



Part 5: Tests, Trials, and Temptations

INTRODUCTION

After we confess our sin and receive forgiveness, Jesus asks us to leave our life of sin and go a different way or make a different choice. He knew, though, that we would come up against temptation to repeat our mistakes again. Thus, He concludes his lesson on prayer with addressing how we can ask God to help us mitigate temptation in our lives.

LET'S TALK ABOUT IT

1. What are some of the more superficial things in life that tempt you? Are you a sugary person? Maybe you like to shop even when you don't have the budget?
2. Share your thoughts about this statement: "God tests us but never tempts us."
3. Have you experienced a trial or change in life where you've made positive choices and you can tell that it has enriched your life or your character in some way? Share.
4. On the flips side, have you experienced a trial or change in life where you've given into temptation and it has had negative consequences for your life or character? Share.

THIS WEEK

What is enticing you? What lures you away from God and doing things you know are right? What void are you trying to fill by giving into temptation? Recognize the why behind what is tempting you and bring that to Jesus.

"This, then, is how you should pray: 'Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. **Give us today our daily bread.** And forgive us our debts, as we also have **forgiven our debtors.** And lead us not into **temptation...**'"

Matthew 6:9-13