

The Shadow of Talleystick Valley

Practitioner Activity sheet Guidance

P2.1

SETBACK? SO WHAT?

Required Material:

- ▶ The Set Back? So What? Activity Sheet
- ▶ Pens / Pencils

Outcome:

- ▶ To understand that setbacks are a normal part of life.
- ▶ To be able to identify the learning or growth opportunities in setbacks.

STARTING ACTIVITY (5mins)

INITIAL DISCUSSION – Together think about times when things didn't go according to plan and how we managed to overcome the situation to continue moving forward.

MAIN TOPIC (10mins)

Leading on from the Initial Discussion tell the child/children that setbacks like the ones shared are a normal part of life. These setbacks or 'failures' can pose great opportunities to improve our own knowledge and help us improve ourselves to move forward.

Tell them that like Millie and Theo's situation with their friends, things can be extremely unpredictable when other people are involved, and we can expect things to not always go to plan. The more we are prepared for this to happen the less of a negative impact it can have.

Have the child/children think about how they can be more prepared for such situations.

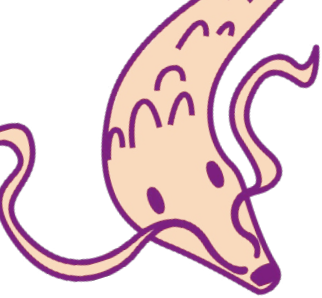
MAIN TASK (15mins)

Tell the child/children that we are going to work through some examples of setbacks to see if we can identify the lessons we can take from them that will help us to be better prepared and even move forward regardless. Then we will think of some of our own examples of setbacks and lessons.

Make sure they know that there are no wrong answers, whatever the lesson they think they can learn from a situation is what they can write down on the worksheet.

PLENARY (2mins)

CLOSING DISCUSSION – Work through the answers and see if they can elaborate on any of the lessons, how they identified the lesson and why they think it is important.



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Children's Activity Sheet

P2.1

SETBACK? SO WHAT?

Work through the below examples of setbacks to see if you can identify the lessons you might take from them that will help you to be better prepared and even move forward. Then think of some of your own examples of

setbacks and the lessons you have taken from them. There are no wrong answers, whatever the lesson you think you can learn from a situation is what you can write down here.

SETBACKS

My mum wasn't as happy as usual for a few weeks but now she seems much better again.

I arranged to meet friends in the park after lunch to play a game, but now it is forecast to rain.

I was very excited for my uncle to visit and had painted him a picture, but he cancelled last minute.
