



The Shadow of Talleystick Valley

Practitioner Activity sheet Guidance

P2.4

A CONVERSATION WITH ELLO

Required Material:

- ▶ The 'A Conversation with Ello' Activity Sheet
- ▶ Pen and Paper
- ▶ You can also make the characters out of Playdoh, at materials or draw them yourself.

Outcome:

- ▶ To feel able to share my thoughts and feelings with another person.
- ▶ Find the confidence to ask questions to improve my understanding of the other person.

STARTING ACTIVITY (5mins)

INITIAL DISCUSSION – Introduce the character, Ello and describe his personality traits to the child. Discuss together how the character is presenting themselves and why this might be.

MAIN TOPIC (10mins)

Following the initial discussion, have the child think about what they would like to ask the character. If they feel comfortable, ask them to share some or all of their questions with you and work through each to determine why they would like to ask it.

Tell the child that they can imagine having a conversation with a friend or family member about their addiction or substance use and use the character as an avatar for that person.

MAIN TASK (15mins)

Have the child think up a scenario in which they would be talking to Ello. You can ask them why they chose this scenario to give them a chance to speak openly about their own life.

Once they have settled on a scenario, encourage the

child to have the conversation with Ello. Do so by working once again through the questions, except this time have them think about how the character might respond.

Whilst they are having the conversation the child can colour in the image of the character to help them focus and feel more relaxed.

Be mindful that as suggested, the child may project the personality of a friend or family member onto the character, so take particular notice of the responses the child suggests.

PLENARY (2mins)

CLOSING DISCUSSION – Allow the child to share how the 'conversation' made them feel, and if they managed to learn more about the character.

You can ask the child to consider how it may feel to share their feelings with whoever they have identified within these conversations, and if they are happy to, share who that person is and why they might have this conversation with them.

The Shadow of Talleystick Valley

Children's Activity Sheet

P2.4

A CONVERSATION WITH ELLO

Think of a number of questions to task Ello, and a scenario in which you would be asking them. Once you have done this act out the conversation with Ello by

working through your questions and think about how the character might respond.

