

The Shadow of Talleystick Valley

Practitioner Activity sheet Guidance

P4.2



BUILD-A-BEASTIE

Required Material:

- ▶ The Build-A-Beastie Activity Sheet
- ▶ Pens/Pencils (or art materials)
- ▶ For your Beasties you could use pens / paper, art materials or even playdoh.

Outcome:

- ▶ To be able to explain when someone I care for is acting differently.
- ▶ To visualise how they act by creating a character of their personality during these times.

STARTING ACTIVITY (5mins)

INITIAL DISCUSSION – Together talk about how people present themselves if they aren't feeling their usual selves and what it makes us think of. This could be due to them being in a bad mood or stressed, or under the influence of something they have taken. For reference, tell the child to think of someone they might know.

MAIN TOPIC (10mins)

Leading on from the Initial Discussion tell the child/children that people can present themselves, or behave completely differently depending on how they are feeling at any given time. Ask the child/children to suggest things that might make someone they know feel or behave differently.

If they are comfortable to share, ask them to give any specific examples they might have of this happening, in what context it happened and how they dealt with the situation at the time.

MAIN TASK (15mins)

Have the child think about how the person in question presented themselves at the time, and how

it would be if they were an animal or a creature/Beastie. What would it look like, how would it sound, smell, what clothes would it wear, where would it live? Just like the four Beasties in the story, that represent different things.

Tell them to design their creature/Beastie based on this to visualise how they perceive that person. Whilst they are creating their creature/Beastie, have them think about how this makes them feel, and what it makes them think of when they see or hear that person acting in such a way.

The child/children can draw their creature/Beastie on the activity sheet below or make it out of any art materials you have supplied them with.

PLENARY (2mins)

CLOSING DISCUSSION – When the creature/Beastie design is finished, talk through it with the child/children and have them explain as many elements of the character as they can.

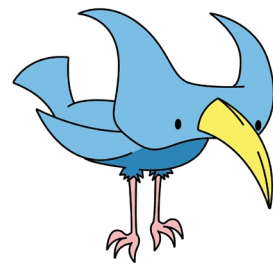
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Children's Activity Sheet P4.2

BUILD-A-BEASTIE

Think about how someone you know acts when they not feeling themselves, such as if they are stressed, in a bad mood or maybe have taken something that affects their personality. What would they look like if they were an animal or a creature/Beastie, how would it sound, smell,

what clothes would it wear, where would it live? Design your own creature/Beastie based on this to visualise how you see that person. Think about how this makes you feel, and what it makes you think of when you see or hear that person acting in such a way.



MY TALLYSTICK VALLEY BEASTIE

