and much more. I wish I could add each and every photo I took on the day.

Thanks also to the many people who came, bought and ate at this wonderful event. Your support was the icing on the cake, as they say.

Our next market, weather permitting, will be on 12 March, with even more wonderful items for sale, and on display.

For further enquiries please contact

Angela Heywood



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#### COLLABORATION FOR CLIMATE CHANGE

Council's Cool-ER Changes project will result in a shire-wide Climate Emergency Response Plan and will outline our key strategic approach to enacting our Declaration of Climate Emergency.

The launch event at Kyneton Town Hall on 2 March is just the beginning. Over the coming months, six workshops will explore and develop theme-based actions to mitigate, adapt and strengthen our response to climate change. Join us in for these solutions-focused, collaborative workshops and help address the climate emergency in our own backyard. Our first two workshops are:

Cool-ER Changes: Workshop 1 - Nurturing nature Thursday 16 March, 6-8:30pm, Gisborne Community Centre Healthy ecosystems mean healthy people. Bringing together indigenous knowledge with modern experience, we will explore solutions to ensure our land and waterways will flourish into the future.

Cool-ER Changes: Workshop 2 – Climate ready communities Thursday 30 March, 6-8.30pm, Kyneton Library

How do we grow a 'climate-ready community' in the Macedon Ranges? From sustainable houses, building and development, to connecting and enhancing our food systems. In this workshop we want to bring the farmers to the families they feed and explore all things sustainable, local, low-carbon living.

Visit mrsc.vic.gov.au/Cool-ER-Changes for information.

#### **EDUCATION SESSIONS FOR DEMENTIA**

Thursday 9 March, 10am-12pm at Woodend RSL, 32 Anslow Street.

Dementia Australia, in collaboration with Woodend Lifestyle Carers Group and Council, are running a free Educational Dementia Immersive Experience (EDIE) session for family carers and family members of people living with dementia. The session aims to enhance knowledge of dementia through virtual reality technology allowing participants to see the world through the eyes of a person living with dementia.

To register visit the Council website or call Dementia Australia on 1300 526 576.



## AUTUMN FESTIVAL EDGY VEG AWARDS



Sue and Thierry, owners of Paysanne café in Woodend and winners of the 2022 Edgy Veg Awards

Autumn is here, and that means the Autumn Festival is approaching. That means the return of The Edgy Veg Awards. This year Spices & Pestle Thai Restaurant in Riddells Creek have submitted an extravaganza of dishes that should be on everyone's list to try!

A Thai Green Curry, Dragon Tofu (entree), Tom Yum (Soup), Pad Thai, and Mango Sticky-rice. Gisborne, Macedon, Kyneton and Woodend are all well represented in this year's submissions for the awards too. There are cafes, pubs and restaurants in the competition, so you can eat out at any time of the day and try something new. The event will run during the Autumn Festival from

1 – 30 April, and café patrons will get to vote on every dish they try. Which venue will win the coveted title of most delicious plant-based dish in the Macedon Ranges? Cast your votes to show who you think should win.

Voting is easy, each participating café will display the competition QR code that you can scan to rate your dish online. You can find out more about the Edgy Veg Awards from the competition website - veg.mrsg.org.au/edgy-veg-awards or scan the QR code in this article.

The Awards are an initiative of Veg Action of MRSG, and funded by the Macedon Ranges Shire Council, as part of their Sustainable Living Festival series.



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#### WOULD YOU **BENEFIT FROM** SEEING A **DIETICIAN?**

The dietitian service at Sunbury and Cobaw Community Health is expanding with appointments now available Monday, Tuesday and Thursday. Dietitian Erin Dwyer can provide personalised guidance on the best foods to eat to optimise your health and manage a range of medical conditions including chronic conditions such as diabetes, heart disease and lung conditions. Dietitians can also assist with coeliac disease, irritable bowel syndrome, Crohn's and colitis. They can help those managing food allergies, weight loss or gain and general gut problems such as heartburn, bloating, and bowel movement issues.

Access to the service is prioritised to those on the National Disability Insurance Scheme, the Commonwealth Home Support Program or who have a Home Care Package. To discuss further call 5421 1666, email admin@scchc.org.au or drop in to 1 Caroline Chisholm Drive Kyneton.

