



## Part 3: Our Daily Bread

### INTRODUCTION

If we don't understand the purpose of prayer, things can get really confusing in our relationship with God. Jesus teaches us that the purpose of prayer is to align and realign our will with God and to know Him in an intimate and relational way. As we do this, we begin to understand that surrendering to Him and trusting Him to provide is life-giving and life changing.

### LET'S TALK ABOUT IT

1. How have you been doing with setting aside time to pray intentionally?
2. In what areas in your life do you feel you are already dependent on God?
3. In what areas of your life do you feel you need to become dependent on God?
4. Is there a time in your life where God gave you exactly what you needed?
5. When you look at what you have asked God for, was it to build you kingdom or His kingdom?
6. For what "daily bread" are you asking currently?

### THIS WEEK

Continue to meet God at your intentional place and time. Start your prayer time acknowledging the sovereignty of God. Declare His greatness. Surrender your will to His before you ask for what you need. As you ask for your "daily bread" spend some time determining the why behind for what you're asking. What does "daily bread" look like in the context of your health, your marriage, your friendships, your parenting, and your finances?

"This, then, is how you should pray: 'Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. **Give us today our daily bread.**'"

Matthew 6:9-11