

**East Gippsland Shire Libraries have a dedicated Parenting Resource Collection.**

**These collections provide useful information for parents and caregivers on various aspects of parenting, in both book and DVD format.**



**For Library information and enquiries, contact:**

East Gippsland Shire Council  
PO Box 1618, Bairnsdale 3875

**Phone:** 5153 9500 or 5152 4225  
**Residents' Info Line:** 1300 555 886

**Email:** [library@egipps.vic.gov.au](mailto:library@egipps.vic.gov.au)

**Website:** [www.eastgippsland.vic.gov.au](http://www.eastgippsland.vic.gov.au)

**Twitter:** @egsc

### **Returns**

Items can be returned to any Shire Library; through after hours return chutes at the libraries; or through our Outreach Centres at Benambra, Swifts Creek, Buchan, Bemm River, Cann River, Bendoc and Tubbut.

# Parenting Resource Collection



**EAST GIPPSLAND**  
SHIRE LIBRARIES

## Resources for parents / caregivers

The Parenting Resource Collection covers a wide range of topics of interest to parents and caregivers, including:

- Baby care
- Behaviour
- Breastfeeding and alternatives
- Bullying
- Child development
- Child rearing
- Communication
- Crying
- Dealing with disability
- Discipline
- Education
- Emotions
- Family separation and divorce
- Handling change
- Handling loss
- Health care
- Literacy
- Nutrition
- Pregnancy and birth
- Puberty and sex education
- Raising boys and girls
- Sleeping
- Teenagers
- Toddlers
- Toilet training
- Working parents

The library also holds a collection of resources for early years professionals.

## Resources for children

The Parenting Resource Collection also includes a range of picture books, junior fiction, and junior nonfiction books that support children needing to process difficult personal events that are painful, confusing or overwhelming, including:

- Adoption
- Cooperation
- Death
- Divorce
- Feelings
- Going to school
- New baby
- Sharing
- Sibling rivalry
- Tolerance

## Australian Breastfeeding Association Collection

The Parenting Resource Collection includes a range of books and DVDs on all aspects of breastfeeding and breastfeeding alternatives. All titles in this collection have been recommended by the Australian Breastfeeding Association.

## Library Programs

Weekly Rhyme time and Storytime sessions run from February to mid-December at most East Gippsland Shire Library branches.

### Rhymetime (for ages 0 – 2)

Rhymetime sessions are held weekly at most of our Libraries. The sessions run for 30 minutes and are designed to encourage parents and carers to share rhymes and songs with babies from birth.

Bairnsdale Library – Wednesdays at 10.30 am

Lakes Entrance Library –  
Wednesdays at 10.30 am

Orbost Library – Fridays at 10.00 am

Omeo Library – Fridays at 10.30 am

Paynesville Library – Mondays at 10.30 am

### Storytime (for ages 2 – 5)

Storytime sessions are held weekly at most of our libraries. The sessions run for approximately 45 minutes and include stories, songs, dancing, poems and rhymes, and craft activity.

Bairnsdale Library – Tuesdays at 11.00 am

Lakes Entrance Library – Tuesdays at 11.00 am

Orbost Library – Tuesdays at 10.30 am

Paynesville Library – Tuesdays at 11.00 am

Omeo Library – Wednesdays at 12.00 pm