#### **PUPPY PRIDE**

After the success of last year's inaugural Puppy Pride, Kyneton's Botanic Gardens will once again host an event to celebrate all things canine and bring together the LGBTIQA+ community, their friends and their families. The organisers at Sunbury and Cobaw Community Health are putting a call out for puppy superstars, those dogs that love to perform, do tricks or who have a unique feature that needs to be shared.

Puppy Pride is on Sunday 26 March from 12 midday. Like last year, the afternoon will start with a group dog walk at 11am from the Kyneton Mechanics Institute to the gardens where there will be various food and market stalls, activities, competitions and plenty of space to spread out your picnic rug.

The focus will be on gathering together as a community, enjoying the beauty of the surroundings and appreciating the many ways dogs improve our health and wellbeing.

"From reducing stress to improving our fitness, dogs can also increase our social interaction and of course provide companionship," says Belinda Brain from Sunbury and Cobaw Health. "All are welcome - we promise the day will be colourful, vibrant and definitely fun!"

For more details email puppy.pride@scchc.org.au or call 5421 1666.

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(ON-SITE / OFF-SITE)

MIG, TIG, ARC, MILD STEEL, STAINLESS STEEL, CAST IRON

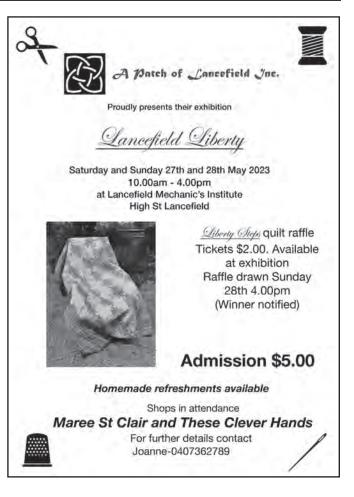
#### TRAILER REPAIRS & MODIFICATIONS

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## LANCEFIELD PRODUCE SWAP

Once a month, on the day of the Lancefield Farmers Market (fourth Saturday of the month, third Saturday in December) the Lancefield Produce Swap runs from 9:30am to 10:30am at a market stall in the centre plantain of Lancefield, High Street. Swap what you produce, whether that be vegetables, jams, honey, biscuits, chickens, seeds, flowers or whatever else, for what you believe is to be a fair exchange. It's a great way to share what you have excess in your garden or to meet other producers in the community.

For any questions please contact Angel on 0403300331.

# ENTER OUR ART COMPETITION AND HELP THE ENVIRONMENT

Council is inviting all school-aged and preschool-aged children to help raise awareness of the impact of single-use plastics on the environment, by entering a competition for a chance to have their artwork displayed in the art exhibit at the Hanging Rock Reserve Discovery Centre.

Participants are being asked to create their own unique artwork using upcycled, recycled or single-use plastic collected as litter, with examples including snack wrappers, coffee cups, straws, cotton buds, polystyrene and bread bag tags.

Winners will also take home a worm farm or compost bin made from recycled plastic.

The competition closes 6 April. For information, visit the Council website.

## EVENTS FOR THE OVER 55s.

#### INFORMATION SESSION 1 SCAM AWARENESS

Thursday 16 March, 10:30-11:30am, Kyneton Town Hall - Newman Room, 129 Mollison Street

Scams target everyone and anyone can be a target of phone scams or false information online - but there are things you can do to protect yourself. Hear from nbn® Community Ambassador Janeen Stewart, who will share upto-date information on scam trends and what you can do to protect yourself.

#### INFORMATION SESSION 2 DIGITAL DEVICES 101

Thursday 16 March, 12-1pm, Kyneton Town Hall - Newman Room, 129 Mollison Street

Devices such as smart phones and tablets are fast becoming a way to strengthen our connections with family and friends. Janeen Stewart, nbn® Community Ambassador, will share up-to date information on how to access Wi-Fi hotspots and answer your connectivity questions.

If you're over 55 and want to join us for these free sessions, email villageconnect@mrsc.vic.gov.au or call the Village Connect Team on 5422 0333.

## KYNETON TOWN HALL EVENTS

Daniel Champagne 8pm, Saturday 11 March.

