

## Vitamin D Test Report

Date Presented - July 6, 2019

### Ordering Doctor

Name: Dr. Jody Smith  
License #: 00515515  
UPIN #: A999Z9  
NPI #: 9999999999

### Patient Details

Jane Smith  
Patient Number: 100523  
DOB: Jan 1, 1980  
Gender: Female  
Ph: (234) 234-2343

### Specimen Details

Collected: July 1, 2019  
Sent: July 1, 2019  
Tested: July 5, 2019  
Source: Capillary Blood

## Welcome To Your Results

Dear Jane Smith,

We received your small volume blood sample, and tested it for the presence of vitamin D.

The testing platform used to produce the results described in this report has been shown to detect these biomarkers to a high level of accuracy when they are present, and to also correctly show a negative result when they are not present.

When shared with your healthcare professional, we are confident this report will provide insight to inform healthcare decisions that may improve your health and quality of life.

You and your healthcare professional can trust the science behind these results, as our lab partners have completed validation studies comparing this process to established testing methods.

For any questions about this test, please visit us at [www.imaware.health](http://www.imaware.health) or connect with us via email at [support@imaware.health](mailto:support@imaware.health).

In good health,  
The imaware team

## Medical Advisory Team



**Dr. Eleftherios Diamandis**  
Head of Clinical Biochemistry  
at Mount Sinai Hospital



**Dr. Stefano Guandalini**  
Professor Emeritus at  
University of Chicago

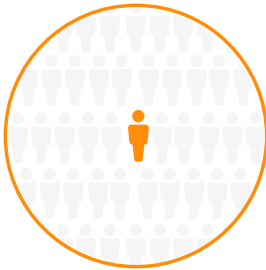
## Vitamin D Test – Your Results Summary

Jane, you **appear to have low vitamin D levels**  
based on biomarker sampling as well as patient specific considerations.

### BIOMARKER SAMPLING

A biomarker (“biological marker”) refers to a category of objective signs that indicate medical state. Elevated biomarker levels in your blood can signal the presence of a disease. We tested your blood for the presence of Vitamin D:

**Vitamin D**  
ABNORMAL



### PATIENT SPECIFIC CONSIDERATIONS

We included specific aspects of your history and condition as part of this test in order to confirm your likelihood.

- You indicated you have not been previously tested
- You indicated you have a family history of this condition

Your overall likelihood is compared to the possible scenarios

- Highly Likely**  
More than 60% likelihood
- Somewhat Likely**  
Between 25-60% likelihood
- Less Likely**  
Between 2- 25% likelihood
- Not Likely**  
Less than 2% likelihood

**Somewhat Likely**  
Likelihood you have low Vitamin D levels

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Your likelihood estimate is based on biomarker sampling and preconditions:

- Your blood sample contained abnormal biomarker levels
- You indicated a pre-condition that may increase your likelihood of having this condition

### Your Next Steps

Share these results with your doctor, who can review your results and provide an action plan before you make any major lifestyle changes.

If you begin to make any doctor recommended lifestyle changes, imaware™ can help you monitor the effectiveness of your lifestyle changes and treatment.

### Vitamin D Test - Detailed Results

The following pages provide additional information that should be shared with your healthcare professional.

#### DETAILED PATIENT RESULTS TABLE

Analyte	Quantitative	Qualitative	Reportable Range	Cutoff	Target Range
25-Hydroxyvitamin D	15.0 ng/mL	Low	15.0 - 150.0 ng/mL	25 ng/mL	25 - 80 ng/mL

#### PATIENT DISEASE AND SYMPTOMS STATUS

- You indicated you have not been previously tested
- You indicated you have a family history of this condition
- You indicated you do currently smoke

### Vitamin D Test - Detailed Scientific Validation

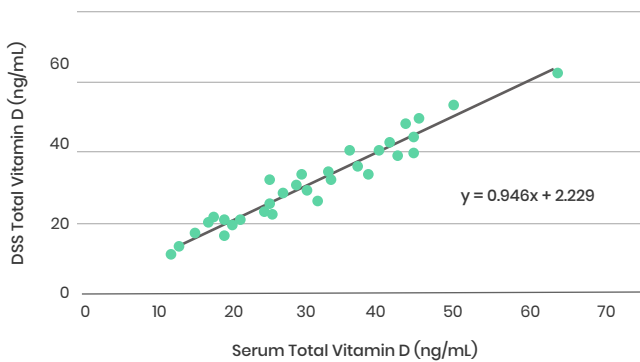
imaware™ tests are tested to be highly accurate and precise. The following data can be reviewed by your medical professional to better understand the validity of the imaware test.

#### VITAMIN D TEST - SCIENTIFIC VALIDATION

##### Accuracy

Paired serum and dried serum spot samples containing varying concentrations of Vitamin D were tested. Vitamin D concentrations observed for the dried serum samples versus serum (chemiluminescent immunoassay method) were statistically analyzed by simple regression:

N=32		
Correlation Coefficient	0.97	
Slope	0.95	
Intercept	2.23	
	DBS Vitamin D	Comparable Serum Method
Mean Vitamin D	31.5	31.0
Standard Deviation of Range	11.8	12.0



## Vitamin D Test – Additional Information

### SCIENTIFIC REFERENCES

1. Monitoring vitamin D status and intake in the US population: essential to understanding the role of vitamin D in health  
Mona S Calvo; The American Journal of Clinical Nutrition, Volume 110, Issue 1, July 2019, Pages 6–7, <https://doi.org/10.1093/ajcn/nqz069>
2. Manson JE, Brannon PM, Rosen CJ, Taylor CL. Vitamin D Deficiency – Is There Really a Pandemic?  
N Engl J Med 2016; 375:1817.
3. Forrest KY, Stuhldreher WL. Prevalence and correlates of vitamin D deficiency in US adults.  
Nutr Res 2011; 31:48.
4. Yetley EA. Assessing the vitamin D status of the US population.  
Am J Clin Nutr 2008; 88:558S.

### PERFORMING LABORATORY INFORMATION

- Patient Sample was performed on July 5, 2019 by CoreMedica Labs.
- CLIA Number 26D2013888 CAP Accreditation 7537862
- Lab Location: 200 NE Missouri, Ste 302, Lees Summit, MO, 64081
- Lab Director: Dr. Cristian Saez, Ph.D.

### TEST NOTES AND LIMITATIONS

- These test results should be shared with your healthcare provider
- This test is not to diagnose any health condition – only your healthcare provider can make that determination, in light of your overall health history and the results of other testing they may decide to order
- Please consult your healthcare provider before making any dietary changes