With more than a million streams on Spotify for his song Indigo. He is now regarded as a leading light in acoustic music.

Melbourne International Comedy Festival Roadshow 7:30pm, Friday 28 April. The ultimate comedy trip returns in 2023.

To purchase tickets visit mrsc.vic.gov.au/buytickets or call 1300 888 802.



34



#### WOODEND HANGING ROCK PÉTANQUE CLUB



In early February, the Coonawarra Pétanque Club in South Australia, finally after seven years, decided to hold their Coonawarra Classic pétanque tournament. On the Friday, 48 teams from around the country, mainly Victoria and South Australia, converged on the town of Penola, for their accommodation in the caravan park and in various hotels and motels in the area.

Then on the Saturday morning we all headed into the vines of the Coonawarra to play 6 games of competitive pétanque. New South Wales and Victorian teams played South Australian teams. A great competitive day was had by all. Some winners and some losers, but hey, that's the way it goes in pétanque. Next morning it was the Social Day. The top 16 teams were in the Principale and Complementare and the rest of us in the

Sociale, for another competitive day. Our Woodend Hanging Rock teams all played well and had a fabulous weekend of competition, fun and enjoying all that the region had to offer.

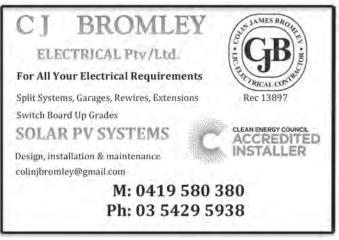
Come and join in the fun and socializing as we travel around our state. Avoca, Nagambie, Ballarat and Apollo Bay are trips coming up, they are just a few of the destinations where we go to play our wonderful game.

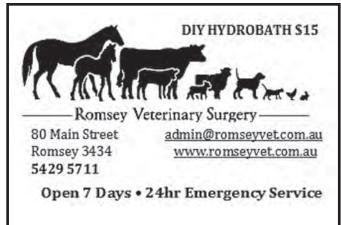
The Woodend Hanging Rock Pétanque Club meet at 2pm each Monday at the old racecourse in Woodend and Thursday afternoons at 4 pm at our beautiful Hanging Rock.

Come and join us, we would love to include you in our club.

Louise Potter







#### FROM THE DESK OF PASTOR TIM



Encourage Church. Pastor Tim Emonson, Worship Service Sunday 10am, 7 Mitchell Court Romsey. Ph 5429 6327 E: office@encouragechurch.com.au W: encouragechurch.com.au

#### **FOLLOW JESUS**

Each year at Encourage Church we have a theme. This year our theme is "Follow Jesus". It comes from the words Jesus used to call a number of His disciples - a simple "follow me" (see Matthew 9:9).

These two words had a profound impact on the disciples. They immediately dropped what they were doing, left it all behind, and followed Jesus. They went on to experience first-hand the amazing teachings of Jesus, the miracles He performed and ultimately to see Him resurrected after being crucified on the cross. It would have been an incredible time to live through.

Yet we too are asked to follow Jesus. He still calls out to each one of us to follow Him. It is still an incredible journey

to go on, when we follow Him.

And yes, we are asked to leave our own ways. As Jesus said in Matthew 16:24-26 "If any of you wants to be my follower, you must give up your own way, take up your cross, and follow me. If you try to hang on to your life, you will lose it. But if you give up your life for my sake, you will save it. And what do you benefit if you gain the whole world but lose your own soul? Is anything worth more than your soul?"

Nope, nothing is worth more than your soul. And the benefit of giving up your own way – you find your real life.

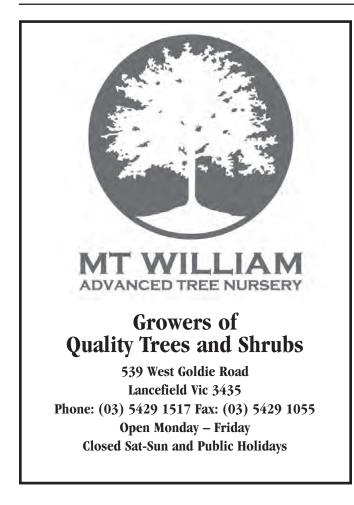
If you want to know more, check out our services on YouTube (search for Encourage Church Romsey) or visit us at church on a Sunday morning.

#### NOMINATIONS OPEN

We are inviting residents and visitors to nominate their favourites in the inaugural Telstra Macedon Ranges Community Choice Awards.

An extension of the Business Excellence Awards program, the Telstra Macedon Ranges Community Choice Awards seek to recognise and celebrate those who go above and beyond in their day-to-day delivery of goods and services.

You can nominate your favourite business until 24 March. Voting will open from 1 April. Visit mrsc.vic.gov.au/business-awards for more information.





# ALBY MANGELS - A COLORFUL LIFE

Known for his short shorts, laconic attitude and beautiful travel companions, for generations of Australians the name 'Alby Mangels' was the very definition of adventure.

Starting with just \$400 in his pocket and no training in filmmaking, Mangels and his friend John Fields travelled to more than 50 countries to shoot the adventure documentary 'World Safari 1,' which Mangels then promoted himself to audiences across Australia back in 1977.

It became such a hit that Mangels headed out again six years later and filmed 'World Safari 2', which cemented him as a pioneer of the adventure film genre, followed by TV icons like Steve Irwin and Bear Grylls.

The impact of Mangel's films on Australian audiences in the late 70s and early 80s was profound, with media reporting that "in one week during 1984, the top three grossing films in Australian cinemas were Gremlins, Ghostbusters and World Safari 2."

World Safari 3 led to bankruptcy for Alby which reshaped his life perspective.

Mangels recovered from this low, going on to make 70 more documentaries in a series called Adventure Bound in the 1990s while also supporting environmental causes.

Do not miss this world first screening of the digitally remastered World Safari I and 2 across 2 fantastic evenings at The Lancefield Lodge!

Meet and mingle with Alby and be enthralled by untold stories!

3 course Dinner and Show World Safari 1 March 3 World Safari 2 March 17

For bookings www.trybooking.com/CFTTN



VOL. 33 NO 2 MARCH 2023 37

### FARMERS MARKET TURNS 20

In 2001 a young women, Meggs Hannes, came to a Neighbourhood House AGM stood up and said she would like Lancefield to have a Farmers Market. We said 'great idea' and sent her off to organise one. With a budget of \$1 to photocopy some posters, the first Market was held in March 2003.

Now 20 years later we have a strong, established, monthly market which has, over the years, in many ways attributed to the social and financial fabric of the township and many individuals.

Lancefield and District Farmers Market was one of Victoria's early Farmers Markets. It was actually the first market to gain Accreditation, but unfortunately another market, which got approval after us, held their market first that month so we aren't listed as the first accredited market.

In the past 20 years the market has only had one month when it didn't run, which was during COVID, and half a market where very heavy rain sent everyone home. The market started with 24 stalls, we now average 50-60 stallholders. Nine of these the stalls have been coming since the first year of the market and four have been there since day one.

June Dawson, of Dawson's Honey has only missed three markets in the 20 years - one because of the COVID cancellation and the other two for family weddings. Our wonderful Lancefield local Barry Hunt, of Hunt Brothers Potatoes, has also only missed a few markets over all these years.

June recalls that there was a great sense of excitement among stallholders at the first market, with everyone selling out early. June had to borrow a customer's phone to ring her husband to bring down more honey, and Barry made several trips back home for more bags of potatoes.

If you are a regular market goer you will notice that we have rearranged some of the stalls – we have had a bit of turmoil for the past few years due to COVID and with the logistics of the new traffic management plan – the market layout is on maps which you can find on the Facebook page, by phoning the Neighbourhood House or look for them around the market.

The Lancefield & District Farmers Market is an enterprise of the Lancefield Neighbourhood House which is supported by volunteers – we always welcome new people who would like to help and have a wide range of jobs across all of the Neighbourhood House activities.

We hope to see you on March 25th for the Markets 20th birthday. Chris Dawson, of Dawsons Honey, will be joining his wife June to be on hand to answer any questions about honey and beekeeping and we will, of course, have a great range of stalls for shopping, food, music and face painting.

#### The Wood Bloke

#### **Deliveries**

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VOL. 33 NO 2 MARCH 2023 39

#### Lancefield Mercury

